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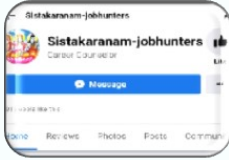
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Sneha Bandham

Every year the first Sunday of August is Friendship Day. On this occasion a poem exclusively for LEKHA.

Aasti anthasthulu unna vela – kotte chappatlu kannu
Aapadalo vennu tattu
Snehithude ento minna
Anduke srushti lo teeyanainadi sneham
Anusandhanakarthagaga-
Meluchey patradhari ee sneham
Nee lopanni neeke cheppagala
Goppa dhairyam ee sns
Eham

Snehithule lekunte
Sampoorna vyaktivi kaalevunnadi charitra chatina satyam
Manam nishabddani saitam artham chesukogalta
Snehanike saadhyam
Manamichedi marichi
Vaarichedi gurtunchukuntene
Adi asalu, sisalaina sneham
Viswasam ane neeru-snehamane vrukshaniki jeevam
Prema kutumba bandha vatsyalanu
Nadipinche adbhuthapadam ee sneham
Snehithuni goppa ni bayata-
Atani lopalni
Ataniki matrame cheppe bhavasoundaryam'ee sneham
Madilo modalai matti lo kalisedaaka payaninchagala
Swachmaina jeevanyaaname
Ee snehabhandham



Written by: Kudama Tirumala Rao

National Best Teacher Awardee by President of India
HM., Rajam, Srikakulam Dist

A Few Disclaimers

This newsletter is published by Sistakaranam Ikyavedika Digital Team, a voluntary group from the Sistakaranam Community. Being published by a voluntary group, it has no affiliation to any other association and, in fact, attempts to bring you updates from all associations & groups of our community.

One aspect about this newsletter, which we are still figuring out, is the statutory need for registering it. Our initial assessment is that this newsletter may not need

any registration, mainly due to 4 reasons: (1) It's a digital magazine, for which currently no government regulations exist, (2) It's not a printed magazine, which requires approval of RNI (Registrar of Newspapers for India), (3) It's not a commercial venture, but a collaborative voluntary effort from members of our community and (4) It's for private circulation only, meaning that it is meant only for members of the Sistakaranam community. However, we are open for advice in this matter, and reiterate that we shall abide by any statu-

tory requirements, once the same is clear.

As for the content in the newsletter, including advertisements, it is all sourced either through contributions from members of the community, or from resources that are in the public domain, including news media and social media (such as Facebook & WhatsApp), without any financial consideration to anyone. If you have any reservations about the content, please reach out to Ikyavedika Digital team (details in the last page).

COMMUNITY NEWS

OBC - An Understanding

Our Sista Karanam's were included in BC-D in the list of backward castes for reservation by the two Telugu State Governments. But our Sista Karanam caste is not included in the list of Other Backward Castes prescribed by the Central Government. As our caste is not in central OBC, we are not able to get reservation in Central Government jobs and education institutions. Our leaders have been fighting about OBC for the past few years. BC-D came to our caste in undivided Andhra Pradesh in 2009 and in 2010 a petition was submitted to the then Prime Minister Shri Manmohan Singh under the leadership of the late Shri Aguri Jagannath Rao about OBC.

Shri D V Krishna Rao was elected as the OBC Convener at the next Inter-State Conference, Kharagpur. In 2014, members of the Sista Karanam Welfare Association, headed by Shri Krishna Rao, submitted petitions for OBC to Prime Minister Shri Narendra Modi and then Social Justice Minister Shri Tawar Chand Gehlot. Several times in New Delhi met the National Commission for Backward Classes (NCBC), through politicians and top officials, and explained to them our caste status and requested that we should be given reservation in the OBC.

Following the expiry of the then existing National Commission for Other Backward Classes in 2018, a new National Commission for the Backward Classes was set up, by giving it constitutional status through a legislation in Parliament by Govt. of India.

Accordingly Central Govt setup a committee

headed by Sri Bhagwan Lal Sahani from Bihar in late February 2019. Its members are Dr. Lokesh Kumar Prajapati, Mrs. Sudha Yadav, Mr. Kushalendra Singh Patel and Mr. Talloju Achari. Since Shri Talloju Achari is the Leader of South India, and Telangana - Sista Karana Sankshem Sangham Hyderabad, led by Shri DV Krishna Rao, on March 10, 2019 (shortly after he took office as a member) to honored him and submitted requisition for OBC to our community. From that day onwards our efforts for OBC achievement rapidly speeded up.

On 8th July 2019 at Ravindra Bharathi in Hyderabad a meeting was called by Sri Bhagwan Lal Sahani, Chairman, National Backward Classes Commission. On behalf of our caste, Shri DV Krishna Rao and Hyderabad Sishta Karana Sankshema Sangha leaders participated in the meeting and not only made our voice heard but also urged for OBC through Telangana BC Commission recommendations to include our caste in the obc list.

Another milestone in Sista Karana OBC achievement efforts fell on 25 August 2019 at the Maha Sabha held at Sri Kumari Kalyana Mandapam, Gopalapatnam, Visakhapatnam. At the invitation of the Sishta Karana Sankshema Sangham Hyderabad under the leadership of Sri Krishna Rao, Sri Talloju Achari attended the meeting and made a pledge in witness of Lord simhadhri Appanna to give OBC status to our community. The meeting was attended by large gathering of Sistakaranam public and distinguished guests.

Without stopping our efforts, our leaders for

OBC especially Shri Krishna Rao who is the obc convener and their team from time to time, even during this corona time, went to Delhi and met the NCBC Chairman and Shri Talloju Achari and other members.

Recently on July 16, 2021, under the leadership of Shri Krishna Rao, Sista Karana Sankshema Sangham members, Sri DV Krishna Rao, B Vijayakumar, D Anantha Prasad, M Narayana Rao, U. Parvateshwar Rao and Pratap Raj met Shri Talloju Achari at his residence. He responded positively and said that our OBC bill would be introduced in this Parliament session.

Presented by: Donkada Anantha Prasad, Additional General Secretary, Sista Karanam Welfare Association, Hyderabad, who is actively participating in the Sishta Karana OBC Sadhana Samithi under the leadership of Shri DV Krishna Rao.

Sistakaranams Congratulate Mizo Governor

Former President of AP State Bharatiya Janata Party, Visakhapatnam, and Former Member of Parliament of Visakhapatnam, Shri Kambhupati Haribabu has been appointed as the Governor of Mizoram. On the occasion, he was called on by people's doctor, Dr. Kupili Suresh Babu, Visakhapatnam Branch Con-

vener of P.M.P. Association of India, and a team of doctors on 9-7-2021 who conveyed their heartfelt wishes, Participants in the event, P. V. V. Prasada Patnaik, Kisan Morcha, Visakhapatnam Parliament district General Secretary, Kanaka Raju, K. M. K. Prasad and K. Ramu conveyed their wishes.



వాణిజ్య ప్రకటన

Buying and Selling

- 📞 Rentals Residential / Commercial
- 📞 Joint Venture Developments
- 📞 Layout Development
- 📞 Open Plots Marketing
- 📞 Construction Works
- 📞 Helping Investments on Properties
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NEWSMAKERS

International Awards to Siblings

Chi. Manipatruni Jayadevkumar (Class I) and Chi Manipatruni Lipisreevalli (Class II) won international awards in story telling talent hunt competition conducted by Chennai based organization recently. They are students of Govt Primary School at Muddada village in Etcherla Mandal of Srikakulam District. Both winners are children of Sri Manipatruni Venkatadri and Sravani of Srikakulam and grandchildren of Sri Manipatruni Nageswara Rao garu, HM of Govt School, and founder of popular Balaranjani Organization, Srikakulam.



Sethu Madhav for Asian Chess Championship

Sethu Madhav from Srikakulam district, a winner of last month's AP State Level Under-16 Online Chess Tournament has been selected for national championships. He shined at the Schools Chess Championship held at the national level. He proved his merit securing the eighth place. By virtue of which, he will represent India in online Asian chess tournaments.

While ten players from India are participating in this competition, it is noteworthy that Sethu Madhav also got a chance. Sethu Madhav, who has been growing step by step in Chess championship for the last five and a half years, stands as an ideal for young players. There is every chance of



him becoming an International Grand Master in the future from the district.

Sethu Madhav is currently a 10th class student at New Central School in PN Colony. He is the son of Yallumahanti Vasanthakumar and Anusha, residents of PN Colony.

Jaganmohan Rao appointed DPCA member

It is with great pleasure that we note the appointment of our well-wisher Sri Polumahanti Jaganmohan Rao from zone-1, as a member of the District Police Complaints

Authority (DPCA). To this effect, the Andhra Pradesh Home Department has issued a GOMS no. 72. Congratulations on behalf of the "Lekha".

Dr. Krishna Felicitated

Dr. Krishna was felicitated by Dr. P. V. Sudhakar, Principal, Andhra Medical College, for his online counselling services during Covid Second wave lock down time through Child Rights Protection Forum (CRPF) helpline to the entire state of Andhra Pradesh.



Uma Kavi is Sri Sri Kala Vedika Vice-President

Bhogela Uma Maheshwara Rao has been appointed as the Vice President of Srikakulam District Branch Sree Sree Kala Vedika, State president Kattimanda Pratap has announced. He is working as a teacher in Adavaram school in Gara Mandal. Bhogela Uma Maheshwara Rao (Uma Kavi) has conducted many activities in the field of literature for the last 15 years. Having established Sahiti Chaitanya Kiranalu, and Bala Katha Nilayam, he is carrying out various cultural activities to enhance the talents of poets and children. He said that he was working tirelessly for the development of the schools where he worked as a teacher. Not only helping students excel, many service activities have also been undertaken. Bogela Uma Maheshwara Rao has written over 500 poems and some stories. He has received many awards, viz., Best Teacher award along with Gurubrahma Award, and a Honorary Doctorate from Bangalore University in 2019.



"Sahasra Kavi Mitra"

In other news, Uma Kavi won the 100 Poems Competition at the Sahasra Kavitha Sammelan, held under the auspices of Meka Ravindra of Hyderabad, founder of Telugu Kavitha Vaibhavam. As per WhatsApp news, Meka Ravindra conferred the title of "Sahasra Kavi Mitra" to Umakavi, who was handed over a certificate. Umakavi thanked Meka Ravindra for awarding him the title for writing 100 poems on social issues. Members of the Sasan Mandir, the Telugu Writers' Forum, the Gajuwaka Sistakaranams, and Kalam Snehitulu congratulated Uma Kavi on the award.

Jyothikumari promoted as RJD

Our Sistakaranam gem Smt. Jyothi Kumari Sekharmantri took charge as Regional Joint Director of Education Department. She will be in charge of Visakhapatnam, Vizianagaram and Srikakulam Districts.

Lekha congratulates her and wishes the best in all future endeavours.



EDITORIAL

Bandhu Dharmam

Greetings to all the relatives, Pranamams.

The bond of kinship begins first with those at home and with us.

Man, mother, father, siblings, life-sharing wife, heirs, sons and daughters who have given birth in life. This is how many relatives are envied. It is human nature to think that they will always be with him and accompany him in difficult times.

But not all of these bonds are permanent, as Chanakya explained very nicely in a short hymn about the relatives who will accompany us in life and beyond.



Satyam Mata, Pita Jnanam, Dharmo Bhrata, Daya Sakha!

Peace: Wife, Son of Forgiveness: Shadhete Mama Bandhava: !!

Truth is the mother, wisdom is the father, righteousness is the brother,

kindness is the friend, peace is the wife, patience is the son. These six are true relatives of man.

The mother who gives birth to any living thing. The position of the mother does not change. Under no circumstances should maternal love change. Also, the truth is the same. It never changes.

Father of wisdom. As the father somehow becomes a pioneer for a comfortable life by teaching the educational tricks taught by the educated Buddhas, knowledge also teaches man to live happily. The source of human progress is knowledge.

Whenever a brother stands up, accompanies and paves the way for development, Dharma always spreads intimacy and affection from man and gives ambrosial fruits to the one who practices Dharma.

Kindness is like a friend.

Teaches good and evil like a friend.

Peace is like a wife. If the wife is virtuous, then the man's life is like a flowerpot. If the wife is quarrelsome then the man's life will go to hell. Also he who has peace in life will have no more deficit. The life of a man who does not practice peace is like hell.

Patience is like a son. We believe that the Son will somehow save us from hell, and that the life of the patient is heavenly.

Through the above verse, Chanakya says that the six qualities of truth, knowledge, virtue, kindness, peace and patience are as important as a man thinks that relatives are important in his life.

He taught that one should not leave one's relatives from age of awareness till death, and that these six qualities should be followed till the end.

The LEKHA "desires" that all our community members practice these six virtues, and enhance their social, spiritual, and familial life, and spend forever in happiness and peace.

Your relative

- J. V. Chandrababu

INTERVIEW

Inspiring Enthusiasm

Sri Barli Vijayakumar garu is an eminent Sista Karanam Leader who served our community with his inspirational ideas. At present he is serving our community as General Secretary of Sista Karanam Welfare Association, Hyderabad.

What was the turning point in your life for community activities and how did it happen?

In the year 2010, I joined with well-known sistakaranam community kinship, Shri D.V.Krishna Rao and became Executive Member in his team, Sistakaranam Social Welfare Association, Hyderabad. Subsequently, held the positions of Treasurer and Chief Secretary. I help our President, Shri Krishna Rao garu in all matters relating to our community activities.

Please tell us your services to our Sistakarana Community?

As a leader of sistakarana, I serve to maintain our rituals in all aspects, including good and bad. In 2014, I participated in BC Dharna program at Jantar Mantar in Delhi along with my leader, Shri D.V.Krishna Rao garu under the leadership of Shri R.Krishnaiah, National BC President. I, my President, Shri Krishna Rao, my co-member, Shri M. Narayana Rao met our Hon'ble President of India, NCBC Chairman, Minister for Social Justice and the Secretaries of Hon'ble Prime Minister in this regard. We also faced a police baton charge at Darna near Jantar Mantar.

Our Sistakarana Welfare Association has been rendering services for the past 10 years. I along with Shri Krishna Rao garu supported Rayagada association and attended the inter-state Women Conference held in Kharagpur presided over by the then President, AISKA late Shri A.V.Jagannadha Rao. At that meeting, Shri DV Krishna Rao was announced as the National OBC Convener.

Under the leadership of Shri Krishna Rao, we held an OBC meeting in Visakhapatnam with NCBC member Shri Talloju Acharya and received a promise from him for OBC for our community in the near future. On 15 July 2021, we met Mr. Talloju Acharya Gari, who mentioned that the OBC Bill would be tabled in this Parliament session. This helps in getting OBC status for our caste gives positive results.

Our association is trying best in putting official pressure and we met Dr. Lakshman garu, Chairman, All India OBC Morcha and garnered his support. During Covid 19, we started a program called Helping Hands, helping our community by supplying food, oxygen and vaccines, giving moral support to families in our community. During Covid 19, we started a program called Helping Hands, helping our community by supplying food, oxygen and frying vaccines, giving moral support to families in our community. Our



Barli Vijaya Kumar

Father:	Sri. Ramachandra Rao, Rtd Teacher
Mother:	Late Ratnabharatamma
Native place:	Kandivalasa (Vizianagaram Dist).
Date of Birth:	20 Jan 1958
Spouse:	Korlam Kameswari Parvathipuram
Daughters:	Sowjanya & Sowmya. Both married, living in USA & Chennai respectively.
Education:	Degree & B.Ed, M.R.College, Vizianagaram.
Career:	1982, SGBT in Aided post at <i>Karanalu Badi</i> , Tagarapuvulasa 1990, Junior Asst at RJDSE Kakinada 1992, Director of School Education, Hyderabad Retired as Superintendent in 2014

members have given our support to conduct the state Sistakaranam elections in AP in a democratic manner.

What is the secret to your success?

My wife, Smt.K.Kameswari who is working as School Assistant is behind my success.

What is your opinion on Lekha, Ikyavedika's team?

Lekha, Ikyavedika team is doing good service in uniting our Sistakaranam members and bringing out various services rendered by various associations in different states and I am proud of it. I appreciate their new trends and innovations.

What is your advice to our community?

Dear relatives, promote good service, help the community and lend a hand to those serving people.

Lekha wishes best of luck to Barli Vijayakumar for all his future endeavours.

Interviewed by D.Anantha Prasad.

OPEN FORUM

National Doctors Day Message

The Medical profession is the most sacred of all. It is a perpetual social responsibility, and saving the life of a fellow human being should be considered a divine activity. There is only one human being who we ask to protect us with raised hands, irrespective of caste language and age - He is the doctor. The essence of the phrase Vaidya Narayana means that the doctor is equal to God.

The National Doctors' Day is held every year on July 1 to commemorate the services of doctors. Speaking on the occasion, Dr Kuppili Suresh Babu said that he is there to serve all 24 hours a day. He said he was grateful for the

affection shown to the doctors by the people. In the difficult times of Corona where people do not want to be by the side of their near & dear, the medical services that doctors have done risking their lives as well as their families are invaluable. He expressed hearty congratulations to all fellow doctors.



Sistakaranam Job Hunters FB page

A Facebook page was launched on 12-June-2018 for our Sistakaranam youth. When youngsters looking for jobs send their details, the same would be posted. They are likely to be seen by industrialists, traders and other employers who might offer opportunities to job seekers. The page acts as a bridge between the two. Launched on 12-June-2018, the "Free Service Facebook Page" was stopped in 2019 due to lukewarm reception.

It has been re-activated again recently.

Our Sistakaranam Employers should look at the details of the employees in this page, select suitable candidates and offer jobs. You are the main people who can help. You can also post vacancies in your organization for free. Send the

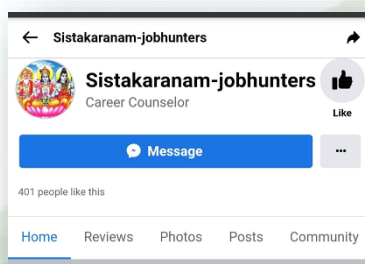
details to the page inbox.

Details of those who want a job will be posted if they send a message to the page inbox. No charges.

- 1) Full name with Surname
- 2) Father's / Spouse's name
- 3) Date of Birth
- 4) Educational Qualifications
- 5) Experience/Present Job
- 6) Email id
- 7) Contact/ Mobile no

Send these 7 details, and take a look at the page:

<https://www.facebook.com/sistakaranamjobhunters>



Upendra Rao, A Motivating Force

The founder of Green Climate organization, Sri J. V. Ratnam posted this on Facebook. Read it once. You'll know how our people can bring about social consciousness.

Karakavalsa Upendra Rao is our Telugu lecturer.

I was working as a Part-time reporter in a Telugu daily.

I think it was an evening in 1989. I was asked to cooperate for a week from the next day. I said OK, not really knowing what it was about.

The next day at 7 a.m., a student came and said our Telugu lecturer asked to come, and I was surprised on what I saw. There were about 100 students with him.

They said it was a NSS camp for a week, at the nearby Adivasi village Nauguda. All days at the same place. Okay, I said. The village did not have road and electricity facilities. I still re-

member the mischievousness of the students on the first morning. But by the end of the week, they had completed the construction of a road with mud and sand to the village. There was no end of joy for the Adivasis of the village and the students that day. That became the main road for them. Now Alikam-Battili is going to be a highway. Whether they remember the effort or not, the people remember that it was the road that the students laid. Whenever I go to Visakhapatnam and other places and narrate this to the students every time, I take a class about environmental protection. Students can achieve great things together, no matter how hard they are. It was a commendable thing to work with students in that way during those days.

I sincerely salute our teacher.

Yours, Ratnam.

Sistakaranam YouTubers

Are you a member of YouTube? Are you posting your videos on YouTube? Click on the link to join this special Youtubers-Sistakaranam WA group.

Many Sistakaranam members are creating their own videos, tutorials, short-films, etc. on YouTube channels. Also covering arts such as dance, music, cooking and drawing. A special WhatsApp group has been launched to promote Sis-

takaranam YouTubers. All Sistakaranams who are members of YouTube can join in and post their own YouTube links. Post your youtube links in this group for free. Non-Sistakaranam members' YouTube links should not be shared.

<https://chat.whatsapp.com/JvZmFCRf3hr9wJesfDn6lg>



SUPPORT ARENA

“Lekha” Evokes Response from Kind Hearts

At the Sri Paiditaly Ammavari Kalyana Mandapam in Vijayanagaram town, a WhatsApp group called Sistakaranam Welfare Association organized a charity event for Mrs. Bhogila Sridevi, a poor resident of Vijayanagaram district. When her husband died prematurely and she was struggling financially with her two children, the WhatsApp group, known as the Welfare Association, responded by sending a message to all members of the group, some of whom gave as much as they could. Sri Palteru Srinivasa Rao, a resident of Sunabeda, donated Rs.5,000/- in cash and a sewing machine worth Rs.9,000/- to Sridevi. Sri Palteru Srinivasa Rao said that it was a great pleasure to give them some kind of financial reassurance. Sri Pakki Uma Maheshwara Rao said that this activity is the third such assistance program that they we have done with the cooperation of the members through the Welfare WhatsApp Group and thanked the group members for volunteering and successfully completing the program. Thada Prasad Patnaik said that he was very happy to be a part of such an event that would help a distressed family, that it would be possible to give a

helping hand to other families like the Sridevi family, and that the rest of the members contributed money and donated Rs.10,500/- to her. A total of Rs.15,500/- cash and a sewing machine were provided to for her and an avenue to overcome tough times in life. The entire event was hosted by Sri Pakki Umamaheswara and Smt Sanjukta Patnaik. The event was attended by Sri Thada Prasad Patnaik, Sri GVR Patnaik, Sri Anil Kumar, Smt Behera Vijaya, Sri Bharat and others.

THANKS TO FOLLOWING DONORS

Total Amount Recieved Cash Rs. 15,500/- till now for Medical & Financial support to Smt. Sadasivuni Sridevi Garu as follows : Srinivasa Patnaik garu - Rs. 5000/-cash. Additionally tailoring machine worth Rs. 8,800/-, auto charges Rs.300/- was paid by him along with some toy gifts; Balivada Satyarao garu - Rs. 1000/-; Durga Prasad Veenam garu - Rs. 1000/-; GVR Patnaik garu - Rs. 1000/-; Sanjuktha Patnaik garu - Rs. 500/-; Uma Maheswara Rao Pakki - Rs. 500/-; Vijaya Behara garu - Rs. 500/-, R Anil garu - Rs.5 00/-, Tyada Prasad Patnaik garu - Rs. 500/-, Divyaraj garu - Rs. 500/-; San-



jana Potnuru garu - Rs. 500/- (from SistaKarana IykyaVedika group); K Sudhakar garu - Rs. 500/- (from SistaKarana IykyaVedika group) Ravi Karakavalasa garu - Rs. 500/- (from SistaKarana IykyaVedika group); Vivek Vadada garu - Rs. 500/- (from SistaKarana IykyaVedika group); Gowri Patnaik garu - Rs. 500/-; Krishna Manohar garu - Rs. 500/-; Naresh Patnaik garu -Rs. 300/-; Vandrangi Tirumal Rao garu - Rs. 300/-; Kottakki Trinesh Kumar garu - Rs.300/-; Shiva Prasad Patnaik garu - Rs.300/-; Laxmi Balivada garu - Rs.300/- Thanks with Regards Uma Maheswara Rao Pakki

COMPILED BY J. V. Chandrababu

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- Medicines are WHO-GMP Certified.
- Take your Doctor's approval.
- For Sistakaranam Families.
- Your details will be kept confidential.



CONTACT:



Scholarships For Sistakaranam Students



Sri Karakavalasa Seetharama Murthy Patnaik & Smt. Karakavalasa Navaneetham Scholarship & Smt. Vuriti Girija Scholarship

- For Sistakaranam students who are in their Class 10 and class 12 (sr inter)
- Based on their performances in board exams and other competitive exams.
- Will be awarded directly to students, one time.
- Selection at the end of each academic year.

PLEASE SPREAD THE WORD AND GET WORTHY SISTAKARANAM STUDENTS

CONTACT:
Ge.kravi@gmail.com
or 9652233372.

Red Cross Charities

According to the Chairman of the District Department of Srikakulam, Indian Red Cross Society, Shri. Polumahanti Jaganmohan Rao, the following initiatives were taken on Monday, 19-7-2021.

1) The District Red Cross was handed over oxygen concentrates by the Andhra Pradesh State Indian Red Cross Society, courtesy of the Singapore Red Cross Society, the North American Telugu Association and ARTS NGO, for corona victims impacted by the second wave of corona. A woman and two men who were affected by Corona in Odisha state, Raygada District, and Srikakulam town were provided 10 liters (two) and 5 liters capacity (three) oxygen machines. Three other people contacted the Red Cross over the phone for oxygen concentrators.

2) Red Cross, Srikakulam District in collaboration with C. V. Naga Jyoti Welfare and Service Society has distributed 100 meal packets to beggars and poor people in Srikakulam town and surrounding areas.

Red Cross B. Sridhar, Lakshmana Rao, Jagdish and other volunteers participated in the program.



SUPPORT ARENA

Save the Innocent Smile

Nagamantri Khyathi, six months old, is the daughter of Nagamantri Raman and Jyotsna, who are close relatives of Nagamantri Anusha.

This baby suffers from spinal muscular atrophy called SMA Type 1. The disease damages the nerves and muscles and makes it difficult to drink milk, breathe, lift the neck and sit up. If left untreated, it can be life threatening

A single injection from the United States is required for its treatment. The cost is too high for the baby's parents to raise funds. We should at least try to keep the baby alive until that large amount is collected. Sanjukta Patnaik and I talked to Anusha Patnaik about this. Let's get some help from our relatives.

Please help as much as you can. Those who want to help can either Google Pay or Phone Pay to my number. Details of the service figures who helped will be revealed in the group.

Last date- 7/08/2021. The full fund will be handed over to them on 8/08/21 in the presence of all group members.

Uma Maheshwara Rao Pakki.

Phone Pay Google Pay No – 93922 34863.



Need your support to save her life

SPINAL MUSCULAR ATROPHY (SMA) TYPE 1

- Khyati, 6 months old baby diagnosed with SMA Type 1
- Weakens muscle activities like swallowing, breathing, sitting, walking etc.,
- Type 1 is more severe form of SMA and life expectancy below 2 years if not treated



ZOLGENSMA GENE THERAPY

- Zolgensma (gene therapy) is potential cure for SMA (to be imported from USA)
- Khyati needs Zolgensma medicine before her symptoms become more severe
- it costs INR 16 Crores (USD 2.125 million)
- She is on BiPAP machine support for breathing



YOU ARE HER LAST HOPE

It is possible

- If 1,60,000 people donate INR 1000 each
- If 80,000 people donate INR 2000 each
- If 40,000 people donate INR 4000 each
- If 20,000 people donate INR 8000 each

Please donate whatever you can



DONATE WITH YOUR HEART

<https://www.gofundme.com/f/help-baby-khyati>

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Service Attitude

Displaying a great service attitude, Chi. Durgamahanti Sethu Madhavi daughter of Sri Durgamahanti Rama Rao belonging to Balijipalli street, Chinnabazar, Srikakulam town, handed over groceries worth about three thousand five hundred rupees to the children of Santa Kalyan Anuraga Nilayam and the elderly of CV Nagajyoti Ananda Nilayam being run by Indian Red Cross society, Srikakulam district.

Red Cross Chairman Shri P. Jaganmohan Rao and members of the committee congratulated the donors.



ARE YOU
PREPARING FOR

IIT-JEE ?

For support and guidance to our community young members who want to increase their percentile in entrance exams, please contact B K SEKHAR, Sr faculty in Maths for IIT-JEE MAINS & ADVANCED in a Corporate college, Visakhapatnam - 6303127026. Residential: Madhurawada.

FRATERNITY PAGE — Telangana



SWA Executive Committee Meeting

A meeting of the working group members was held under the auspices of the Sistakarana Welfare Society Hyderabad. The event was attended by a large number of members as it was a physical meeting after a long time. The meeting was chaired by National Sistakaranam OBC Sadhana Committee Convener Shri D. V. Krishna Rao. Future activities for OBC status achievement, Sistakarana community development and welfare were discussed at length. Members expressed their happiness over the Covid 19 Help line Hyderabad program in particular and showered the Helpline support team with applause. As a part of this, the National OBC Convener Shri D V Krishna Rao on the occasion of the 60th Vasanthotsav along with his wife, cut the cake on behalf of the working group and was richly honored. Sri Dashmantri Naresh Kumar, Sri Mantri Narasimha Rao, Sri Sekharamantri Naraharinath and Sri J V Chandrababu garu, members of

the Sistakaranam Ikyavedika, Lekha team attended as special guests of the meeting, and were felicitated in the presence of OBC Convener Sri DV Krishna Rao. Congratulations to them on the occasion of the completion of the first anniversary of Sistakaranam Iky Vedika group. The event was graced by the General Secretary of the Sistakaranam Welfare Association, Sri B Vijay Kumar; Vice Presidents, Sri Hargopal, Sri R. Seshagiri Rao; Honorary Advisers, Sri Parthasarathy; Treasurer, Smt U.S. Parvati Rao; Additional General Secretaries, Sri Donkada Anantha Prasad, Sri Motori Narayana Rao; Joint Secretary Sri Prakash Rao; Women Secretary; Smt Arasada Satyalakshmi, Smt Motori Jayashree, Smt Kota Sessa Ratnam; Members, Sri B.T. Ramesh, Sri Kottakki Venkateswara Rao, Sri Delhi Shankar Patnaik, Shankar Patnaik, Sri Anand Patnaik, Sri D. Santosh, Sri Chaudhary Durga Prasad. Many other members also participated.



General Discussion

On Thursday 8-7-2021, during a tea-party at our Dabbiru Venkatakrishna Rao's home in Hyderabad, eminent writers and community leaders, Mrs. Sandhya Akka Garu, Sri Pasham Yadagiri, Telangana State RTC Joint Action Committee leader, Sri Raja Reddy and Shri Hanuman and others participated in discussions on future plans.



Lekha Team Felicitated

Congratulations to Sri Dashamantri Naresh Kumar, Sri Mantri Narasimha Rao, Sri Sekharamantri Naraharinath and Sri Janumahanti Venkata Chandrababu, members of the Sistakaranam Lekha team for being honored by the Hyderabad Sistakarana Welfare Association SWA. Congratulations also to Sri Karakavalasa Ravi and others who could not attend this function due to work engagement. Congratulations once again for being able to give good results with the ambitious "Lekha" team working tirelessly. I wish you all the best in your future endeavors.

Sadasivuni Lakshmana Rao

Talloju Achari Favourable Response on OBC

National Sistakarana OBC Sadhana Committee Convener Sri D V Krishna Rao, and Telangana State Sistakaranam Welfare Association members met Sri Talloju Achari, a member of the NCBC Commission.

Sri Talloju Achari said that proposals have been sent to Parliament to include the Sistakaranam community in the OBC list. Members of the Backward Castes, headed by Sri D V Krishna Rao, Convener, Jatiya Sistakaranam OBC Sadhana Committee, met the respected Sri Talloju Achari at his residence on Friday. On this occasion, the topic of OBC was discussed at length with Sri Talloju Achari. He responded positively to the matter. He said the NCBC had sent its recommendations to Parliament on the issue of inclusion of Sistakaranams in the OBC list in the forthcoming parliamentary sessions and the process of incorporating Sistakaranams in the OBC list

was nearing completion. Among those who met NCBC members Sri Talloju Achari Garu along with National Convention OBC Practice Committee Convener Sri D V Krishna Rao, were Telangana State Sistakaranams Welfare Society General Secretary B.Vijay Kumar, Treasurer Uriti Parvatishwara Rao, Additional General Secretaries Donkada Anantha Prasad, Moturi Narayana Rao, Tamirsi Pratap Raj and several other members of the society.



FRATERNITY PAGE — Andhra Pradesh



State Sistakaranam Executive Meeting

On 18-7-2021 Sunday, a meeting of executive body of Andhra Pradesh Sistakaranam Association was held at SSB Heights, PLPuram, Tuni, EG Dist hosted by Sri Sekharamahanti Srinivas Patnaik, Joint Secretary, A P State Unit.

The meeting was started after paying homage by garlanding the photo of late AVJ Patnaik garu. After prayer the president of the meeting Sri Polumahanti Umamaheswara Rao conducted the meeting. Hon'ble MLA from Payakaraopeta Sri Golla Babu Rao garu graced the meeting as chief guest and felicitated by the entire team of Sista Karanam Sangham. In his speech, he promised to recommend for inclusion of Sista Karanam in OBC and to help Sista Karanam community in development.

Later the other guests Sri D V Krishna Rao and Sri Kaspa Ravi also spoke on this occasion. Sri D Lakshmana Rao, Director, Sistakaranam Corporation greeted the meeting.

After that fruitful deliberations were carried out in the meeting which was attended by all executive members of the body namely Sri Polumahanti Umamaheswara Rao, President, Sri B Jayaprakash Narayana, Secretary, Sri Badri mahanti Venkata Rao, Treasurer,

Sri Sadasivuni Krishna, Admin Secretary, Sri M Simhagiri Patnaik, Sri Akkumahanti Raja, Sri G G Prabhakaradas, Sri Dabbiru Satyaprasad, Sri PVT Ramana Rao, Sri MP Gowreswara Rao, Sri Raghupatruni Saibaba, Sri Baggam Sudhakar, Sri Sekharamantri Srinivas Patnaik, Sri K Srinivas, Sri Venum Srinivas, Sri P S S Prakash and others.

Other guests attended include Dabbiru Venkatao, Balivada Haribabu, Pedapenki Sri Ram, D V Raghu, Chandramouli, M Suresh Kumar and Venum Veerababu etc.

The meeting was conducted at a stretch from 10-30 am to 3pm concluded with vote of thanks by P V T Ramana Rao. Local unit leaders were felicitated.

Later it was followed by sumptuous lunch.



“Will Strive for OBC”

MLA Golla Baburao of Payakaravupeta constituency has said that the long-standing demand of SK community for inclusion in the Central BC list for better career, job and employment opportunities is acceptable. He was the chief guest at a working group meeting held at Community Hall on Sunday. On this occasion, he said that the government has already identified the long-standing problems of Sk community people. He has promised to do his best for OBC achievement. State President of the Association Polumahanti Umamaheswara Rao said that the then Chief Minister Sri YSR Rajasekhara Reddy government was credited with recognizing the backwardness of the SK community. Sadashiv Krishna, Director, SK Corporation, said he was confident that the YCP government was sincere about the welfare of the poor. He, however, said that the attitudes of the castes in reconciling each district should be deeply examined. After review with the members as part of the program, a resolution was reached with consensus on a number of issues. Union state general secretary B. Jaya Prakash cleared the doubts raised by the members. Telangana, AP Convenors D.V. Krishna Rao and M. Simhagiri Patnaik presented the extensive work and activities done till date for OBC recognition. Afterwards, the speakers felicitated many leaders who were working for the unity and expansion of the community. The meeting was attended by Badri Mahanti Venkata Rao, State Treasurer of the Association, Saibabu, Gumma Umamaheswara Rao, Prakash Rao, Venkatesh, Raja Babu, Srinivas Patnaik and others.



Meeting with Dy. CM

On Monday i.e. 5-7-2021 Hon'ble Deputy Chief Minister Dharmana Krishnadas with Gari at their home in Mabugam village on Wednesday Congratulations on the occasion of his birthday, Our Classification Leaders Polumahanti Umamaheswara Rao Presidents Andhra Pradesh Civilization Association, Civilization Corporation Director Sadasivuni Krishna, Muraharirao Sinhagiri Patnaik, Convener, Andhra Pradesh State Civilization OBC Sadhanasamithi, Polumahanti Jaganmohana Rao, Chairman, Red Cross Society, Srikakulam District Council President Baliwada Malleshwara Rao, Srikakulam Town Council Presidents Dabbir Srinivas, DV Raghugaru, YS Prabhakara Rao, Venkumahanti Madhu, Behera Mohanrao and Pedapenki Sriram Kumar. A special issue published on the occasion of their birthday (July 7) was unveiled at the hands of Sri Krishnadasu garu.

Representation to OBC Member

Our leaders met Sri. Bellana Chandra Shekara Rao, MP, Vizianagaram & Member of OBC commission, and submitted our representation on behalf of Rajam Prantiya Sistakarana Sankshema Sangam to look forward our appeal for Central BC Reservation (OBC) for AP State Sistakaranam Community. AP Sistakaranam Corporation Directors K. APPA RAO, V. Arunakumari, Cheepurapalli Sista Karana Sangam president R. Shiva Prasad, Cheepurapalli AMC director R. Bharathi, P. Appaladas, U. Sasibhushnarao, P. Nagendra, L. Ganapathi Rao, P. Ramesh Patnaik, AP Srinivasa Rao, D R Kishore Master and Adv. R. E. Ch. Jayadev participated and represented our Sistakaranam community.

Felicitation

The members of Chilakalapalem Youth felicitated Sri Polumahanti Uma Maheshwara Rao, Sistakaranam State President, in the presence of Sri Simhagiri Patnaik.



FRATERNITY PAGE — Andhra Pradesh



Sistakaranam Corporation Meeting

Smt. Kantimahanti Anusha Patnaik, Chairperson of The State Sistakaranam Development Corporation, said she would work to include Sistakaranams in the OBC list. The first Board of Directors meeting of AP Sistakaranam Welfare and Development Corporation was held at a hotel in the city on Sunday. Speaking at the meeting, she praised Dr YS Rajasekhara Reddy for recognizing Sistakaranams as BCs, and CM YS Jagan Mohan Reddy for setting up a corporation for the development of Sistakaranams.

She said representation has been sent to Parliament to recognize Sistakaranams as OBCs, and an announcement is likely to be made soon in this regard. Anusha Patnaik said she would go to Delhi with all the directors of the corporation

and work towards getting the approval of the concerned authorities.

She also informed that they will try to get true information about our population in the state through the village, ward secretariats. She said there were complaints that caste certificates were not being granted in some areas and the issue would be resolved soon. Representatives of AP Sistakaranam associations SNK Mahanti, KMVS Nageswara Rao, Minister Rajasekhara, BVN Patro, Chandramouli and others felicitated the chairman. Directors D. Alekhya, Arunakumari, Shardamma, V Radha, Appa Rao, P. Ramakrishna, Ramanamurthy, P. Nagamani and others participated in the meeting.



Plants Donated

"Everyone should work hard to protect the environment nowadays," said ex-ZPTC, Nimmana Dasa. In memory of his mother Samyukta Patnaik, Teacher Lingaraju Patnaik donated over 30 plants to Mandal Parishad Primary School, Jinkibhadra. Panchayat Sarpanch Tamada Padmavati, Deputy Sarpanch Janakirao, Kanchili Education Officer Sappati Sivaram Prasad were present on the occasion. Tamada Chandrasekhar, Puchala Krishna Rao, Battula Ramesh, Sitayya, Ajay, Vasu Panigrahi, Benkili Sarpanch representative Dharmendra, Irothu Raju along with head teachers Behara Venugopal Rao, Madhava Rao, Marpu Ravi, Jogarao, Mukunda Rao and Purushottam participated.



Down Memory Lane...

- 1) Exactly four years ago on Sunday 16-7-17 at Vizag Shilparam, a meeting was held for the OBC achievement of Srikakulam, Vijayanagaram and Visakhapatnam district dignitaries. State leaders Sri Polumahanti Umamaheswara Rao were among the dignitaries present.
- 2) Exactly four years ago on 17-7-2017 the Eighteenth Anniversary of the Gajuwaka Sistakaranam Society was celebrated with great pomp. BJP Vizag Mahila Morcha leader Mrs. Prema Patnaik was among the dignitaries present.
- 3) Six years ago in the year 2015, great leaders of our community under the leadership of our dynamic Sri AV Jagannath Rao Patnaik and under the program OBC. "Chalo Delhi" met our prime minister Sri Narendra Modi and handed the petition to him for the inclusion of our community under OBC. The current leaders inspired by that act are driving the same objective with twice the energy and spirit to achieve the long pending demand Congratulations to all of them.

- S. Lakshmana Rao



Tribute to Departed Leader

On the occasion of the 72nd birth anniversary of late Sri Dr.Y.S Rajasekhara Reddy, former Chief Minister of Andhra Pradesh was paid rich tributes placing flowers on his portrait, by Vijayanagaram District Sistakaranam Association. He was thanked them for their support of the reforms during their tenure as Chief Minister and for including them in the BC-D. The function was held at the office of Vijayanagaram Municipal Complex. Sri YMP Gauriswara Rao, General Secretary, Vijayanagaram District Disciplinary Committee, Sri Thada Prasad Pat-

naik, General Secretary, Vijayanagaram Urban Disciplinary Committee, Sri Baggam Venkateswara Rao, Shri Raju, Sri Kamesh, Sri Jagadish and Sri Ramana were present.



Smt. Bharati Felicitated

Under the auspices of the Sistakarana Seva Sangham at Cheepurupalli Lions Club. Smt Raghupatruni Bharathi (W/o Sivaprasad, President) was felicitated on occasion of her taking directorship role in the Cheepurupalli Agricultural Market Committee.

The meeting was chaired by Ch. Kesava Rao Master, and attended by District President Ananda Patnaik, Hon. President Kuppli Sagar Master, KVS Murthy, General Secretary Prabhat Kumar, Vice President R. Srinu (Net Srinu), Kuppli Suresh, Treasurer Kuppli Srinu, legal advisors R. Nagabhushan Rao, organiser Sunitarani, General Secretary

Kuppili Kashi, Venkumahanti Venu, members R. Shashi Bhushan, Raghava Master, R. Ravi, R. Ramana, R. Kishore, K. Ananda Prabhakar, Gara Suresh, Joji, Uriti Anand and other community members.



FRATERNITY PAGE — Odisha



Award to Dr. Bhima Rao

Dr. Raghupatruni Bhima Rao has received the Award for Excellence in Research at the Education Expo of 10th Science and Technology Awards, 2021, conducted by the Aryan Institute of Engineering & Technology, Odisha.



Principals of "I" Never Changes

Just think about secular knowledge and spiritual knowledge. One who believes himself will believe in God. We keep saying "I". "I", "I" from morning till we go to bed repeating it several times. Do we ever enquire who this "I" is? And we also repeat this is my body, my mind, my intellect, my senses etc. But who am "I", nobody is enquiring into this aspect? Without knowing this, what is the use of our education? When we say this is my cloth, it means it is different from cloth. Similarly, when we say this is my body, you are different from the body. Enquire into this aspect. You say that this is your body, but you are not saying that you are the body. Therefore, if you enquire into the respects of who you are this "I" principle is in the position of the master of possessions. Only when the master is there, it is possible to say my land, my house, my car. If master him-

self is not there, where is the question of "I" and mine? The principle of 'I' is a changeless entity, that is divinity. We must be able to recognise divinity, that is the Atma tatwa, by process of enquiry. Every individual must devote three fourths of his time to enquiry and one fourth of the time to sadhana. When the two are combined, human life will become meaningful. Do not waste time. Do not engage your body in useless pursuits. Engage yourself in purposeful karmas. Only then our life will be sanctified.

"Na me pardhasti kartavyam trishu lokeshu chintana" It means, "I have no kartavyam (duty) to perform, I have nothing to achieve, still I am doing karma". This is most important message of the Bhagwad Geeta.

*Jakkuva Chakrapani Patnaik,
9437035608, Bhubaneswar, Odisha*

Adieu, Amruta Rao Garu

Sri Kuppili Amruta Rao was our Sistakaran Association, Bhubaneswar Treasurer. He was transferred to Kakinada Nagarguna Fertilizers, and left Bhubaneswar in short notice to us. Yesterday he came to Bhubaneswar. Today we felicitated him. Regards.

Dr. Raghupatruni Bhima Rao, President.



Puri Ratha Yatra

The Ratha Yatra or Car Festival of Lord Jagannath at Puri is the most famous and the most spectacular festival which attracts countless pilgrims from all over India and also from abroad. This festival takes place in Asadha Sukla Dwitiya when the images of Lord Jagannath, Lord Balabhadra, Devi Subhadra and Sudarshana are taken in a grand procession on three separate chariots along the Badadanda from Shrimandira to Gundicha Mandira. One of the most interesting facts of Rath Yatra is that the chariots of the deities are newly constructed every year. New materials including wood are used in construction. However, the model, structure, design and dimensions of the chariots remain invariable. Four wooden horses are attached to the front of each chariot.

You can identify the Chariot of Lord Jagannath by its color. The chariot of Jagannath has a yellow and red color canopy and it is also the largest of the chariots. The Chariot has 4 horses and the color of the horses is White. The height of the Chariot is 45 feet and it has 16 wheels. It also prominently displays the Sudarshana Chakra emblem. The guardian deity of the chariot is Garuda and the charioteer is known as Daruka. The flag on the chariot is known as Trailokyamohini. The rope that is used to pull the Chariot is known as Shankahchuda. Along with Lord

Jagannath, the chariot also has the idols of Varaha, Govardhana, Krushna, Nrusingha, Rama, Narayana, Trivikrama, Hanuman, and Rudra. The face of the Chariot is known as Nandi Mukha and the weapons are Sankha & Chakra.

You can identify the Chariot of Lord Balabhadra by its color. The chariot of Balabhadra has a green and red color canopy and it is the second largest of the chariots. The Chariot has 4 horses and the color of the horses is Black. The height of the Chariot is 44 feet and it has 14 wheels. The guardian deity of the chariot is Vasudev and the charioteer is known as Matali. Gate Keepers of the Chariot are Nanda & Sunanda. The flag on the chariot is known as Unnani. The rope that is used to pull the Chariot is known as Basuki. Along with Balabhadra, the chariot also has the idols of Ganesha, Kartikeya, Sarvamangala, Pralambari, Halayudha, Mrutyunjaya, Natamvara, Mukteshwar & Sheshadeva. The face of the Chariot is known as Ketu Bhadra and the weapons are Hala & Musala.

The chariot of Subhadra has a black and red color canopy and it is also the smallest of the chariots. The Chariot has 4 horses and the color of the horses is red. The height of the Chariot is 43 feet and it has 12 wheels. The guardian deity of the chariot is Jayadurga and the charioteer is known as Arjuna. The flag on the chariot is

known as Nadambika. The rope that is used to pull the Chariot is known as Swarnachuda. Along with Subhadra, the chariot also has the idols of Chandi, Chamunda, Ugratara, Vanadurga, Shulidurga, Varahi, Shyama Kali, Mangala, and Bimala. The face of the Chariot is known as Bhakti Sumedha and the weapons are Padma & Kalhar. The three chariots made out of over 13, 000 cubic ft timber are dismantled after the Rath Yatra every year. The wood of the chariots is used in Jagannath temple kitchen to cook the 'Kotha Bhoga'.



FRATERNITY PAGE — Chhattisgarh



A Real Incident

A real incident that happened with a Sistakaranam lady teacher.

In those days Karanams only were school teachers. One hundred years ago, a school teacher got a grant of 20 rupees. Schools were very few. Every day students had to be called and it was usual for the teacher to bring the children who did not come. Ramkrishnamma was a Sistakaranam teacher. Practitioner of truth and service. An able teacher, respected by the village. Students would skip school during weddings. One day, an inspector found that there were only two students attending school. The register showed 27 pupils. The teacher said that, due to a wedding, no matter how hard he tried, the children did not come. However, the inspector issued a suspension order for the Rs. 20 grants. The teacher's family was shattered, with no cooking for 3 days. On the same day, the only son of the Inspector came down with high fever that did not subside with any remedy for 5 days. Then, the Inspector's wife suspected something and, on enquiring, learnt about the stopping of the grant. She said that it appears a saintly person is subjected to difficulties. She urged him to check again. Immediately, the Inspector visited the school and saw 25 children studying enthusiastically. The teacher was focused on the children. The Inspector reissued the grant and left after praising the teacher. Surprisingly, the Inspector's son recovered from fever within five hours on that day, and he was up playing and eating the very next day. The wife advised the inspector, "Underserving harm (usuru) done to others is as harmful as nitrogen gas. It's as dangerous as nitrogen gas. Remember this before you start your daily routine.

But. In today's world, it is very common to find people not wishing well of the others.

My sincere regards to all of you.

- Kondavalasa Srinivasa Rao. Raipur.

Urlam Kapilaleswara Nandagiri Swamy

Urlam Kapileswara Swamy who was born and graduated in Raipur has Bala Tripura Sundari Pitham at Tripura and has Pitham at Chandolu, Guntur Dist.

We can see his Bagalamukhi Yagnam in You Tube, He does padayatra for Hindu Dharma Pracharam and attends Sanamnams by prominent people. Ph-8787813144.

Compiled by: Kondavalasa Srinivasa Rao, Raipur



FRATERNITY PAGE — Kharagpur



Mass Thread Ceremony Planned

Sistakaranam Association Kharagpur Organizes "MASS THREAD CEREMONIES" for Sistakaranam community boys of Kharagpur as per customs and rituals on the auspicious day 22/08/2021 at 8.00am in the Balaji Temple complex Malancha road, Kharagpur. Covid protocols shall be maintained. It is the first of its kinds in our community. Lekha appreciates their initiative and conveys best wishes to them.



FRATERNITY PAGE — AIPSKA



Vignana Vedika, Sahitya Vedika - New Initiatives

AIPSKA has created a platform called VIGNANA VEDIKA (General Knowledge) from 2nd July, 2021 conducted by experienced pool of Sistakaranam family members. The following team will oversee the group's day to day activities.

ORGANISING TEAM

1. Smt Rajeswari Patro
2. Sri B. Shashank
3. Smt B. Rashmi
4. Sri B. Govind Patnaik
5. Smt. Y. V. Latha
6. Smt. Chandana Priya

Interested Children and their family members may participate in its day to day activities. They are requested to get registered their names, age, location and WhatsApp number with Smt. Rajeswari Patro (9009063703) or Sri B. Shashank (9662505690). Good Luck.

We have the pleasure to inform all our Sistakaranam members that AIPSKA has opened a separate group SAHITYA VEDIKA, today the 04th July, 2021, a literary group to encourage literary lovers, budding Poets, poetess, Story writers both in Telugu and Hindi languages. SAHITYA VEDIKA is committed to continue the group with

different literary activities, , Stories, Quizzes Competitions, Kavi Sammelans etc., on daily basis to encourage our participants and to recognise with Certificates/Prizes as per periodicity defined by the Team. All the programmes in this GROUP shall be organised under the guidance of expert Team. There is no ENTRY FEE what-so-ever in our programmes. The only condition is that the applicant must belong to SISTAKARANAM community.

On line "application form" to enroll as member of this group will follow shortly
SAHITYA VEDIKA TEAM

- 1) Smt Mantri Sandhya Raj

- 2) Pakki Raga Chandrika
 - 3) Jaggumahanti Vijayakumari
 - 4) Dashmantrao Anuradha
 - 5) Sri Behara Shashank
 - 6) Smt Behara Ashwini Sandeep Patnaik
- Stay home Stay Safe.

Regards,

Hari Mohan Patro
General Secretary

AIPSKA

Lekha wishes AIPSKA Team whole heartedly for their future endeavours



"Sista Velugu" 2nd Issue Released


The second edition of the Newsletter of AIPSKA, "Sista Velugu" 'The Voice of Sistakaranams' was released on 22nd July 2021.

Over four states activities were covered under State News. From Chhattisgarh state, there was a program called 'Sistakaranam Kalavedika'. An interview with Dr. Arun Patnaik of Raipur and an educational tour 'Sista Vidwana Vichara Vedika' were featured from Chhattisgarh chapter. From Maharashtra state, Nagpur Sista Karna Association program and celebrations were covered. "Mana Samajam Lo Oka Roju" was an interesting program that was conducted in Kharagpur, West Bengal. In Chennai, Tamil Nadu State, they recently had their first Zoom meeting connecting people.

Under the category of virtual events, it covered two of its events, "Jeevana Taran-

galu" and "Womens' Day". The newsletter features a detailed report with in-depth research by Dr. Raghupatruni Bhima Rao, with the header, "Sistakaranam Ladies on the Development of India" The article is

dedicated to the parents of the girl child. A story, "Prati Roju Panduga" by Smt Sandhya Raj was published. An article on "Library is the Treasure of Knowledge" was given by Dr. Dabiru Govinda Rao.



Sista Velugu

"The Voice of Sistakaranams"

శిష్ట వెలుగు (శిష్ట కరణాల స్వరం)

Quarterly Bilingual Newsletter of All India Pravasaandhra Sista Karana Association


In House Circulation with Sistakaranam Community only

ALL INDIA PRAVASANDHRA SISTAKARANA ASSOCIATION

Vadada Umamaheshwar Rao

AIPSKA released its maiden News Letter on 1st day of January, 2021. We had to release our second edition on the 01st day of April, 2021 but in spite of our best efforts, we could not be able to release the second issue due to formidable pandemic situation. The second was proved to be draconian during March, 2021, May, 2021 and June, 2021. Almost in every house in Chattisgarh and Maharashtra there were two to three Corona positive cases. Lot of our kith and kins lost their lives during this second wave of pandemic. We have completely detached ourselves from social life and contacts. Hands used to be shaken to open WhatsApp or lift early morning ringing mobiles and Land phones with the fear that some bad news might be waiting for us. We organised "Sankranti Sandadlu" online programme in January, 2021 and we had to

LET US GET BACK TO BASICS



Sri. B. Ramesh Ch. Patnaik,
President, AIPSKA.

FRATERNITY PAGE — Yuva Sena



Manam Excellence Award for Sridhar

On Saturday, July 10, at Vishwam Educational Institutions campus, Jeevakona, Tirupati, on the occasion of Ugadi and Srirama Navami festivals under the auspices of the internationally renowned Manam Foundation and under the supervision of the Telugu Book of Records, Avilala Sridhar was awarded the "Manam Excellence Award – 2021" prize, in recognition of his service programs. The chief guests of the event were Retired Dravidian University Vice-Chancellor Sri Kanakala Ratnaya, Head of Vishwam Educational Institutions Sri N Vishwanath Reddy, Narayanaswamy, Way Foundation President Paidi Ankayya, Secretary, Mana Sanskrit Kala Sanstha Secretary Reddappa and Manam Hon. Presi-

dent Onteru Srinivasa Reddy, High Court Superintendent Anjani Kumari and Brahmanandachari honored him and offered a memento. With traditional clothes reflecting the Telugu heritage, with poems and art groups, with vibrant songs with dances, it was a delightful event. Chaired by Manam Foundation president, lawyer Dr. Chakravarthi, the event was attended by Jan Vigyan Veda Tarimella Raju, Jai Bhim Youth Service Organization members G. Nagababu. Manam Foundation Prakasham district President, Ramesh Vangevarapu and representatives of the respective State, District Departments of Manam Foundation. Avila Sreedar said that his responsibility has increased

with this award and that he will be at the forefront of service activities with doubled enthusiasm.



Responsible Position Given

Internationally recognized Manam Foundation of Andhra Pradesh State appointed Sri. Avilala Sreedhar as Chairman for the Department of Cultural Programs. The appointment puts Sreedhar in charge of bringing the endangered arts of Andhra Pradesh back to their former glory, Encouraging students to take the lead with passion the revival of arts for the next generation to remember our Indian culture, Promoting games, songs, dances, etc., by touring remote villages and congratulated the artists there, helping poor artists with donor assistance from the financial point of view of Manam Foundation resources, Recognizing the whole-hearted community service reaching out to many people, orders are being issued entrusting Sreedhar with



the responsibilities, by the Manam Foundation Founder & National Chairman K. Chakravarthi, Advocate and Manam Foundation Honorary President, Honorary Supporters and Committee Members are issuing orders on 20th - 07th – 2021.

FRATERNITY PAGE — Sistakaranam Yuvata



Congratulations to Ikyavedika Team

Elders of our Sistakaranam Community who have led lives with great dignity in society... have tried to bring a good name to our community. Many books have been written and newsletters published for our community.

But as generations change, the gaps between castes increase... We have changed from upper caste to a lower class.

A few intellectuals and youth who have modern ideas have come forward to promote our caste, our intelligence, all the values of our human resources. To the members of the Ikyavedika team, our youth group, which is the representative of the younger generation, extends heartfelt congratulations for their great efforts to show the world.

Bringing out the hidden pearls in our caste lying somewhere in remote villages, and highlighting the services they are doing.. The "Digital Lekha" is a great initiative that captures and informs the world of the same.

There were some who thought that it would be short-lived affair, with one or two volumes. We bow down to every member of the team who is creating a Lekha every month with unrivalled and unflinching efforts.

Hanuman did not know his power. Nor do we know the power we have.

But the power, skills, and arts in us... Patting backs and waking us up, bringing out a shape in a letter form of a letter to the world.. How can we repay the Lekha

team that is committed to such a massive task through Lekha. That's why, appreciate them through this communication, to continue doing service programs that are useful to community..

Hoping to complete a hundred summers As President of the Sistakaranam Yuvata, I, Venum VeeraBabu, Behara Rajesh Kumar, Uriti Siddhartha Patnaik, our Hon'ble President Sadasivuni Rama Shankar and our Honorary Legal Advisor Manapuram Patnaik sincerely congratulate you.

*Yours
Manapuram Suresh Kumar
Sistakaranam Yuvata Group*

FRATERNITY PAGE — KALAM SNEHITULU

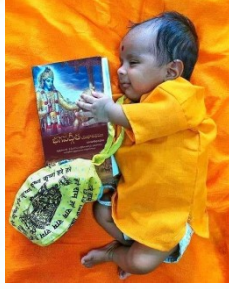


Dattapadi, Nastyakshari - New Concept

45-55 respected friends enthusiastically and cheerfully participated in the Dattapadi and Nastyakshari programme every week. With Telugu language fragrance in a pleasant atmosphere, on a successful platform where we participate spreading the literary sunshine, responding timely, we wish this would be our community platform for expression through pen and voice.

Thanking Sri Karakavala Gauri Prasad for organizing the Dattapadi and Nastyakshari programme!

Baliwada Satya Rao



Picture Poetry

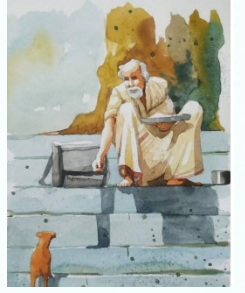
Kalam snehithulu has released an innovative July picture Poetry of the Month July. Special greetings to Mr.Karakavalasa Gowri prasad and admins for selecting such marvelous deeply meaning pictures.

Around 40-50 poets every week sent their poetry with lot of involvement

First Image 07/07/21 Reflection on Rural Weather, Image of an old man feeding a dog on 14/07/21, Book pages inside the clock on 21/07/21, 28/07/21 The Greatest Picture Boy reading Bhagavad Gita with Kashaya Dress The reading style is awesome.

Similarly Lekha wishes the kalam snehithulu that the picture poems go on unimpeded

-j.V.Chandrababu



Mana Samajika Vargam

Mana saamajika vargam
Kavitala pallakilo
Urege karanamaa
Mana aayuvu
akshrame kada
Mana purvapu
Vrthidharamam
Vidiponi bandham
Saraswathi kutumbam
Manade annaru
Samajapourulu
Pavitra sistakaranam
Sabhya samajamlo
Gurthipu pondaga
Naa samajika vargam
Nalumoolala
Prid villalani
Koruthu

-Baliwada Styra Rao
Srikakulam

Poems with new processes were organized in Kalam Snehithulu ... 453 days have completed since the Prabha kiranams of Sri Shekhar Mantri Prabhakar completed 453 days uninterrupted flowed without turning every day. Admins keep everyone all up-to-date with the rules of the day. Every Monday is a weekly holiday for the group.

Elugetti chaataraa

Elugetti chaataraa
Elugetti chaataraa
nee jaati shreshtamani
Nee kulam Sistakaranam ani

Elugetti chaataraa
Nee kalam jati sourabhamani
Nee swaram samaja shreyassu ani

Elugetti chaataraa
Nee medha padarasam ani
Nee gadha pourshreshtamani

Elugetti pilavaraa
Jaati gowravam niluva
Chetulu anni kaluva

Elugetti pilavaraa
Varasatwam nilupva
purastvam saluva

Gontetticheppara
Uttarandhra keerthi
Utkalamunake sphurthiani
Uttuanga taranga
Shishta medha deepti ani

Gontetti cheppara
Gajapatula dwhajapatula mannanalu
Aandukunnare mana sistakaranalu

Masarara paadaraa
Gangigovupalu manamani
Garitaida chalanee

Devuni vedara
Gatha vaibhavam imman
ichalee chalani batukuli uka chalanee

By Pakki Delhi Shanker Patnaik

1st Aug-2021 Friendship Day



Money can be earned anywhere in life. Money can buy anything but there are some that money cannot buy. They are time, love, happiness, friends, trust, attachments. It is very difficult to earn again if you lose these. Happiness may not be found every time at work but without work there can be no real happiness. The beauty of the letter is in the hand of the writer, the beauty of the love is in the mind that shows the beauty of the work that is in the process of making the work difficult. Luck does not mean that those who have the wealth of beauty come into our lives, but those who have the heart to understand us. The love found with luck, the friendship made with the poor will never betray. If the eyes like it we will forget it for years but if the mind likes it we will not forget it for the rest of our lives. Our behavior tells us how much temperance we have, and our nature tells us how much anger we have. Do not believe what we see with our eyes, hear with our ears, and do not share with others, because attachments die because of the lies told by jealous ones. What we need to get is not the assets that will be washed away in the floods, but the friends who will help when the tsunami comes. Good friendship gives a good life. The same is true of life. Survey Jana Sukhinobhavanthu.

Dabbiru Srikant

VIVAHA VEDIKA



Vivaha Vedika

వివాహ వేదిక



Vivaha Vedika is a new initiative from Lekha. Being a sensitive subject, we are wary of the pitfalls in managing the function of match-making. We are, therefore, starting with just a handful of prospective brides and grooms. Please excuse us for any errors, omissions or misrepresentations. This will be an evolving initiative, and we will improve as the time goes by.

Prospective Grooms & Brides



Name	SATYAPRASAD
Surname	BHASURI
Father's Name	B.VENU GOPALA RAO
Gotram	BHARADWAJA
Date of Birth	28-Apr-1992
Nakshatram	PURVABHADRA
Height	5' 6"
Complexion	FAIR
Occupation	PVT. EMPLOYEE HDFC
Work Place	NIZAMABAD ,HYDERABAD
Education	BE / B.TECH
Preference	ANY DEGREE; PAN- INDIA

Name	CHANDRA SHEKAR
Surname	MAKKUVA
Father's Name	M.RAVI SHANKER
Gotram	NAGESHWARA
Date of Birth	3-Dec-1988
Nakshatram	HASTHA
Height	5' 8"
Complexion	FAIR
Occupation	PVT. EMPLOYEE ULTRA TECH CEMENT LTD
Work Place	VIJAYWADA
Education	DIPLOMA
Preference	FAIR ,ANY DEGREE, PAN - INDIA

Name	VINAY BHARGAV
Surname	GODABA
Father's Name	G.RAJESHWARAO
Gotram	BHARADWAJA
Date of Birth	1-Jan-1995
Nakshatram	PURVASHADA
Height	5' 9"
Complexion	FAIR
Occupation	PVT. EMPLOYEE DELOITTE
Work Place	HYDERABAD
Education	BE / B.TECH
Preference	SRIKAKULAM,VIJAYNAGAR AM, VIZAG

Name	RAJESH
Surname	MANTRI
Father's Name	LATE M.SATYANARAYANA
Gotram	KOUNDINYA
Date of Birth	21-May-1982
Nakshatram	BHARANI
Height	5' 9"
Complexion	TAN
Occupation	PVT. EMPLOYEE JANA BANK
Work Place	BALANGIR ,ORRISA
Education	B.COM
Preference	ANY DEGREE , PAN- INDIA

Name	ABHISHEK
Surname	MURAHARI
Father's Name	M.RAJANI KRISHNA
Gotram	KOUNDINISA
Date of Birth	22-Jan-1993
Nakshatram	UTTARASHADA
Height	6'2"
Complexion	TAN
Occupation	PVT. EMPLOYEE UPGRAD EDUCATIONAL INSTITUTE
Work Place	BANGALORE
Education	MS
Preference	B.TECH ; HT :- MIN ABOVE 5'.6"; PAN-INDIA

Name	VIJAY DHAMODHAR
Surname	BEHRA
Father's Name	LATE BALA GANGADHAR
Gotram	BHARADWAJA
Date of Birth	20-Jun-1990
Nakshatram	KRUTHIKA
Height	5' 4"
Complexion	TAN
Occupation	PVT. EMPLOYEE WORLD TECH VGS
Work Place	VIZAG
Education	B.COM
Preference	ANY DEGREE , AMICABLE FAMILY

Name	GOPAL KRISHNA
Surname	BEHRA
Father's Name	B.SATYANARAYANA
Gotram	NAGESHWARA
Date of Birth	18-Jan-1992
Nakshatram	ANURADHA
Height	5' 1"
Complexion	TAN
Occupation	PVT. EMPLOYEE S.V.S PROJECTS
Work Place	HYDERABAD
Education	B.COM
Preference	AMICABLE FAMILY, ABOVE INTERMEDIATE



Name	VANI PRATHYUSHA
Surname	DABBIRU
Father's Name	D.NARAYANA RAO
Gotram	KASYAPA
Date of Birth	12-Jul-1996
Nakshatram	ROHINI
Height	5'
Complexion	FAIR
Occupation	PVT. EMPLOYEE AMOZON
Work Place	BANGALORE
Education	
Preference	

Name	HARIKA
Surname	MUNGANDA
Father's Name	M.ADINARAYANA
Gotram	KASYAPA PUTHROSYA
Date of Birth	11-Aug-1997
Nakshatram	VISAKHA
Height	5' 4"
Complexion	FAIR
Occupation	
Work Place	
Education	
Preference	ANY CA OR RELATED FIELD

GET MORE PROFILES ONLINE

This page contains only a handful of profiles, just to give you an idea of our repository. For more, visit:

<https://skiv.online/VivahaVedika/>

TALENT CORNER

Batlanki Venkat Rishi



Master Batlanki Venkat Rishi s/o Batlanki Prakash Hyderabad & Grand son of Batlanki Venkatadri Rao aged 14 years is international Jr. U14 tennis player. He won multiple National and international awards, He went to Spain and trained by Francis (one of the Nadal's coach)

His brief profile and achievements-

- Telangana State Tennis Excellence Award 2019 U14
- Telangana State Tennis Excellence Award 2019 U12
- Telangana State Tennis Excellence Award 2018 U12 School Games Federation India
- 2018 U14 Telangana gold medallist
- Won U14 Monty tournament in Spain

AI Indian Tennis Association (AITA) performance summary

U12 Category

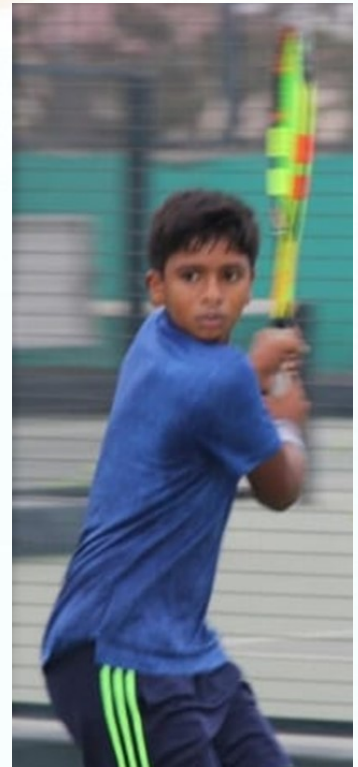
- Achieved 5" Rank in the national level
- Won 6 titles in different series at national level

U14 Category

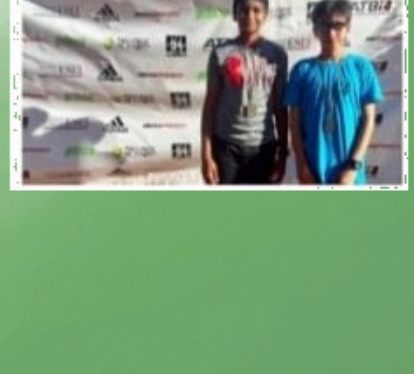
- Won 10 titles in different series at national level
- Runner-up in 3 different series at national level
- Current AITA national ranking is 7

U16 Category

- Won 3 titles in national Championship Series
- Runner up in 1 national Championship Series
- Current AITA national ranking is 103,



Media Coverage...



TALENT CORNER

Dabbiru Niharika

Let us congratulate Chi Dabbiru Niharika daughter of Sri Dabbiru Janakiram of Rajanagaram, EGDIST for her performance as classical kuchipudi dancer since the year 2015.

- 1) She got Bharat World Records International participation certificate for anamacharya pada nrityanjali
- 2) Got Treasure Hunt Records International certificate for participating in om namo venkatesaya kuchipudi dance.
- 3) got certificates also from Traditional Book of records international, from International commission of diplomatic (USA) from Abhinaya Institute of Dance Mumbai,

from Bharat Book of worldrecords international, from Limca book of world records international and from Telugu book of records international

- 4) Besides this accolades at national level also received from Telugu Book of Records twice.
- 5) At A P state level she got certificates from Bharateeya Natyam for indian dance festival in 2019 at Anam Kalakendram Rajahmundry, from Harihara certificate, from Andhra Book of Records, from Natyakala mayuri.

Chi Dabbiru Niharika, Classical Kuchipudi dancer got 5) At A P state level she got

certificates from Bharateeya Natyam for indian dance festival in 2019 at Anam Kalakendram Rajahmundry, from Harihara certificate, from Andhra Book of Records, from Natyakala mayuri certificate, from Kalabharati Puraskar, from Suryakala mandir, from Silparamam, kakinada, from Sadguru Sannidhi, from Dantu Kalaksetram for non-stop dance program in 2018, from Siryakalamandir of kakinada for narakasura dance.

- 6) Got Natya Rayancha award, Ugadi Puraskaram award, Bharateeya Kala Abhinetri certificate etc

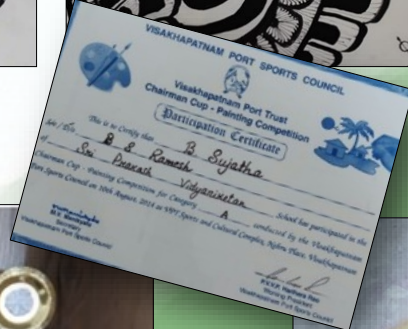
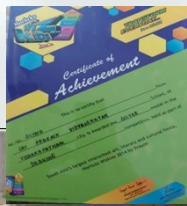
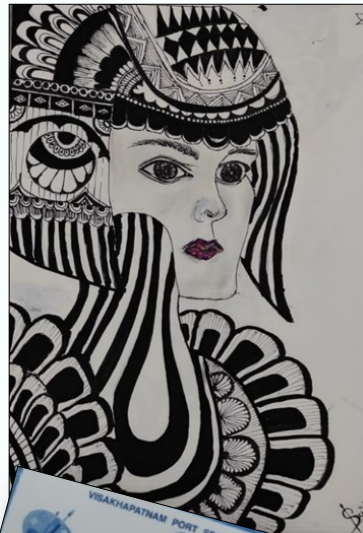
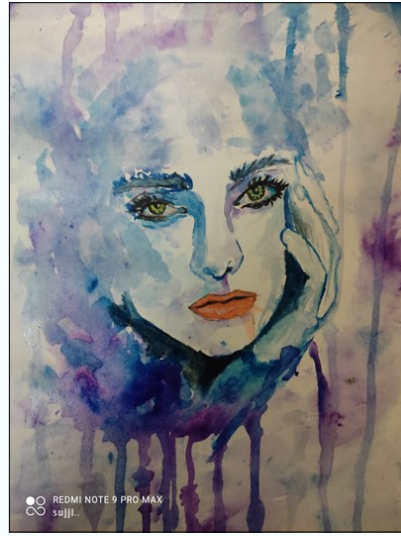
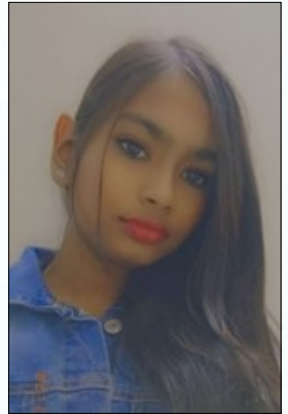


TALENT CORNER

Batlanki Sujatha

Miss Batlanki Sujatha is a 12-year-old girl of VII th from Vizag, A. P. She is the second child of Sri Batlanki Ramesh & Smt Amrita, residing in Visakhapatnam. She is the granddaughter of Smt. Sasikala Patnaik & Late Sri Hari Bhaskar Patnaik on the maternal side. On the paternal side, she is the granddaughter of Sri Batlanki Ethirajulu. She has a brother, Surya Kiran, in class X th.

She is from Vignan Vidyalayam where she achieved many prizes and medals in different categories of art and craft. Her unique details in painting are truly commendable. Her other interests are seen in basketball player (participated in tournaments), skating and rangoli. Apparently, she is good in studies also. She is a calm and friendly natured, socially helpful and kind to others. 'Lekha' is proud to share her achievements and wishes for a bright future.



KARANAM WORLD

Balivada Kanta Rao

“My best writing is yet to come”

On the occasion of the 94th birth anniversary of Baliwada Kantarao, a nice website was launched in his name. It includes a list of novels, plays and stories written by them. and books published by their works are also included in a timely manner. This website is maintained in collaboration with their son, daughters and relatives. You can see this website and give your views. suggestions.

On the occasion of the 94th anniversary, the famous author of our essays Lekha pay tribute

Some Tributes from National News Papers

94th birth anniversary of this great human being and writer. This website is a tribute to his life and for his legacy to live on.

Do browse and send me your valuable feedback. “My best writing is yet to come.... ”

— Balivada Kantha Rao (1927-2000)

This writer has been emphasizing basic goodness of man not only as an individual goal, but as a means to resolving the problems of contemporary society

“Spreading the fragrance of goodness”, Vakati Panduranga Rao, Writer and Critic, Andhra Pradesh Times, 29 June, 1997

In all his works, Balivada preaches what he practices and his individual qualities of sincerity, courtesy, kindness, discipline and honesty are reflected in all his writings...

“Presenting a realistic panorama”, Chitrakavi Atreya, Telugu Writer, The Hindu, 4 July, 1997

Kantha Rao has been called a pessimist, determinist, and like Hardy, an evolutionary meliorist...His inexhaustible flow of language with a peculiar, Srikakulam twist has

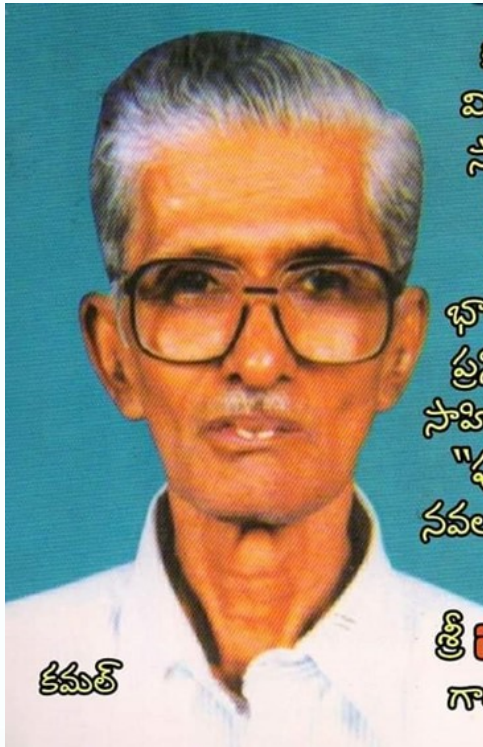
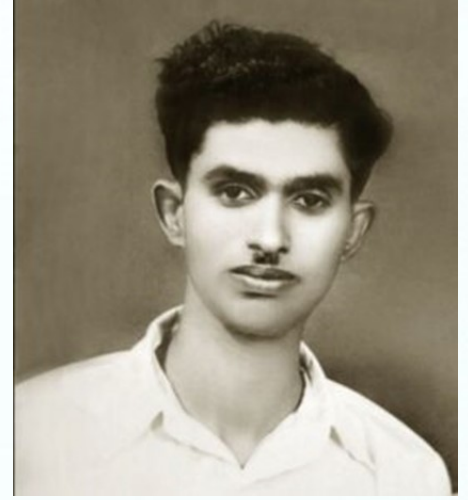
an absorbing lushness...

Writers of Repute, Indian Express, 28th July, 1977

Kantha Rao's stories encompass in them all shades of human behavior because his canvas is wide. He would rather make his characters reveal themselves and leave the judgement to the readers...

“Balivada – individualistic in approach, universal in appeal”, Dr. J. Bhagyalakshmi, Deccan Herald, New Delhi, 22 May, 1999.

Compiled by J. V. Chandrababu



కళింగాంధ్ర సాహితీక్షేత్రం నుండి విప్లవంగా రచనలు చేసి, అక్కడి సామాన్యుల జీవన వైవిధ్యాన్ని తన రచనల ద్వారా చెప్పే ప్రయత్నం చేసి, ఆ కోవలోనే “భారతీయ భాషలన్నింటిలోకి అనువదింపబడిన ప్రసిద్ధ నవల” “దగాపడిన తమ్ముడు”, సాహిత్య అకాడమీ పురస్కారం పొందిన “పుణ్యభూమి” నవల తో పాటు 38 నవలలు, 400 పైచిలుకు కథలు రాసిన ప్రసిద్ధ తెలుగు రచయిత

శ్రీ బలివాడ కాంతారావు
గాల జయంతి నేడు (3 జూలై 1927)



KARANAM WORLD

Kuduma Tirumala Rao, Poet

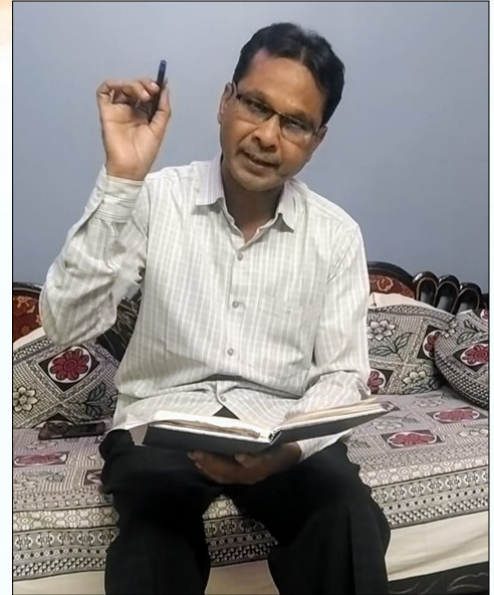
Kuduma Thirumala Rao, a member of the Rajam Writers' forum, who has been working in his own style in literature for over thirty years, has received solid recognition.

Mumbai-based A.K.Telugu Media appreciates Thirumala Rao's literary work, The Andhra Sahitya Ratna Graduation Award has been announced as the Best Service Award. To this end, the founding presidents of AK Telugu Media, The editors sent an award testimonial to Ashok Thirumala Rao rather than Aina.

Thirumala Rao became a prominent literary figure, expressing his uniqueness by responding immediately to all aspects of social responsibility and expanding his ideas. Recently he presented his autobiography at the Visakha Steel poetry event. He invoked social consciousness against the Covid epidemic thru his poems & songs.

Thirumala Rao previously won the Telugutejam on the Bangalore stage, the Telugu Deepti on the Proddatur stage and the World Telugu Federation award on the Chennai stage. Telugu Language Fan Award on Srikakulam Stage, Sahasra Kavimitra Graduation Award on Hyderabad Stage, Vijayanagaram Festival Prize, Antarvedi, Anantapur, Ongole, Srialahasti and other venues have been the recipients of the World Record Poetry Awards. Thirumala Rao won the Telugu Book of Record for his poem Drug Free Society at the Karimnagar Poetry Festival. In addition to the Sikko Sambara, Janmabhoomi, Ugadi, Aksharakranti, Asha, Amravati, Godavari Krishna Pushkara awards by the state government, Thirumala Rao has been the winner of over a hundred poetry, speech, autobiography, essay and story competitions in various competitions. Winner of international level TANA competition with his environmental Hum for Nature autobiography and world class prize, Thirumala Rao is a professional teacher, To enhance the level of education of students Jyothi, Akshara, Badi, Bodhana, Atapatamata, Shisyabhishekam, Manchimata, Balamitra, Gurubrahma, Netisukti, etc. Thirumala Rao's poems have been selected for publication in international, national, state and district level collections. Thirumala Rao, author of the thirteenth volume of the chain novel Nebula, was honored by the

Novel Committee at Rabindrabharati, Hyderabad. Thirumala Rao thanked Ashok, who was nominated for the Andhra Sahitya Ratna award in Mumbai, rather than the head of the Mumbai AK Telugu media, and said the award was an incentive for more responsibilities. Thirumalarao and Penu-ganchiprolo Muniyeti, who walked a hundred kilometers on foot for the story from Vijayanagaram Gurzada Griha to Srikakulam Kathanilayam, got a memoir of the caramaster poetry. Garam Ranganath, convener of the Rajam Writers' Forum, and others were elated to receive the highest Sahitya Ratna award for Thirumala Rao. Rajam constituency legislators Kambala Jogu felicitated Kuduma Thirumala Rao, who was receiving PV awards in a row while participating in the "P.V. Puraskaralu" celebrations in Telangana. Sahitya Ratna Award recipient, National Best Teacher Kuduma Thirumala Rao said that the texture and emotional beauty of poetry should have creative values in the social consciousness. He participated in a zoom meeting with poets from Telangana, Andhra Pradesh, Tamil Nadu, Karnataka, Kerala, Maharashtra, Odisha and Dubai under the patronage of Telugu Velugu Sahitya Veedika President Pakki Ravi Shekhar Satyanarayana Murthy. Golconda Literary Society Advisors Ganta Manohar Reddy, SV Foundation Chairman Motori Narayana Rao, eminent writers Kilaparthi Dalinayudu,



Dr. Along with Bulusu Satyanarayana, Thirumala Rao also participated in a poetry program with one hundred and fifty writers and made his voice heard. Thirumala Rao said that the elegance and necessity of poetry were discovered in this program which went on juicy throughout. The organizers sent a testimonial as Thirumala Rao entertained the audience by singing a song expressing the responsibilities of the youth. Gara Ranganath, convener of the Rajam Writers' Forum, and others were elated to see Thirumala Rao participating and being recognized for his talent.



దక్షిణ భారత సాహితీ సాంస్కృతిక సమాఖ్య

చినుకు కల్పరల్ సానైటీ

(రి. నెం: 155/2021)

మాజీ ప్రధాని కీ.శే. పి.వి. నరసింహారావుగారి

శత జయంతి ఉత్సవాల శత కవి కవనం

PGRR Center Mini Hall
OU Campus Hyderabad



తే: 26.06.2021

శ్రీ/శ్రీమతి/ కుమారి.....కుదమ తిరుమలరావు జిల్లా.....శ్రీకాకుళం

మాజీ ప్రధాని కీ.శే. పి.వి. నరసింహారావు శత జయంతి ఉత్సవాల సందర్భంగా మేము నిర్వహించిన "శత కవి కవనం" లో పాల్గొని కవిత వినిపించి అలరించినందులకు అభినందనలు తెలియజేస్తున్నాము



అయ్యర్ దా.అరిగపూడి విజయ్ కుమార్
అధ్యక్షులు



లయన్ శ్రీరాం దత్తి
ఉపాధ్యక్షులు



కవి పి.ఎన్ మూర్తి
ప్రధాన కార్యదర్శి




TRADITIONAL TREASURES

Shaktism



Giridhar is a spiritual seeker graced by realized Gurus Shri Badarinayanji and Leslie Temple Thurston.

Hatha means 'Ha' (Sun) plus 'Tha' (Moon). Hatha yogas hidden secret is balancing the Sun energy and moon energy. They are also called ida and pingala. Tantric traditions use sandhyabhasha in which sun and moon represent the ida and pingala nadis of the subtle body. Further issues will discuss these new terms that have been used. However, the point to note as sadhak practises and excels in hatha yoga, he or she will gain sidhis and powers. The main goal is not to achieve these occult powers but to reach liberation. Reading of the scriptures and following Yama, Niyama makes one create the discipline of looking inside (Ishvarapranidhana).

The primordial energy that is seed for every creation in the universe is hidden with in ones own subtle body. Yoga enriches one to be able to observe this energy, and be even to tap into this energy. In tantric traditions harnessing the occult powers is common. Knowledge of them have been secretly passed on in the Guru parampara. However, in the modern world, these have been becoming openly discussed, and practicioners are gaining insights into these. These ancient traditions are known as shaktipat. Kaula, Srividya, Kundalini Yoga are some of these traditions. They worship Shakti, the mother parvati as the primary God. This God is known as Parashakti. Budhist tantric traditions are also known to follow these occult practises. In the modern world Sadhaks seek and search for practicioners of these traditions and be able to find a Guru that can initiate them into these traditions.

By Pranayama one is able to balance the energies in the Ida and Pingala nadi's, calm

A Prayer

Toli Ekadasi, Guru Pournami Wishes.

Viṣṇu Stōtram

śāntākāraṃ bhujagaśayanaṃ pad-
manābhaṃ surēśaṃ
viśvādhāraṃ gagana sadṛśaṃ
mēghavarṇaṃ śubhāṅgaṃ |
lakṣmīkāntaṃ kamalanayanaṃ
yōgihṛddhyānagamyam
vandē viṣṇuṃ bhavabhayaharaṃ sar-
valōkaikanāthaṃ ||

the mind, sharpen it, and turn it inwards. This process under right circumstances invokes the primordial energy known as Kundalini. The Gurus of Shakti path can transmit this energy to clear the Karmas, and to progress the students in thier pursuit of Moksha.

Ancient Wedding Rituals of Sistakaranams

Our ceremonies were performed six days before the wedding (the word 7 is not used in good deeds). It is called Sat Mangal in the language of our etiquette and Sato Mangalo. Now we complete all the work done in 3 days. We have also given up some traditions. but I think it is very important to inform our present generation about the pre-wedding rituals and I will do my part to inform and collect them and explain.

Central to the wedding ceremony is the turmeric muhurat. It is also known as Goduma Rayi. It is called Jaibiri Rogada in our Karanas language.

The six days of the wedding are explained below.

The first day. making the son of the bride or groom and putting up the canopy. This is called Bhoi Shalaropana in Karanala language. Bring blackberry, mango, milk, twigs and bring a new bamboo and wick stick. Dig a hole 1 1 \ 2 feet northeast of the house and put good pearls, coral, etc. in the pit. Turmeric is added to the new cloth and copper coins and axes are tied in it to make it prestige. The event is traditionally held even in the present times. The thread is tied up and down to this canopy, which invites our ancestral gods to the wedding. It is said that the ancestral gods stay on the canopy for 16 days after marriage. That is why worship is done by lighting a lamp on both sides for 16 days. After the pandirira-

ta, Puttaman is brought and the pee is placed. This is called Bedhipodia. The first day of the program ends with the worship of the village goddesses.

The second day. today is Lagnamu. The bridegroom is adorned with new clothes, sandalwood, and saffron and brought to the porch or wedding tent. Directors are worshiped. This is called Kumbhpuja or Kalasha prestige. The bride and groom are then seated and the toenails are removed by the barber and 3 scissors are used. Then bride and groom have Managala Snanalu. Later, on the day of Goduma Rayi, the priests wet the crushed turmeric and make turmeric and dry it. Later, the ancestral deities are worshiped and Nandi is worshiped. The morning program ends with Upanayana. In the evening they go to the pond and fetch water (in the old days frogs were brought). This is called Bengopani. This water is poured into the kalashas on the mandapam. The next Kanyadanamu, cumin, jaggery, mangalya retention, Brahmamudi, Arundhati etc. Punyastri Puja, Lajya Homa or Pelalu Homa are performed. The couple is chanted by the couple, enters the house and worships the house goddess. This completes the main event, Lagnamu.

On the third day. in the morning, the bride is dressed with brown peas and has 4 striped noses. The bride and groom are then presented with shells, rings, and mangalas.

The fourth day. Today the bride cooks sweets like pudding. This is called Kirighontana. These substances are reported to the ancestral and household deities. Then finish

with 5 colors on the pine. It is also known as Kothi. The bride and groom are then fed with boiled pudding. This is called charuvakam.

Fifth day. worship the holy container on the mandapam, blessing by all elders and make the bride and groom play the vasantham .

On the sixth day. Marriage platform decorated 4 rows with 5 colors. This is called bedipodia. Shells game are played by the bride and groom.

On the seventh day. the bridal bracelets are untied . Then the in-laws and nieces tease the bride and groom. Fun activities like punching take place. This is called Monda Bidda. That evening the groom goes to the aluka sila after a simple ritual tp pay off the debt owed by the goom's mother

Utkala Vipravansa Pradeepika

Compiled by: Behara Rajesh Kumar



IKYA VEDIKA ROUND UP

Update on Activities

Two things need to be highlighted with regards to activities of Ikyavedika in the month of July.

Firstly, July 4th marked the completion of 1 year of the Ikyavedika Platform, and a grand event was organized to mark the anniversary. Conducted in 2 parts, we first saw enthusiastic participation of youngsters in 'Elocution' and 'Spelling Bee' competitions. This was followed by a general meeting attended by Sistakaranams from all over India.

Secondly, there was increased engagement of our community in our website. Our reg-

istered member count went upto 75, while the estimate of guests runs into hundreds. Key factors for the popularity of the website would be the addition of "Job Postings" and "Our YouTubers" sections.

The usual weekly Saturday meetings were held with agenda topics such as "Start-up Entrepreneur" and "Sharing thoughts to strengthen Ikyavedika".

Members from Telangana, Andhra Pradesh, West Bengal, Chhattisgarh, Jharkhand, Delhi, Karnataka and Tamil Nadu engaged themselves in various activities of Ikyavedika.

Ikyavedika on the Web



<https://skiv.online>

<https://sistakaranam.org>



<https://skiv.online/VivahaVedika>



facebook

<https://www.facebook.com/sistakaranam.community>



<https://www.instagram.com/sistakaranamikyavedika/>



YouTube

<https://www.youtube.com/channel/UC7k8ebZmWxbBxj3m69x4OVQ>

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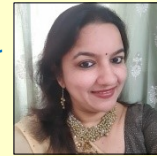
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Lekha Calls Out To You

The Idea behind the newsletter is to rebuild the connect among all our community members and build on our sense of pride/togetherness. The newsletter will act as platform for express-

ing our views, success and sharing news.

The newsletter comes in a PDF format only, and we request you all to propagate it among our community members once you receive it.

Everyone in our community is welcome to contribute to the newsletter. If you have anything that you would like to share, or would want to contribute regularly, please reach out to us.



IKYA VEDIKA ANNIVERSARY EVENT

Message from AP Sista Karana Sangham

Heartiest congratulations to the members of Ikyavedika on completion of one year of Sistakaranam Ikyavedika.

From the beginning, Sistakaranam Ikyavedika, with the intention of being a platform for the Sistakaranams at home and abroad, has moved forward in a planned manner, conducting weekly online meetings and continuously to reviewing various programs.

One of their key initiatives is the publication of "Sistakaranam Lekha", the monthly magazine in Telugu and English in digital PDF form. Congratulations on the unhindered success since the last 8 months. This magazine has the full blessings of the elders.

Another important initiative of theirs is the Website. It is beautifully designed and incorporates many things that are of interest to Sistakaranams.

Also, publishing details of prospective brides & grooms, both in Sistakaranam Lekha and the website, is very useful for all.

We extend our heartfelt congratulations to all the team members, for their valuable resources and time spent on doing all this.

We wish that all the activities they are carrying out and to be taken up are successful, and benefit their team and the community.

Pulumahanti Umamaheshwara Rao
President

Andhra Pradesh Sista Karana Sangham (APSKS)
& Executive Members

A Memorable Event

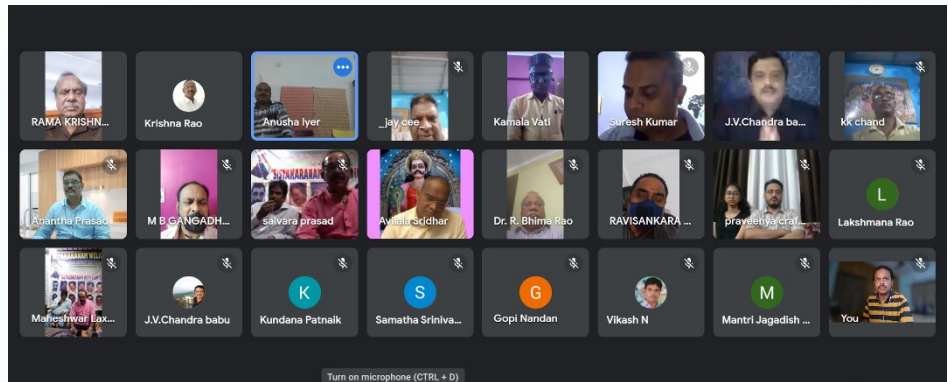
On July 4th, 2021 — exactly one year after the first Ikyavedika meeting — the team conducted a grand anniversary event. Through G-Meet, of course.

Conducted as 2 separate sessions, first there were competitions held for youngsters in Elocution and Spelling Bee. Next-gen Sistakaranams— for class 6 to Degree — participated in good numbers.



Winners received books that were sponsored by a few magnanimous members.

The 2nd session was a general gathering with Sistakaranams from all over joining and reminiscing the year that went by.



Sponsors of Prizes (Motivational Books from Amazon)



Sri Y. NAGESH KUMAR

(In Memory of Late Y.Seetharama Rao, Ex.president APSKA)

Elocution Sub-Juniors (1st & 2nd prizes)



Sri DONKADA ANANTHPRASAD

Elocution Juniors (1st & 2nd prizes)
Spell Bee Seniors (Two 2nd prizes)



Sri RAVI KARAKAVALASA

Elocution Seniors (1st & 2nd prizes)



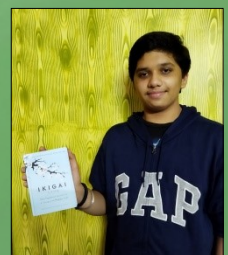
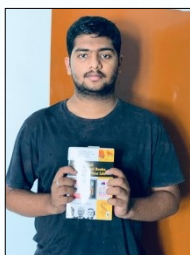
Sri J. V. CHANDRA BABU

Spell Bee Seniors (Two 1st prizes)
Spell Bee Juniors (1st & 2nd prizes)

Winners of Competitions

Event	1st Prize	2nd Prize
Elocution - Seniors	Rishab Mantri	Nishant
Elocution - Juniors	Tanvi Tattikota	Anshul Jannumahanti
Elocution - Sub-Juniors	Devanshi Karakavalasa	Sujeev Rayagada

Event	1st Prize	2nd Prize
Spell Bee - Juniors	Supraja Baliwada	Sujeev Rayagada
Spell Bee - Seniors	Anshul Jannumahanti Ramitha Mantri	Praveenya Dabburu Kundana Patnaik



A few winners with their prizes — Left to Right: Devanshi, Nishant, Ramitha, Rishab, Sujeev & Anshul