

Inside this issue ...

2	Community News
3-4	Newsmakers
5	Editorial
5	Interview
6-7	Open Forum
8-11	Support Arena
12-14	Andhra Pradesh
15-16	Other States
17	Kalam Snehitulu
18	Vivaha Vedika
19	Entrepreneurs Frontier
19	Our YouTubers
20	Talent Corner
21-22	Karanam World
23	Health Page
23-26	Ikyavedika Page
27-30	KYC and AISKA

Lekha ku ledu 'Parābhava' lo parābhavaṃ

- Dabbiru Prabhakar, Raipur.
'Parabhava' New Year Ugadi Special Poem.

*Lekha kādu kevalamu oka sāmānyapatrika
Lekhala vilekhalu anitarasāmānyamulu
Lekha aṃtarjātīya pāṭhakula nalarimṇce navalekha
Lekha nī sāmardhyānni paṭṭābhiṣekimṇce sulekha
Lekhaku ledu sāṭi marie patrika īnāḍu
Lekha sarva svataṃtraṃ, kādu denikī śākha
Lekha Siṣṭakaraṇāla pratibhāpāṭavālu lakṣmaṇarekha
Lekhakai niraṃtaraṃ śramiṃturu vilekharulu
Lekha vardhillāli ācaṃdratārārkaṃ avanilo
Lekhakulantticūpa nīlākāśa gaganamlo*

Sri Parabhava Nama Ugadi Geetings (March 19)



A Few Disclaimers

This newsletter is published by Sistakaranam Ikyavedika digital team, a voluntary group from the Sistakaranam Community. Being published by a voluntary group, it has no affiliation to any other association and, in fact, attempts to bring you updates from all associations & groups of our community.

One aspect about this newsletter, which we are still figuring out, is the statutory need for registering it. Our initial assessment is that this newsletter may not need any registration, mainly due to 4 reasons: (1) It's a digital magazine, for which currently no government regu-

lations exist, (2) It's not a printed magazine, which requires approval of RNI (Registrar of Newspapers for India), (3) It's not a commercial venture, but a collaborative voluntary effort from members of our community and (4) It's for private circulation only, meaning that it is meant only for members of the Sistakaranam community. However, we are open for advice in this matter, and reiterate that we shall abide by any statutory requirements, once the same is clear.

As for the content in the newsletter, including advertisements, it is all sourced either through

contributions from members of the community, or from resources that are in the public domain, including news media and social media (such as Facebook & WhatsApp), without any financial consideration to anyone. If you have any reservations about the content, please reach out to Ikyavedika digital team (details in the last page).



Community News

Sistakaranams in Political Arena

1) Congratulations to Vijayawada NTR district resident, prominent Sistakaranam leader, senior BJP leader, Vice President of AP Sistakaranam Association, President of NTR District Sistakaranam Association, State Vice President of BJP OBC Morcha, Sri Baliwada Shivkumar Patnaik, for being appointed as the District In-charge of BJP OBC Morcha, Guntur District vide order dated 9-2-2026 issued by OBC Morcha State President Sri Gopi Srinivas Rongala.



2) State Minister Sri Kollu Ravindra inaugurated the e-cycle new bicycles at Lakshmi Talkies Centre, Machilipatnam. District Collector Balaji, Machilipatnam Jana Sena constituency in-charge Bandi Ramakrishna, State Sistakaranam Sadhikara Samithi convener Akkumahanthi Raja and others participated.



3) Orders have been issued appointing Sri Manapuram Srinivas Patnayak as the President of Visakhapatnam District Committee on behalf of the YSRCP Party, with the blessings of former Chief Minister and YSRCP President Sri YS Jaganmohan Reddy. Let's convey our congratulations.



4) On the occasion of the birth anniversary of the late Kinjaraapu Yerrannaidu on 23/2, Sri Akkumahanthi Raja and Sri Manapuram Gouri Shankar paid tributes at the residence of Union Minister G. Rama Mohan Naidu in Srikakulam.



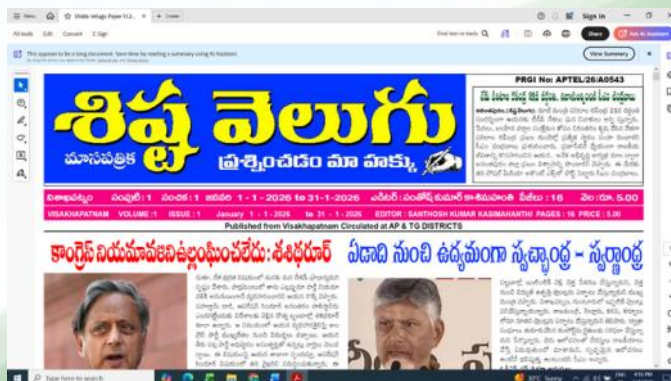
New Film from Manyam Productions

Sri Kantimahanthi Kiran Srinivas, IT Entrepreneur from Hyderabad launched his second Telugu movie as a co-producer from Manyam Productions. The film is yet to be named. Lead Actor Yashwant Pendyala (Committee Kurrolu fame), Supported by Vishnu (Mad) and Prashant Behra, Shooting going on in full pace. Lekha congratulates Kiran and extends best wishes to his new upcoming movie.



The Inaugural Issue of "Sista Velugu" Monthly

The inaugural issue of the monthly magazine " Sista Velugu" published from Visakhapatnam was released with 16 pages under the editorship of Sri Kashi Mahanty Santosh Kumar. Heartiest congratulations and best wishes on this occasion.



Newsmakers

Vijayakumar elected President of Press Club

Sri Dabbiru Vijayakumar was unanimously elected as the President of Anandapuram Mandal Press Club. Congratulations to him.



Dr. Devi Prasanna's International Post-Doctoral Achievement

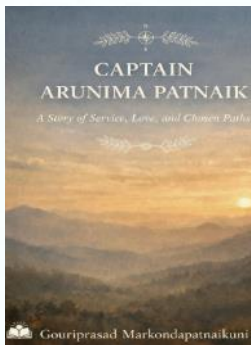


Dean of AITAM Engineering College near Tekkali, Dr. U.D. Prasanna has achieved significant international recognition and has successfully completed his postdoctoral research on a cutting-edge topic called "Advancing Image Captioning System with Transformer Based Attention Mechanisms" from the prestigious Singapore Institute of Technology University, Singapore. Those who have achieved such a feat are very rare in our community. Congratulations to Dr. Uralam Devi Prasan for achieving this milestone. May this achievement inspire the future generations.

-VSRN Prasad, Srikakulam

First fiction novel by Gouri Prasad

Let us congratulate our Sistakaranam author Sri Gouri Prasad Markonda Patnaikuni on the occasion of releasing his new English novel "Captain Arunima Patnaik" (first fiction book written by him) on 26-1-2026.



Ch. Smirita wins medal in Taekwondo

Our Sistakaranam gem from Berhampur, Chi. Dabbiru Smirita (daughter of Sri Dabbiru Ravikiran & Smt. Jakuva Lavanya, and granddaughter of Sri D. V. N. Murthy & Sri Jakuva Prabhakar Rao) has won a silver medal in the national level Taekwondo Federation Cup held in Jaipur, Rajasthan. It is known that she won a gold medal in the state level Taekwondo competition held last month. Chi. Smrita has won the state championship in Odisha three times. Now it is a joy for her to win a silver medal at the national level. Let us congratulate her.



Sri BRM Patro elected as Trade Union Divisional Co-ordinator

Sistakaranam State Treasurer, Sri BRM Patro, has been elected as Trade Union Divisional Coordinator for the Indians Railway, East Coast Railway Workers' Congress, Visakhapatnam Division, affiliated to INTUC and ITF (International Transport Federation), Walter. Lekha team heartily congratulates Sri BRM Patro on his appointment.



BNMIT Director honors Dr. Bhima Rao

Dr. T.J. Rama Murthy, Director, BNM Institute of Technology, Bangalore invited Dr. Bhimarao Raghupatruni to his institute on 23rd February 2026 to interact with his heads of the departments in connection with IEI publications awards, projects, financial support from different government agencies etc., and honoured him with a memento in his chamber.



Sri Rajasekhar as the General Secretary of INTUC

Our prominent Sistakaranam from Visakhapatnam, Sri Mantri Rajashekhar, a leader of the Visakhapatnam Steel Plant Workers' Union, has been appointed as the General Secretary of INTUC Andhra Pradesh State Branch. Let's extend our congratulations to him.



Newsmakers

Sri Rammohan Naidu with Sri Srikanth & team



Lekha feels proud for honoring Sri Raghupatruni Srikanth with Lekha Kala Ratna award.

He and his team performed in Republic day celebrations in New Delhi. Sri Rammohan Naidu KR, MP, met them at his residence and posted his experience in his face book page as follows:

'Today, at my residence in Delhi, I had a meeting with the team of Raghupatruni Srikanth garu from Srikakulam, who showcased dance performances during the Republic Day celebrations held in the national capital.

I expressed my heartfelt congratulations and pride in seeing our young girls from Srikakulam deliver such an outstanding performance at this prestigious level. I enquired about their training, dedication, and future plans, and assured them of my complete support. I wish them continued success and hope they deliver remarkable performances on many more national and international platforms in the future.'



Tyada Prasad honored by Sahayaspooti Foundation

Shri Tyada Prasad was felicitated at the Masonic Temple, adjacent to Vizianagaram Complex, on the occasion of the 10th anniversary celebrations of Sahayaspooti Foundation, Porali Village, Dattiraju Mandal, Vizianagaram.



In recognition of the selfless and beneficial services rendered by the Mother Teresa Seva Sangha and Blood Donors Club at Ayyannapeta Junction, the felicitation was offered by District Poura Vedika Sangham President Bhisetti Babji, Red Cross Chairman K.R.D. Prasad, Chairman of Progressive Organizations in Bobbili Town and President of Abhyudaya Foundation Smt. Sarada, President's Award Winning Teacher Bonthalakoti Shankar Rao and CEO of Setviz.

Little girls impress at Srisailam Mahashivaratri Brahmotsavam



Let us congratulate our Sistakaranam children who participated in the 9th National Level Maha Shivaratri Dance Festival held on 8-2-2026 and 9-2-2026 as part of the Maha Shivaratri Brahmotsavam at Srisailam Devasthanam and received praise from the devotees.

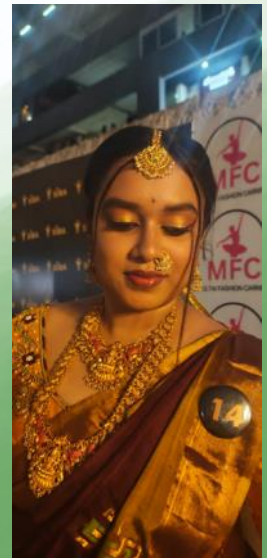
- 1) Four-year-old Ch. Uriti VD Sai Yashaswini Sri studying in LKG, (the beloved daughter of Sri Uriti VD Prasada Rao of Vizianagaram; the girl in the middle in the photo).
- 2) Five-year-old Sekharamahanti Tanvita Sri studying in U.KG (daughter of Sekharamahanti Sivakumar of Vizianagaram). This girl also participated in the Maha Shivaratri Utsavam at Arunachalam Devasthanam at the age of 4 and received praise.

These children are learning dance at Surya Teja Dance Academy of Smt. Urlam Saubhagya Lakshmi from Vizianagaram.

Congratulations to Smt. Urlam Saubhagya Lakshmi, Chi. Yashaswini Sri, and Chi. Tanvita Sri.

Chi. Amrutha Varshini stands out at the GRT Gold Shop celebrations

A few young men and women participated in the annual day celebrations recently organized by the prominent jewelry store GRT Gold Shop in Visakhapatnam, adorning jewelry. Among them, our Sistakaranam young lady Chi. Manapuram Amrutha Varshini stood out as a special attraction and received praise from the attendees. She is the daughter of our Sistakaranam journalist and renowned newspaper proprietor Sri Manapuram Ramesh. Let us congratulate her.



Editorial

Say.. "WE" instead of "I".. First step towards Unity

"Lekha" sends heartfelt greetings to all the Sistakaranam relatives.

If we look at this month, service programs were held as guests, and in these service programs, we have provided a lot of help to the Sistakaranam relatives. This is very commendable.

Such a new trend has increased in the last two or three years. This month, most of the service program details have been given according to the information we received. These service programs are God-sent, especially for those who are struggling with health problems. It is very encouraging to see this change in our people. We hope that this will be more encouraging to those who read it, and others will also be able to provide more help in the future.

Now we all want unity.. unity.. if we do it with unity, we will show our caste strength and contribute to our development. In our mind. In thought, in practice, before unity, the concept of "we" ... we.. should come. The team of us should be able to share all the work and serve the society. We are already seeing this in some inter-state associations, in Ikyavedika, Lekha team. Here, no one is great, without any differences, they fulfil the responsibilities given to them with cooperation. Here, everyone needs each other's cooperation to make any program successful. If like this, all Sistakaranams are to come under one umbrella... "I" should be abandoned... When we think "we", everyone will come together. That is the meaning of "we", "ours", for which the necessary support and cooperation from "Lekha" will be always there. Ikyavedika and Lekha will definitely work hard to arrange a platform for everyone to come under one roof.

The effect of time is that, if the time is not right, even a rope will become a snake and bite.

Therefore, there is no need to be arrogant and say "I am", I am great, everything happens because of me, my society is great, my party is great, my leader is great, everything is ours, such a vain outlook is not needed for anyone.

We, who say I am, came to this earth as borrowers. In a few years, we will become fertilizers for this earth. In the meantime, let us live with respect.

We cannot say when and how someone will change. We live among people whose minds change faster than time. That is why we should stay with someone for as long as we can. Even if everything is lost in life,* one thing is always ready for us.

Its name is Bhavishyathu.

Happy Telugu New Year to all our caste relatives

"Sarva Sistakaranam Jan Sukhinobhavanthu"

Jannumahanti Venkata Chandrababu

Chief Editor, Lekha, member SKIV

Interview

A Perspective Call

Today we have with us a successful and professional banker who reached a much coveted position, General Manager at the State Bank of Mysore, a public sector bank. After retirement, he is associated with an international reputed, ISCKON, Bangalore to render his services voluntarily. He belongs from an intellectual family where his father was a highest rank Civil Services Officer in Odisha state government and his grandfather was a Diwan (Tahsildar) under the Maharajah of Jeypore. Today, he has some concerns about Sistakaranams. Let us talk to Sri Narsipuram Ramprasad Bhanu Patnaik (popularly known as NRB Patnaik).

Please share with us about your academics and career path.

I did my M.A. in Economics and PG Diploma in IRPM. My career path began as Lecturer in Economics at Science College, Chatrapur (Ganjam, Odisha) in the year 1969. I became a Probationary Officer in State Bank of Hyderabad at Nizamabad in 1971. I was elevated as Chief Manager in Bangalore and then as Regional Manager in Gulbarga and Bidar. Promoted as AGM at State Bank of Indore in Mumbai as head of Industrial Finance, and then to Overseas Banking at State Bank of Hyderabad in Mumbai. I finally retired as General Manager (Institutional and International Banking) of State Bank of Mysore.

What are the other activities you are into?

I am into ISKCON projects and their financing. I am a nominated Trustee of Shree Jagannath Temple, Agara, HSR layout, Bangalore and looking after its audit, finance, and annual reports.

Do you have any message to our community?

Yes, I have. I am very sad to note the growing tendency of proselytizing among the poorer section of our community converting to Christianity, especially in the rural areas of Srikakulam district. Even some well-placed educated people are converting to the blind belief that it has brought them some financial benefits, medical cure etc. Efforts can be made to reconvert and bring them back into our original stream. The social groups, which are doing many commendable jobs, can introspect and find a solution to this menace.

Secondly, I observed the existence of a rampant dowry system among our adults. Even well-paid or otherwise well-off adults continue to demand a very high dowry, ignoring the

family background of the girls' parents. This serious issue can be addressed on various forums to minimize, if not to completely, eliminate this irritant.

I strongly advocate for encouraging self-employment entrepreneurship in our community. Similarly, I also suggest starting up educational institutions for the benefit of our community's children. We sometimes see the need for financial assistance to meet the expense of a medical emergency in our community. We need to create a corpus fund to take up such welfare activities by realizing CSR assistance that is available from the public and private sector corporates. There are many Sistakaranam associations spread over the country. Persons with passion for honest and selfless service can lend their time and energy to materialize such activities for the uplift of our



Father:	N. Chandrabhanu Patnaik
Mother:	Sugunavati
Wife:	Susmita Patnaik
Son:	Subhransu
Daughters:	Madhumika Patnaik, Sunanda Patnaik

community.

Do you wish to say anything to the Lekha team?

I have been going through this monthly publication. The editorial team appear very professional and competent to bring out very comprehensively various literary, cultural, social and even political activities of our community. For good measure, an exclusive matrimonial column is also included. I suggest having the pages on the obituary column, job opportunities, readers' response etc.

Sri NRB Patnaik with his vast experience in the banking system, is keen on transforming our community members towards self-employment. He conveyed gratitude to Dr Chowdary Prasad for creating a separate WhatsApp group for retired Sistakaranam bankers. He is of the opinion that such groups/associations must work for the development of our community. Lekha wishes him best of luck for all his future endeavors.

---Interviewed by Chowdhury Prasad

--- Collected by J.V. Chandrababu

---Compiled by Mantri Narasimha Rao

Open Forum

Sistakaranam women are the embodiments of Bhadrakali, who empower in today's modern era

Sistakaranam women, meaning women belonging to the Sistakaranam community across India, continue their traditions, education, and professions, leading independent and educated lives in modern society, balancing family and career. These women, historically from Sistakaranam families involved in government jobs and administration, prioritize their traditions, personal aspirations, and career goals. As employment has become the primary source of livelihood, many women have settled into various professions and jobs.

Even those living abroad maintain their roots while excelling in modern education and professional fields. They are intelligent, independent, and focused on both their careers and families.

They are educated, have pursued higher education, and are working in various

fields. They possess kind and open-minded hearts. They hold high positions in various sectors, including academics, science, and other professions. Therefore, their role is crucial for the development of the Sistakaranam community. We must protect our identity by looking up to their achievements. To prevent our children's future from becoming bleak, we must always unite and awaken our community, otherwise, the rulers will discard us like a worthless leaf.

O Sistakaranam women! Do not limit your experiences and thoughts to WhatsApp groups (where they are already scarce); participate in our meetings wherever they are held and share them with our people. One of your ideas could guide this generation. Don't suffer in silence when even your neighbor in towns and villages looks down on you. I've seen

this situation in many villages, where an entire village belongs to one caste, and only one or two of our families live there. Let's show our strength not through physical force, but through intellectual power. We have the weapons to make those who ridicule us suffer and weep, but we don't know how to use them.

The reason for this is the proliferation of sycophants. We need to create a youth army that makes others think twice before messing with us. Our weapon is our intellect!! Ha ha... There are some so-called intellectuals who think, "He always says the same thing." But remember, times are changing.

This is not an emotional message... it's the mental strength we need to give to our children!!

- Balivada Haribabu

A proud clan of Andhra culture! Sistakaranams in Brahmin Professions

మీ 24 న్యూస్ కోటబొమ్మాళి
మండల వార్త

చిత్రగుప్తుని తేజస్సు - శిష్ట కరణాల శ్రేష్ఠత... - ఆంధ్ర సంస్కృతి గరిష్ఠంచే వంశం!

బ్రాహ్మణ వృత్తులలో శిష్టకరణాలు మీ 24 న్యూస్, జనవరి - 04 ఆంధ్ర సాంస్కృతిక వారపత్రికలో ఒక మహత్తర ఆంధ్ర యంగా నిలిచే శిష్ట కరణ నియోగములు, బ్రాహ్మణ సంశాలలో ఆంధ్రక విశిష్టమైన ఉప శాఖా పురాణాలతో పాటు దాని త్రవ ఆధారంలో వెలుగుతు కున్నాయి. కర్ణా పురాణం, పరాశరస్మృతి వంటి వేద పురాణ గ్రంథాల్లో ప్రత్యక్ష ప్రమాణాల లో నిలిచే ఈ వంశం, చిత్రగుప్తు ఋషి తేజస్సు నుండి ఆవిర్భవించిన సత్సామ్యములుగా ఏర్పాటు అయ్యాయి.

బడింది. పాప-పుణ్య వివేచన కర్తగా ప్రసిద్ధుడైన చిత్రగుప్తుడు తన ప్రవృత్తిని తీసుకుంటూనే ఉన్నప్పుడు బడిన కాయపులలో శిష్టము కావడంతో "శిష్టకరణములు", "శిష్ట కరణములు" అనే బిరుదులు పొందినట్లు పురాణాలు తెలుపుతున్నాయి. భగవద్గీతా సంతోష పరాశర ఋషి తేజస్సుతో ఏకీకరణం చేసుకుంటూనే ఉన్న వంశానికి వేద శాస్త్రంలో, తేజస్-గణన వృత్తులలో, పరిపాలనలో ప్రత్యేక స్థానముంది ప్రస్తావించబడింది. చరిత్రలో కూడా వీరి కీర్తి అంతే వెలుగుతోంది. ఆంధ్ర ప్రాంతపు లలిత కళా విభాగము, పండితమి 'శిష్ట' శిష్టమూర్తి గారు ఈ వంశ క్రమితుల ప్రపంచానికి సరియం చేయగా, గొప్పవర్ణి వీరి స్వగ్రామంగా చరిత్రలో నిలిచింది. వశిష్ట గ్రంథం, ఆప వ్రాసు సూక్ష్మాన్ని అనుసరించే ఈ శాఖను శిష్టకరణలో బ్రాహ్మణములు, ఉత్కల బ్రాహ్మణులు ఓ ప్రధాన భాగంగా ప్రముఖ పండితులు వ్యాఖ్యానించారు. పారశిష్టముల రెండవ తోరణం చెందిన వీరిని శిష్ట, శిష్ట, శిష్టకరణములు, శిష్టకరణ నియోగములు వంటి వీరిని వీరితో పేరుపెట్టారు. సామవేద శిష్టములుగా వ్యవహరించే వీరు, యజుర్వేద ఆవృత్యం వర్తకిని అనుసరించునూ శిష్ట పాత్ర, మహాపాత్ర, పత్రో, పాండితో, మమంతో, పట్టాయక, వైశికో వంటి బిరుదులతో ప్రసిద్ధులు. పురాణ సరంపరలో పుట్టి చరిత్రలో ప్రత్యేక పొందిన ఈ వంశం, ఆంధ్ర దేశపు బ్రాహ్మణ సంస్కృతి వైభవాన్ని మరింత గొప్పదనం చేస్తోంది. శిష్ట కరణ నియోగము అని పిలువబడే ఈ శిష్ట వంశిగా, పరిశోధకులను, పండితులను ఆకర్షించే ఒక విలువైన ఆధ్యాత్మికంగా మరణం వెలుగులోకి వస్తోంది.

- డబ్బిరు - వెంకటరమణ మూర్తి

వేగవంతమైన కోటబొమ్మాళి మండల వార్తల కోసం డాన్లోన్ మీ 24 న్యూస్ (Mee24News) యాప్

age, are emerging with shining evidence from the Puranas as well as historical records as the most distinguished sub-branch within the Brahmin lineages. Kurma Vedic Puranas and Parashara Smriti in a direct reference from their texts describe the lineage as descended from the brilliance of the sage Chitrugupta, referred to as the Satprahmas. Yes. Chitrugupta, who is known as the discerning of sin, an incarnation of Lord Brahma's Tejas, having created the Kayasthas, bestowed the titles of "Shresthakaranalu" and "Shishtakaranamulu" to the best of them. Legends say that, being obtained with the brilliance of the sage Parashara, this remarkable clan has been involved in the study of Vedic science, scriptural calculations, and administrative administration, with the mention that there is a special place for them. Their fame is equally illuminated in history. The fine art scholar of the Andhra area, the scholar 'Shishtu' Krishnamurthy, is the talent from this clan

whose introduction to the world, gave Gollapalli, his hometown, a place in history. This sect, which follows Vashishtha Gotra, and the Apastamba Sutra, is described as Brahmins, a major part of Utkala Brahmins by prominent scholars. The second tribe of the Saraswatis, they are known by various names such as Sista, Shrestha, Sistikaranamulu, Sistakarana Niyogalu, etc.

Conducting themselves as the Samaveda Sistas, following the Yajurveda Apastamba system, they are well known with titles such as Patro, Mahapatro, Patto, Pandito, Mamanto, Patnaik, Vainiko etc. This clan, which was born in the Puranic tradition and has been established in history, adds to the glory of the culture of the Brahmins of Andhra. The classic genealogy of those known as the Shishtakarana Niyogis is coming to light as a valuable chapter that attracts researchers and scholars.

- Dabbiru Venkataramana Murthy

Sistakaranam Niyogis, who stand as a significant chapter in Andhra's cultural herit-

Open Forum

To Sistakaranam Students who are Writing Intermediate Exams

Heartiest congratulations to the students who are writing their Intermediate exams. We pray to God that you will do well in your exams and stand tall.

- You studied very hard
- Can write very well
- Be confident in yourself.
- Don't be under pressure.
- These exams are only for what you have studied this year
- Not for a hundred years of your life.
- Finish studying three hours before leaving for the exam
- Reach the exam centre half an hour early without getting tired
- Keep in mind the traffic congestion
- Stay calm in the exam hall
- No time tension, it will be enough
- Read the question paper thoroughly for five minutes and start with the answers that you know well
- Write in a way that is legible with good handwriting, that will also get marks.
- Don't worry, this are not things you don't know

You have the blessings of all of us

ALL THE VERY BEST

- Executive Committee

Seethammadhara Sistakaranam Association



SEETHAMMADHARA
SISTAKARANAM ASSOCIATION

సీతమ్మధార శిష్టకరణం అసోసియేషన్

Examination Time

My article titled 'Examination Time' was published in Leader Daily News Paper. In this article, I explained the pressure children face during exams, the role of parents, and how to provide mental support to children. Please read it, and I would be delighted to hear your valuable opinions and suggestions.

Thank you.

Dr. Krishna, (Psychologist & Life Coach)

Exam season

As January ends and February begins, the entire student world suddenly gets excited. The time to see the results of all the hard work is approaching, public exams like Inter and Class 10 are not only for students. Parents and teachers also have to wrestle with large exam books, get headaches with incomprehensible lessons, and struggle with formulas they cannot remember... All these things together increase the stress among students. In addition, parents who have been silent all year and suddenly enter the scene during exams makes the situation even more serious. As a result, their focus on studies decreases and there is a risk of increasing fear and anxiety.

What is the main reason for children's stress?

According to recent surveys, almost 40 percent of students say that the expectations of their parents are the reason for their exam stress. The fear of 'if they don't get the marks, their parents' love will decrease' is depressing children internally. This has a negative impact on their preparation and the way they write exams.

What is the role of parents during exams?

During exams, parents should be supportive guides, not teachers. What children need at this time is not pressure. Emotional support. That support will boost their self-confidence and help them face exams with courage.

Not every child is the same

Currently, many educational institutions are following 'one preparation - one approach'. But this is not useful for everyone, some children are capable but do not pay attention. Some work hard but fall behind without understanding, parents should identify which category their children belong to. Is the fault in the child? Is it in the teaching? Or is it in the planning? If the problem is identified, the solution is easy.

How to move forward strategically?

Talk to the children subject-wise, examine the exam papers written so far, find out in which subject the marks are decreasing. Talk to the teachers and get them revised if necessary. Take online teaching support if necessary.

Time plan + subject plan = success

For success, it is not just about studying but how to utilize the available time. Where to start and how to end the syllabus. If both of these are clear, the result will definitely be better.

Mobile - the silent enemy

Mobile phone is a big obstacle during exams. Social media, chatting, discussions increase unnecessary stress. So announcing 'No Mobile Days' until the end of exams is good for children.

Is success possible without health?

Sleep is reduced due to the stress of exams. They drink too much coffee and tea, and get used to junk food. But for the brain to work actively, adequate sleep, some exercise, nutrition, and fun time with family are essential.

Instructions that parents must follow

Set goals according to the child's ability, do not compare them with other children. Do not associate love with marks. Appreciate even small successes. Do not repeatedly remind them of past failures, give them some time every day to do something they like. Keep the home environment calm.. Give them the belief that your love will not change no matter what the result is. Exams are not life... but a part of life.

Exams are important... but they are not life itself. At the same time, children should also be told not to take it lightly. It should be explained that exams are just a stage in their growth. If, despite all efforts, children show test fear or extreme stress, seeking help from a psychologist or counselor would be a wise decision.

Support Arena

Request – Search for brain death cases for pediatric heart transplant

Our Sistakaranam family member from Kakinada Rural, 14-year-old Bandarulanka Sai Lokesh is undergoing treatment at Hyderabad Yashoda Hospital with heart enlargement problem. According to the doctors, a heart transplant is necessary. State President Akkamahanti Raja met the family, reassured them, spoke to the hospital and completed the necessary registrations. The doctors are ready to perform the surgery immediately if a heart is available.

Therefore, on behalf of our association, if you know of any cases of brain death in your vicinity, please provide information immediately. The child's family is ready to bear the transportation/other expenses.

Phone numbers to provide information:

Child's father Phani – 7780130308

Akkumahanti Raja – 9247109247

Srinivas Veenam – 9032272388

Please share this message in all groups.

— Andhra Pradesh Sistakaranam Welfare Association, State President & Executive Committee

Service by Krishnamurthy Kuppili & Dr. Kanakaraju

On the occasion of Bheeshma Ekadashi, at Sri Varasiddhi Vinayakaya Swamy Temple, Purushotta Nagar Colony, Srikakulam, Sri Dr. Arikathota Kanakaraju and Sri Krishnamurthy Kuppili participated in the distribution of Anna Prasadam at the junction of seven roads on behalf of the temple.



Donations by Dr. Kanakaraju Arikathota

1. Dr. Arikathota Kanakaraju donated Rs. 5 thousand to Sikkolu Laghu Chitrotsavam program at Babuji Kalamandir, Srikakulam to S Prasad, Keerti Entertainment. Out of



15 to 20 short films, three were selected as 1st, 2nd and 3rd. Prizes were distributed by the chief

guests. P.K. Entertainment will also make its own short film and put it on YouTube.

2. Aid from Kurmanna- Polammai charitable trust Dr. Arikathota Uma Rtd,Dy. Civil surgeon, Srikakulam Rs.5000/_

to Molli Appalanarasamma, EBC, for her daughter marriage. She is working in kirana shop as daily labor. Her husband is tailor. I wish marriage function is successfully.



Lifting Hands 21st event concluded

Heartfelt thanks to all for making our Sistakaranam Lifting Hand 21st event success. For health issues of brain stroke along with kidney



failure, ₹31,511/ was donated to Sri Dabiru Srinivas, father of Yaswanth today in my residence, due to health issues of my father in law. Appreciates the support from Sri Polaki Ramamurthy, Sri Sekharmahanty Hemasundar, Smt & Sri Kuppili Vasudha Amrutha Rao, Sadashivuni Krishna sankar, Veenam Ramachandra Rao alongwith my cousins Lalita, and R Satyaveni. 21st Event is now concluded. Regards.

Admins
Smt & Sri Patnayakuni Sanjukta Prasad & Sri Tyadaprasad.

Mathrubhumi Seva Sangam to provide essential items to Disabled Home every month



The Mathrubhumi Seva Sangam members met the Integrated Disabled Ashram School Manager P.S.T. Patnaik in Achyutapuram and inquired about their hardships. There are 65 children with various disabilities here. There is a warden and about 20 employees to serve them. Among them are teachers and other employees. Many of them are disabled. It runs with the support of voluntary organizations and donors. However, that support is limited. Coming to know from the Ashram Manager P.S.T. Patnaik that they need more donors and support, the Mathrubhumi Seva Sangam Committee decided to provide them with essential commodities every month. Founder Secretary Ippalavalasa Gopala Rao, Prasad, Neelakanta Prasad Patnaik, and Anakapalle District President Alaka Raju participated in the above program.

Support Arena

Students helped on occasion of Sri Taratarini Patnaik's 108th birth anniversary



On the occasion of the 108th birth anniversary of the late Sri Kondavalasa Taratarini Patnaik, his sons Sri Kondavalasa Trinadharao, Naresh, Venkata Ramana Murthy and their family members provided blankets, stationery and some financial assistance to all the children studying at Kondavalasa MPP School. This service program they did was very noble. This is a testament to the love and affection they have for their hometown and parents. This great service program they did will be of great benefit to the poor students. Their ambition to strengthen the government school is very great. We wish that God blesses them with good health to do more such service programs in the future.

Medical financial assistance from CM Relief Fund

After learning about the condition of Garbam Santosh of 73rd Ward Ambedkar Colony, Gajuwaka constituency, who was seriously injured in a road accident that happened a few months ago and was undergoing treatment in the hospital, and was in great financial and physical difficulties, through the representatives of the Gajuwaka Sistakaranam Community Welfare Association, AP Sistakaranam Association State President Sri Akkamahanti Raja immediately contacted the local legislators and Telugu Desam Party State President Sri Palla Srinivasa



Rao and appealed to them to provide assistance to Shri Garbam Santosh Santosh. They responded immediately from a humanitarian perspective and in a very short time, MLA Sri Palla Srinivasa Rao sanctioned an amount of fifty-one thousand five hundred rupees (Rs. 51,500/-) from the CM Relief Fund.

The cheque for this amount was handed over to Garbam Santosh's mother, Smt. Garbam Vijayalakshmi, by the State Sistakaranam Association President, Sri Akkamahanti Raja. On this occasion, she and her family members expressed their gratitude to Gajuwaka MLA and Telugu Desam Party State President Sri Palla Srinivasa Rao, State Sistakaranam President Sri Akku Mahanthi Raja and all the representatives of Gajuwaka Sistakaranam Welfare Association. The President and Secretary of Gajuwaka Sistakaranam Welfare Association, Sriyutha Nagu Mantri Venkateswara Rao, Basangi Tirupati Rao, and the elders of the association, Karakavalasa Gowri Prasada Rao, Baliwada Satya Rao, Prataparao Srinivasa Rao, Manipatruni Satyanarayana, Munganda Subrahmanya Prasad, Karakavalasa Prasada Rao, Karakavalasa Srihari, Behara Divya, D Varaprasad, Chinagudaba Venkata Ramesh and others participated in this program.

A significant meeting of service organizations and individuals

Gambhiram panchayati near Anandapuram in Visakhapatnam district... Age Care Foundation Visakhapatnam is an Everest peak for high and sacred services. The combination of organizations, individuals, and intellectuals like ORCC.. Lions Club.. Chaitanya Sravanti.. Samarasata.. Prema Samajam, who consider service as a service and a responsibility, is an unprecedented opportunity.. Amazing!



Run by a team of highly dedicated team members under the leadership of Managing Trustee and great humanitarian NS Raju.. AGE CARE FOUNDATION.. EXPOSURE VISIT is an unforgettable experience.. an inspiration.. a good fortune! AGE CARE FOUNDATION Services.. Goals.. How to work together and expand services to rural tribal areas were explained by NS Raju in detail very clearly. He explained how those aged 60-65 and above can overcome the challenges of the final stages, how to provide relief, how to receive services at home among family members, and how the foundation provides services if needed. Main discussion and action items: Chodavaram Lions Club.. Chintapalli ARC pilot project to start the program immediately; 17_02_2026 at 10 am Chodavaram Mandal.. Launching program; ORCC Prasad coordination!!

Support Arena

Assistance for wheelchair and immediate medical expenses



Considering that Abhiram Manasika, the son of Wandrangi Gopi and Prameela, residents of Duvvada Dari Mangala Palem, is suffering from mental and physical disabilities and is unable to walk, a

wheelchair and a check for five thousand rupees for immediate medical expenses was handed over to the boy through a humanitarian perspective by the President of the Manavata Seva Samstha, United Visakha District President, Sri Dinakonda Krishnam Raju, Gajuwaka Unit President Sri Balivada Satyarao, Sistakaranam Association State President Sri Akkumahanti Raja, and General Secretary Sri Manapuram Gourishankar.

In this program, Gajuwaka Sistakaranam Association President, Sri Nagumantri Venkateswara Rao, General Secretary and Area Secretary of Manavatha Seva Samstha, Sri Basangi Tirupati Rao, the senior members of Gajuwaka Sistakaranam community, Sri Pratap Rao Srinivas Rao, Manipatruni Satyanarayana, the leaders of Kurmanapalem Association, Sri Manapuram Shivaji, PVVSS Murthy, C.A. Kavita, K. Varalakshmi, and representatives of Manavatha Seva Samstha participated.

Mathrubhumi Seva Sangam and VTC Helping Hends show humanity

In Achyutapuram of Anakapalli district, 10 sacks of rice, 2 tins of oil, and 10 kilograms of chana dal were distributed to feed 90 destitute people living in the Integrated Mental and Disabled Ashram. On this occasion, Neelakantha Prasad Patnaik spoke and thanked the donors who are helping such good programs. The ashram ad-



ministrators, led by Patnaik, expressed their gratitude to the Matrubhumi Seva Sangam and VTC Helping Hands for assisting them considering the difficulties faced by the ashram. Participants in this program included Alaka Raju, Padala Satish, Killada Brahmanandam, Rajini Kumar, and other ashram staff.

-Gopala Rao Ippalavalsa, 9492589534

Financial assistance for boy's eye surgery



Under the leadership of Thyada Prasad Patnaik, Founder & President of Mother Terisa Seva Sangham & Blood

Donors Club, an 11-year-old boy named Sheshetti Vaibhav Kumar, residing in Pedatadivada village, Denkada Mandal, Vizianagaram district, was playing with children in the village when he got hit in the left eye with a stick. This caused complete damage to the eye, ultimately leading to near blindness. Coming from a poor family and having a father who lacks mental maturity, the family was experiencing both financial and emotional distress. With a reference from Malati Garu, who works at Pedatadivada High School where the boy studies, financial assistance of Rs. 24,001/- was provided on behalf of Mother Seva Sangham by our group members Ellumahanti Nutan Medam and in the presence of Malati Garu, to cover the expenses for eye surgeries at L.V. Prasad Hospital in Visakhapatnam. On this occasion, Vaibhav's parents expressed their gratitude to the President of Mother Terisa Seva Sangham and the members who helped financially. Likewise, today I would like to express my heartfelt thanks, by name, to everyone in our group and outside the group (mainly my students, friends, and well-wishers) who have financially contributed to this wonderful program.

Thyada Prasad Patnaik, President, Mother Teresa Seva Sangham, Ayyannapeta Junction, Vizianagaram

From dilapidated hut to proper house

Vandrangi Ramakrishna and Nagamani, a couple from our community, were living in a dilapidated hut in Kondapeta village, Nelimarla Mandal, Vizianagaram district. The family was visited in December by the president of the State Sistakaranam Welfare Association, Sri Akkumahanti Raja, along with his team. Later, with the support of the Welfare Association, Sri Tyaada Prasad VZM, Sri Basuri Srinivas Rao VSP, and the family members, the house was refurbished, and they visited again after the renovation.



Support Arena

Mother Teresa Seva Sangham distributes essential items as a Sankranti gift to the poor

On 10/01/2026, under the auspices of Mother Teresa Seva Sangham & Blood Donors Club President Tyada Prasad Patnaik, as a gift to the poor living in Vizianagaram town, like every year, with the intention of celebrating the festival with happiness and joy, 15 types of essential commodities were provided to 25 poor people at Mother Teresa Kids School in Ayyannapet Junction by the Honorary President of the Association Tyada Venu Gopalam. On this occasion, the poor who received the essential commodities were happy and expressed their gratitude to the Association. On this occasion, Seva Sangham President Prasad



Patnaik thanked the members who contributed to this program. Sangham members Venkateswara Rao, Sravani, Keerthana and others participated in this program.

Medical financial aid in the name of Late Sri Bhasuri Venkata Rao

On 5/2/26, I personally went to the house of Smt. Baggam Sneha, who is suffering from cancer in Uda Colony, Vizianagaram, and through the Seva Sangha named



after my father, Sri Bhasuri Venkata Rao (Late), the amount collected by the donors of Rs. 10,000/- was handed over to Smt. Baggam Sneha, the said cancer patient, in the presence of our relatives Vizianagaram District Sri Patnaikuni Lala Lajapati Rai, Sri Locharla Prabhakar, and my friend David. Smt. Baggam Sneha thanked all the donors by name. I wish that God would bless all the donors who helped. "Service to humans is service to God".

.- Bhasuri Srinivasa Rao

Free Medicines by courier for 100 days



SOLEN
PHARMACEUTICALS

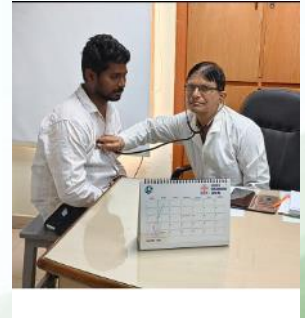
Enriching lives.....

1. Solcal - Calcium Citrate 1000 mg+Vitamin D3.200 IU+Mg+Zinc.
 2. Solfer - XT - Ferrous Ascorbate 100mg+Folic acid 1.5mg(Iron).
 3. S-Fenac -Acelofenac 100 mg+Paracetamol 350 mg.
- Medicines are WHO-GMP Certified.
 - Take your Doctor's approval.
 - For Sistakaranam Families.
 - Your details will be kept confidential.

CONTACT: 8074800939

Free medical camp at Lions Multi-Specialty Hospital

A free medical camp was organized at Lions Multi Specialty Hospital, said the hospital's Managing Trustee Umamaheswara Rao. In this program, 70 people were examined and given appropriate advice and suggestions under the supervision of General Surgeon Mohan Patra, General Physician Dr. Kuppili Suresh Babu, Urology Dr. Anurag Josh, Gynecology Dr. Gauthami, Dermatology Dr. Ram Prasad, Medical Superintendent of the institution Kalyan Prasad, and Sandhya Eye Hospital doctors. This medical camp was organized as part of social service. Dr. Suresh said that precautions should be taken against various diseases that occur in winter such as skin diseases, diarrhea, vomiting, dysentery and malaria typhoid dengue fever. Dr. Suresh expressed his special gratitude to the Lions Club executive committee for giving him the opportunity to provide medical assistance to so many people.



Baliwada Satya Rao & team participate in Rathasaptami distribution

Baliwada Satya Rao & team participated in the distribution of Pulihora, buttermilk on the occasion of Rathasaptami. In this program, with the idea of helping the devotees in some way, the distribution was done to 5000 Arasavilli Suryanarayana Swamy devotees from 8 am to 5 pm. Baliwada Satya Rao, Sakka Dhanunjaya Rao, Gurugubelli Umamaheswara Rao, Kunuku Yamuna, Nalla Srinuvasa Rao, Bommalata Baskara Rao, Master Jaswanth, Master Jairamesh participated in this program. Baliwada Satya Rao said that he was very happy to participate in the Rathasaptami program.



Fraternity Page -Andhra Pradesh



Formation of Gokavaram Sistakaranam Association

With the main objective of bringing together the members of our Sistakaranam families from Gokavaram, Korukonda, and Rampachodavaram mandals on a common platform and understanding the status of these family members, the Gokavaram branch was established with members from the above villages. In the name of Gokavaram, the Sistakaranam Welfare Association, under the guidance of Andhra Pradesh State Association, in the presence of Rajahmundry District Sistakaranam Welfare Association President Sri Potnuri Siva Surya Prakash Rao, Vice President Sri Veenam Ramachandra Rao and another Vice President Uriti Master, General Secretary Sri Raghupathuni Sai Babu, Admin Secretary Sri Kuppli Ravishankar, and Treasurer Sri Veenam Venkata Ramana, the executive committee set up the Gokavaram branch. The Sistakaranam Welfare Association, Gokavaram, Executive Committee members were appointed with their consent and approval. President: Smt. Veenam Durga, Gokavaram; Vice President: Jannumahanti Lakshman Rao, Rampachodavaram; Secretary: Enugula Veera Raghava Rao, Gokavaram; Joint Secretary: Kurada Lakshmana Rao, Rampachodavaram; Treasurer: Vishnumahanti Sai, Gokavaram; and our other members. We extend our thanks to our district committee members, and to Rampachodavaram and Gokavaram members on behalf of the district committee, for helping in setting up the above branch,.

- President, Secretary, East Godavari District Sistakaranam Association, Rajahmundry.



Komarada Mandal Sistakaranam Association Programs

Parvateepuram, Manyam district, Komarada mandal Sistakaranam Association was established on 15-04-1994 with the aim of BC advancement, and by organizing various programs, it gained recognition across the country. It is now ready to celebrate its 32nd anniversary on 15-04-2026. With the same passion of the previous programs, committee members were appointed on 25-05-2025 and are celebrating with grandeur.

1) On 17-08-2025, with the coordination and support of SHHS, Rs. 45,100/- was provided to N. Divya W/o Naresh, daughter of late Kambavalasa Malli Babu, resident of R.L. Puram in the mandal, for medical expenses.

2) On 20-09-2025, Rs. 65,000/- was distributed through SHHS to late Palutheru Shashi's wife Padmaja from Palem village in this mandal for employment. This involved participation from our association members.

3) On 31-08-2025, students of classes 10 and 12 who scored the highest marks were honored with certificates of appreciation in the premises of Duggi Primary School.

4) On 09-11-2025, the Karthika Samaaradhana was celebrated grandly at Badava Garden. Games, songs, quizzes, and competitions were held. Eminent people were felicitated with mementos. Among them, the awardee of Lekha Vibhushana 2024, Polaki Apparao, was felicitated grandly. Along with them, felicitations were also given to Parvatipuram natives and local elders.



5) On 11-01-2026, 14 types of goods were distributed to 20 underprivileged families in order to celebrate the Sankranti festival.

- KS Patnaik, President; A. Sureshkumar, Secretary; PVG Raju, Treasurer; KS Rao, Hon Advisor & other Executives.

Free Vivaha Parichaya Vedika on March 1st in Vizianagaram

Under the supervision of Baggam Rama Jogarao, the District Vice President of the Vizianagaram Sistakaranam Association and the President of the Guru Murti Ganga Parvati Vivaha Parichaya Vedika, a free marriage introduction forum for Sistakaranams will be organized on 01.03.2026 at 12:30 PM at the Youth Hostel building located on K.L. Puram Route, Collector Office Junction, in Vizianagaram town. Hence, it is informed that this opportunity should be availed by members of the community in Vijayanagaram and Manyam Parvatipuram districts. Along with this notice, a biodata format is also provided.

For details: Baggam Rama Jogarao, Narava (Village), Gantyada (Mandal), Vijayanagaram District. Phone numbers: 8500186657, 7396396657

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జీతం:-		
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తండ్రిగారి ఉద్యోగ వివరములు:-		
తల్లిగారి ఇంటి పేరు:-		
వాటాఫ్ నెంబర్లు: చిరునామా:-		

Fraternity Page -Andhra Pradesh



Get-together meeting with leaders of Visakhapatnam City Sistakaranams

Sri Polumahanti Umamaheswar Rao, President of the Andhra Pradesh State Sistakaranam Association, under the auspices of the Visakhapatnam District Sistakaranam Association, on Sunday, 08.02.2026, organized a get-together meeting with the leaders of the Visakhapatnam City Sistakaranam Associations in the evening at his residence in Vepagunta,.

During this program, leaders of various branch societies and district leaders shared problems and opinions regarding the associations. He explained the policies and procedures that should be followed towards the associations according to the state association's stance. Leaders from the Gajuwaka, Kancharapalem, Aganampudi, Pendurthi, and Allipuram Associations participated.

Among the distinguished leaders present at this meeting were Dr. B. Srinivas Patnaik, P.V.T. Ramanarao, G.G. Prabhakar Das, M. Umamaheswara Rao, Balivada Haribabu, Smt. Kurada Pavani, Paltheru Bala, Sadashivuni Lakshman Rao, S. Mohan Rao, Vappangi Sridhar, Vappangi Rama Mani, Sandhyarani, L.V. Ramanamurthy (Uma), Kuppili Ganesh, K. Ramakrishna Rao, Potnuru Phanindra, Dabbiru Harikrishna, Kantimahanti Lakshman Kumar, Pakki Kamalprasada, Kaspa Govindarajulu, Udandarao Ramaprasada, G. Ramesh, Baggam Kurmarao, M. Nagesh, Pakki Suresh Sathyarao, and others. In this get-together, which was conducted in a friendly and cordial atmosphere, everyone participated and shared their valuable opinions and suggestions. They also discussed future plans for OBC development. Sri Polumahanti Umamaheswara Rao expressed his congratulations and thanks to everyone.



Andhra Pradesh Sistakaranam Association Meeting

In response to the call of Sri SNK Mahanti, 40 state-level Sistakaranam leaders gathered at a function hall in Visakhapatnam.

The chief guest of the meeting, Honorable Mantri Sri Rajasekhar, addressed that just as we achieved BC recognition in 2009, this time we should strive with unanimity to achieve OBC recognition at the national level.

Sri SNK Mahanti suggested an excellent plan to strengthen the state society and carry out more service activities. Amidst the members' expressions of joy, the following resolutions were unanimously passed:

Reflecting on the exceptional services rendered by our community associations from the year 2020, during the time of COVID-19, to the present, and remembering the services of late society leaders like Sri KL Bhushan Rao, Sri Venkumahanti Deveshwar Rao, Sri Behara Kalyan Ram, Sri Dabbiru Narayan Rao, and Sri Pakki Divakar, the meeting praised their efforts in achieving BC recognition. Similarly, it was resolved to remember those who have served communities across the state and to honor and felicitate their family members this Ugadi.

Activities were designed to attract Youth and Women towards the Association to carry out social service programs through the association.

It was decided to visit all districts and areas of Andhra Pradesh directly, meet the association leaders and elders, and ensure everyone's cooperation for OBC initiatives.

Participating in this program were Sri SNK Mahanti, Sri Arikatota Chandramouli, Sri Nagumantri Gajapati Rao, Sri KVS Banerjee, Sri Mantri Narasimha Murthy, Sri Dahirao Harnath, Sri Jayati Umamaheshwarrao, Sri Shivaprasad Master, Sri Raja Appalanarasayya, Sri Tokada Govind, Sri Jayati Gopi, Sri R. Ravishankar Patnaik, Sri Kotamahanti Govind, Sri Sekharamantri Srinivasa Rao, Sri Manapuram Suresh, Sri Kallepalli Shankar Rao, Sri MN Rao, Sri Manapuram Srinivas, Sri Duggivalasa Srinivas and other members.

The meeting took place from 4:00 PM to 7:30 PM.

Sri S N K Mahanti expressed his heartfelt thanks to everyone who attended this meeting, for coming with a spirit of service and with devotion, for the sake of our community.

- Kallepalli Shankar Rao

Joint Secretary, Andhra Pradesh State Sistakaranam Association



Fraternity Page -Andhra Pradesh



All India Sistakaranam Association Vivaha Parichaya Vedika Successful

The Akhila Bharata Sistakarana Sangham's Vivaha Parichaya Vedika, held on 15 February at Kumari Kalyana Vedika, was hailed as a major success. Over 500 members attended, creating a lively and purposeful gathering.

Community leader Sri Balivada Hari Babu expressed deep gratitude to all Sistakarana families, noting that the Visakha Sistakarana Seva Sangham (VSSS) has consistently delivered successful programmes—from Women's Day celebrations and Ugadi Panchanga Shraavanam to Kartheeka Samaradhanas, job fairs, and annual calendar releases. He emphasised that every initiative has been possible through voluntary contributions and collective commitment, without financial expectations from anyone.

The event commenced with Shiva Deepaaradhana. Parents shared concerns about delays in matrimonial alliances, and their heartfelt appeals resonated with the audience.

AP State Sistakarana Sangham President Sri Polu Mahanti Umamaheswara Rao offered guidance on community development and family welfare.

Chief Guest Sri Behara Bhaskar Rao, along with senior leaders from various districts, felicitated distinguished contributors, including repre-

sentatives from Bhubaneswar, Gajuwaka, Aganampudi, Seethammadhara, and the Railway Sangham. Special honours were accorded to Sri Potnuru Chandramouli and Sri Potnuru Phanindra.

The book Jabili Navvave, dedicated to community service leader Smt. Keerthi Patnaik, was formally released during the programme.

The VSSS executive team, led by Sri Murthy Patnaik, ensured smooth coordination across reception, anchoring, media, and logistics. Sri Balivada Hari Babu acknowledged their tireless efforts, attributing the event's success to the unity and dedication of the entire Sistakaranam community.

<https://youtu.be/-hyFtZsntOw?si=1nOKfD1ZOdsDokK>



Felicitation to Advocate Sri Chandramouli

On 15-2-2026, at a grand Sistakaranam event held at Kumari Kalyanamandapam in Visakhapatnam, among the invitees and guests, our Sistakaranam dignitaries congratulated the prominent Advocate Mr. Chandramouli Patnaik from Kotagandredu, Vijayanagaram district, for being appointed as Public Prosecutor in the Andhra Pradesh High Court. In a gathering of 400 attendees, he was felicitated with a shawl, a memento, and flower garlands by the chief guest Sri Behera Bhaskar Rao, in the presence of Bhubaneswar scholar Dr. Raghupatruni Bhima Rao, Advocate Sri Wadada Uma Maheswara Rao from Khargapur, and Sri Gajapathi Rao, under the auspices of the Andhra Pradesh Sistakaranam Association President Sri Polumahanti Umamaheswara Rao.



Prominent senior BJP leaders and Sri Chandramouli's father, Sri Patnaik Phanindra, spoke at this felicitation event. Sri Chandramouli expressed his gratitude for the honor bestowed upon him.

The event was also attended by Smt. Kurada Pavani, Sri Balivada Haribabu, Sri Sadashivuni Lakshman Rao, and others.

AP Sistakaranam Welfare Association Executive Members Welcomed in Srikakulam

On their arrival at Srikakulam, The AP Sistakaranam Welfare Association State President Sri Akkumahanti Raja and Secretary Sri Manapuramu Gourishankar were welcomed by prominent Sistakarans, including Sarvasri Balivada Malleshwar Rao, RVN Sharma, SVD Murali, Sadashivuni Venkateshwara Rao, Munagavalasa Ravindra, Karakavalasa Prahlad, Balivada Shankar Rao, Kuppili Ramanamurthy, Chowdary Parvatisam, Karakavalasa Sridhar, Balivada Varaprasadarao, Kuppili Satish, M. Prasad, Balivada Sharath, Raghapatruni Balashankaram, Sadashivuni Kishore, Patnayakuni Prakash, Ch. Ramanamurthy, and others. The cordial gathering discussed our issues thoughtfully.

They also elaborated on our issues with the local legislator of Srikakulam, Shri Gondu Shankar, and the legislator responded positively.

- Balivada Satyarao



Late Sri Prataparao Satya Rao Statue Inauguration Ceremony

The idol of excellence, the best teacher, the late Sri Prataparao Satya Rao's statue unveiling ceremony was grandly held at his ancestral village Mugdabada by his eldest son, retired teacher Vishweshwararao. The countless services he rendered as a teacher were publicly praised by his group of students. It is noteworthy that those who received special care came from all castes and religions. As a pinnacle of discipline and a guide to all social classes, he taught knowledge impartially with great wisdom. Among his contributions, the most significant was arranging pension facilities for those who couldn't complete teacher training and served as teachers. Thousands of people benefited directly from his efforts. To pursue education, he followed the traditional Gurukula teaching method throughout his life. In the meeting, speakers expressed their desire to continue his ideals.



- Polaki Apparao, Recipient of the Shishtakaran Lekha Vibhushana 2024, Gangareguvalasa.

Fraternity Page - Maharashtra



Haldi Kumkum (Sankranti Milan) 2026 – Sistakaranam Association Nagpur Maharashtra

Haldi Kumkum (Sankranti Milan) 2026 –

A Celebration of Tradition, Togetherness & Woman Power.

The vibrant spirit of Makar Sankranti came alive as the Nagpur Sistakaranam Association joyfully celebrated Haldi Kumkum (Sankranti Milan) on 1st February 2026 at the Scouts & Guides Office Complex, Motibagh Railway Colony, Nagpur.



Haldi Kumkum is a cherished, women-centric cultural tradition, especially celebrated across South India and Maharashtra. Rooted in symbolism and warmth, the exchange of Haldi (turmeric) and Kumkum (vermilion) signifies prosperity, good health, marital bliss, and auspicious beginnings, marking the Sun's transition into the Capricorn constellation.

As many community members reside away from their native states, the celebration was thoughtfully organized on a convenient weekend—transforming it into a grand family get-together filled with culture, bonding, laughter, and memories.

A Warm Start & Meaningful Moments

Community members began arriving from 10:30 AM, accompanied by family and loved ones. The organizing committee ensured seamless arrangements including comfortable seating, stage setup, and refreshments—setting the tone for a relaxed and joyful day. The programme commenced with a welcome address by Mr. P. Srinivasa Rao, followed by the auspicious Jyothi Prajwalana led by President Mr. D. Krishna Kumar and Secretary Mr. Ramesh Patnaik. Mr. Srinivasa Rao fondly recalled the outbound get-together event of the previous year, rekindling memories of togetherness and shared joy. Several members echoed this sentiment, emphasizing the need for frequent gatherings to strengthen bonds and keep community values alive. President and Secretary reassured members of their commitment to organizing regular community interactions, nurturing unity across generations.

Nurturing the Next Generation

In his address, Mr. Ramesh Patnaik encouraged members to actively involve children and youth, highlighting them as the future torchbearers of the community. He assured

full support for youth-centric cultural and engagement activities to help them understand and cherish the community's rich heritage.

Special Felicitations & Celebrations

Adding more warmth to the event, the organizing committee included special moments of recognition:

* Felicitations of Retired Couple

Mr. & Mrs. K. Tajmohan Rao & Sarita were felicitated by Mr. Ramesh Patnaik, with heartfelt wishes for good health and a joyful life ahead.

* Felicitations of Newly Married Couple

Mr. & Mrs. S. Praveen & Konika Patnaik were warmly welcomed into the community and felicitated by Mr. & Mrs. B. R. Babu, symbolizing blessings and inclusion.

Fun, Games & Festive Buzz

The post-lunch session turned lively with Tambola (Housie), fun activities, cheerful banter, and prize distributions, truly living up to the spirit of "Halla Gulla". Smiles, laughter, and friendly conversations filled the hall—especially among women of all age groups, celebrating womanhood and togetherness.

A Feast to Remember

Members enjoyed a delicious, authentic lunch, with the highlight being the mouth-watering "Kodi Kura", lovingly remembered by all. Post lunch, the much-awaited Haldi Kumkum distribution took place, generously supported by many members who sponsored gifts, items, and cash contributions.

Feedback, Gratitude & New Ideas

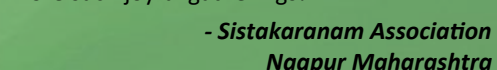
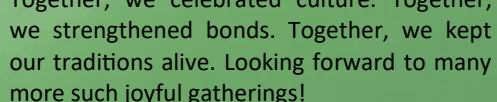
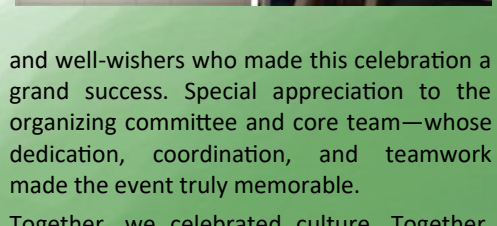
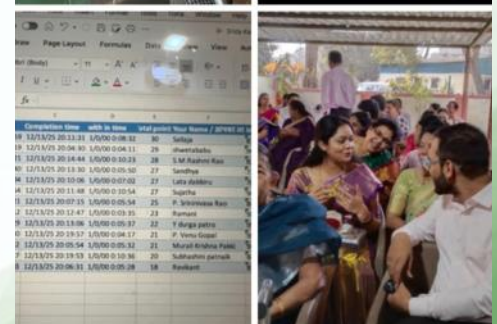
During the feedback session, members expressed heartfelt thanks for the well-organized and memorable celebration. A special mention goes to Mrs. Shweta Babu, who proposed exclusive ladies' get-together activities like Kitty Party to further strengthen community bonding—and generously offered to sponsor the first two such events.

Moment of Remembrance

The event concluded on a solemn note, with all members observing one minute of silence in respectful remembrance of Late Smt. V. Kalavati Patnaik & Jagadeeshwar Rao, who passed away in 2025.

With Gratitude

A sincere thank you to all members, sponsors,



and well-wishers who made this celebration a grand success. Special appreciation to the organizing committee and core team—whose dedication, coordination, and teamwork made the event truly memorable.

Together, we celebrated culture. Together, we strengthened bonds. Together, we kept our traditions alive. Looking forward to many more such joyful gatherings!

**- Sistakaranam Association
Nagpur Maharashtra**

Fraternity Page - Chhattisgarh



**Sistakaranam Samakhya
Durg-Bhilai-Charoda Grand gala Picnic**

Sistakaranam Samakhya, Durg-Bhilai-Charoda, Chattisgarh State, organised a grand gala Picnic at BSP Sector 1 Garden on 4th of January 2026. Around 98 Plus Members attended the Get-together with their Children & loved ones. Program started with President Sri. Lumburu Srini-vasa's address followed by Yuvati-yuvata paricha-yam conducted by Smt. M.Anita Patnaik & Smt. S.Vimala, Children's dance & Ladies/Gents Singing Conducted by Smt. Sunita Patnaik & Smt.D. Chan-drika. Also members enjoyed Musical Chair competition for Ladies & Gents. And lastly Tambola game added some more fun flavour to the event. Vote of thanks was given by Sri. P. B. Patnaik.



Sista Swaraalu Program in Raipur

Raipur Karanams at the Sista Swaraalu program during Sankranti festivities.



Smt. Rajakumari Patro, Sri Dabbiru Prabhakar, and Sri Tirupati Rao Patnaik couple

The unparalleled musical couple Smt. Sridevi and Sri Ch. Mohan Patnaik.

Women folk Smt.Ramya, Smt. Shyamala, Smt.Raji etc.

Model couple for marital bliss, Smt. Sandhyaraj & Sri Mantri Vishweshwar Raju

Fraternity Page - West Bengal



Retirement felicitation

On the occasion of Chandra Mahanti Rajesh Kumar, a Sistakaranam from Kharagpur, retiring from the Railways on 28-2-2026 as S.S.E., a banquet was arranged for all the relatives on 25-2-2026 to honor Sri Rajesh Kumar and Smt. Shakuntala. On this occasion, D. KS Mahanti and Anuradha felicitated them with a salutation. Mandakuriti Murali & Kamalakumari presented a certificate of appreciation. Sairam & Padmaja felicitated with garlands. NV Ramana, Manohar, JL Narasimha and Tirupati Rao, Kiran Kumar and Charan Kumar couples felicitated with gifts.



Odisha



**Bhubaneswar
Annual get
Together & Picnic**

Sistakaran Community Members of Bhubaneswar have organized an annual get together and picnic, at the Capital Institute of Management and Sciences, Bhubaneswar, on 1St Feb 2026. Relatives attended this event from Bhubaneswar, Sundarapada, Kalin-ganagar, Khurda, Jatni, Puri, Visakhapatnam, Naupu-da etc. The programme started with Tea and Tiffin followed by Ganapathi prayers by Sri JC Patnaik

Discussions were held on many topics, to develop the community, about matrimonials, centenary celebrations of All India Sistakaranam Association, education and employment opportunities for youth etc. Suggestions for formation of new committee were also taken up.

Dr. Raghupatruni Bhima Rao felicitated the guests and also the Lekha award winners. Cultural activities by the ladies including devotional songs, introduc-tions among the relatives were organized by Sri Suresh Patnaik.

The get-together is ended successfully with great lunch followed by evening tea and snacks, thanks to the hard work of Sri JC Patnaik and Sri Hari Shankar Patnaik. Thanks to all the participants.



Award to Srikant through Parlakhemundi MLA and SP

Renowned dance teacher from Srikakulam,, Sri Raghupatruni Srikanth was presented the Padma Sri Guru Gangadhar Pradhan memorial award that included ten thousand rupees in cash, a memento, and a certificate of appreciation by Parlakhemundi MLA Sri Rupaesh Kumar Panigrahi and SP Sri Jyotindra Panda during a program organized by Padamrita Nrutyayan Institute.



Kalam Snehitulu

Chitra Kavitalu – Feruary- 2025

As per our group's regulations, Chitra Kavitalu is held every Wednesday. Members are asked to look at a picture and write thoughtfully expressed poems, not more than 10 lines. Alongside here are the pictures that were given during the month of January - 2026

- Gauriprasad Karakavalasa, Chitra Kavitalu Organizer
Admins team, Kalam Snehithulu Kalavedika
Chitra Kavitalu – Feruary- 2025



Sistakaranams in Literary Service

1) 4 "Chintana" speeches by Sri Sekharamantri Prabhakar were recorded at Akashavani Visakhapatnam station on 29-01-2026 for broadcasting at 6:30 am, in the month of February.



2) Telugu Rachayatata Vedika (Terave) member Sri Raghupatruni Venkata Ramanamurthy, hailing from Srikakulam city, received the Sahithi Shiromani Award from Sri Sri Kalavedika National President Kattimanda Pratap, Secretary P. Parthasarathi, and other prominent figures. The 163rd National Centenary Poets' Convention of Sri Sri Kalavedika was held at the local Bapuji Kalamandir under the auspices of the Srikakulam district branch. Kalavedika representatives Dabbiru Govindarao, Bhogela Umamaheswara Rao, and Manipatruni Nageswara Rao, among others, participated in this event. Regarding Ramanamurthy receiv-



ing the award, honors and congratulations were extended by Terave President and secretaries Surangi Mohan Rao, Balivada Malleshwara Rao, Tarave Presidents Uttaravalli Nageswara Rao and members, Sistakaranam State President Polumahanti Uma Maheswara Rao, representatives of the Sistakaranam Association Dabbiru Vasu, R.V.N. Sharma, P. Jaganmohan Rao, U. Chittidasa, retired district education officer Sadasshivuni Tirumala Chaitanya, and representatives from several literary organizations.

3) On 15-02-2026, at the literary gathering held in Srikakulam, Sri Dabbiru Prabhakar recited his poetry and received the Sahithi Shiromani Award.



Vivaha Vedika



Vivaha Vedika

వివాహ వేదిక



Vivaha Vedika is a new initiative from Lekha. Being a sensitive subject, we are wary of the pitfalls in managing the function of match-making. We are, therefore, starting with just a handful of prospective brides and grooms. Please excuse us for any errors, omissions or misrepresentations. This will be an evolving initiative, and we will improve as the time goes by.

Prospective Brides & Grooms



Name	TEJASWI
Surname	KOTTAKI
Father's Name	
Gotram	
Date of Birth	18-Feb-2003
Nakshatram	PURVA PHALGUNI / PUBBA
Height	5' 5"
Complexion	FAIR
Occupation	PVT. EMPLOYEE JP MORGAN
Work Place	HYDERABAD
Education	BE / B.TECH
Preference	

Name	SAHANA (PREMA KUMARI)
Surname	SADHASIVUNI
Father's Name	S. VENKATA RAMANA
Gotram	SRIVASTHAVA
Date of Birth	8-Mar-1996
Nakshatram	CHITTA
Height	5' 2"
Complexion	FAIR
Occupation	PVT. EMPLOYEE
Work Place	
Education	ME / M.TECH
Preference	

Name	SANTHOSHI RUPA RANI
Surname	DONKADA
Father's Name	PRASAD.D
Gotram	BHARADVAJA
Date of Birth	19-May-1991
Nakshatram	
Height	5' 5"
Complexion	
Occupation	PVT. EMPLOYEE DELOITTE
Work Place	HYDERABAD
Education	BE / B.TECH
Preference	



Name	VN ANILATHMAJA (BLIND)
Surname	ADIVISHNU
Father's Name	A.SRINIVAS
Gotram	KASYAPA
Date of Birth	15-Jul-2000
Nakshatram	MULA
Height	5' 11"
Complexion	TAN
Occupation	GOVT. SERVICE COMMERCIAL TAX OFFICE
Work Place	HYDERABAD
Education	B.COM
Preference	

Name	NIKHIL
Surname	MANIPATRUNI
Father's Name	M. BALAKRISHNA RAO
Gotram	BHARADWAJA
Date of Birth	29-Jun-1996
Nakshatram	ANURADHA
Height	5' 11"
Complexion	
Occupation	PVT. EMPLOYEE TATA AIG
Work Place	HYDERABAD
Education	BE / B.TECH
Preference	

Name	YELURI MANIKANTA
Surname	YELURI
Father's Name	Y. VENKATESWARA RAO
Gotram	DHANARUSHI
Date of Birth	26-Nov-1994
Nakshatram	MAGHA
Height	5' 5"
Complexion	WHITE
Occupation	PVT. EMPLOYEE LG COMPANY
Work Place	VISHAKAPATNAM
Education	GRADUATE
Preference	

Name	SAIRAM PRAKASH
Surname	KORLAM
Father's Name	LAKSHMAN RAO
Gotram	KOUSHIKA
Date of Birth	30-Jan-1997
Nakshatram	CHITTA
Height	5' 3"
Complexion	
Occupation	PVT. EMPLOYEE
Work Place	HYDERABAD
Education	
Preference	

Name	KRISHNA CHAITANYA
Surname	URITI
Father's Name	DURGA PRASADA RAO
Gotram	NAGESWARA
Date of Birth	7-Dec-1994
Nakshatram	SRAVANAM
Height	5' 6"
Complexion	FAIR
Occupation	GOVT. SERVICE
Work Place	HYDERABAD
Education	
Preference	

GET MORE PROFILES ONLINE

This page contains only a handful of profiles, just to give you an idea of our repository. For more, visit:

<https://skiv.online/VivahaVedika/>



SISTAKARANAM IKYAVEDIKA

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Our You Tubers

Watch these videos by Dr. Krishna

1) SAVERS – The secret that will change your day!"

<https://youtu.be/RC9p3tGazil?si=Wms6TFCdqle5YWK6>

2) Are tasks getting delayed because of laziness?

Just a 5-minute psychology trick

CBT-based secret technique

A video that makes you want to start now

Want to get rid of laziness? This 5-minute psychology secret trick is for you! Please watch this video.

<https://youtu.be/15GUPjyTEwo>

And don't forget to comment.

Even a single comment from you is a great encouragement for me.

-Dr. NSR Krishna Rao



A day in the bank.. story

A Day in the Bank.. Story

Writer: Pakki Shiva Prasad Rao.

Listen to this as a treat.. Share it freely with your loved ones

<https://youtu.be/J6H5PCkG90c?si=m4EkWCj1uJggGq2q>



Padmashree movie on YouTube

Our film director and producer, Sri Sadashivuni Srinivas Patnaik (SS Patnaik)'s Padmashree movie is being released on the popular

YouTube channel PEMS Talkies on 26-1-2026 in the evening, so that it can be available to more viewers and can be watched for free.

Everyone must click the link and watch. If you all watch, like, share, and comment, it will help the movie get great ratings and encourage our director. You can watch it for free without spending any money.

In this full-length Telugu movie, many of our renowned heroine, actors, and lyricists have taken part.

<https://youtu.be/JUK8VVNs5G4?si=SYbql4yrJ76aL6O2>



Entrepreneurs Frontier

Tiny Hearts Play School opened in Vizianagaram

Smt. Nandigama Veda Lakshmi (Principal) has started play school (TINY HEARTS PLAY SCHOOL) in Phoolbagh colony, Vizianagaram, offering DAYCARE, NURSERY, LKG and UKG.



Talent Corner

Hindustani Classical Violinist Smt. Vijaya Lakshmi Patnaik

Smt. Vijaya Lakshmi Patnaik was born in a musician family to Thonangi Mohan Rao Patnaik & Raja Rajeshwari in the capital city of Bihar, Patna. Being the daughter of a musician, she showed an inclination for music from her childhood. She grew up in an era where the world felt smaller, but the music felt infinite. She started learning the queen of musical instruments, the violin, at the age of 7 years from her father. It is pertinent here to mention that her father is a direct disciple of the legendary violinist in the Carnatic classical tradition, the Late Dwaram Venkataswamy Naidu Garu of

Vizianagaram (AP) — winner of the Sangeet Natak Akademi Award in 1953 and the Padma Shri in 1957.

She started her performance from the 10th year itself in AIR (Balmandal) and won the hearts of the listeners. After gaining confidence, she accompanied her Guru (Father) to various stage performances in the most reputed halls in Patna.

She, along with her father and brother, Dr. MM Patnaik (Tabla) and some more artists, formed a group (Orchestra) that gave several performances in and around Patna.

She, along with her father, performed before the former president of India, the Late Dr. Rajendra Prasad at his residence (Patna). Also, before the former governors of Bihar, late Anantha Sayanam Iyengar and the late Boruva. Also before the veteran socialist leader late Jayaprakash Narayanan. Though there was a break in her career after shifting to South India (Visakhapatnam), she never stopped practicing. She gave some solo performances at Maharashtra Mandal during the Ganesh festival, Ugadi Utsav, Talent Festival and some domestic functions. At present she is taking online and offline classes for about 10 regular students.



1) Accompanied her father at a stage performance at Patna (Bihar).



4) Performance at Ganesh pooja 2004 (Maharashtra Mandal)



2) Her active participation at an Orchestra performance along with her father at Patna (Bihar)



5) Solo performance at Talent Festival, organized by one of the leading musical clubs at Visakhapatnam (2006)



3) Performing at Ganesh pooja (Maharashtra Mandal) Visakhapatnam (2001)



6) Felicitation by Actor Kallu Chidambaram (2006)



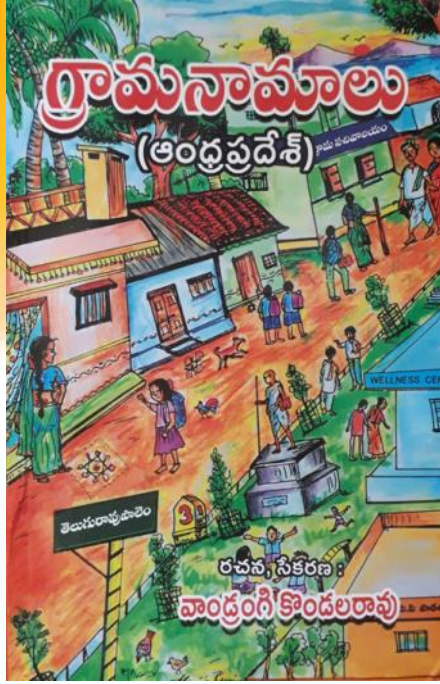
7) Solo performance at Ugadi Utsav (2008) Visakhapatnam

Karanam World

Onomastician - Vandrangi Kondala Rao, a master of village names

Intellectual on village names

Vandrangi Kondala Rao came into limelight with the confirmation of the history of village names. He is a beacon for current and future



generations of researchers. If you want to know the name of any village and its history, the name of the village name scholar Vadrangi Kondalarao comes to mind, because every village has a great name, and he has the investigative method to reveal the mystery behind that name.

Research that went on with dedication:

The knowledge of village names is the lifeblood of Kondala Rao. He has been completely dedicated to the research of village names and has been continuing his work for a long time. His multifaceted

work on village names is indescribable. Kondalarao, who is recognized as a master in the research of village names (toponymy), an important branch of onomastics, is a writer who needs no introduction to the Telugu people. There is no doubt that he is at the forefront of today's contemporary onomastics. Inspired by Acharya Thumati Donappa, who pioneered the study of names, Acharya Yarlagadda Balagangadhara Rao, a writer of the study of names, and Vidwan Katta Narasimha, a writer of the Anecdotal stories, Kondalarao worked continuously in the field of village name study for four and a half decades and achieved great success. It is commendable that he continues his research with the aim of bringing to light innovative historical facts related to the names of Rama.

The soul of India is the village:

The Father of the Nation, Mahatma Gandhi, used to say that the village is like the soul of India. This deep connection with the village exists from the moment a person is born until they breathe their last. Even if we settle in other places for work and employment, we inevitably go to the village where we were born for auspicious occasions such as weddings, important festivals, and the celebrations of the village deities. We meet relatives and friends. We reminisce about past memories and experience a sense of transcendental bliss. Kondalarao's tireless efforts to preserve the names of such important villages are commendable.

What does "Where are you from?" mean?

When we meet new people in society, the first question we ask is "Where are you from?"

This question helps us understand what makes a village special. The way in which the onomastician Kondalarao has researched and written about the history and background of so many villages that have such significance in the human life cycle is impressive. Taking the state of Andhra Pradesh as a basis, he has researched how the names of various villages selected in all districts came about and has created history by writing the books "Ooru-Peru (Andhra Pradesh)", as well as "Gramanamalu (Andhra Pradesh)", and "Ponduru Maro Porbandar". It is noteworthy that for the past seven years, the monthly magazine "Visakha Samsukrithi" has been promoting writers by publishing a series on the background of the names of the respective villages under the title "Ooru-Peru". On this occasion, Mackenzie examined the Kaifiyats, various inscriptions that had been solved, historical and epic texts, and also discussed with scholars and elders in villages and towns to give these texts their final form. It must be said that it is a bold move for him to write about the background behind the names of villages, taking the entire state as a basis, rather than limiting himself to just one district or region.



This is why his books are so popular...

Kondalarao especially paid great attention to the names of villages in his research works. This made the names of the villages he wrote very popular. On this occasion, it is necessary to at least cite the names of the villages he bought. Let us find out some of the names of those villages. Examples of villages include Vasundhara, Ayodhyapuram, Haridwar, Vanithamandalam, Brindavanam, Kamadhenu, Panchali, Nidagallu, Vasanta, Puritipenta, Juttiga, Avuku, Araku, Diwali, Pendlimari, Pattu Sari, Vetapalem, Pulivendula, Naravaripalli, G.R. Dharakastu, Nemali, Rally, Kanneluru, Hamsaladevi, Puttappathi, Uravakonda, Kaki, Vanapamula, Andalimala, Sankrantipally, Surabhi, Puliputti, Chandana, Simhadripuram, Kolanukonda, Nemallapudi, Kolavennu, Veldam, Chodyam, Giddaluru, Yadiiki, Edupugallu, Bhojan, Dorasanipalle, Kolimigundla, Thadakhandriga, Kukkalapalli, Komali, Mallela, Jupadubangla, Laddagiri, Kannemadugu, Kappatralla, Stuartpuram, Kadavakallu (Kadavakolanu), Enugulamahal, Lam, Agnigundala, Rupayi/nekave, Kalamalla, Gadidapayi, Nandivelugu, Rotarypuram, Teluguraopalem, Idupulapaya, Sangeetampally, Galagala, Kakulapadu, Halaharvi, Timmasamudram, Vajrakarur, Palasamudram and others. It is clear that the names of trees, with the names of social classes, with the names of professions, beasts, animals, birds, with the names of villages, were named after the names of cities, houses, people, gods, sea, village, river, hill, city, gift, colors, etc. Border villages are influenced by the languages of neighboring states, and the Telugu word is influenced by the language of the nearest state. This author has shown great talent in explaining that effect. Only those who have a good understanding of linguistics, cultural background, ethnography, sociology, anthropology, psychology, geography, mythology, legends, and literature can excel in the study of names. These three books

Continued on next page...

Karanam World

Onomastician - Vandrangi Kondala Rao, a master of village names Cont'd.

have become very popular because of this knowledge in the author. He has shown exceptional effort not only in the knowledge of village names but also in the knowledge of personal names. He explained how personal names came about in Hindu, Muslim, and Christian religions, as well as what the names of Hijras are like. He presented an analysis paper he wrote on this topic at the Uttarandhra Writers' Forum Aavirbhav Sabha

held in Visakhapatnam in March 2016. This analysis was published and promoted by the monthly magazine Bhaktisamacharam.

Well-deserved recognition....

Due to his continuous efforts in the field of Nama Vignan, he has developed extensive contacts with hundreds of people in the state. Kondalarao humbly states that those bonds and connections are his assets. The books written by him, Ooru-Peru (Andhra Pradesh), were purchased by the Raja Rammohan

Roy Foundation. Similarly, the Director of the Andhra Pradesh Civil Libraries Department issued orders granting citation to the book Gramnaamaalu (Andhra Pradesh). The All India Radio Visakhapatnam Center conducted an interview regarding the book "Ooru-Peru" written by the name scholar Kondala Rao. Renowned story writer Sarvasiddi Hanumantha Rao conducted a review on the same book on All India Radio. It is noteworthy that the Director of the State Public Libraries Department granted a citation to his book Gram Naamaalu (Andhra Pradesh). S.K. Motivators has released a great video on this book. In this, Dr. K. Yashodakumari, Dr. Devulapalli Padmaja, Dr. G. Malathi, and famous writers T. Shanthabaskar and Lalitha Reddy praised Kondala Rao's research and work on village names and explained their sentiments analytically. In May and June 2024, the Touch a Life Foundation conducted interviews with Tall Radio (Dallas/Texas) under the titles "Every Town's Name Tells a Story" "Endless Satisfaction with a Job You Love." He achieved widespread recognition in the field of village names and maintained his uniqueness.

Writing other books...

He wrote other books besides the study of the name. He wrote books such as Maa Devudu meere mastaru, Guramma Perantalu Mahimalu, Sai Saranu and others. More than 300 articles have been published in the dailies Eenadu, Sakshi, Andhraprabha, Andhra-jyothi, Andhrabhumi, as well as in the monthly magazines Telugu Velugu, Bhakti Samacharam, Bala Bharatam, Balabata, Dharma-shastra and others. He has delivered more than 16 literary and non-

literary speeches at All India Radio's Visakhapatnam, Hyderabad, and Adilabad centers. The audio interview with the then film legend and actor Akkineni Nageswara Rao, the interviews with Gandhiji's granddaughter Tarabhattacharjee, famous stage actors M. Vijayaraju, A. Venkateswara Rao, and novelist K.V. Krishnakumari became famous. All of these were published in newspapers.

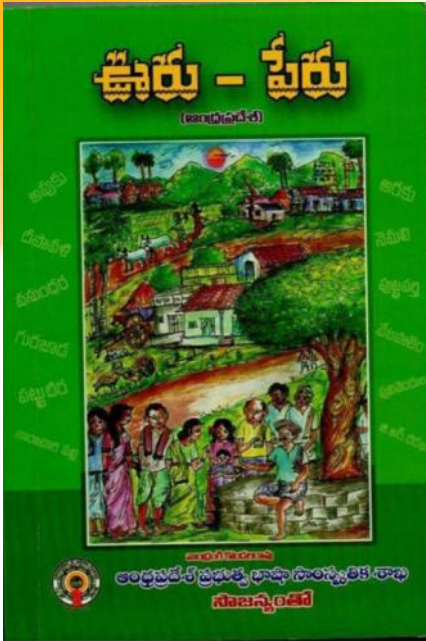
Honors and awards...

In 2016, the Kasibugga Janajagruiti Sahitya Samakhya and the Bharati Sahitya Samsukriya Seva Sanstha conferred the titles of "Vyasa Brahma" and "Sahithi Ratnam" on Kondalarao respectively. He has also received many other awards. Later, on the occasion of Telugu Language Day, he was felicitated at various functions organized at the Dr. Ambedka University. On the occasion of Gurajada Jayanti on September 21, 2019, a grand felicitation was held in Vizianagaram under the auspices of the Department of Language and Culture, Government of Andhra Pradesh. The AP Language and Culture Department presented the award as part of the Vizianagaram festivals in October of the same year. He was honored by the Srikakulam District Cultural Council on the occasion of Ugadi in 2018. In 2016, he received several awards in Srikakulam, Vizianagaram, and Visakhapatnam under the auspices of the Telugu Rakshana Vedika. On November 16, 2024, on the occasion of National Press Day at Dr. B.R. Ambedkar University, Kondalarao was felicitated by Vice Chancellor Acharya K.R. Rajani, journalist and litterateur. On the occasion of Vishwvasu Ugadi 2025, Srikakulam MLA Gondu Shankar felicitated writer Kondalarao under the auspices of the MCA Academy in Arasavalli. On this occasion, he was awarded the "Sahitya Ratna" award by the MCA Academy. The Srikakulam Telugu Writers' Forum also felicitated Kondalarao, appreciating his services. Kondalarao played a pivotal role in the design of books published under the auspices of that organization. He received many such honors in recognition of his distinguished contributions in the fields of literature and journalism.

Three decades of teaching....

Vandrangi is the hometown of Vandrangi Kondalarao, who is currently making significant contributions to the development and advancement of the science of names. He established a permanent residence in Ponduru (Srikakulam district), which is synonymous with the Khadi industry. He worked as a first-class Telugu scholar for 34 years and won the admiration of his students. He has the ability to remember many students by name. He maintains his own library at home with 2000 books. He worked as a Telugu language teacher for three and a half decades. On the other hand, he is actively involved in the field of journalism and has written many works and is receiving praises. Praising the efforts of this writer, eminent personalities like Dr. Dirghasi Vijaya Bhaskar, recipient of the Central Sang-eet Natak Academy Award, Sahasravadhani, Avadhana Saraswati, Dr. Madugula Nagaphani Sharma, Vetapalem Saraswata Niketanam Granthalapala Parimi Srivalli, stand as a touchstone for the writer's talent. As long as villages, towns, and cities exist, the work of the name scholar Kondalarao will remain immortal. Kondalarao, a great researcher, has given recognition and respect to village names.

-- Dr. Thirunagari Srinivas
MCJ, MA, PhD
9441464764, Hyderabad.



Health Page

Cancer is treatable if detected early - Dr. Kuppili Suresh Babu

Fear of health is more debilitating than the disease of cancer. One of the main objectives of World Cancer Day is to remove misconceptions about cancer, create awareness among the people, provide proper treatment, and prevent deaths. Once cancer occurs in the body, it is a life long hell. If cancer is detected early, treatment is possible. What is cancer - usually cell division in our body is controlled in a regular manner. In some cases, due to lack of control over cell growth, groups of cells that divide very rapidly and uncontrollably are called tumors or cysts. This type of growth does not have a clear purpose.

This cancer is the most expensive disease in the world, two-thirds of deaths from cancer occur in poor middle-class countries. Cancer can occur in any part of the body, such as the mouth, throat, bones, skin, thyroid, uterus, etc. It has no gender or age difference.

Causes - Due to the effect of viral oncogenes, loss of tumor suppressor genes, mutations in them, rare translocation of chromosomes, some types of pollution, radiation, chemicals, alcohol, smoking, dyes & chemicals in food, excessive use of hormones, overweight, pollution, pesticides, frequent infections, HPV virus is the cause of cervical cancer, so it can be prevented by vaccination,

Symptoms - Unhealed sores on the body, abnormal bleeding, increasing lumps, persistent cough, hoarseness, difficulty swallowing, blood in the stool, change in bowel movements,

Diagnostic tests - Physical examination for cancer prevention, disease-related tests, endoscopy, laryngoscopy, bronchoscopy, biopsy to know the stage of the disease, PET scan, MRI, CT scan, X-ray etc.

Treatment - surgery, chemotherapy, radiotherapy, immunotherapy, etc. Treatments include healthy lifestyle and chang-

es. If the cancer is limited to a certain part of the body, it is called a benign tumor, otherwise if a tumor also affects the surrounding organs, it is called malignant tumors, the formation of secondary tumors from a place in the body to another place is called metastasis.

If cancer is detected at the beginning and treated appropriately, it is not a big problem to prevent cancer,

The PMP Association of India - Visakhapatnam District Convener, Public Doctor, Dr. Kuppili Suresh Babu gave above information as part of the community service, awareness about cancer, symptoms and treatment.



Ikya Vedika Page

Ongoing Lekha Award Celebrations



1) Lekha Kala Ratna Award winner Sri Manapuram Satyanarayana from Palakollu could not receive award as he was in Kharagpur for a theatre show. His son Chi. Sai visited Sri Chandrababu's house and collected the Certificate and Award



2) Sri Pakki E.S. Vidyasagar visited Smt. Vandana Adivishnu's house and received the Judge Trophy and the Sponsor trophy.



3) Sri M Shanker Patnaik was handed over his Sponsor trophy when he met Naraharinath, Naresh and Satyanand at an function.

Ikya Vedika Page

Overnight Sports Meet on Shivaratri

"When a community comes together in spirit and sport, bonds grow stronger than ever."

The vibrant celebration of Shivaratri overnight recreation was successfully organised by SKIV (Sistakaranam Ikyavedika) with great enthusiasm & unity. The event featured exciting competitions in shuttle badminton & cricket for men, women, and children categories, encouraging participation across all age groups of our community.

The night witnessed energetic performances and active involvement from respected members led by **Sri Sekharamantri Naraharinath** and **Sri Dasimantri Naresh**. The

highlight of the night was the Cricket Tournament. Nearly 30 young and middle-aged Sistakaranams participated in the event, not only as players but also in various organizing roles. (See the report 'A Cricket Tournament to Remember' for details).

The main purpose of the event was to invite more and more youth of our community onto a common platform through recreation, team work, and healthy competition. Families gathered in large numbers to cheer the players, making the celebration not just a sporting event but a night of unity & bonding. They included **Sri DV Krishna Rao** with his grandson **Navadeep Sai Patnaik**, **Baladhari Tejaswetha** **Baladhari Tarani**,

Baladhari Kushal Sreeram, **Behra Ashish Patnaik**, **Regulavalsa Amarnath**, **Smt. R. Amarnath**, **Raghupatruni Vamsi Raman**, **RVN Kameswari**, **R Pranavi**, **R Mohit** and **Dabeeru Ramakrishna** with family.

The organisers ensured smooth coordination & fair play throughout the event. Such events by SKIV continue to inspire the younger generation, promote fitness, & strengthen community relationships.

Overall, Shivaratri over night recreation was a grand success & a memorable night filled with sportsmanship, joy, & togetherness.

- **Gourango Behra**
BCCA nominated selector



A Cricket Tournament to Remember

In what turned out to be a meticulously organized and conducted event, the Cricket Tournament was a grand success.

The Draw

Borrowing a few idea from IPL, the draws were designed as a series of Preliminary, Qualifier, Eliminator and Final matches. Each match was of 6 overs duration per innings, with provision for a Super Over in case of a tie. 4 teams made of 6 members each vied for the honors

Tournament Summary

The tournament started off with the preliminary match where Team 'Gouri Prasad Rocks' defeated Team 'Banerjee Bulls'.

The next preliminary match was won by Team 'Satyanand Strikers' who beat Team 'Shekhar Dhabangs'. This match was decided by a Super Over.

It was followed by the first Qualifier match, between the winners of the two preliminary matches, which was won by Team 'Gouri

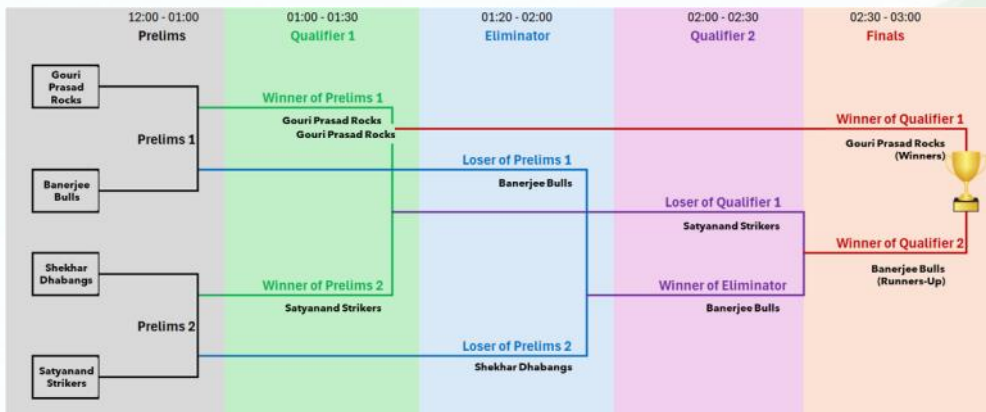
Prasad Rocks', thus qualifying them for the Finals.

The next match was the Eliminator where the teams that lost in the preliminary matches played to stay in the tournament. With even the Super Over ending in a tie, Team 'Shekhar Dhabangs' lost the match, which was decided by the Toss of a Coin.

The second Qualifier match was not played as a few members of Team 'Satyanand Strikers' had to leave, and they forfeited their match to Team 'Banerjee Bulls' who thus qualified for the finals.

The finals was won by Team 'Gouri Prasad Rocks' who were crowned the Champions.

After the conclusion of the tournament, a small presentation ceremony where trophies were handed over to the winners and the runners-up. Trophies were also given away for the Best Batsman, Best Bowler and Man of the Match of the finals. All players who participated were also presented with participant medals.



Continued on next page...

Ikya Vedika Page

A Cricket Tournament to Remember

Continued from previous page...

The Teams

1. Shekhar Dabangs:

- Kantimahanti Kali Prasad
- Dabbiru Sai
- Venkumahanti Arun Kumar
- Baladhari Ramdev
- Kantimahanti Subhan
- Ghedula Rajesh



2. Banerjee Bulls:

- Meghavaram Banerjee
- Saluru Praveen Patnaik
- Chakradharamahanti Ramakanth
- Dasimantri Hemanth Kumar
- Dasimantri Naresh Patnaik



3. Gouri Prasad Rocks:

- Markonda Patanaikuni Gouri Prasad
- Raghupatruni Mohit
- Raghupatruni Kishore Kumar
- Kantimahanti Arun
- Budhirayavalasa Mayank
- Donkada Chakrapani



4. Satyanand Strikers:

- Dadhirao Satyanand
- Baliwada Satya
- Kuppili Santosh Kumar
- B Sumanth Patnaik
- Uddandaroo V Ram Gopal
- Budhirayavalasa Ramana Prasad



Brief Scores

Preliminary Match 1:

- Banerjee Bulls 56 for 2 in 6 overs (Praveen 23, Mohith 1/15)
- Gouri Prasad Rocks 61 for 2 in 5.5 overs (Gouri Prasad 14, Mohith 12*, Banerjee 1/28)
- Winner: Gouri Prasad Rocks.

Preliminary Match 2:

- Satyanand Strikers 50 for 1 in 6 overs (Sumanth 17, Satyanand 12, Rajesh 1/8)
- Shekhar Dhabangs 50 for 1 in 6 overs (Kali Prasad 23, Arun 17)

Super Over:

- Shekhar Dhabangs 6 in 1 over
- Satyanand Strikers 7 in 0.5 overs
- Winner: Satyanand Strikers.

Qualifier 1

- Gouri Prasad Rocks 63 for 2 in 6 overs (Kishore 33, Mohith 17)
- Satyanand Strikers 54 for 2 in 6 overs (Satyanand 26, Santosh 13)
- Winner: Gouri Prasad Rocks.



Team 'Gouri Prasad Rocks' receiving the Winners trophy from Vamshi

Eliminator

- Banerjee Bulls 67 for 0 in 6 overs (Praveen 30 ret., Banerjee 19*)
- Shekhar Dhabangs 67 for 1 in 6 overs (Kali Prasad 29*, Ramdev 29*)

Super Over:

- The Super Over was not played by mutual agreements of the captains.
- Winner (decided by Toss): Banerjee Bulls.

Qualifier 2

- Satyanand Strikers (Walkover given)
- Winner: Banerjee Bulls

Finals:

- Banerjee Bulls 47 for 3 in 6 overs (Praveen 21., Banerjee 12*, Mohit 2/7)
- Gouri Prasad Rocks 49 for 0 in 5.2 overs (Mohith 19*, Kishore 21*)
- Winner: Gouri Prasad Rocks

Player awards:

- Man of the Match (Finals): Mohith
- Best Batsman:: Mohith
- Best Bowler: Mohith



Team 'Banerjee Bulls' receiving the Runners-Up trophy from Harsha

Vision & Execution



Sekharamantri Naraharinath



Dasimantri Naresh Patnaik

Tournament Referee



Raghupatruni Vamsi Raman

Subject Experts (National Level Cricketers)

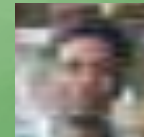


Gourango Behara



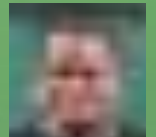
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Scorer



Harshvardhan Patnaik

Digital Expert



Ashish Behara

Iky Vedika Page

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An Appeal

It is our earnest appeal to all community members to provide financial support for Ikyavedika activities. Any amount would be of great help to our team. Remittances can be made in any of the methods, given alongside.

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Know Your Community and AISKA

(Part - 18)

By Dr Chowdari Prasad, Bangalore

(Mob: 9482549472, 9242124642 email: chowdarip@gmail.com)

Sistakaranams : Different Folks, Different Strokes!

18.1 **Who are the Sistakaranams?** It has been a never resolved MILLION DOLLAR QUESTION or ANTHU LENI KATHA! A lot about Sistakaranams community, was written in the three epic books in Telugu by late Sri **Kuppili Krishnamurthy** (1910 AD), Sri Kondavalasa Chalapathi Rao (1984 AD) and Sri Dabbiru Nagabhushanarao Patnaik (1992 AD) [Publications - Sistakaranam Ikyavedika](#). Their contents were translated and published in a concise manner in series of articles i.e., KYC & AISKA in the issues of LEKHA of SKIV Digital Monthly Bilingual Newsletter [Lekha October 2024 \(1\).pdf](#). Sreshta, Sisti, Sisthu, Srushti or Chitti Karanalu are other names of the community. They are now widely spread in as many as 16 States in India and abroad.

18.2 Interesting observation is that the first author was an eminent writer of British era with least of resources. He had no communication, transportation, financial or institutional supports, but with only scholarly passion to write about. After this publication, the country underwent several global and domestic developments like World Wars I and II, Shifting of capital to Delhi (1911), Reservation System (1927), Formation of Odisha / Orissa Province in 1936 (<https://en.wikipedia.org/wiki/Odisha> and https://en.wikipedia.org/wiki/Orissa_Province), Great Depression 1929-1939 (https://en.wikipedia.org/wiki/Great_Depression), Quit India Movement 1942, Bengal Famine (https://en.wikipedia.org/wiki/Bengal_famine_of_1943), Independence (1947), Republic / Constitution of India (1950), Linguistic States (1956), Wars with China / Pakistan (1962/1965/1971), Industrialisation, and many other changes.

18.3 Sistakaranams community was directly or indirectly affected in their settlement and identity in different States viz., West Bengal, Orissa, Andhra Pradesh, Telangana and others from time to time due to political changes and physical division of geographical borders including creation of new districts / States. 1. The **Kharagpur Sistakaran Association** in West Bengal, [Lekha 03 Dec 2020 \(3\).pdf](#), 2. **AISKA, Berhampore** (then in combined Ganjam District) and 3. **APSKA-Hyderabad** were also formed respectively in 1920 (rechristened in 1926 and 1983), in 1925 (registered in Cuttack in 1947, revived in 1972 and re-registered in Visakhapatnam in 1988) and in 1965 (registered again in 1979 and rechristened in 2015 as TSSKA) respectively to take up several welfare activities. Unfortunately, the earlier BC reservation facility we had was withdrawn during 1968 by Govt of Andhra Pradesh and the APSKA, Hyderabad immediately represented for restoration of the same.

18.4 At the instance of AISKA and APSKA, the second author Sri **Kondavalasa Chalapathi Rao Patnaik** took up the onerous task of surveying and compiling the available information on Sistakaranam community history by striving for about eight long years and pub-

lished the second book in 1984. While the community leaders were working hard to get back the reservation facility, by leveraging on the Mandal Commission mechanism of 1979-1980 https://en.wikipedia.org/wiki/Mandal_Commission, Sistakaranams were severely affected by another big shock of "abolishing of Village Karanams" by AP State Government in 1984-85.

18.5 The third author Sri **Dabbiru Nagabhushana Rao Patnaik** was a Teacher and Community Leader who took up the job of compiling yet another book in 1992, which was patronised by Sistakaranam Associations in Narasannapeta, Srikakulam and others. These three books together depicted a comprehensive picture of our community, which was leveraged by AISKA and APSKA leaders to submit representations to NCBC, GOI and AP Governments for BC Reservation facility to support our young and talented generation in education and employment. What transpired in February 2009 (and in 2014) was that we got BC-D Status of Reservation in the two Telugu States for striving further for OBC status at Central level.

18.6 Historically, Sista-karanams were Writers of Raja Saasanam (Government Orders). Besides, the Community were Vaidik Priests (Brahmins), Administrators, Advisors, Ministers, Rulers, Dewans, Commandants, Revenue / Tax Collectors, and Land Record Keepers (Village Karanams). Subsequently, they took up professions like Teaching, Lawyers, Accountants, Doctors, Engineers, Artists, Scientists, Bankers, Entrepreneurs, etc in view of changing times / legislations and developments / opportunities arising for several new avenues like IT Services.

18.7 In spite of detailed narrations in the available literature, there remain a few unanswered questions often debated seriously in Community WhatsApp Groups. It could be about Names, Surnames, Gothrams, Titles, Origin, Nativity, Varnas, Sects, Food Habits (Vegetarian or Non-Vegetarian), Race (Aryan or Dravidian), Forward or Backward Class, Gowda or Niyogi Brahmin, Bengali Kayasthas, Utkal or Telugu or a hybrid, and so on. Currently, in Two Telugu speaking States (Andhra Pradesh and Telangana), our Sistakaranam community is classified as a Backward Class-D category wef February 2009 and efforts for OBC status are going on!

18.8 "**Sri Yenugula Veeraswamaiah Gari Kasi Yathra Charithra**" (Telugu - 328 pages – 1838 AD) was a compilation of conditions in British India during 19th Century. He was born in Chennai in 1780, and after education, worked as a Senior Interpreter in the Court during 1815-1829. He travelled twice from Kanyakumari to Kashmir during 1830-31 and narrated his observations in the form of letters to a friend on daily basis, describing various places he travelled through and stayed overnights. The first version of his book was released in 1838. He was a Niyogi Brahmin with Srivatsa Gothram and had friends / relatives in different parts of Andhra.

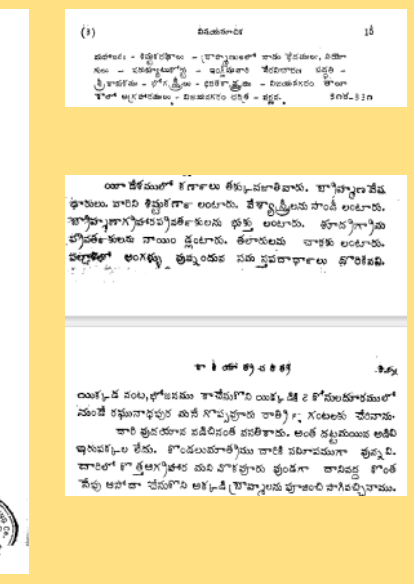
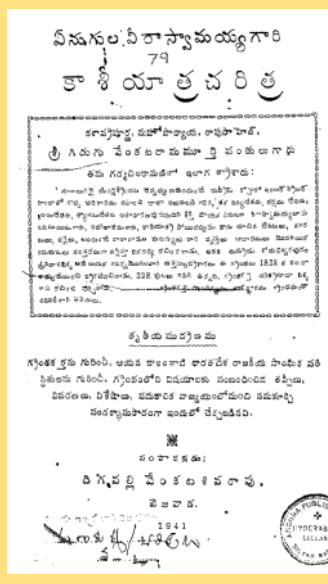
18.9 In his return journey from Kashi (Benaras / Varanaasi) to Chen-

SPECIAL SUPPLE-

Know Your Community and AISKA (Continued from previous page)

napatnam (Madras / Chennai), he travelled through Bengal, Odisha and Andhra Pradesh. Third reprint of his book was reviewed by late Sri Gidugu Ramamurthy and released in 1941. Details of his journey from Ganjam to Berhampore were narrated on page nos. 364-365. He mentioned to have met Karanams / Sistakaranams in this area, and stated that they were like pseudo-brahmins.

ram, wrote in 1941 in Andhra Vignanam, (see Sept 2025 issue of LEKHA, KYC & AISKA) about Sistakaranam community. He mentioned that they refer themselves as Kayasthas, Gowda Brahmins, Sama Vedulu and Sista Kayasthas. They seem to have migrated to Utkal territory and settled on the invitation of the then Oriya rulers.



18.14 Those who are keen on going deep into and would like to connect to many related dots viz., Origin, Culture, Profession, Karan, Korano, Kshatriya, Kayastha, Karn of Mithila, Karan of Bengal, Karana of Odisha, Karanam or Sistakaranams of Andhra, Telangana, Titles like Patnaik or Mahanti, Karuneegars of Tamil Nadu and Kerala may like to click and read further: Karan Kayastha - Wikipedia.

18.15 Hindu Brahmins : hinduBrahmins.pdf

The above is a 109 pages Telugu document titled "Hindu Brahmins" from the internet. A detailed study on Telugu Brahmins was carried out by trio of Sri MS Rai Sastry, Sri Mallampalli Durga Mallikarjuna Prasada Sastry and Sri Nishthala Durga Mallikarjuna Sarma. In a list of ten types of Niyogulu - Aaruvela Niyogulu, no.8 is Sistakaranalu. The places where Niyogi Brahmins lived were divided and given different names. Velanadu was between Cuttack and Pithapuram obviously referring to where Sistakaranams belonged to.

hinduBrahmins
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18.10 Rao Saheb Gidugu Venkata Ramamurthy (1863-1940) lived in Parlakhemundi territory. He was a Telugu writer and one of the earliest modern Telugu linguists and social visionaries during the British rule. He championed the cause of using a language comprehensible to the common man ('Vyavaharika Bhasha') as opposed to the scholastic language ('Grandhika Bhasha'). Gidugu Ramamurthy was born at Parvathalapeta, Srikakulam near Vamsadhara River on the border of Orissa, then part of the Madras Presidency. https://en.wikipedia.org/wiki/Gidugu_Venkata_Ramamurthy.

CASTES AND TRIBES OF SOUTHERN INDIA : Volume IV
Karanam: Karanam, Mr H.A. Stuart writes, 'includes both Karanam proper, and also Korano, the Accountant caste of Ganjam and Orissa. The following remarks relate solely to the Uryia Karanams. The word Korano is said to be derived from Kiran, which means a writer or clerk. The origin of the Karanams is uncertain. One modern view says that they are Kshatriyas of North India, who are of Kshatriya origin. Mr R.C. Dutt says, in his History of Ancient India, that according to Manu, the Karanams belong to the Kshatriya Varna, who do not perform religious rites. And in the Raghuvamsha, the poet Kalidasa describes Karanams as the offspring of a Vysya and a Suta woman, and he is supported by the Sanskrit scholar Jeyaraj Sankar. It is said that the ancestors of Karanams were brought from North India by Yajnasalkya, King of Orissa (447 - 526 AD) to supply the want of writers and clerks in certain parts of Orissa. The Karanams are worshippers of Vishnu. Their ceremonies are performed with the aid of Brahmin priests. The marriage of widows is not permitted. They eat fish and flesh of goats and deer. The Uryia Karanams observe the phosha system, and carry it to such an extent that, after a girl attains puberty, she is not allowed to appear before her elder brother. Their titles are Patnaik and Mahanti.'
The heads of the Ganjam villages are, Mr S.P. Rice informs us, 'called Karanams, the dast, and Kari the Manager. The Karanams, who are only really the Accountants, but who, by reason of his higher education, is generally the ultimate authority in the village, appropriate to himself the title Potoranik, as his caste distinction. The word signifies the hawk or head of the town.' It has been noted that, 'in the Taluka districts, the Karanams are usually a Brahmin. Being in some respects the most intelligent, and the most unpopular man in the village, he is the most feared and hated. Murderers of accountants, though infrequent, are not unknown.' Of proverbs relating to Karanams, the following may be quoted:
Even if a thousand pagodas are levied from a village, not even a cash will be levied from the Karanam (a pagoda is a gold, and a cash copper coin).
The Karanam is the cause of the Kappu's (satthor caste) death.
The hungry Karanam looks into his old accounts (to worry his creditors).
The co-operation of the Karanam is as necessary as the sales to the wheels of a cart.
One Karanam to one village.
A quiet Karanam is a little cared for as a tame elephant.
If a Karanam trusts another, his end is near.
If an enemy is his neighbour, if another Karanam is his superior, if the Kappu bears complaints against him, a Karanam cannot live on.
The Karanams are divided into various sections,
Sistas or Sistas, Vayias, Magdas, and Mathanias, some of which wear the sacred thread. The Vayias are not allowed to marry their girls after puberty, whereas the others may marry them before or after this event. A woman of the Bhondal caste is employed on the occasion of marriage and other ceremonies, to perform certain duties, for which her services are indispensable.
Source of the above text: Castes and Tribes of Southern India Vol. IV - R to W By Thurston, H.A. Publication date: 1908. Texts: Mumbai.
Classification: History / Tribes / India. Language: English. Book Source: Digital Library of India Item 2015.50278.
Collected by Dr Chovvuri Prasada, Bangalore, India on August 29, 2023.

18.11 Sri Ramamurthy had a high praise and regard for Sistakaranams as Teachers. He wrote in BANDHU SEVA Magazine in 1929 about his eminent Sistakaranam Teacher of Bonthalakoduru, Sri Behara Bairagi Patnaik that in a short period of two years, he learnt Telugu Sathakams, Stories, Mathematics, Slokas, Letter Writing / Reading, Poetry, etc to its best form.

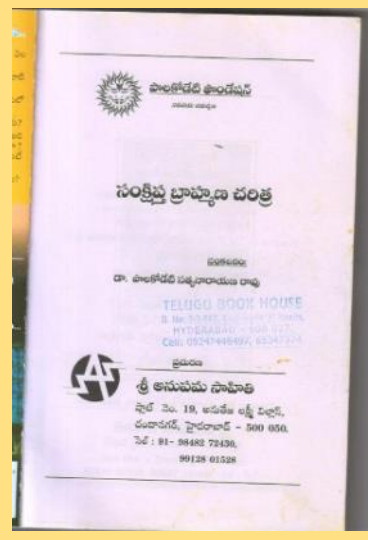
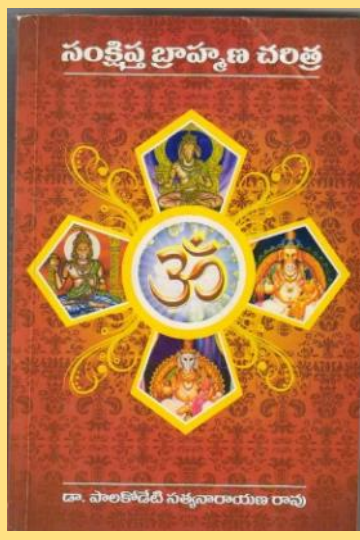
18.13 Sri Sistu Krishnamurthy Kavi, a Brahmin of Vasishtha Gotram and a Scholar in Telugu and Sanskrit, of Raparthi in Pithapuram,

18.16 Sista, Sisthu or Srushti Karanalu who were part of Niyogi Brahmins, lived in the Ganjam district of Orissa and adjoining Srikakulam / Vizianagaram / Visakhapatnam domain of North Andhra Pradesh. Majority of them are engaged in the professions of teaching and village karanam. They were originally known as SISTAKARANATHO BRAHMINS, part of Utkal Brahmins as written by Sri Chunduri Venkata Subrahmanyam in his book VARNA VYAVASTHALO BRAHMANULU, page no. 98. However, the term Sistakaranalu transformed from SRESHTA KARANALU, with emphasis on the excellence of the community, it is believed. Sishti means Order, said Sri Bahujanapalli Seetharamacharyulu, in his book SABDA RATNAKARAMU and BROWN'S ENGLISH-TELUGU NIGHANTUVU as also in Acharya G N Reddy's TELUGU NIGHANTUVU. Hence, it is evident to say that Sista Karanalu are part of Aruvela Niyogi Brahmins.

18.17 Sankshiptha Brahmana Charitra: Dr Palakodeti Satyanarayana Rao is another Telugu book compiled / published by Palakodeti Foundation containing History of Brahmins in brief with a specific reference to Sistakaranams as part of Niyogi Brahmins. A bunch of 10 sub-sections of Niyogi / Aruvela Niyogi Brahmins were separated from the Vaidic Brahmins, of which Sistakaranams are a part of. Sri Rani Siva Sankara Sarma, in his book published in 2002 states that Sistakaranams were appointed (Niyogi) as Village Karanams, Minis-

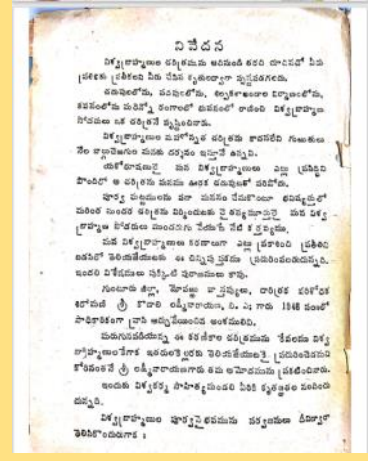
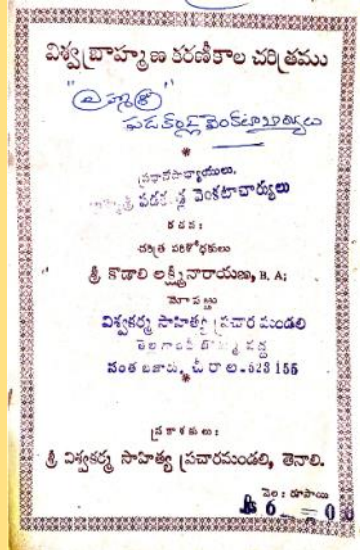
Know Your Community and AISKA (Continued from previous page)

ters and high ranking officials in administration by the erstwhile rulers. They held such roles in the territories of Orissa, North Andhra, Maharashtra, Karnataka, etc long years ago.



18.18 Here is another book in Telugu titled "Vishwa Brahmana Karanikaala Charitramu" written by Sri Kodali Lakshminarayana, Historian of Vishwakarma Sahitya Prachara Mandali, Chirala / Tenali, AP. It is in 17 pages and was published in the year 1948. The author narrates about the Vishwa Brahmins being a rich community, almost equivalent to Brahmins and possessed talents as Singers, Pandits, Sculptures, Scholars, Gold Smiths, Vaasthu Experts, etc and held the position of Village Karanams before handing over the role to Niyogi Brahmins.

18.19 It was during the rule of Andhra territories by an Oriya King. Ganapathi Deva Chakravarthi of 13th Century, the position of Karanams was transferred from Vishwakarma community to Niyogi Brahmins, at the hands of his Minister Goparaju Ramanna. However, on page no. 12, a puzzling reference is made to Sistakaranams as Village Karanams, stated to be as Tamiilians (Aravalu), brought from Southern India to Telugu Territories by Chola Kings!



18.20 Sista Karana Niyogi Brahmana Society was started a decade ago and registered with no. 1641 / 2015 by a group of members in Hyderabad who firmly believe that all Sistakaranam members belong to Niyogi Sect of Brahmins. They draw equation between Sistakaranams of North Andhra and Karanams of Telangana. They are aligned with Telangana Karanam Niyogi Brahmana Sangham, HO Hyderabad. Members of the Society represent AP, Telangana, Chhattisgarh, New Delhi and all other places in India. They refuse to be included in the BC Category in two Telugu States and oppose the efforts being made by community leaders for inclusion of Sistakaranam Caste in the List of OBCs by the Central Govt. To campaign for their cause, they have a Facebook page opened on 26/12/2015 (3) Facebook which is followed by over 800 members. This page also contains supporting literature, messages, announcements and appeals inviting members with certain assured benefits including Scholarships to eligible students by both the Telugu speaking State Governments. There is another page in support of the Society (3) Friends Who Like Sista Karana Niyogi Brahmana Society | Facebook. To support their cause, a few YouTube clippings / videos as under are also posted in their page.

- https://youtu.be/uqVulS9Xjwc?si=NMXLXhkZ07M2WWc7
YouTube video : https://youtu.be/F4tUWiOrW1s Star19 News Channel
https://youtu.be/uqVulS9Xjwc?si=Wf2gtyo6mSGEswTL
https://youtube.com/shorts/1jTDG6wEeyM?si=pbXSgOsM3UoGeaRe
https://youtube.com/shorts/A1DHLuhOizY?si=G-y1AbibHemlrTmA

18.21 https://en.wikipedia.org/wiki/Telugu_Brahmins Telugu Brahmins are ethnic-Telugus who belong to Brahmin communities native to the Indian states of Andhra Pradesh and Telangana. They fall under the Pancha Dravida Brahmin classification of the Brahmin community in India. Telugu Brahmins are further divided into sections like Vaidiki (9 sub-divisions), Niyogi (6 sub-divisions), Deshastha, Dravida (4 sub-divisions), Golkonda Vyapari among others to the two States of AP and Telangana without any mention of Sistakaranams or Utkal Brahmins, not even under the category of Niyogi Brahmins. Only a passing reference is given to the caste of Karana Kammas in this article. Sistakaranams also do not find a place in the Denominational divisions viz., Smarta, Madhva, Vaikhanasa, Sri Vaishnava, Shaiva and Shakta.

18.22 Further critical reading of the article also shows no mention of Sistakaranams names under different categories of prominent Brahmin personalities like in Philosophy and Religion, Academics, Social Activists, Politics, Bureaucrats, Music and Films. Is this a conspicuous omission of Sistakaranams? Not too sure! In contrast, another web search for the title "Patnaik" in Wikipedia, throws up listing of a few prominent Sistakaranam names such as RP Patnaik, DBM Patnaik, Nagabhushan Patnaik, CSN Patnaik (C. S. N. Patnaik - Wikipedia) et al.

Know Your Community and AISKA (Continued from previous page)

18.23 Sri Kumar Suresh Singh (1935-2006), an IAS Officer (1958) of Bihar Cadre served as Commissioner of Chotanagpur (1978-80) and Director-General of Anthropological Survey of India authored a voluminous book in English titled THE PEOPLE OF INDIA, published in 1992. [Kumar Suresh Singh - Wikipedia](#) Singh had responsibility for the organisation, compilation and oversight of the *People of India* survey, which was an [anthropological](#) study of the differences and linkages between all of the communities in India. The survey involved 470 scholars and identified 4694 communities during its period of fieldwork between October 1985 and 1994. A Chapter on State of Andhra Pradesh contains about Sistakaranams. It says on page no. 1757 that Sistakaranams were traditionally engaged as Village Accountants in the northern coastal districts. Their synonyms are Srishta Karanam, Kanaralu and Patnaiks. Sishtra or Srishta means neat and clean.

18.24 http://www.vedah.net/manasanskriti/Brahmins.html#Brahmins_of_Andhra_Pradesh The above is a website of Sri Vepachedu Vidya Peetham / Vepachedu Educational Foundation : Issue 69 / October 2003 of the Free Electronic Monthly Journal, MANA SANSKRITI (OUR CULTURE). It is an exhaustive page on BRAHMINS by its Chief Editor: Srinivasarao Vepachedu.

18.25 It starts with Brahmins Motto, and contains an index showing Introduction, Brahmins Population, Geographical Location, Meaning of Brahmin, Brahmin Sages and Branches, Major Brahmin Castes, Various Brahmin Communities, Brahmins of Andhra Pradesh and Notes and References. The alphabetical List of Various Brahmin Communities has 31 tyoes, beginning with **Andhra Brahmins** (subdivided as Vaidic and Niyogi Brahmins). Referring to Brahmins of Andhra Pradesh, the author observed that Brahmins have been migrating from time immemorial and married non-Brahmins too. Given below are some relevant extracts.

18.26 Niyogi Brahmins : Niyogi Brahmins are those Brahmins who took up various secular vocations including military activities and gave up religious vocation, especially the priesthood. Niyogi Brahmins depend and emphasize on modern education. They were ministers in the courts of kings and feudatories. Many of them were village accountants / clerks, **karanams (Andhra) or patwaris (Telangana)**, until recently. The Niyogis are considered to be eligible for priestly service. But they will never either accept a religious gift or partake of *Sraaddha* food (food given to Brahmins during the death related rituals).

18.27 Niyogi Brahmins are divided further into various groups: (a) Pradhamasakha (First Branch) Niyogi Brahmins (b) Aruvela Niyogi (c) Nandavarika Niyogi (d) Karanakamma Niyogi (e) Velanati Niyogi (f) Telaganya Niyogi (g) Dravida Niyogi (h) **Karanalu (i) Sristikaranalu or Sistukaranalu or Sistakaran** (j) Kasalanati Niyogi (k) Pakanati Niyogi. Discussing further, it is said that (i) **Sristikaranalu** or Sistukaranalu or Sistakaranalu are teachers, officials and village accountants (karanam). They are mostly located in Ganjam and Visakha districts. Famous poet Krishnamurthy Sistu belongs to this group of Brahmins.

18.28 Vaidikulu (Vaidiki Brahmins): Vaidiki Brahmins are those Brahmins who practice mainly religious vocation performing various

religious activities, in addition to other mainstream secular vocations like agriculture, cooking, teaching, clerical, management, administration, architecture, science etc. They perform various religious activities including performing rituals and prayers to please Gods, planets and stars as priests for both Brahmins and non-Brahmins, at homes and in temples. However, they are not the priests for many Hindu temples in which animal sacrifices are common. The priests in such Hindu temples are non-Brahmins. Vaidikis also perform rituals for every occasion in life such as birth, giving solid food to the infant for the first time (*annaprasanam*), initiation into education (*upanyanam*), female puberty, marriage, consummation of marriage, several stages of pregnancy, death, carrying the dead bodies, cremating the dead, etc. Many of these rituals are very important and limited to Brahmins, except a few ceremonies like marriage. They also take up even begging as ascetics. This ascetic life of Brahmins was the inspiration for the Buddhist ascetics.

18.29 There are many subcastes (10) in Vaidiki Brahmins as well:

(l) Vaishnava (m) Draavidulu (n) Madhvulu (o) Velanati Vaidikulu (p) Telaganyulu or Telaganadu Vaidikis (q) Venginati Vaidikulu (r) Kasalanati Vaidikulu (s) Muraknati Vaidikulu (u) Adisaivulu and (v) Saivulu. While extensive discussions are made about all types of Vaidiki Brahmins in different parts of the country, **Telaganyulu or Telaganadu Vaidikis** are as numerous as the Velnadus and found mostly in Telangana, chiefly in the North-eastern part of erstwhile Hyderabad Kingdom.



18.30 Recently, a Journalist Sri Katta Sekhara Reddy, authored a Telugu book titled "Telangana Charitra Moolaalu" released on 17th January 2026. https://youtu.be/t_P9yJhsj5E?si=XVtSgmEzL2nABMhw Above is a video clipping on the same, in the YouTube channel, wherein he narrates the contents, focus being distinct difference between the people (Jaathi) and two languages of Andhra and Telugu (Telangana)! If his arguments are valid, the discussion of Sistakaranams in the two States to be treated as same / Niyogi Brahmins does not arise at all. Certainly, the matter needs deeper examination to assert the Status of Sistakaranam Community, having regard to its glorious past and present day challenges being encountered by the current generation.

(To be continued)