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A bittersweet Vizag trip

On Lekha correspondent, member of Ikyavedika Sri Lumburu Srinivasa's invitation to attend his son's wedding, I along with Narasimha Rao, Chandrababu, Vijaya Sekhar and Kiran Srinivas planned a trip to Vizag in February.

Sort of combining business with pleasure, we, as Ikyavedika members, also decided to meet up with some of Sistakaranam stalwarts. While the wedding experience was one of the usual grand-deurs, our interactions with our community ranged from sheer delight to somewhat of a disappointment.

We met Sri Behara Bhaskara Rao. The sheer delight for us was his humility, and his earnestness to do something for the community. What was also obvious was his well-known disappointment with the lack of unity within our community.

Our meeting with Sri Gajapathi Rao was laced with his delightful recounting of community activities that he was engaged in over the years. The jarring note was when he said that he no longer believes our associations are very useful with all the bickerings going on.

We attended the 'Job Aspirants' event conducted by Visakha Kncharapalem association. Before our trip, we were already a disappointed lot as we were keen to contribute to the event, but repeated requests to engage us were ignored. It was a feeling of non-cooperation, which we had experienced even during our Lekha awards

event when we were co-ordinating with train passengers from Vizag. Nevertheless, the conclusion was of utmost delight as our team of entrepreneurs (Chandrababu, Srinivas and Vijay) stole the show at the job aspirants event!

With the Gajuwaka association it was another delightful meeting (read the report on page 24) where we discussed mutual future plans, but it was also marred by an ugly showdown between two of our community members. Names are irrelevant, my point being how common it is that we don't get along with each other.

Our last 2 stops were an experience of sheer contrast. Our hearts swelled with pride during our visit to Vikalangula Patashala of Sri PST Patnaik (read report on page 4). And, our hearts sank when a scheduled meeting with leaders of stature, claimed at the state and national level, never materialized.

Overall, it was a very enriching trip raising hopes for Ikyavedika's stated vision of unity, while being reminded of the challenges we would face on the ground.

- Naraharinath Sekharamantri
 Founder member, Sistakaranam Ikyavedika
 Founder Publisher, Sistakaranam Lekha



A Few Disclaimers

This newsletter is published by Sistakaranam Ikyavedika digital team, a voluntary group from the Sistakaranam Community. Being published by a voluntary group, it has no affiliation to any other association and, in fact, attempts to bring you updates from all associations & groups of our community.

One aspect about this newsletter, which we are still figuring out, is the statutory need for registering it. Our initial assessment is that this newsletter may not need any registration, mainly due to 4 reasons: (1) It's a digital magazine, for which currently no government regu-

lations exist, (2) It's not a printed magazine, which requires approval of RNI (Registrar of Newspapers for India), (3) It's not a commercial venture, but a collaborative voluntary effort from members of our community and (4) It's for private circulation only, meaning that it is meant only for members of the Sistakaranam community. However, we are open for advice in this matter, and reiterate that we shall abide by any statutory requirements, once the same is clear.

As for the content in the newsletter, including advertisements, it is all sourced either through

contributions from members of the community, or from resources that are in the public domain, including news media and social media (such as Facebook & WhatsApp), without any financial consideration to anyone. If you have any reservations about the content, please reach out to Ikyavedika digital team (details in the last page).



Community News

Sistakaranams in Political Arena

The Union Budget prioritizes our state: At the BJP office in Vellanki, Anandapuram Mandal, a meeting was held under the leadership of BJP Mandal President Pilla Vijaya. Visakhapatnam District Kisan Morcha President P.V.V. Prasada Rao Patnaik participated and stated that the 2025-26 Budget, presented under PM Narendra Modi's leadership, paves the way for India's development towards a 'Viksit Bharat' vision. He highlighted the allocation of ₹31,000 crore for the Polavaram Project and praised PM Modi for giving special priority to Andhra Pradesh.



Petition for OBC to Amit Shah by Sri Rammohan Naidu

On February 10, 2025, Sri Kinjarapu Ram Mohan Naidu, the Union Minister of State, met with Union Home Minister Sri Amit Shah in New Delhi. During the meeting, he presented a bouquet and urged the inclusion of communities such as Sistakaranam, Sondi, Aravala, Kalinga Komatlu, and Thoorpu Kapu in the Central OBC list. He requested prompt consideration of their long-pending demands.

Let us extend our heartfelt gratitude to Shri Rammohan Naidu Garu, the patron of Sistakaranams.



అమిత్ షాకు పుష్పగుచ్ఛం ఇస్తున్న రామ్మోహన్ నాయుడు

ఆ కులాలను

ఓబీసీ జాబితాలో చేర్చండి

కేంద్ర హోంమంత్రికి రామ్మోహన్ నాయుడు వినతి

ఈనాడు, దిల్లీ: ఉత్తరాంధ్రలో అత్యంత వెనుకబడిన ఇష్టకరణం, కళింగ వైశ్య, సొండి, తూర్పుకాపు, అర్బల కులాలను కేంద్ర ఓబీసీ జాబితాలో చేర్చాలని కేంద్ర మంత్రి రామ్మోహన్ నాయుడు సోమవారం హోంమంత్రి అమిత్ షాను కలిసి విజ్ఞప్తిచేశారు. 'ఓబీసీ కమిషన్ వైర్ పర్సన్ హన్స్ రాజ్ గంగారం ఆహిర్ ఈ కులాలను కేంద్ర ఓబీసీ జాబితాలో చేర్చాలని ఇదివరకే సిఫార్సు చేశారు. ఈ అంశం దీర్ఘకాలంగా కేంద్రం వద్ద పెండింగ్లో ఉంది. ఈ కులాల జనాభా 12 లక్షల వరకు ఉంటుంది. వారిలో 90% మంది దారిద్ర్యరేఖకు దిగువనే జీవిస్తున్నారు. దీర్ఘ కాలంగా ఉన్న వారి డిమాండ్ను సాధ్యమైనంత త్వరగా పరిష్కరించాలి' అని రామ్మోహన్ నాయుడు కోరారు.

More Republic Day Celebrations News

Smt. Nalini Mangapathi Rao set up a paintings exhibition stall on 26th January 2025, on the occasion of Republic Day celebrations in their residential colony.



Newsmakers

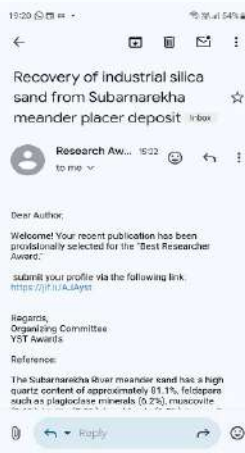
Best Comedy Actor Award for Basangi

Sri Basangi Suresh received the Best Comedy Actor award for his performance in "Papa Rao Prema Katha," his directorial debut short film for which he also wrote the dialogues. He received the award from Sri Relangi Narasimha Rao on February 9, 2025, at an event held at Potti Sreeramulu Telugu University. Congratulations to him.



Best research award to Dr. Bhimarao

Dr. Raghupatruni Bhimarao's research publication on "Recovery of industrial silica sand from Subarnarekha meander placer deposit" has been awarded the Best research award by the YST Awards Organizing Committee.



Opportunity as slang tutor to Naga Chaitanya

Sri Sadashivuni Srinivas Patnaik (S.S. Patnaik) has been given the opportunity to teach Naga Chaitanya the Sri-kakulam Yasa Bhasha (slang) for the movie "Thandel." Heartfelt congratulations are extended for this achievement.



Tirumala Rao receives Lekha award

Kudama Tirumalaraju, a social studies teacher at Kadumu Pathapponnuturu School in Srikakulam district, has been honored with a national Lekha award. The recognition was announced by Jannumahanti Venkata Chandrababu, Chief Editor of Sistakaranam Lekha, and Sekharamantri Naraharinaath, the Founder Publisher. At a ceremony, Tirumalaraju received a memento and award certificate from Ramakrishnarao Ramataata, representing Sistakaranam Lekha. His spouse, Nadukuru Sukanya, a Hindi Pandit from Rajam Varalakshmi St. Anns High School, was also present.



These Lekha awards acknowledge talented Sistakaranams worldwide, and Tirumala Rao emerged a winner from nominations gathered through online applications. He expressed his gratitude for being selected through a rigorous evaluation by a panel of senior judges.

Sistakaranam Leaders, including All India President Sri Dabbiru Krishna Rao, Telangana State President D. Rama, Andhra Pradesh State President Polumahanti Umamaheswar Rao, State General Secretary Belagam Jayababu, along with other representatives such as Polumahanti Jaganmohan Rao, Simhagiri Patnaik, Patnaikuni Ramakrishna Rao Ramatatha, Dr. B. Praveen Sai, Srikakulam district Sistakaranam President Dabbiru Vasu, district Honorary President Baliwada Malleswara Rao celebrated Tirumalaraju's accomplishment. Notably, Tirumalaraju received the National Best Teacher Award from the President of India fifteen years ago. Beyond academics, he has excelled in acting, directing, singing, painting, writing, composition, and dance, earning him numerous awards. Polumahanti Jaganmohan Rao, Chairman of the Srikakulam Red Cross Society and others lauded Tirumalaraju as an inspiration and a role model for future generations.

Sri Nageswara Rao receives Best Art Director award

On February 9, 2025, Sri Manipatruni Nageswara Rao received the Best Art Director award at the International Film Festival held at the NTR Kala Vedika of Potti Sreeramulu Telugu University.



Gold medals in Karate Championship event

The grand daughter of our Sistakaranam community member Sri Gowri Sankara Rao has won gold medals in Kata & Kummite events in the International Open Karate Championship 2025.



Our authors in Library Organization citations

Several authors have made it to the citation book list of the Library Organization.

- 1) Basangi Suresh Kumar's poetry collection has been included.
- 2) Two story compilations by Sri N.K. Babu are also featured.
- 3) Mrs. Kuppili Padma's book on paper art has been recognized.
- 4) Additionally, Sri Vandrangikondal Rao's Grama Namalu is listed.

Congratulations to all these authors for their achievements!

- Sri S Lakshman Rao

Newsmakers

Doctorate from IIT, Mumbai

Let us congratulate Dr Patnaikuni Neelima (daughter of Sri Patnaikuni Nava Durga Prasada Rao, Retd BM, State Bank of India, Vizianagaram) on her being conferred with Doctorate at Indian Institute of Technology, Mumbai recently.



Legendary Award for Mold Tech Company

Deputy GM Sri P.V. Rao received the Legendary Award at the Hybiz Business Excellence Awards.

The award was handed over by Telangana Minister Sridhar Babu and MLA Arikapudi Gandhi. Sri P.V. Rao spoke about Moldtech Company. For full details, click the link below.

https://www.youtube.com/watch?v=Nk7ggstd_BM



Presented Lekha Seva Dal Award presented to Sri PST Patnaik

On February 8, 2025, the Lekha Seva Dal Award was presented to the Integrated Vikalangula Ashram School, Achyutapuram, Anakapalli District, which is run by Sri P.S.T. Patnaik. Lekha Team members Sri Shekharamantri Naraharinaath, Sri Mantri Narasimha Rao, Sri Karakavalasa Vijayasekhar, and JV Chandrababu presented the award.

We were overwhelmed and speechless to see his uniquely dedicated service, unwavering determination, and hard work. He is truly a role model.

Our heartfelt salutations to him.



Sri Umamaheswara Rao receives Lekha Keerthi Ratna award

On February 11, 2025, Sri Sadasivuni Lakshman Rao met with Sri Behara Umamaheswara Rao, a prominent literary figure and a distinguished member of the Sistakaranam community from Parvatipuram, who is also the recipient of the Lekha Keerthi Ratna Award 2024, and presented him with the Award and certificate in Visakhapatnam.

Let us congratulate him.



Sri Ramakrishna receives Best Technocrat Award 2024

At a recent awards ceremony held in grandeur AT Bangalore, Karnataka Deputy Chief Minister Sri DK Shivakumar presented the Best Technocrat 2024 in Solar Industries in India award to Bagga Venkata Ramakrishna, President of Sembcorp Green Infra Limited, Bangalore. Ramakrishna is a young member of the Sistakaranam community and the son of Sri Baggam Lal Pandit Vidyasagar of Visakhapatnam. (2nd person from right in the pic.)



Natya Urvashi Award for Chi. Pakki Veda Siri

At a young age, Chiranjeevi Pakki Veda Siri has gained recognition as a prominent Kuchipudi dancer, performing across India. Recently, she was selected for the prestigious National Natyam Urvashi Award. The award giving ceremony titled Visakha Shivanandalahiri, organized by Lamboda Cultural Academy Head Sri Nakka Kala Ashok, was held in grandeur at Andhra University's North Campus Gautama Buddha stadium. Notable guests included actor Suman and the city deputy mayor, who presented the award.



Currently in fifth grade at Shiva Shivani School, Veda Siri balances her studies with her passion for Kuchipudi dance. She has trained in various forms, including special performances of Annamacharya keertanas and Shiva Tandava. Her talent has been showcased at numerous events, including the Odisha Chista Dance Festival and various television channels. She has received several accolades, including the Bal Nartan Kiranam, Balaji Ugadi Award.

Veda Siri is the daughter of renowned Kuchipudi dancer Sri Pakki Arun Sai. With her skills and dedication, she is poised to achieve even greater success in the future.

Newsmakers

96th & 97th Felicitation to Dr. R Bhima Rao

On February 16, 2025, Raghupatruni Bhima Rao and Asha Latha received a heartfelt honor from the Narasannapeta Sistakaranam Association in Narasannapeta, Srikakulam District. This marks the 96th honor for Sri Bhima Rao.

Subsequently the 97th honor was awarded to him by the management of the Mineral Processing Department, along with the principal and students.



The management, Principal, Rector, All Faculties and Students of Mineral Processing Department, SDS College, honored with felicitation to Dr. (Prof.) Raghupatruni Bhima Rao and Ashalata on 18th February, 2025 in the college Premises. Thanks to all and for your good wishes and blessings. This is the 97th Felicitation of Dr. Raghupatruni Bhima Rao.

In Akashavani Sri Laxman Rao

On February 24, 2025, Sri P. Lakshman Rao's poems were recorded at All India Radio, Visakhapatnam. They will be broadcast on the "Udaya Samira" program at 7:30 AM on March 3, 2025.



Sri Jayaprakash in Limca Book of Telugu Records

On February 23, 2025, at the AAA Allied Artists Stadium in Hyderabad's Hymayatnagar, Sri Raghupathruni Nanaji (JP) and his daughter Kumari Saritha, sang songs directed by Sri Koti for 12 hours non-stop, earning a place in the Limca Book of Records. Hero Suman and Sri Koti attended as guests. Congratulations to them.



INVITATION

LIMCA BOOK OF RECORDS

Raghupatruni Anaji Rao (Dr. JP [Jayaprakash]) is inviting all Sistakaranams to witness his feat of creating history by uninterrupted singing Telugu songs of music directors, Raj-Koti from 10 AM to 10 PM today 23.02.2025 (Sunday)
 Lady singer Saritha

Venue: Sri Mahi Complex, 2nd Floor, Hymayatnagar, Hyderabad
 Music Director: Koti, Actor Suman, and so many cine industry celebrities are attending the program.

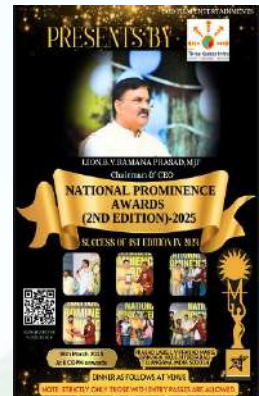
Sri Ratnakar Appointed as LIC MD

Sri Ratnakar Patnaik from Jayapuram (Odisha) got elevated to Managing Director of Life Insurance Corporation of India. He will be assuming charge from 1-6-2025. We are proud of him.



National Prominence awards by Sri Ramana Prasad

Sri B.V. Ramana Prasad MGF chairman and CEO of 3 cubes infra, Hyderabad is organising National prominence awards 2nd edition 2025 on 16 March 2025 at Prasad labs LV Prasad mark Banjara hills, Hyderabad.



965th Felicitation to Sri Manipatruni

During the Golden Jubilee celebrations at the Government Junior College in Kothuru Mandal, Sri Manipatruni Nageswara Rao, who studied in the college and is a recipient of the National Best Teacher Award, was honored.

The event was attended by the college's first principal, Y. Gopala Das Nayudu, current principal Bandaru Ravikumar, and other lecturers and former principals. Many alumni participated, making it a memorable occasion for Rao, who felt his life was blessed to receive such a grand tribute at his alma mater.



Editorial

The beginning of a new era and reflection of Unity in Diversity

Beautiful family reunions are held...I think, in November...Behara's family..For the second year in a row, this month, the Kudama clan held a family reunion. Those who have gone to different places for work and employment...These family reunions are very useful for the next generation to learn about their roots..to learn about their customs and traditions. These family reunions can bring everyone together and see the wonderful cultured society. Also, you can discuss the conditions of those currently living in their respective villages and provide them with help and support.

Let's hope it happens in more families

Now, let's discuss our motivational topics...

Gratitude is a great ornament for a person. A person who does not receive help and recognition cannot excel in life.

When there is no need or opportunity, you are what you are... When there is a need or opportunity, the true personality is to remain the same.!!

When we are happy, everyone joins hands, but when we are in difficulty, only a few help. Remember those who join hands, keep those who helped in your heart...

When the words that come when there is need are with "pogadta!", when the words that come when there is no need are with "smoke".!

The more love and goodness develop within us... the more love and goodness we get in the outside world.

We should find a solution to every problem with patience and peace. The question, the question cannot be answered.

Is there a life without problems, without problems?

Difficulties, sufferings, and obstacles weaken a person. They do not last forever. They are like clouds in the sky. They can block the sun for a while and give darkness. As soon as the clouds move and disappear, the light will shine in the same way.

Similarly, difficulties and sufferings in life do not last forever. All you have to do is... keep trying with a little patience..

"Sarva Sistakaranam Bandhu Jana Sukhinobhavantu"

- Jannumahnti Venkata Chandrababu
Chief Editor

Interview

Lifting Hands in Upliftment

A sistakaranam lady after doing the job for many years, suddenly thought of doing social service to the community. She desired to uplift the poor and needy. She started a digital platform, "Sistakaranam Lifting Hands", and started realizing her wish. Mrs. Sanjukta Patnaik needs no introduction as she is identified as helping the poor. Let's talk to her about what made her start Lifting Hands.

Please share your academic details

I did post-graduation in history and literature from Bhanja Bihar University, Berhampur. I worked in schools and colleges for 20 years. After my marriage, I settled in Kakinada. My husband is working as Principal in Pragati college.

What prompted you to do social service?

After doing the job for many years, I thought of doing community service. I instantly received support from my husband and father.

Please share about Lifting Hands.

I have seen our community's striving in poverty. When my husband supported my thought of doing service to our own community members, I adopted WhatsApp technology to undertake the activity. I created a WhatsApp group by name "Sistakaranam Lifting Hands". The group started on 5th October 2023 with 15 members. Our commitment, methodology, and transparency motivated many and took the strength of group members to 66.

What are the needs come under the Lifting Hands?

Lifting Hands has 14 events in its credit catering the needs of medical expenses, self-employment like providing stitching machines, grocery shop set-up, supply of grocery items etc. Either the needy or someone brings to my notice about a needing help. I put forward a message in our Lifting Hands group requesting to help the needy. The contributions received shall be given to the needy in total. Thanks to another ad-

min of our group Sri Tyada Prasad for his help and support.

Apart from this Lifting Hands, my husband and I distribute groceries, clothes, meals, and essential commodities to the poor around us, including Manovikash Kendra orphanage homes etc.



Your comments on Lekha

The Lekha team is simply superb. Sistakaranam Ikyavedika awarded me the "Lekha's Seva Ratna" award. I felt very happy for identifying my services. The

Father :	late Udandrao Raj Narsingh Patnaik
Mother :	Basanti Patnaik
Husband :	Patnayakuni Prasad
Daughter :	Ms. Patnayakuni Likhita
Native place :	Berhampur

award inspired me to scale up my services.

Any message for our community

My message is simple. If you want to be happy, set a goal that commands your thoughts, liberate your energy to inspire your hopes. I also add, success is not final, failure is not fatal. It is the courage to continue that counts. I also appeal to our community's people who are in high positions to think of our low-level relatives.

Mrs. Sanjukta keeps herself away from publicity on social media and focuses on selfless motive. She also desires our community members to join the Lifting Hands group and stand for the needy. She also appeals not to make the service-oriented platform a controversial political arena. Lekha wishes her the best of luck for all future endeavors.

--Interviewed by: Jannumahanti Venkata Chandrababu

--Compiled by: Mantri Narasimha Rao

Support Arena

“Memunnam Seva Santha” stands behind poor

Metla Lakshmi, a 65-year-old handloom worker from the third ward of Pedana town, is bedridden due to old age and failing health. Upon learning about her dire situation, Srinivasa Veenam, Founder and Chairman of "Memunnam" (We Are There) Seva Santha, provided immediate relief. On February 9, 2025, the organization donated ₹1,000 in cash, a grocery kit sufficient for two months, and 20 kg of rice to her family at her residence near Kalanjali School.



"Memunnam" Seva Santha is helping and also encouraging other benevolent individuals to directly assist Lakshmi's family or contact them at 9032272388 or 9966419220 to offer aid. The event saw participation from notable educator Kagita Sambasiva Rao Master Garu, Kosanam Bhargav Kumar, Pattisapu Pawan Kalyan, local residents, and relatives.

Service by Sri Krishnamurthy Kuppili

The Satya Sai Seva Samithi, Kavali (Nellore district) Mandir, provided an opportunity for distributing gifts to Bal Vikas children and organizing Narayana Seva on the occasion of Ratha Saptami, as stated by Sri Krishnamurthy Kuppili.



Donation of Thousand Books

On February 23, 2021 (four years ago), at an event held at the Visakhapatnam Public Library, eminent poets Sri Sekharamantri Prabhakar and Sri P. Lakshman Rao donated approximately one thousand books to Sri Dabbiru Govinda Rao, Secretary of the Andhra Pradesh Library Association, Srikakulam District branch. Congratulations to them!



Dr. Arikathota Kanakaraju Donations

1) Sri Arikathota Kanakaraju and his wife Uma from Srikakulam town donated ₹5,000 to the District Rangasthala Artists' Federation. Professor Kanakaraju praised the federation's efforts in organizing monthly performances at Bapuji Mandir, featuring various art forms like Mridangam, Bharatanatyam, Veena, Harikatha, and Burrakatha to support local artists.



2) Additionally, the couple contributes to spiritual activities. As part of that, they donated ₹10,000 to cover expenses for the procession of Sri Venkateswara Swamy, the presiding deity at Narayana Tirumala Temple in Srikakulam on occasion of Bhishma Ekadashi.



3) Furthermore, Prof. Arikathota Kanakaraju and Uma donated ₹5,000 to Sri Rama Mandir in Marrisipadu, Sarubujili Mandal, requesting the organizers that the funds be used for purchasing a harmonium and other needs for bhajan programs that are held at the Rama Mandir.



Donation for Temple Extension Construction

The Dwajasthamba installation ceremony took place at the Vinayaka Temple, managed by our Sistakaranam community in Nadupuru. As my contribution, I donated ₹5,116 towards the newly constructed temple dedicated to Lord Shiva, adjacent to the Vinayaka shrine. It was a joyous moment to participate in this event alongside my wife. On this occasion, I also had the pleasure of meeting our Sistakaranam family members.



- Mantri Narasimha Murthy

Support Arena

Necessary food items supply for 6 months by Matrubhumi Organization

Sri Uriti Pawan Kumar, who met with an accident a few months ago, has been bedridden and lost his job. His mother, who had a small job, had to stay home to take care of him, leaving the family in financial distress. Seeking help, they approached Matru Bhoomi Seva Organization, which immediately stepped in to provide six months of essential ration support. The organization has been consistently helping them for the past four months.



The family expressed their heartfelt gratitude to the organization and its donors. Sri Basoori Srinivas and Sri Pakki Shekhar participated in this initiative.

Sistakaranam Lifting Hands Event - 15

Beneficiary of Sistakaranam Lifting Hands - 15th Event is Sri . Kallepalli Ramesh , a private Employee resides in rented house (Rs. 3000/- rent) at Aditya Nagar colony, 3rd line Arasavilli, Sklm Dist, along with his wife and two sons.

Due to his misfortune with he met with an accident with an RTC bus on 10th Dec 2019 and lost his Right Knee (Locomotor/Orthopaedic disability). His youngest son is mentally challenged and unable to do anything. His elder son completed Degree and has been campus selected for TCS but he is still not on boarded.

Now Smt K. Sujata, wife of Sri Ramesh is struggling hard to make ends meet by stitching clothes. So Sri Ramesh has humbly sought our help. Sri KP Srinivas met with Ramesh, and subsequently discussed with us, having collected his medical reports.

In this case, we consider it as a medical aid item and are ready to provide financial assistance to Mr. Ramesh. So, we appeal to all of us to come together and stand by his family.

Those who wish to provide assistance can donate to Smt. Sanjukta Prasad through PhonePe/ GPay.

☎ 9847472818

Regards,

Admin Team



Sista Helping Hands Society Medical Emergency Event No. 6

Sri Uriti Pawan Kumar, a resident of Railway New Colony, Narendra Nagar, Visakhapatnam, was involved in an electric two-wheeler accident. He suffered a fracture in the upper part of his right leg, disrupting his family life. The Helping Hands Society provided financial assistance through Medical Emergency Event 6. Initially, ₹10,000 was given on November 10, 2024, followed by ₹5,000 monthly till the stitches were removed viz., December, January & February 2025.



The final installment of ₹5,000 was handed over on February 18, 2025, vide cheque no. 022997 by Sri Pakki Shekhar and Sri Donkada Neelakanth VS Prasad Rao to Sri Uriti Pawan Kumar at his residence.

The total aid provided to Sri Uriti Pawan Kumar through event 6 is ₹25,000. Currently, Pawan Kumar is attempting to walk using a U-shaped steel walker under medical guidance.

The event was concluded by distributing this last installment of assistance.

Food Distribution to 350 People

On the occasion of the 9th death anniversary of the late Chandragiri Nagaraju Garu, a member of the Karanam community, the family members on behalf of AS Foundation organized an Anna Prasadam donation drive for 350 people at Avilala Pillalareswara Swamy Temple. Special offerings, including sambar rice, payasam, ulavacharu, and mineral water, were prepared and offered to the deity before being distributed to patients, their attendants, and the elderly near the RUYA Hospital gate. Karanam Sishtakaranam Aikyavedika Co-convenor, Sri Avilala Sridhar, participated in the event as the guest of honor.



Support Arena

Sista Helping Hands Society Service Program - 29

Sri Ippili Ramanandam, a 70-year-old resident of Gollala Marrivalasa village in Merakamudidam Mandal, Vizianagaram district, lives with his wife, Smt. Ramalakshmi, aged 63.

Despite the lack of proper transportation facilities such as buses or auto-rickshaws, our coordinator, Smt. Balivada Lakshmi, personally visited them to assess their living conditions. She shed light on the struggles of these elderly individuals living in remote villages. Once, there were three Sistakaranam families in this village. Sri Ramanandam and his family lived as a joint family with his in-laws. However, over time, their land diminished, elderly family members passed away, and the younger generation moved away in search of better livelihoods. As a result, only this one family remains in the village. Being uneducated, Sri Ramanandam and his wife worked as agricultural laborers for some time and later ran a small tea shop for survival. They ensured their children's marriages were arranged, and their son now works in a small job in Bobbili, supporting his own family.

Now, in their old age, Sri Ramanandam suffers from poor eyesight and mobility issues. They rely solely on a government disability pension and continue living in their ancestral mud house. While they visit their children for festivals, they prefer not to stay permanently, fearing they would be a burden. When asked why, they respond, "We have lived here, and we wish to merge with this land." Their thatched house is in worse condition than their own health. During monsoons, rainwater leaks through the roof, and the mud walls are on the verge of collapsing. Every rainfall brings fear of their home deteriorating further.

Upon learning of their struggles, Sri Balivada Venkata Narasinga Rao from Vizianagaram appealed to our society to provide assistance. After reviewing their situation, we strongly believe that any support extended will significantly improve their quality of life.

We request all our well-wishers to contribute and support this elderly couple in their time of need.

Donations can be made via PhonePe to 90630 29716 or transferred to:

Account Name: Shishta Helping Hands Society

Bank Name: Union Bank of India

Account Number: 018512010001226

Account Type: Savings

Branch: Akkayapalem, Visakhapatnam

IFSC: UBIN0801852

With regards,

- Coordinators

Help to Poor Students

Helping underprivileged students should be seen as a social responsibility, said BJP Yuva Morcha State Treasurer Sri Balivada Shivakumar Patnaik. On the occasion of G. Narayana Rao's birth anniversary, exam materials were distributed to government school students at the New Generation Unit Organization office in Vijayawada.



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 - Your details will be kept confidential.

CONTACT: 8074800939

Open Forum

Lord Krishna will do good for Sistas like us!

With Sri Krishna Bhagavan by our side, our Sistakaranams will surely be protected. I implore all Sistakaranams to live virtuously, help others, and earn Sri Krishna Bhagavan's grace. Never abandon righteousness; stay away from wickedness and depravity.

The fact that we are born in a caste that has 'Sista' in the name, like no other caste, is a blessing of good deeds from our previous birth.

When beings suffer and evil prevails, He incarnates to punish the wicked and protect the virtuous. When unrighteousness dominated the world, Sri Krishna took birth to Devaki and Vasudeva.

Jai Sri Krishna!

- Sadashivuni Lakshmana Rao

Appeal

A crucial appeal to the well-wishers, benefactors, and community-lovers of the Sista Karanam community:

While some selflessly serve our Sistakaranam community, it's come to our attention that others may be exploiting this service for financial gain. Exercise caution against such individuals.

Prioritize donating to registered community and service organizations that value every rupee. You can also donate directly to the CM Relief Fund.

Associations exist in every district, offering guidance to ensure your donations reach deserving recipients.

It is our responsibility to protect our Sistakaranam (only Sistakaranam) fra-

ternity from persons who operate without proper planning and transparent accounting of expenses and receipts, have no respect for caste or elders, and cannot take others along with them.

Trust organizations, not just individuals. Question any doubts about the donations you've made.

Safeguard ourselves from deceitful individuals and collection kings.

Nowadays, many associations and service groups provide clear accounts, subject to audits. Support such transparent initiatives.

Jai SistaKaranam.

- Delhi Shankar Patnaik

Three Stages in Life

Reflection on the different stages of life after retirement.

The first stage: between 58 and 65 years

This stage marks a detachment from one's working life and moving away from the system/organization you worked in. Despite past achievements, however powerful one has been, one becomes just an ordinary person. It's crucial to relinquish past positions and authority, as they no longer hold significance for others.

The second phase, from 65 to 72

Society gradually distances itself. The number of friends and colleagues dwindles, and fewer people recognize you at your former workplace. Resist the urge to constantly reminisce about the past, "I used to be like that back then", "Do you know what I did once?", as the younger generations may not be interested.

The third stage, between 72 and 77

At this age, you are often left with only your spouse or alone, regardless of how many children or grandchildren you have. The family drifts away, their visits be-

coming less frequent. Treasure these moments as tokens of love and respect. Don't lament that they come rarely and show their face. Understand that your children are likely caught up in their own busy lives.

The final stage: after 77 years

The body naturally declines. Accept this as the final chapter of life, and savor every moment that your body allows. Eat, drink, play, and sing to your heart's content.

Be joyful and vibrant. Sarvejana Sukhino Bhavantu – May all beings be happy.

Friends,

This article, written by an unknown author, presents some great truths.

Everyone above the age of 58 should form a group, meet at a specific place and time, share your thoughts, and welcome others' perspectives. Stay connected with familiar people over the phone and reminisce about the sweetness of past experiences.

Keep smiling!

- Collected by Choudhary Prasad

Open Forum

Appanna Autograph -Maths Master - Basangi Suresh

"Oh Appanna! I'm going to the Maths Master's house. Do you want to come?"

Parinaidu stood near my house, calling out to me as I stepped outside.

"Why?" I asked.

"The Master isn't well. They say it's serious. I thought I'd visit him once before I leave for my in-laws' place. I'll be gone for ten days, and by the time I return, who knows what might happen? I don't want to regret not seeing him," he explained.

"I'll come too," I said, hurrying inside to put on my shirt before joining him.

The Master's real name was Krishnamurthy. But because he was exceptionally good at teaching mathematics, everyone called him the Maths Master. Though not a schoolteacher, he conducted private lessons, and students enjoyed learning from him over their regular teachers.

Yet, teaching wasn't the only thing governed by his strict calculations—his entire life followed a rigid mathematical order.

He slept at exactly nine at night and woke up at five in the morning—eight hours, no more, no less. Instead of using a toothbrush, he plucked a neem twig, chewed on it, and headed for his morning walk. By the time he returned, his morning routine was complete, including brushing and even bathing. That was his calculation.

He never scolded or punished students for missing their homework. Instead, after the session ended and the other students left, he would make the defaulter stay back and complete the work before allowing them to go home. That was his calculation.

Unlike other private tutors, the Master never charged a fee. Instead, he expected help from parents in return. A tailor had to stitch his clothes without labor charges, and a doctor had to treat him for free. That was his calculation.

He never borrowed or lent money. Every rupee he spent had to be accounted for. Some thought he was eccentric, but his sharp mind turned his small share of inherited land into a flourishing ten-acre farm.

By the time we reached his house, the Master lay on a cot by the doorstep, eyes closed, looking frail. A few students and villagers sat around anxiously. The local doctor, Venkatesham, had examined him and advised taking him to town before his condition worsened.

But the Master refused.

The Master believed in self-reliance, but after his parents died, his brothers, unwilling to work hard, drove him out. Enraged, he severed ties with them. His sisters sided with his brothers, leaving him entirely alone. Though wealthy, he had no one to care for him.

The village elders offered to take him to town for treatment, even arranging for someone to stay with him. But the Master declined.

అప్పన్న ఆటోగ్రాఫ్ (లెక్కల మాస్టారు)

బాసంగి సురేశ్

“మీ అప్పన్నా, లెక్కల మాస్టారు గారింటికి ఎల్లప్పుడూ ఒక్కావేటి?” ఈదిలోంచి ఎల్లప్పుడూ పొరినాయుడు మా ఇంటి కాదా అని నన్ను వెలుస్తుంటే ‘ఎందుకేటి?’ అనుకోని ఇంట్లోంచి ఇవతరికొచ్చాడు.

“మాస్టారు గారికి ఒంటిలో బాగులేదట, నీలయనం అంతన్నాడు ఒకపాని పుసి ఒద్దుతుంది. నాకు మళ్ళీ మద్దేళ్ళం కీయిజాగ్ ఎల్లప్పుడూ. మా పెద్ద గారింటికి. తిరిగి రాదానికే పరిరోజాలు పడతాంది. అప్పుడికి ఎలగుంటూలో, ఏటి సెప్పలేం కదా. అందుకనే ఒకపాని సూచస్తే మంచిది. నేకపోతే ఆ మెర ఉండేపోతాంది.” పొరినాయుడు మాటలాడకన్నాడు.

“ఏటి అంత బాగులేదేటి, అయితే నేనూ ఒక్కామందు” అని ఇంట్లోకి వెళ్లి సస్త్రి ఏనుకొని ఒచ్చాడు.

ఇద్దరూమా కలిసి మాస్టారు గారింటికి ఎల్లాం. లెక్కల మాస్టారు గారి అసలు పేరు కిష్టమూర్తి గారే అందరూ లెక్కల మాస్టారు గారు అనే వెలుస్తారు. మాస్టారు గారు లెక్కలు బాగా పెప్పుతారు. అందుకని పొరినాయుడు అలాగే అందరూ వెలుస్తారు. అలగని అలగాడు బడిలో పని చేసే మాస్టారు కాదు. పయివేట్లు పెప్పుతారు. బడిలోని మాస్టారు లెక్కలు చెప్పినా సరే, పెల్లలు ఇతగాని బద్దీక పయివేటు పడుతుతారు పెల్లలకి లెక్కలు పెప్పడమొకటి కాదు తెల్లారి దిగివచ్చుతు ముందే లెక్కలు ఏస్తుంటారు మాస్టారుగారు.

రాత్రి పొద్దుది అయిందంటే పడుకుండిపోతాం. అలాగే తెల్లారి అయిదు అయితే దిగిపోతాం. ఎనిమిది గంటలు పడుకోతాం, అది లెక్క. మాస్టారు గారు చెప్పే సెప్పుడు ఇదేటి, పక్క తోముకోరా? అనుకుంటారు గానూ, అది కాదు. దిగిపోన ఎంటన ఇలాకాతం వెర్రి ఏప సెప్పు కాదేకెర్రి ఒక పుర్తి ఇరిసే నోటిల పెట్టుకొని ఏటికి ఎదిపోతారు. నడక అయిపోకెర్రి మిగతా పరులూ

అయిపోతాయి. సానం కూడా అయిపోతాంది. అది మాస్టారుగారి లెక్క. నిన్న ఇద్దరి పోలిం వర్క సెప్పులేదరుకోండి ఆ పెల్లలకి తిట్లు కొట్టరు. ఆ పూట పయివేటు అయిపోయినంతవరకూ ఏటి అందు. అప్పుడు మిగిలిన పెల్లలందర్నీ ఎద్దపోతుంది. ఈల్లని మాస్టారు లెక్కడ కూర్చొని, ఆ పోలిం వర్క సేసే మామంది అప్పుడు ఎద్దమంటారు. అది మాస్టారు లెక్క.

పయివేటు సెప్పేపోల్లు ఎప్పులయినా, ఎంతో

కొంత దబ్బలు తీసుకుంటారు గదా. మన మాస్టారుగారు దబ్బలు తీసుకోరు. మాస్టారు గారి లెక్క ఏరేగా ఉంటాంది కదా. సైవేటు సెప్పినందుకు దబ్బలు తీసుకోరు. ఉత్తన సెప్పారు. గారే అర్ధ అమ్మ, నాగ్లం సేక ఏదో ఒకటి సెప్పుంచుకుంటారు. ద్రిలేరు అయితే కుట్టు కూనీ లేకుండా బట్టలు కుట్టాల. డాక్టరు అయితే దబ్బలు అడమ్యుండా వైద్యం సెయ్యాల. అది లెక్క. మాస్టారుగారు ఎప్పురికీ రూపాయి అప్పు ఇవ్వరు. ఎప్పురికాద రూపాయి అప్పు తీసుకోరు. రూపాయి ఖర్చు పెట్టాలంటే దానికోలెక్క ఉండాల అంటారు. అలాగని మాస్టారు గారికి లెక్క ఉండమకొగిండు. అలాటిదేటి లేదు. ఇలాటి లెక్కలేను.

తపస్వి కళింగ్ వెలుగు అంధారం మన పత్రిక **ఆరున సంక** **మార్చి 2025** **29**

Instead, he summoned a lawyer and donated all his property to an orphanage.

He had prided himself on never miscalculating, but in marriage, he did. He had initially sworn never to marry but later reconsidered. At forty, he married a twenty-five-year-old, believing she would outlive him and care for him in old age. But fate had other plans. They had no children, and a year ago, his wife passed away after a serious illness. Now, he was left alone, like the remainder in an equation.

Perhaps, at last, he realized—no matter how carefully one calculates, there is always someone greater who keeps the final tally. And so, he settled his accounts, waiting for that final call.

Even if human calculations fail, the one above never miscalculates.

- Original Story: Basangi Suresh, in rustic Telugu dialect.

Retold in English by Ravi Karakavalasa



Fraternity Page - Telangana

Free services provided by Sphoorthi Seva Samiti

Sri Dabbiru Venkata Krishna Rao and his team at Sphoorthi Seva Samithi are providing free freezer and vehicle facilities for Shistakaranam families.

As part of Sphoorthi Seva, on Sunday, February 16, 2025, they honored the memory of the late Smt. Beram Subbalakshmi, expressing their condolences for her untimely demise.



Fraternity Page - Odisha

Annual sports meet in St. Xaviers School, Rayagadha

District Additional SP Vishnu Prasad Patro stated that promoting sports in Rayagada increases students' activeness. He was the chief guest at the annual sports festival held at St. Xavier's School in New Colony. Prior to this, a sports torch was carried from Majji Gouri Mandir and placed on the school premises. School Managing Director Sri G. Srinivas Patnaik participated in the event.



Fraternity Page - Maharashtra

Haldi Kum Kum program by Nagpur Association

Sistakaranam Association Nagpur conducted the Haldi Kum Kum program on 2nd February 2025 at Nagpur. Sri B.R.Babu was the chief guest. Welcome address was given by President Sri D Krishna Kumar and Secretary Sri Ramesh Patnaik. The program was nicely anchored by Sri P. Srinivas. All the ladies actively participated in Haldi Kum Kum function, musical chairs etc. Ladies and gents participated in household box game. The event was followed by dinner.



Fraternity Page - Chhattisgarh



Smt. Pooja, Mayor of Bilaspur

Our Sistakaranam Mahila, Smt. Lamburi Padmaja (Pooja Vaidhani), has been elected as the Mayor of Bilaspur city from the BJP party. She achieved a landslide victory with a majority of over 70,000 votes against her Congress opponent.

She is the sister of Sri Lamburi Srinivas, resident of Bhilai and a key member of the Sistakarana Ikyavedika. Congratulations to her on this occasion.



Happened to meet Corporator Sri Srinivas and Smt. Pooja Vaidhani's husband Sri Ashok Vaidhani, along with AMTI University HR Director Dr. Arun Kumar Patnaik, today on February 22, 2025, to extend best wishes. Requested Smt. Pooja Vaidhani to visit Visakhapatnam, to which she happily agreed.

— Mantri Mohan Rao Patnaik (Raja Babu)



Sri Rammohan Rao in Plantation Show at Raipur

Sri P. Rammohan Rao participated in the Flower/Plantation Show in Feb 2025 at Raipur Nehru Udyan, and won a prize possession of a plant for his reply to a question asked by the Organizers at the event.



Smt. Pakki Krishna Veni in Saraswati Puja Celebrations at Bilaspur

Smt. Pakki Krishna Veni Patnaik actively participated in Saraswati Puja Celebrations at Andhra Samaj English medium Higher secondary school, Bilaspur, Chhattisgarh on 2nd February 2025.



NrityaVandanam - A vision for Indian Classical Dance forms by Smt. Bhatt Neha Patnaik

A Classical Dance Event: Nritya Vandanam was conducted at Deendayal Upadhyay Auditorium, on 18 January, 2025 in Raipur. This rendered a platform to many upcoming talents and celebrated the cultural hues of India. It was a national event recognized by Bharat Book of World Records and Ms. Neha Patnaik has passion in developing well-prepared dancers.

Her efforts to promote aesthetic skills is remarkable enabling the students to carry the tradition of classical dance throughout their lives. Through dance teaching discipline, focus, and artistic enlightenment. These qualities can help students succeed in all aspects of their lives. Students are given the tools they need to take their dance to the next level. Preserving traditional dance styles. Students are taught traditional methods, such as the "guru-shishya parampara" (teacher-student tradition).



Fraternity Page - Andhra Pradesh



Addressing the existential struggle of unemployed youth

What is this flow? I never expected it. I thought we should encourage our youth, but now the struggle for existence of unemployed youth is becoming a reality!

From remote villages in Srikakulam to the entire state of Andhra Pradesh, witnessing the plight of our "Karanam children" who have studied hard but are struggling without proper employment is disheartening. The economic conditions are so dire that even if they manage to come here, there's no guarantee of success. We must do something together! We need to support the creativity and initiatives of our youth, both in cities and villages. Despite numerous meetings and efforts, young stars are still struggling to find jobs. I thought that God has given me this opportunity and our community leaders are encouraging us; what more support do we need? With a strong sense of self-confidence, I made calls asking people to send their profiles for this event.

Today, on February 7, 2025, at the Niranjana Meditation Hall, the youth gathered with a spirit of awakening for job opportunities. As we listened to the experiences of our elders sharing insights about life, it became evident that these are direct examples for growth in life. The elders emphasized the importance of relentless journeys and the youth responded with enthusiasm. The momentous occasion of the clarion call for the event ensured that the event was organized by VSSS KCP cadre with great attention to detail, and our Sistakaranam family members came together to encourage participation. I express my heartfelt gratitude for their support.

At exactly 1:30 PM, I was present with Sri Polumahanti Umamaheswar Rao and his wife, starting the program with a prayer song by Smt. Sai Sujata. The state president assured us that our organization will fully support such initiatives. After conducting interviews with candidates from the VSS KCP cadre, each participant was honored with a memento and a certificate of appreciation. Subsequently, the association honored the couple.

Around 20 young men and women attended the job aspirants meeting held at this venue for special interviews. Without much delay, we conducted important interviews

led by our Sistakaranam organization leaders: Sri Kuppili Adiswarup, Sri J.V. Chandrababu, Sri Badrimahanti Venkataravu, Sri Kantumahanti Kiran Srinivas, Sri Karakavala Vijayasekhar, and Sri Santosh.

This first major assembly for job seekers saw participation from candidates across Srikakulam, Vizianagaram, Visakhapatnam, Anakapalli, Parvathipuram Manju districts, Rajam, and Rajahmundry.

Sri Kuppili Adiswarup from Thuni selected two candidates for job placements. Similarly, candidates were selected by others including Sri Kantumahanti Kiran Srinivas, Sri Karakavalasa Vijay Sekhar and Sri J.V. Chandrababu from Hyderabad. Sri Badrimahanti Venkata Rao, owner of educational institutions from Chodavaram, has selected three candidates. And Mr. Santhosh of Visakhapatnam has decided to select four candidates and give them jobs. We are happy to note that, in total, 11 candidates were selected for employment opportunities. I extend my thanks to all entrepreneurs and HR for organizations that came from distant places to provide jobs during this inaugural attempt.

Special thanks to Sri D.S.V. Gopikrishna for his support as well as to Sistakaranam Lekha team leaders Sri Mantri Narasimha Rao, Sri Naraharinath, and Sri Chandrababu for their valuable guidance during the event. Shri VTB Patnaik spoke about the competitive exams. Similarly, our campus recruitment team officer, Sri Gowri Prasad Markondapatnaikuni, gave instructions to some of the candidates in the Zoom meeting as he had to remain in Hyderabad due to job responsibilities, though his heart and soul was here. Thanks to them.

This initiative that was designed with a noble purpose in mind and was executed to perfection with full support of Sadasivuni Lakshman Rao, who I can proudly say was the brains behind it all. Moving forward, pledging to conduct the event uninterrupted-



ly with enthusiasm, the association resolved that full co-ordination responsibility to Lakshmana Rao.

The first job fair organized by our association was a resounding success thanks to the encouragement from VSS KCP cadre members including Sri P.N. Murthy Patnaik, Smt. Kooradi Pavani, Sri G.V. Srinivas, Sri VTB Patnaik, Sri Ch Girish, Sri Baliwada Sriram Murthy, Sri Basuri Srinivasa Rao, Sri Patnaikakuni Uday Bhaskar, Sri Anjaneya Sharma, Sri Kooduri Ramakrishna, Sri Sadashivuni Eswara Rao, Sri Ooriti Jairam, Smt. Vapangi Ramamani, Smt. Sharvani Sharma, Smt. Pattapu Sandhya among others, who have proved that we can effortlessly conduct however big a program is. I express my heartfelt gratitude to everyone for their support in making this event run smoothly.

As of January 31 this year, we have compiled a PDF file containing profiles of unemployed youth who have reached out to us. We urge everyone in our community to contact these profiles whenever opportunities arise for employment.

With humility
- Balivada Haribabu, Visakhapatnam

Fraternity Page - Andhra Pradesh



Use cloth (jute) bags

Urlam Sivateja Patnaik emphasized that environmental protection is everyone's responsibility. As a social worker, he urged the public to use cloth (jute) bags as much as possible. Speaking at an awareness program organized jointly by Mothers Love Foundation and GEO (Global Empowerment Organization) on Saturday, he called for everyone to take responsibility for using jute bags as an alternative to plastic bags. He stressed the importance of public participation over government initiatives, advocating for carrying a jute bag when leaving home as a foundation for a healthier society and called for starting the change with ourselves.

He expressed gratitude to the state government and district officials for organizing the Aarasavalli Sri Suryanarayana Swamy Rathasapthami celebrations in a grand manner, taking it up as a prestige issue. He appealed to devotees, who are expected from various states to seek darshan of the lord, to use cloth bags as much as possible instead of plastic bags. He warned that plastic bags not only cause environmental pollution but also can lead to cancer and other diseases. Patnaik requested devotees to use disposable items once and dispose of them in the dustbins placed by municipal authorities on either side of roads and highways, helping the environment as well as the municipal workers. He hoped Srikakulam would appear beautiful to visitors from other states. Later, he distributed cloth bags to pedestrians through a traffic constable on duty at the old bus stand junction, raising awareness.



Andhra Pradesh State Sistakaranam Association Unofficial Meeting

On February 2, 2025, the Andhra Pradesh State Sistakarana Sangham convened an unofficial meeting at the Brundavan Apartment office in Vizianagaram, providing an opportunity to strengthen bonds and delve into matters close to the hearts of community members. Presided over by Sri MP Gouriswara Rao, President of the Vizianagaram District Sistakarana Sangham, the gathering addressed numerous initiatives and the relentless efforts to unite all members of the community. The state organization sought feedback on its performance, highlighting the collaborative endeavors of various affiliated groups. Representatives from different districts attended, voicing their opinions and sharing insights.

The meeting was deemed "unofficial" as no formal communication had been issued by the state organization. Instead, the gathering was arranged to coincide with a wedding celebration, with attendees invited by Sri Gouriswara Rao. Following engaging discussions, Sri MP Gouriswara Rao hosted a lunch. The meeting formally commenced at noon, paying tribute to the late Sri Bogila Nagabhushana Rao, acknowledging his contributions to the Sistakarana community.

Attendees were reminded of the Sistakarana Lekha Team's recognition of Sri Singumahanti Murali Bhagwan, a 77-year-old community leader, with the Vibhushan Award on December 6th. Due to his age, Sri Murali Bhagwan was unable to travel to Hyderabad to receive the honor. The State Association, district representatives, and community elders collectively presented the award to Sri Murali Bhagwan in person, signifying the importance of the recognition. The Vizianagaram District Sistakaranam Association and the Andhra Pradesh State Sistakaranam Association jointly honored Sri Murali Bhagwan with a shawl, a photo of Antaryami Bhagavan, and a floral garland. Leaders and prominent figures from various districts participated, offering floral tributes and congratulations.

Sri Baggam Sudhakar, leader of the Vizianagaram District Employees Association, was felicitated jointly by the Vizianagaram District Association, the Andhra Pradesh State Sistakaranam Association, for his efforts on behalf of employee associations, in the presence of Sistakaranam community leaders. Sri AT Varapasad, recently promoted to Administrative Officer from Vizianagaram district, was also honored jointly by the Vizianagaram District Association, the An-



dhra Pradesh State Sistakaranam Association, and the Visakhapatnam District Sistakarana Sangham.

As the time went by, extended discussions were conducted on community issues, the Andhra Pradesh State Sangham's performance, and the selection of new state Sangham leaders. The importance of a selection process, rather than an election, was emphasized to maintain unity and prevent discord within the community. This was unanimously agreed upon by the gathering.

Sarvasri Polumahanthi Uma Maheswara Rao Sadashivuni Krishna, RVN Sharma, Dabbeeru Vasu from Srikakulam, MP Gowri Easwara Rao, Rega Suresh, Vandrangi Venkatesh Behera Nagabhushana Rao, Baggao Sudhakar, Seetharamaswamy, Ch Trinad Prasad, Murali Bhagavan, AT Varapasad, Kantimahanti Sanjeeva Rao, Baliwada Appalanarasaiah, and local family members from Vizianagaram district attended the event. Jaibabu, General Secretary of the State Association from Manyam district (Parvathipuram) attended the meeting, while Sadashivuni Lakshmana Rao, Smt. Kurada Pavani, Sri PVT Ramana Rao, Sri B.R.M. Patro, Sri Godaba Prabhakar Das, Sri Baliwada Haribabugaru, BinduRani and others from Visakhapatnam district were present.



Fraternity Page - Andhra Pradesh



Felicitations to Dr. Jayaprakash Narayan

During a visit to the Vizianagaram district, Dr. Jayaprakash Narayan, the founder-president of Lok



Satta Party, held a press conference at the SVN Lake Palace. Subsequently, the Mother Teresa Seva Sangham & Blood Donors Club felicitated Jayaprakash Narayan with a shawl, memento, and Bhagavad Gita. Nageswara Rao, the manager of NVN Blood Bank, participated in the event.

A. P. Sistakarana Sangham Zoom Meeting

On February 9, 2025, a Zoom meeting, led by Andhra Pradesh Sistakarana Sangham state president Arikathota Chandramouli, was successfully conducted from 10:50 AM to 12:20 PM. State Vice President Sri Manapuram Bhaskararao (Anakapalli District), Sri Sekharamantri Srinivasa Rao (Visakha District), Sri Baggam Srinivasarao (Visakha District), Sri Kallepalli Shankara Rao (Endada), Sri YS. V. N. Patnaik (Anakapalli), state secretaries Sri Manapuram Srinivasarao Patnaik, Sri Manapuram Gopi, Sri A. Krishna Rao P.M. Palem, Sri Budarayavalasa Gauri Patnaik Vepagunta, Sri K. V. Ramanamurthy Patnaik (Vijaya Nagaram District), Sri Appalanarasayya Arilova, Sri Jakkuva Vijay Patnaik (Paradeep), Sri M. Yagneswara Rao (Srikakulam District), and Visakha District Sista Karana Sangham Treasurer Sri Dadirao Haranath, among others, participated. Participants emphasized the importance of unity within the Sangham and urged actions to advance the OBC achievement process. Due to a lack of familiarity with Zoom operations, approximately 12 members were unable to fully participate. However, the Zoom meeting was a success, reducing travel, costs, and time constraints, and facilitating bi-monthly gatherings. Direct meetings will now be held once every three months, rotating among different districts. Sista Karana community members are invited to offer suggestions and advice for the betterment of the community.

With heartfelt salutations...
-Arikathota Chandramouli

Vizianagaram Association free matrimonial introduction platform

On February 9, 2025, a free matrimonial introduction platform was successfully organized at Mother Teresa Kids School in Ayyanapeta Junction, Vizianagaram town, under the leadership of Sri Baggam Jogarao, Vice President of the Vizianagaram District Sistakarana Sangham and a resident of Gantyada. Sri Baggam Sudhakar Patnaik, Vice President of the Andhra Pradesh State Shishtakaranam Sangham, and Sri Rega Suresh, General Secretary of the Vizianagaram District Sistakarana Sangham, graced the event as chief guests and inaugurated the platform. Sri Sudhakar Patnaik and Sri Suresh emphasized the importance of such platforms in fostering connections and facilitating quicker marriages within the community. They congratulated Sri Joga Rao for organizing the event and announced plans for another free platform in April/May.

Approximately 50 individuals from various regions, including Rayagada (Odisha), Srikakulam, Parvatipuram, Visakhapatnam, and Vizianagaram, attended the event. Vizianagaram District Sistakarana Association Vice-President Sri A.T. Varaprasad, Sri Budarayavalasa Madhusudan Rao, Vi-



zianagaram Sistakarana Association Town Branch Vice President Sri K.V. Ramanamurthy, and Vizianagaram Sistakarana Association Town Branch former General Secretary Sri Tyada Prasad Patnaik were among the participants.

Unanimous election of working group of East Godavari District Sistakarana Sangham

Sri Potnuru Siva Surya Prakash Rao (Ravi) has been unanimously elected as the President of the East Godavari District Sistakarana Sankshema Sangham. Sri Raghupathruni Saibaba has been chosen as the General Secretary. The election took place during a general body meeting held at the NGGO Home in Rajahmundry on February 9, 2025, under the leadership of Sri SVS Srinivas and Secretary Smt. Vijaya Divakar. The new executive committee includes Vice Presidents Sri Veena Ramachandra Rao and Sri Kupilli Ravi Shankar, Joint Secretary Sri Deeptimahanti Surya Prakash Rao, Treasurer Sri Veena Venkata Raman, and Joint Treasurer Sri Enugula Veera Raghava Rao. The committee aims to work towards achieving the organization's goals and agenda. A cake-cutting ceremony was held to celebrate the occasion. On Febru-



ary 16, 2025, a district executive meeting was held at Sri Satyasubha Residence in Rajahmundry, where Sri Battulanka Naga Prakash was honored as a special guest. The committee is committed to fulfilling its objectives and is pleased to move forward with its mission.

Regards,

President and Executive Committee
East Godavari District Sistakarana Welfare Association, Rajamahendravaram

Fraternity Page - Andhra Pradesh



Election of new governing body of Krishna District Association

The Krishna District Sistakarana Sankshema Sangham has elected a new executive committee under the guidance of the Andhra Pradesh state organization. Sri Srinivas Veena has been chosen as the President, while Sri Bandarulanka Nancha Rayya Tumala Palem will serve as the General Secretary. Sri Venum Swamy Potlapalem is the new Treasurer. The election was held at the Ishwar Residence in Machilipatnam on February 16, 2025, with the participation of members from various regions. The event was attended by several dignitaries, including Sri Venu Subba Rao, Kagaapu Vijay, Shekhar Mahanti Hema Sundar, Bujji Patnaik, Shiva, Narendra, and Sateesh from NTR District, Vijayawada.

The previous committee, led by Sri Gumma Uma Shankar Patnaik, was dissolved with their consent. The new committee aims to work towards the development and welfare of the community, focusing on local issues and implementing the organization's agen-

da. The meeting concluded with discussions on various development aspects and the adoption of resolutions to be recorded in the minutes book.

The event was a grand success, with widespread participation from community members across Krishna District including Venum Subba Rao, Kagapu Vijay, Shekhar Mohanty Hema Sundar, Bujji Patnaik, Shiva, Narendra, Satish, pedana sangha secretary Eluri Srinivasa Rao (BSNL), Eluri Ramesh, Veena Venkateswara Rao (Buddy), Veenam Venkateswara Rao (RTA) garu, Bandarulanka Mastan Rao, Ravi Kumar, Venkanna, Somaiya garu, Ayyappa, Veenam Nageswara Rao, Ayyappa, Veenam Nageswara Rao, Ayyappa and caste relatives, elders, friends, and well-wishers.



The new committee is committed to fulfilling its objectives and is pleased to move forward with its mission. The presence of esteemed guests and the enthusiastic participation of community members made the event memorable. The committee expresses gratitude to all who contributed to the success of the program.

Regards,

President and Executive Committee Members
Krishna District Sistakaranam Welfare Association, Machilipatnam.

An important decision taken in Vizianagaram Association meeting

A significant decision was made during the Vizianagaram Town Sistakaranam Association meeting held on Sunday, February 16, 2025, at 10:00 AM. It was emphasized that all our community members are part of the association, and to ensure financial stability and support meaningful initiatives, the executive committee has decided to collect membership fees.

It is requested that every community member mandatorily obtain membership and contribute to the association's development. During the meeting, executive committee members and elders decided the annual membership fee to be ₹100 and the lifetime membership fee to be ₹1,000.

Members are kindly requested to make their payments via PhonePe to Vizianagaram Town Sistakaranam Association Treasurer, Balivada Venkata Ramana Rao – 9440345276. Your support is highly appreciated.

- Rajamahanti Ravikumar

General Secretary, Vizianagaram Town Sistakaranam Association

West Godavari District Association New Committee Election

As per the mandate of the Andhra Pradesh State Sistakaranam Welfare Association, the election process was conducted smoothly presided over by state vice-president Rautula Raghu Babu presided over, with state organizing executive member and Krishna district president Srinivas Veenam as the chief guests.

The West Godavari District Sistakarana Sankshema Sangham has elected a new executive committee. Sri Routhula Raghubabu has been chosen as the President, while Sri Veena VGS Prasada Rao will serve as the General Secretary. Sri Bevara Mallikharjuna Rao (Ashok) Patnaik is the new Treasurer. The election was held at the Sri Rajagopala Swamy Temple premises in Narasapuram on February 20, 2025, with the participation of members from various regions. The event was attended by special guests, including Sri Bandarulanka Nancha Rayya, Secretary of the Krishna District Sistakarana Sankshema Sangham, and other community leaders.

The new committee aims to work towards



the development and welfare of the community, focusing on local issues and implementing the organization's agenda. The meeting concluded with discussions on various development aspects and the adoption of resolutions to be recorded in the minutes book. The presence of esteemed guests and the enthusiastic participation of community members made the event memorable. The committee expresses gratitude to all who contributed to the success of the program.

Regards,

President & Executive Committee Members
West Godavari District Sistakaranam Welfare Association, Bhimavaram.

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Sistakaranam Brides & Grooms Matrimonial Meet

Sri Rastu... Shubhamastu... Avighnamastu...

The All India Sistakaran Association (MB) – VSSS KCP is organizing a Sistakaran Brides & Grooms Matrimonial Meet on Sunday, March 23, 2025.

What You Need to Do: If you or anyone from our community is seeking a marriage alliance and has not yet submitted their bio-data/profile since November 3, 2024, kindly send the details via WhatsApp to the number mentioned below before February 25, 2025. Any details received after this date will not be accepted and can only be registered directly at the venue. If you have already found a match after submitting your details, please inform us so we can remove your name from the list. This event is open to community members from regional, state, national, and international locations.

Required Details :

- Name**
- Surname**
- Father's Name**
- Gotram**
- Date of Birth**
- Star (Nakshatra)**
- Educational Qualification**
- Job / Location / Package**
- Height & Complexion**
- Phone Number**
- Email ID**
- Full Address**

Further information regarding the venue, exact location, and timings will be announced soon.

Send Your Details via WhatsApp to: VTB Patnaik – 9966078056

All India Sistakaran Association – Matrimonial Meet

Visakha Sistakaran Seva Sangham, Kancharapalem

Book launch by TTD Priests

On February 8, 2025, during a program at Thotapalli Sri Venkateswara Swamy Temple in Parvathipuram celebrating its re-establishment, Tirumala Tirupati Devasthanams priests unveiled the book "Divine History of Thotapalli Sri Venkateswara Swamy" compiled and written by Sri Belagam Bhimeshwara Rao, a Central Sahitya Academy Award recipient. The event was overseen by former TTD EO Sri Sri L.V. Subrahmanyam.

East Godavari Sistakaranam Association meeting

On February 23, 2025, the East Godavari Sistakaranam Association held an emergency meeting, where the Core Committee Members attended and provided valuable suggestions for the association's development.

1. Condolences were expressed for the community members who had recently passed away.
2. Congratulations were extended to those who received recognition for outstanding services.
3. A resolution was passed to rename the association as Kakinada District Sistakaranam Welfare Service Association.
4. It was decided to conduct the Executive Committee Meeting and Elections on March 30, coinciding with the Ugadi festival.

The meeting was attended by prominent members, including Sri Ravishankar Patnaik, MVP Prasad, Venkata Rao, Patnaikuni Prasad, and around 15 others.



Fraternity Page - Andhra Pradesh



Gifting of Naga Bandham Thudu and Makara Toranam

On the auspicious occasion of Ekadashi on February 23, 2025, Sri Vasantha Kumar Patnaik and Smt. Vanaja, along with their family members from Narasannapeta, made a devotional offering at Sri Uma Ramalingeshwara Swamy Temple, located within the Sri Sri Sri Vijaya Ganapathi Temple Complex at Rajiv Gruhakalpa, Marikavalasa Colony. As part of this sacred occasion, they donated a Naga Bandham cover and Makara Toranam to the temple deity.

The Narasannapeta Shirdi Baba Devotees Group organized a bhajan program, in which several devotees participated, including Sri Uriti Ganapathi, Sri Kallepalli Shankar Rao, Sri Sai, Smt. Gayatri, Shobharani, Devi, Subbalakshmi, Bharati, Geeta, Varalakshmi, Lakshmi, and the women members of the Vijaya Ganapathi Temple Bhajan Mandali.

Following the bhajan session, the temple committee members honored the Narasannapeta Baba Mandir Bhajan Group with shawls.



Gratitude expressed to Union Minister

On February 17, 2025, Sri Kinjarapu Yerran Naidu College of Agricultural Sciences (SKYCAS) in Santaseetarampuru, Srikakulam District, was visited by the Honorable Minister Sri Kinjarapu Ram Mohan Naidu. During the visit, the college management, representatives, and students honored him warmly. They expressed gratitude for the recent recognition from ICAR (Indian Council of Agricultural Research, New Delhi), which was possible only with his efforts.

The college was founded by Late. Sri Iplli Shankar Rao, which is a matter of pride for us as he was a Sistakaranam. Now his wife, Smt. Iplli Jyothi, and their son, Mr. Iplli Kishore, serve as representatives of the college management. Best wishes to them.

కేంద్రమంత్రికి అభినందనలు

(జయంనూర్, ఎచ్చెర్ల)

కేంద్రమంత్రి కింజరాపు రామోహన్ నాయుడును మండలంలోని సంత సీతారాంపురంలో ఉన్న కింజరాపు ఎర్రన్నాయుడు వ్యవసాయ కళాశాల యాజమాన్య ప్రతినిధులు, విద్యార్థులు సోమవారం సత్కరించారు. ఈ కళాశాలకు ఇటీవల ఐకార్ (ఇండియన్ కౌన్సిల్ ఆఫ్ అగ్రికల్చర్ అండ్ రీసెర్చ్) గుర్తింపు లభించిన విషయం తెలిసినదే. ఎర్రన్నాయుడు వ్యవసాయ కళాశాలకు ఐకార్ గుర్తింపు లభించేందుకు కేంద్రమంత్రి కృషి చేసినందుకు వీరందరూ కృతజ్ఞతలు తెలియజేశారు. ఈ సందర్భంగా కేంద్రమంత్రి మాట్లాడుతూ ఈ కళాశాల విద్యార్థులు కష్టపడి చదువుకోవాలని సూచించారు. కళాశాలకు, దేశానికి మంచి పేరు ప్రఖ్యాతి తీసుకురావాలని కేంద్రమంత్రి ఆశంకించారు. కేంద్రమంత్రిని కలిసిన వారిలో కళాశాల డైరెక్టర్ డాక్టర్ బుడుమూరు శ్రీరామ్మూర్తి, యాజమాన్య కమిటీ ప్రతినిధులు బెండ్ల మూర్తి, కనుగుల దుర్గా శ్రీనివాస్, బుడుమూరు రాజా, ఐ.కిశోర్, బెండ్ల కార్తీక్, అసోసియేట్ డీన్ కె.మోషి ఉన్నారు. ఈ సందర్భంగా కేంద్రమంత్రికి దుశ్శాలువాతో సత్కరించి అభినందించారు.



Participation Certificate at Puri Magic Festival 2025

Sri Magic Sagar Nandigam Hari Bhaskar Rao has received a Participation Certificate for taking part in the Puri Magic Festival 2025, which was held on February 14 & 15 at Annapurna Theatre, Bada Danda, Puri, Odisha.



On this occasion, Magic Sagar expressed his heartfelt gratitude, to his village residents, friends, and Sistakaran community leaders. He said he owes his acting journey to his village, school, and temple. There is no doubt about it because, no matter what kind of comedy he performed, people always laughed and never got angry. It is a moment of great happiness and pride to receive recognition at the mandal, district, state, and now national levels. Offering his humble salutations to parents and mentors, he expressed his aspiration to achieve recognition at the international level.



Kalam Snehitulu



Publications of Sri Behara's children's stories

Sri Behara Uma Maheswara Rao's children's story, "Shramaku Tagina Phalitam" (Fruit of Labor), has been published in the February 2025 issue of the children's magazine "Bala Chelimi".

Additionally, his story "Jai Jawan - Jai Kisan" has been included in "Pillalakathalu-3", a collection of children's stories published by the Telangana Saraswata Parishat.



Child Literature – Part 2

Children's literature has been an integral part of the literary landscape since its inception. In Indian mythology, the epic Ramayana begins with the Balakanda, which narrates the birth of Lord Rama. Similarly, the Mahabharata tells the stories of the Kauravas and Pandavas from their childhood. The children's literature that we are talking about today continues to emerge in many genres for children. Apart from children's stories, songs, ballads, novels, plays, etc. are coming out. Apart from these, group songs are also coming up.

Age difference has to be maintained in children's writings. Especially when children's litterateurs are writing stories and children's songs, they should keep in mind how to write for children of any age.

Children's ages are different. There is also the capacity of their understanding depending on their respective ages. Writings should consider that capacity of understanding.

Scientists have identified childhood stages from the time the children are educated i.e. from 5 years (1st class) to 10th grade i.e. until they reach the age of 14 or 15 years.

This has been divided into a few categories based on the level of awareness of the children following it.

- First category: 0-3 years
- Second category: 3-5 years
- Third category: 6-8 years
- Fourth category: 9-11 years
- Fifth category: 12-15 years

When children's litterateurs write, it is beneficial to write with the respective categories in mind.

For the first two categories, when creating children's literature, it is necessary to write according to the psychology of the said categories. The child's mind is sensitive. At this stage there is also less contact with the surroundings. A situation where even the alphabet has not been learned yet. For younger children, auditory literature is essential. Engaging them with colorful pictures and rhymes is crucial for their development. It is with these pictures that the knowledge of those children increases.

Only then will they be aware of some birds such as chickens, crows, sparrows in the vicinity and animals like cows, dogs, cats, etc. Children of this age group need to be shown attractive beautiful pictures in teaching.

The third category is children in the age group of 6 to 8 years. Writings have to be with short sentences. They will also get used to reading along with the knowledge of script. Pictures should be given more importance even at this stage. That means there should be 30 per cent of the content. It would be nice to have 70% pictures. At this stage there should not be words and long expressions that are not understood. They are more inclined to listen to stories of familiar animals and birds. They can be given knowledge of the language through this kind of children's literature.

In the fourth category, the works should such that they raise the level a bit. The writings should be in such a way that the children can read for themselves in an easy style using appropriate words. Here too it would be better if there are enough pictures suitable for the stories. Children will then read with interest.

The fifth category is boys and girls above the age of 12 years. It would be very good if the level of what is being told to the children here is raised. Pictures should be used here and there for awareness.

The categorization of children's literature varies by language and region, but generally spans from 3 to 17 years. Successful children's literature is written with the child's age in mind, ensuring that the content is both engaging and educational.

(More next month)

By Behara Uma Maheswara Rao
Recipient of the Lekha Keerti Ratna Award
and National Best Teacher Award.

Sistakaranams in Literary Service

1) Sri Vaddada Chandrashekhara Rao, a prominent literary figure from Sriharipuram, Visakhapatnam, participated in poetry competitions and received appreciation certificates from various literary organizations in January 2025. Congratulations to him.

2) Also, a poem by Kupilli Venkataraja Rao was featured in the "Vikshanam" magazine published from California.



Kalam Snehitulu

"Kiranakimmeeram": A Medicinal Pill for the Beauty of the Heart



Kavi, writer, and essayist Sekharamantri Prabhakar has recently released a new book titled "Kiranakimmeeram," following his previous literary works such as "Kanti Kapothalu," "Kranti Kiranalu," "Sai Pada Pushpalu," and "Prabha Kiranalu." This new book, consisting of 500 aphorisms, is a significant endeavor aimed at inspiring readers with values and moral principles through daily reflections. It serves as a collection of insightful thoughts that encourage readers to contemplate their lives and actions.

Unlike typical books meant for casual reading, "Kiranakimmeeram" is designed to be a treasure trove of wisdom. It invites readers to delve deep into its pages, revealing insights that guide them towards paths of infinite knowledge. The author likes the experience of studying the book to the streams of nectar that flow from the mythical Kamadhenu when it is ground. Sekharamantri emphasizes the importance of Indian traditions and literature, urging readers to utilize their lives for eternal dharma, which is the moral law that governs individual conduct.

In this work, the author introduces new definitions and perspectives, stating that childhood serves as the foundation for humanity. He enriches his narratives by highlighting the essence of action and vitality in every sentence. Observing human nature over decades, he passionately argues against ignorance, selfishness, arrogance, and rigidity—qualities that plague society today. He believes that our inability to understand our true nature is a primary reason for our unhappiness.

The book reveals profound truths: happiness begins when we wish well for others. The author articulates that living authentically is essential for peace of mind. He hopes every individual will aspire to be a spring of goodness, emphasizing that everyone is a dynamic sculpture shaped by nature. In doing so, he encourages readers to recognize their potential for positive change.

Sekharamantri urges readers to confront the futility of sorrow and the necessity of sharing their burdens with others. He articulates that life continues vibrantly even after traversing many tears. By maintaining an equanimous perspective on joy and sorrow, he aspires for readers to achieve everlasting glory in their lives.

In his reflections, he likens wealth to dreams, youth to beautiful flowers, and life to fleeting lightning. He urges readers to grasp the transient nature of these elements while cultivating patience and wisdom in addressing life's challenges. The author asserts that those who fail to recognize truth or achieve balance will never truly prosper in life.

He calls upon poets to unite and illuminate the darkness of the world with their verses. According to him, poetry should arise from within, embodying a unique artistic signature while readying itself for public display with fragrant beauty. By continuing his lessons on poetic construction through metaphors and imagery, he advocates for poetry that evokes emotional resonance among its readers.

The poet emphasizes the necessity of poetry that comforts and rejuvenates ordinary people while continuously blossoming with freshness and novelty. He believes these are essential qualities for poetry's survival in an ever-changing world.

Having thoroughly studied human life, this poet compares life to a clock, where the battery signifies vitality. He draws parallels between the ticking of clock hands and human nature's tendencies—where larger hands rush ahead while smaller ones move steadily, greeting everyone along the way. His observations highlight how different as-

pects of human behavior can influence our interactions with one another.

By highlighting universal truths about sorrow and personal struggles, he conveys that no one desires another's grief or is prepared to listen to tales of despair. He emphasizes that individuals should experience their sadness privately rather than burden others with their woes.

This poet acknowledges the importance of trees in humanity's existence, referencing the proverb "Vriksho Rakshati Rakshita," meaning "the tree protects those who protect it." He encourages everyone to plant trees and suggests that every raindrop falling on these plants during rainfall is akin to a sacred offering—a gesture of gratitude towards nature.

With a gentle touch on the delicate butterflies resting on his hand, he reminds us that human bodies are not merely flesh and bones but should blossom like fragrant gardens filled with flowers. This metaphor serves as a reminder of the beauty inherent in every individual and the potential for growth within each person.

Through this profound narrative, Sekharamantri Prabhakar creates an atmosphere where life is celebrated as a festival. His work serves as an invitation for all to embrace joyfully living while nurturing their inner beauty and wisdom. By encouraging introspection and self-awareness, he hopes his readers will find inspiration in their everyday lives and strive towards becoming better individuals.

In conclusion, "Kiranakimmeeram" stands as a testament to Sekharamantri Prabhakar's literary prowess and his commitment to uplifting humanity through literature. His insights challenge us to reflect on our lives deeply while inspiring us toward personal growth and collective harmony within society.

-Dr. K.G. Venu, an esteemed literary scholar, 9848070084

Kiranakimmeeram

Publication: 2024. Price: Rs. 200/-

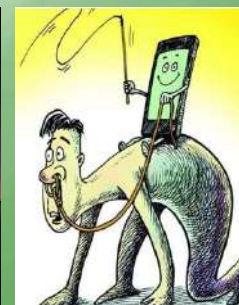
For copies:

Shekharamantri Prabhakar, Phone: 98858 74474

Chitra Kavitalu – February 2025

As per our group's regulation, Chitra Kavitalu is held every Wednesday. Members are asked to look at a picture and write thoughtfully expressed poems, not more than 10 lines. Alongside here are the pictures that were given during the month of February 2025.

- Gauriprasad Karakavalasa, Chitra Kavitalu Organizer
Admins team, Kalam Snehithulu Kalavedika



Vivaha Vedika



Vivaha Vedika

వివాహ వేదిక



Vivaha Vedika is a new initiative from Lekha. Being a sensitive subject, we are wary of the pitfalls in managing the function of match-making. We are, therefore, starting with just a handful of prospective brides and grooms. Please excuse us for any errors, omissions or misrepresentations. This will be an evolving initiative, and we will improve as the time goes by.

Prospective Brides & Grooms



Name	SRISRUTI
Surname	BALARAMAHANTHI
Father's Name	B.DAMODARA RAO
Gotram	KOUSHIKA
Date of Birth	13-Sep-1996
Nakshatram	UTTARA PHALGUNI
Height	5' 7"
Complexion	FAIR
Occupation	
Work Place	
Education	M.COM
Preference	ABOVE 5" 7" , PAN-INDIA, SOFTWARE

Name	LEELA HARSHINI
Surname	VEDANGI
Father's Name	V.GOUTHAM RAO
Gotram	VASISTA
Date of Birth	8-Oct-1998
Nakshatram	BHARANI
Height	5' 5"
Complexion	FAIR
Occupation	PVT. EMPLOYEE DELOITTE
Work Place	BANGALORE
Education	BE / B.TECH
Preference	IT

Name	PRAVALIKA
Surname	DEEPTIHMAHANTHI
Father's Name	D.VENKAT
Gotram	
Date of Birth	21-Jun-1999
Nakshatram	HASTHA
Height	5' 3"
Complexion	FAIR
Occupation	STUDYING
Work Place	
Education	BE / B.TECH
Preference	USA, RESPT FAMILY, PR, ETC



Name	SAI RAM PRAKASH
Surname	KORLAM
Father's Name	K.LAKSHMAN RAO
Gotram	KOUSHIKA
Date of Birth	30-Jan-1997
Nakshatram	CHITTA
Height	5' 3"
Complexion	FAIR
Occupation	PVT. EMPLOYEE AMD
Work Place	HYDERABAD
Education	BE / B.TECH
Preference	

Name	NARESH KUMAR PATNAIK
Surname	DONKADA
Father's Name	D.SRINIVASA RAO
Gotram	BHARADWAJA
Date of Birth	7-Jun-1990
Nakshatram	ANURADHA
Height	5' 5"
Complexion	
Occupation	PVT. EMPLOYEE VUAYAM SCHOOL
Work Place	VIZAG, AP
Education	M.SC
Preference	

Name	SUNIL GAURAV
Surname	GAJAGANTA
Father's Name	G.SITARAM PRASAD
Gotram	VALMIKI
Date of Birth	27-Apr-1992
Nakshatram	DHANISHTA
Height	5' 7"
Complexion	FAIR
Occupation	PVT. EMPLOYEE NEC (NAVAYUGA ENGG.CO.)
Work Place	HYDERABAD
Education	BE / B.TECH
Preference	

Name	NAVEEN
Surname	SADHASIVUNI
Father's Name	S.RAMAKRISHNA
Gotram	SRIVASTAVA
Date of Birth	15-Sep-1991
Nakshatram	JYESTA
Height	5'10"
Complexion	FAIR
Occupation	PVT. EMPLOYEE INFOSPOKE INTEGRATED
Work Place	HYDERABAD
Education	
Preference	

Name	SANTHOSH
Surname	CHINCHILAM
Father's Name	C.VENKATARAMANA
Gotram	SANKESA
Date of Birth	22-Jul-1992
Nakshatram	REVATHI
Height	5' 5"
Complexion	FAIR
Occupation	PVT. EMPLOYEE SRI RAM GENERAL INSURANCE
Work Place	AKP,AP
Education	
Preference	TRADITIONAL FAMILY, EDUCATED GIRL

GET MORE PROFILES ONLINE

This page contains only a handful of profiles, just to give you an idea of our repository. For more, visit:

<https://skiv.online/VivahaVedika/>



SISTAKARANAM IKYAVEDIKA

ONE DIGITAL PLATFORM FOR ALL SISTAKARANAMS

Talent Corner

Smt. Kuppili Vijaya Lakshmi Patnaik - Violinist

Smt. Vijaya Lakshmi Patnaik learnt Violin (Hindustani Classical) from her father Late T M Patnaik, a renowned violinist of Patna (Bihar), a staff artist of AIR - Patna. She in turn, a direct disciple of the Legendary Violinist Late Dwaram Venkata Swamy Naidu garu of Vizianagaram (AP). Smt. Vijaya Lakshmi Patnaik started learning the instrument at the age of 7 years, gave performances from childhood itself at AIR (Bala mandali) etc. Accompanied by her father at several stage performances in public and received laurels from dignitaries. At present she is residing at Hyderabad, conducting music online and live classes.



Maha Shivratri special Texture Art

Maha Shivratri special Texture Art (with tissue paper) by Chi. Karakavalasa Sai Pranathi, Karakavalasa Govinda Rao's Granddaughter.



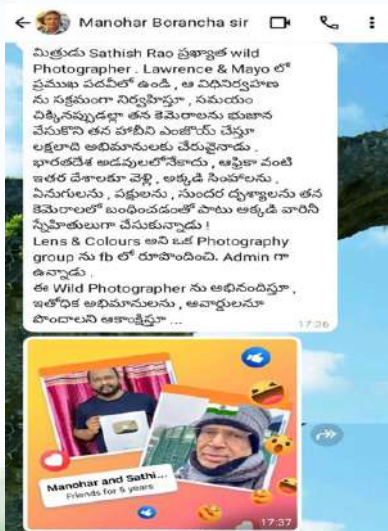
Lekha Bala Kala Ratna awardee felicitated by Vizag City police Commissioner

Lekha Bala Kalaa Ratna awardee Chi. Raghupathruni Harshitha Tiina, daughter of Sri Raghupatruni Nagaraju, Vishakhapatnam, was felicitated by Vishakhapatnam City police commissioner Bagchi, and she performed Kathak and Telugu folk Dance in front of Guests.



Sathish in Wildlife Photography

Sri Perumahanti Sathish Rao from Warangal is a renowned wildlife photographer, capturing beautiful images. He works at Lawrence & Mayo and pursues wildlife photography as a hobby. He administers the "Lens and Colors" photography group on Facebook, sharing his passion with others. Congratulations to him.



Our You Tubers

Watch more videos uploaded on our SKIV Channel

Greetings ,

Thank you all for supporting our channel. We are sure many of you must have watched, liked, shared and subscribed our earlier six videos which we also published in previous February 2025 Lekha. For convenience, we are taking an opportunity to publish our added latest videos in our Lekha page. We are creating videos under various categories for eg. History of Sistakaranams, Interviews, Lekha, Festivals and many more are yet to come. We got 1.3K Views, 93 Subscribers for our 12 videos so far. Enjoy the new videos !

1. Republic Day video (Festive Times) was released highlighting the significance of the day, showcasing flag hoisting, and honoring individuals with awards. The video serves as a tribute to the spirit of the Indian Republic, celebrating unity and patriotism. <https://youtu.be/ijicontyGtl?si=37ptCmCHOX6MVfwk>



2. Kotabommali Karanalu (SK History) video was released exploring the rich history of Kotabommali Karanalu, with an insightful explanation by Sri Hari Prabhakar. He is a Retd. Press Reporter– Andhra Bhoomi, Honorary President Kotabommali Sistakaranam Association. This video beautifully narrates the legacy and significance of Kotabommali Karanalu, preserving its historical essence for future generations. Thanks to Bharat Vikas for ideating and creating this video. https://youtu.be/mpnzt4IPX7s?si=Fwx7ODqH4_nmsrhr



3. Ratha Saptami (Festive Times) marks the auspicious day when Lord Surya begins his journey towards enlightenment and prosperity, bringing health and success. This video explores its spiritual significance, rituals, and benefits of Surya worship. About the festival it is explained by Mr. Bharat Vikas Noupada from Vizag. The video is



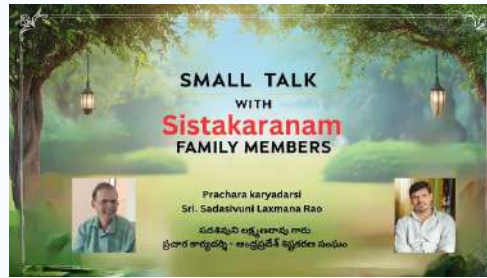
merged with another video created by Mrs.D Shilpa from Delhi in which captures live explanation by Smt. D Anuradha from Kharagpur. Watch now to learn more! https://youtu.be/Rj_SEoyIW6c



4. February Lekha (Lekha Video) is an insightful video, featuring Mr. Bharat Vikas, who provides an in-depth explanation of its contents. In this video. He breaks down the key aspects of the report, offering a clear and comprehensive understanding for viewers with a purpose of benefiting Lekha readers. Watch the full video here: <https://youtu.be/MGMX3eVvqkM?si=EffQ7los7rgRNkLd>



5.Small Talk (Interview) video of our Prachara Karya darsi, Sri Sadasivuni Laxmana Rao, in conversation with Bharat Vikas. In this engaging discussion, he shares his experiences, insights, and journey, offering valuable perspectives to the Sistakaranam viewers and suggestions to Lekha. He is a Retd.Chief Manager, Indian Bank Visakhapatnam, Publicity Secretary, AP Sistakaranam Association. Don't miss this inspiring exchange—watch the full video here: <https://youtu.be/zViM9iorkeF?si=o9xgU7f4JcUQ3IDG>



6. Maha Shivaratri video (Festive Times) On this auspicious occasion, Sistakaranam Ikyavedika has released a special video featuring Smt. Anusha Kantimahanti from Hyderabad, who beautifully explains the importance of this sacred festival in India. She delves into its spiritual, cultural, and traditional significance, highlighting why devotees across the country celebrate it with great devotion. The video is merged with dance performance on Shiva Stotram by Chi. Ayushi from Raipur who is daughter of Smt Sandhya Raj & Raju Mantri. Watch this enlightening video to learn more about Maha Shivaratri and its deep-rooted meaning:



<https://youtu.be/E07uOqPmb10?VwV6tHIJtqWHdgg>

Request all our Readers to View the videos on our SKIV You-Tube Channel

LIKE !
SHARE !!
SUBSCRIBE !!!

Techniques of playing cricketing shots

Sri B.K.R Patnaik created videos on “techniques of playing cricketing shots”, & uploaded in his YouTube channel @bkrpatnaik. There are 3 playlists totally containing 25 videos. Please watch, & if you like it, share it, particularly among kids, who wish to learn cricket.

Some sample videos:
<https://youtube.com/@bkrpatnaik?si=qu8zmfqyOFCbjtwb>



Free Java course on YouTube

Free courses via YouTube videos are being given by our Satish Patnaik.

https://youtube.com/playlist?list=PLjn7w8FQePBZ3HcCaRsF0_No56xt1R0z9&si=KGFEHJcKIQI7Cmtd

View his self introduction [here](#).

FREE CORE JAVA JAN-BATCH CLASS-1 BY SATEESH PATNAIK
ANY ONE CAN JOIN NEW BATCH ON EVERY MONTH
100% FREE
WATCH NOW
JUST MAIL TO GET ZOOM LINK

Entrepreneurs Frontier

Most Inspiring Fitness Entrepreneur - 2025

A transformative journey from IT professional to renowned yoga expert:

Smita Karakavalasa is an accomplished yoga instructor with a profound passion for empowering individuals to connect with their inner selves and experience the transformative power of yoga. Her professional journey is a testament to resilience and self-discovery. Beginning her career as an IT professional, Smita spent three years excelling in the corporate world, driving innovation and problem-solving. However, during a significant turning point in her life, she found herself drawn to yoga, not just as a physical discipline but as a holistic lifestyle practice.



More in the published images.

AMMA Cooperative Society Limited new branch opened

The Amaravati Multiplex Mutually Aided Cooperative Society Limited has launched its Quasi Banking Max branch at Kotananduru. The inauguration ceremony took place on February 23, 2025, marking the opening of the branch's first account deposit. Sri Velaga Veera Venkata Balayya from Kotananduru, Tuni Assembly, was present at the event.



MOST INSPIRING FITNESS ENTREPRENEUR-2025

SMITA K

A TRANSFORMATIVE JOURNEY FROM IT PROFESSIONAL TO RENOWNED YOGA EXPERT

Smita K. is an accomplished yoga instructor with a profound passion for empowering individuals to connect with their inner selves and experience the transformative power of yoga. Her professional journey is a testament to resilience and self-discovery. Beginning her career as an IT professional, Smita spent three years excelling in the corporate world, driving innovation and problem-solving. However, during a significant turning point in her life, she found herself drawn to yoga, not just as a physical discipline but as a holistic lifestyle practice.



Over the last 14 years, Smita has dedicated herself to mastering various styles of yoga, including Hatha, Vinyasa, Power, Pregnancy, and Therapy yoga. Under the mentorship of renowned yoga gurus, she has developed a teaching philosophy that focuses on breath-centred movement, self-awareness, and holistic well-being. Smita's unique approach blends traditional yoga practices with contemporary insights, making her classes both transformative and accessible to a wide range of individuals. Her impact is far-reaching, having guided more than 400 students to become yoga trainers and working closely with 120 clients in Pregnancy yoga and 65 clients in Therapy yoga. Smita's ability to tailor her teachings to diverse needs has made her a sought-after yoga expert. Through workshops, group sessions, and one-on-one classes, she has touched countless lives, inspiring her students to achieve balance, resilience, and inner harmony. For Smita, yoga is not just a profession—it's a way of life and a powerful tool to create a more compassionate and harmonious world.

ACHIEVEMENTS, WORK DONE & INSPIRATION:

- More than 11 medals and served as a judge for various yoga events.
- Certified Vedic Therapist from Karma Karma Restoration Centre.
- Assistant Professor of Simplified Kundalini Yoga (SKY) for 3 years.
- Signature teacher and instructor.
- National Yoga Champion (2017).
- Best Yoga Trainer of the Batch (Pilate) - April 2022.
- Bodhi School of Yoga Certified in Emotional Freedom Technique (August 2024).
- Horemi Kove Award (January 11, 2025).
- Recognized for contributions to Indian Vedic disciplines in Pregnancy and Therapy yoga, Karnataka State.

MOST INSPIRING FITNESS ENTREPRENEUR-2025

SOME Q AND A WITH SMITA K.:

Q. What inspired you to specialize in Pregnancy and Therapy Yoga?

A. Smita K.: "My interest in Pregnancy yoga was deeply personal and inspired by my younger sister's experiences with multiple miscarriages and high-risk pregnancies. Witnessing her challenges and resilience ignited my passion to better understand pregnancy and childbirth complexities. This journey led me to pursue a Ph.D. in Pregnancy yoga, focusing on empowering expectant mothers to navigate pregnancy with greater ease, awareness, and joy. Similarly, my fascination with Therapy yoga arose from observing its transformative impact on mental and emotional well-being. Yoga's ability to help individuals cope with stress, anxiety, and trauma facilitated my determination to provide a safe and compassionate space for healing. My specialization in Therapy yoga is to help individuals explore their emotions and achieve holistic well-being."

Q. How do you tailor your yoga sessions for clients with specific health concerns?

A. Smita K.: "I take a holistic, client-centred approach to tailoring yoga sessions for individuals with specific health concerns. My process begins with an initial consultation to understand their medical history, physical limitations, and goals. I ensure clients obtain medical approval before commencing practice for safety and awareness. I design customized plans that incorporate safe yoga poses, breathing techniques, and relaxation methods tailored to their conditions and goals. I provide alignments and suggest props such as blocks or pillows to support their practice. Breathing exercises and meditation are integral to the sessions, promoting relaxation and addressing stress, anxiety, or other health issues. I maintain open communication with clients, encouraging feedback to ensure their comfort and progress. My goal is to create a nurturing space where they can enhance their physical, emotional, and mental well-being."



Q. What are the most rewarding aspects of running Swarna Kamal Yoga Centre?

A. Smita K.: "Running Swarna Kamal Yoga Centre has been an incredibly fulfilling journey. The most rewarding aspect is witnessing the transformative impact yoga has on my students, helping them grow physically, mentally, and emotionally. Sharing my knowledge with the community and promoting holistic well-being gives me immense satisfaction. Guiding aspiring yoga instructors and watching them evolve into compassionate teachers is a deeply gratifying experience. Additionally, managing my yoga centre has also enriched my personal growth. It constantly pushes me to reflect on my teaching practices and deepen my self-practices. Ultimately, being part of my students' transformative journeys is a privilege that continues to inspire and motivate me every day."



Our Treasures

Nath sampradaya

Nath sampradaya, is one of the ancient lineage of yogic practise. Matsyendranath is considered as the founder of the Nath sampradaya. He is considered as direct disciple of Lord Shiva. Nath sampradaya is also called as sidha sampradaya. Matsyendranath is revered in both Hindu and Buddhist traditions. This tradition is a Kaula shaivism, where shakti is considered as the primal energy, and tantric practises are followed to invoke the cosmic energy.



Giridhar is a spiritual seeker graced by realized Gurus Shri Badarinayanji and Leslie Temple Thurston.

Also revered in the lineage is Gorakhnath, who is renowned in Maharashtra, and is a direct disciple of Matsyendranath. There are 4 akahas from the Nath sampradaya, in current day practises. They are nagasadhus, and are of avadhuta lineage and sidhas. A distinct identification mark of them is kundali (worn in ears) which is given to them once they cross a certain development.

In the lineage of Gorakhnath, is Dr swami hardas. He has constructed the Celestial Sidha Mandir. At the mandir, there is a sidha monument known as "sish" which radiates energy. One can experience this in Pune. The cosmic energy, is all pervading and in this Sidha tradition one can invite this energy into them, and also pass it on further to others. There are many practises in this tradition, that seeks global well being, well being of everyone, and all beings through yogic, and meditative practices. This energy is first to be received through Shaktipath from the lineage.

Further in the lineage from Hardas, Dr. Sailaja, a healer in Hyderabad who gives Shaktipath through eyes (drisyapath). Drisyapath is the mechanism in which energy, is radiated through eyes to disciples and sadhaks. The practises of Nath sampradaya are revered, and Dr. Sailaja is still alive, healing many people through her discourses.

Speak Out!



chinna māṭa ... idi nā nōṭa

*tela tellavāri prati nelā mā mundu
chaduvutoo "ee lekha" māku pasandu
anni viṣayālato akṣhara rūpaṃlo māku vindu
sarikrotta viṣhayālato ee nela kanula vindu
inkā sarikrotta viṣhayālato rāvāli munu mundu
sistakaranāla vārtala śekharaṇakai vedukutunnāru sandu sandu
"ee lekhalo" neṭi patrikalo pāta taram kavulu
rachanalu unchāru mana mundu
anduke nemo...*

*ee lekha dina dinābhivṛuddhiki sākshyaṃ
ee lekha team gā mee andari kṛuṣhiye kadā... lakshyaṃ.*

Yours

- Gauriprasada Rao Karakavalasa
Admin Team, Kalam Snehitulu Kala Vedika

Sikkho... Korno Bhasha

The endangered language of Karanam... Not just endangered, but the almost extinct Korono language may not regain its former glory, but with the idea of our elders to improve it, a WhatsApp group named "Sikkho Korno Bhasha" (Learn Karanam Bhasha) has been created. Many elders are joining this group and teaching the language words they know in it. This language is being taught to those who are interested and those who do not know the language. Especially to today's children, who are surprised that we have a language! We need to know the roots of that language, at least to tell the ignoramus that we have a language. It's not just for this generation that doesn't know about the language, but we are also telling those who are interested in this language to take interest and learn.

Only those who want to learn should open the link below and join it. Don't join and get bewildered. You should have the curiosity to learn. If you have perseverance, there is nothing that you can't do. Let's learn a bit and save our dying language. We request only those who are interested to join.

- Baliwada Haribabu, Sadashivuni Lakshmana Rao, Byalivada Satya Rao, V.R.N., S.Prasad, U.N.V. Prasad.

Group Admins

<https://chat.whatsapp.com/K8JiJFfu0Y7LBJqGSDqMPD>

Ikyavedika News

Meeting of Ikyavedika team with Gajuwaka Sangha members

On the occasion of the visit of Sekharmantri Narahari, Mantri Narasimha Rao, JV Chandrababu, and Karakavalasa Vijay Shekhar to Visakhapatnam, the team went to meet them at the invitation of Sri Baliwada Satya Rao on behalf of the Gajuwaka Shitakaranam Association.

In this, many things were discussed about the association's affairs or progress awards.

In this, Sri Baliwada Satya Rao, Sri Kanakavalasa, Gowri Prasad, Sri Bhasangi, Tirupati Rao, Sri Kuruma Rao, Sri Manipatruni Satyanarayana, and Sri Pratap Rao Srinivasa Rao participated.



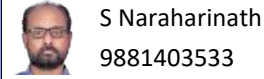
Ikya Vedika Page

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Chowdari Prasad
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Trust Accountant



D Hemanth
7075564676

Social Media Co-ordinators



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8297671717



Yagan Vivek N
6301856878

How to subscribe to Lekha



Every month, on the first Sunday, Sistakaranam Lekha is posted in over 100 Sistakaranam Whatsapp groups. You can now subscribe for your personal copy (presently free) of the monthly Sistakaranam Lekha (English and Telugu).

- 1) If you are not a member of any Sistakaranam Whatsapp group, we can send Lekha every month to your personal whatsapp number. Please reach out to Sadashivuni Lakshmana Rao on 92477 83307.
- 2) If you are not having any WhatsApp number, we can send Lekha every month to your personal email. As on date we are sending to three email subscribers registered with us. Please reach out to us at lekha@skiv.online.

You may note that Sistakaranam Lekha is also posted every month on the [Facebook page](#) and the [Website archives](#) of Sistakaranam Ikyavedika.

Ikyavedika on the Web



[Website](#)



[Vivaha Vedika](#)



[Facebook](#)



[YouTube](#)

An Appeal

It is our earnest appeal to all community members to provide financial support for Ikyavedika activities. Any amount that suits your pocket would be of great help and encouragement to our team. Your remittances can be made in any of the money transfer methods, given alongside.



UPI	sistakaranamikyavedika@cnrb
A/c Transfer	Name: Sistakaranam Ikyavedika Bank: Canara Bank Branch: Hyderabad Gauthamnagar Account No.: 120031417406 IFSC: CNRB0006686

Know Your Community and AISKA

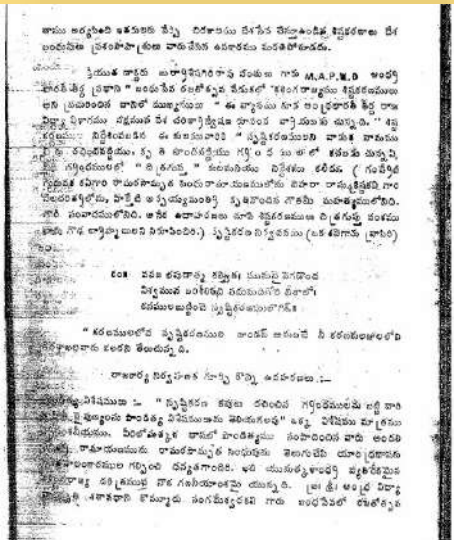
(Part - 5)

By Dr Chowdari Prasad, Bangalore

(Mob: 9482549472, 9242124642 email: chowdarip@gmail.com)

I am sure that by now all our Sistakaranam Community Members / Leaders have been regularly reading this series, Parts 1 to 5 of which appeared as Special Supplements to our Monthly Digital Newsletter, Sistakaranam LEKHA issues of October 2024 to February 2025 [Downloads / Lekha Newsletters - Sistakaranam Ikyavedika](#). This is continuation of review of the third Book in Telugu titled **Sistakaranamula Charitra – Sekarana (Compilation) by Sri Dabbiru Nagabhushana Rao Patnaik** [Sistakarana Charitra by Dabbiru Nagabhushana Rao Patnaik - Sistakaranam Ikyavedika](#).

(Page No. 78) **Dr Burra Seshagiri Rao Panthulu Garu, PhD.,** Chief of Andhra Bharathi, published a Telugu essay in "BANDHU SEVA" RAJATHOTSAVA VEDUKA titled "KALINGA RAJYAMU – SISTA KARANAMULU". This is referred widely in all the literature surveys and research on Andhra Language. It says that Sistakaranams were initially known as SRUSHTI KARANAMS as mentioned in some scriptures. They are the lineage of CHITRA GUPTA. There are several examples where it is quoted viz., **Rama Rasamrutha Sindhu Ramayanam** by Gandreti Gurava Kavi, **Nala Charitra** by Behara Ramakrishna Kavi, **Gauthami Mahathyam** by Paltheti Appayya Manthri, **Gauri Samvadham** and others that Sistakaranams belong to Chitra Gupta's clan and are Gowda Bharmins.

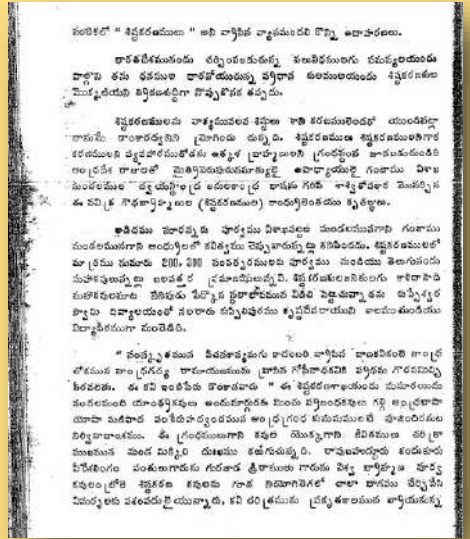


Ancient records contain much more about the rich **literary proficiency of Srushti-karanams** based on the scholarly writings by their Pandits. Some of them mastered the Utkal Language and translated books like VICHITRA RAMAYANAMU and RAMA RASAMRUTHA SINDHUVU in Telugu and brought laurels. This work of Utkala-Andhra was mentioned in the History of Kalinga Rajya. **Brahma Sri Andhra Vidya Vachaspathi Sathavadhani Kommuru Sangameswara Kavi** stated as under, about "Sistakaranams" in his Telugu essay in the **BANDHU SEVA, Rajathotsava** Issue.

Needless to agree that Sistakaranams are one of the prominent communities who were deeply involved in several intricate issues of national importance. **Sistakaranams live up to their prefix term SISTA by all means.** References were made about them simply as "Karanams" in general parlance or as Utkala Brahmins in many literary works. People of Andhra should be indebted to the Sistakaranams, who are Gowda Brahmins, for their immense contribution in Administration (as Ministers) and Education (as Teachers) and helped the Andhra rulers in

Ganjam and Visakhapatnam areas.

(Page No. 79) Historically, prior to Sri Adidamu Suranna, there were no traces any Andhra poets or writers in Visakhapatnam or Ganjam districts. However, records reveal that there were **Sistakaranam Telugu Pandits / Writers about 200-300 years ago**. Here, for want of space, no discussion is being made about **Kalidasa and other writers who had the roots among Sistakaranams**. Kuppili Puram, where the Kuppeswara Swamy temple, was a **top centre of learning (Vidya Peetham)** from the times of Sri Krishna Deva Raya King. **Donkada Gopinatha Kavi who wrote Andhra Gadya Ramayanamu** deserved high praise than Bana Kavi who authored Kadambari in Sanskrit language. It's a matter of pride that there were about five hundred Sistakarana Writers who contributed to Andhra literature at that time. Its unfortunate that their work and profiles or life stories are **not well documented** and were wrongly reckoned among Niyogi writers. It is highly relevant and pertinent to remember the great contributions of **Sri Durgumahanthi Seetharama Sarma** to the Andhra literature.



Next item is **KULA TATVAMU (CASTEISM)** discussed on page no.82. These contents were taken from **BANDHU SEVA PATRIKA (Magazine), Radhotsava Sanchika** titled **SISTAKARANA KULETHIHASAM - History of Sistakaranam Caste written by Sriman Durgumahanthi Seetharama Sarma Kavi**. It is generally believed that **Casteism predominantly exists only in India**. In fact, Casteism is present in any civilised country or society. Yet, practices in India are peculiar. **Greek Traveller Megasthenis** who visited India over **2,250 years ago found 120 castes in India** then. Its beyond anybody's imagination to estimate the current status. We need to critically examine the scenario.

HIMA PRALAYAMU (Page No.83): It is widely known that **Aryans distributed from Central Asia / Northern Hemisphere** to several countries including India. While Aryans were earlier living in the **Northern Hemisphere**, there was a **major disaster (Hima Pralayamu)** over 10,000 years ago. This fact was mentioned in the Greek and Parsee literature too. All our ancestors suffered this calamity along with the Greeks, Parsees, and other foreigners. Hence there are many similarities between our Aryans and Germans and Europeans, who all were with fair complexion. Within India, the Aryan population was divided as **Brahmins, Kshatriyas and Vaishyas** while the remaining were known as **Dravidians** or Un-Aryans! The three broad groups of people were **1. Foreign-**

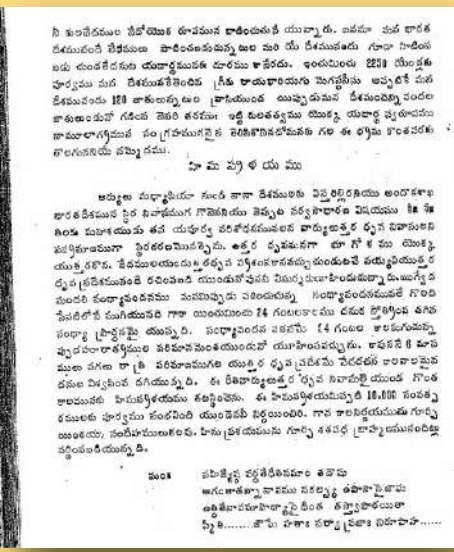
Know Your Community and AISKA (Continued from previous page)

ers, 2. Aryans (Brahmins, Kshatriyas and Vaishyas) and 3. Un-Aryans and were classified based on their complexion, food / meat-eating habits and carrying their surnames / names, etc. There were similarities in the main language spoken; Sanskrit by the Aryans and Latin by the Foreigners! Though coming from the same origin, in course of time, these generations got settled in different countries adopting certain local customs, etc.

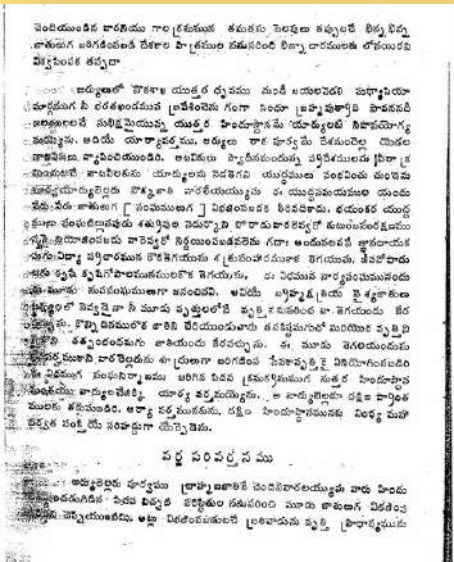
When the Aryans entered Indian territories, they were resisted by natives (Aatavikulu, Adivasis or Tribals) and there were frequent conflicts and fights. But gradually Aryans captured all major centres and expanded / settled down. The society got divided into the three Varas and those who didn't join any of these three, but were made to serve them became the fourth Varna i.e., Sudras! In the process, Un-Aryans were forced / driven to South of India, below the Vindhya Mountain range and were called Dravidians.

Page No. 86 : VARNA PARIVARTHANAMU meaning transforming to Varna based society. Aryans who settled down in India, took up different professions and were divided into the three Varas. Of the three, Brahmins were regarded superior and high in the Society on account of the religious practices followed. It was a tough choice to be a Brahmin in view of rigid, strict ways of life and traditions followed, which also made them smaller / limited in size. If any Brahmin did not confine to the strictures, he would be asked to leave the community. Some prominent Kshatriyas like Vishwamitra, Devasi, Arishta sena were admitted to Brahminism since they religiously followed the traditions while some others became Vaishyas due to matrimony. There were many examples / instances of cross admission to other Varas by virtue of their following the set rules of each varna.

BRAHMANA SHAKHALU (SECTS OF BRAHMINS): Vindhya range of mountains were the divider between the North (Aryans) and South (Dravidians). Once conflicts got resolved and peace prevailed, there were movements between these two sets of civilisations. Prominent



అర్వకులు మధ్యస్థులు నుండి వారా కేవలమునే విస్తరించుట అంధకారం వారికి కేవలమునే పుత్ర నివాసముగా గావించుట విషయం తెలియదు. ఈ కేవలము మూడు ముఖ్యమైన వర్ణాలను కలిపి వర్ణించుట వారికి తెలియదు. ఈ కేవలము మూడు ముఖ్యమైన వర్ణాలను కలిపి వర్ణించుట వారికి తెలియదు. ఈ కేవలము మూడు ముఖ్యమైన వర్ణాలను కలిపి వర్ణించుట వారికి తెలియదు.



వర్ణ సరివర్ణము అర్వకులు మధ్యస్థులు నుండి వారా కేవలమునే విస్తరించుట అంధకారం వారికి కేవలమునే పుత్ర నివాసముగా గావించుట విషయం తెలియదు. ఈ కేవలము మూడు ముఖ్యమైన వర్ణాలను కలిపి వర్ణించుట వారికి తెలియదు. ఈ కేవలము మూడు ముఖ్యమైన వర్ణాలను కలిపి వర్ణించుట వారికి తెలియదు.

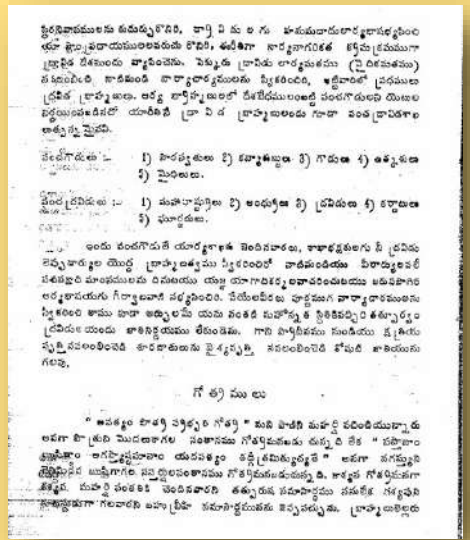
Aryans like Agasthya and Gauthama moved to down south and settled. Some Dravidians learnt the language and traditions of Aryans and allowed their culture to spread in south. Dravida Brahmins adapted Aryan Vaidic practices. Like Arya Brahmins were classified into five sects called PANCHA GOWDULU, Dravida Brahmins also were classified as PANCHA DRAVIDA SHAKHAS. These are given below: -

PANCHA GOWDULU: 1. Saraswaths 2. Kanya Kubjulu 3. Gowdulu 4. Utkalulu and 5. Mythilis

PANCHA DRAVIDULU: 1. Maharashtrulu 2. Andhrulu 3. Dravidulu 4. Karnatulu and 5. Ghurjarulu

Above Pancha Gowdas were Aryans while the Pancha Dravidians, who were vegetarians and adopted the Aryan customs, took to eating meat while practicing all their religious traditions. They also learnt the Aryan language called Geervana Vani and almost levelled up. Earlier, Dravidians had no caste system excepting that they followed Kshatriya and Vaishya traditions.

GOTHRAMULU (Page No. 88): Gothram is attributed to any individual based on the belonging to family of Rishis. For example, all those who related to Kashyapa Maharshi are said to belong to Kashyapa Gothram. It was believed that all Brahmins belonged or related to the lineage of Seven Rishis (Saptharshis), while Kshatriyas and Vaishyas who were of Shuddi Dwijas, did not have own Gothras. However, the position needs to be examined and clarified by the experts. Dravidians do not carry the Gothras of Saptharshis or their Pravaras. Brahmins of Andhra and Maharashtra being Pancha Dravidians adopted the Gothras and Pravaras of Aryans or Gowda Brahmins. Among Dravidians, the businessmen community (Komati) use their Gothra names connected to their tools of profession. Similar were the practices adopted by Kshatriyas in Dravida territory.



MAAMSA BHAKSHANAMU: All Aryans were Meat eating community (non-Vegetarians). Serving / Offering Fish and Meat during the Death Ceremonies and praying for ancestors or elders was an accepted tradition among them. There were strong beliefs about the duration of appeasing the elders (Pithru Devathas) depends on the type of animal meat offered in the prayers or feasts. Pancha Gowda Shakra (Sect) Members continue to follow these traditions even today. Dravida Brahmins who adopted Vaidic Religious practices also follow the same practices. Only after Buddhism which preaches non-violence, spread in Southern India, did Dravidians switch to vegetarianism including avoiding consumption of Onion or Garlic.

Konni Acharamulu (Some Practices) Page No.90: Primarily Brahmins were divided into 10 categories (5 plus 5 in North and South). However, over a period, there was sub-division into a large number in different parts of India due to passage of time and geographical differences.

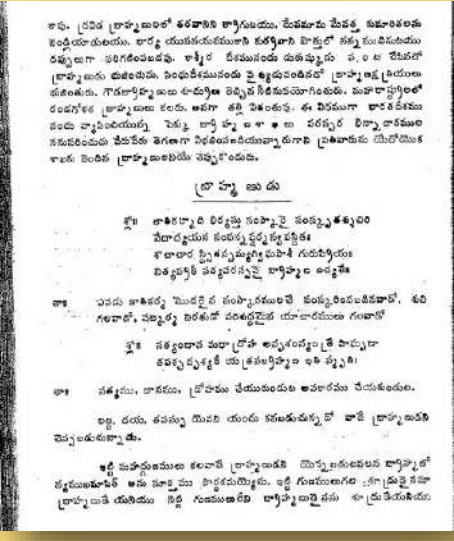
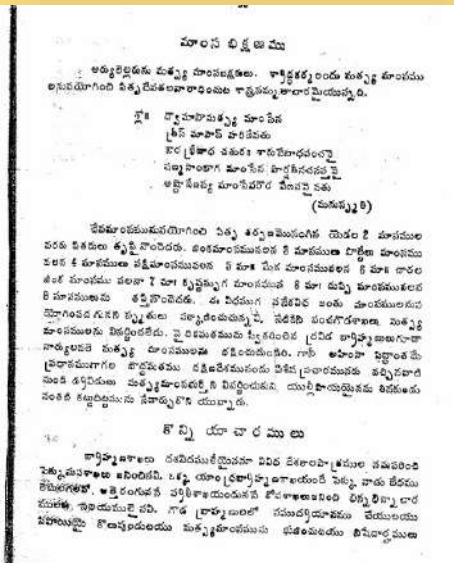
Know Your Community and AISKA (Continued from previous page)

It was also the case with Brahmins in Andhra who resorted to different traditions and practices. Travelling across the Seas, working in Army, consumption of meat products, etc were not forbidden among Gowda Brahmins.

Similarly, among Dravidians there was no bar on consumption of fermented Rice Water (drinking of Taravani), marrying a bride from maternal side (Daughter of Menattha and Mena Maama) and wife taking

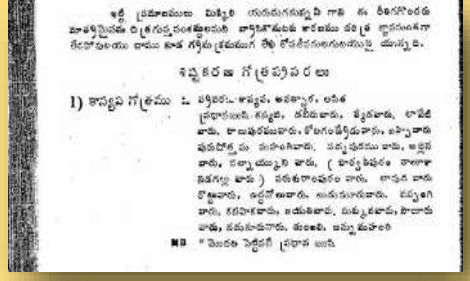
food at the house of husband who had not gone through sacred thread ceremony (Upanayanamu). There are certain other unusual practices in Kashmir, Sindh and Maharashtra areas as also among Gowda Brahmins. They are all at variance in different parts of the country being practiced by different sects of Brahmins, which are all acceptable to the Society.

BRAHMANUDU (PAGE #91): A true brahmin is one who has high values in life, maintains hygiene, follows clean habits, believes in truth, helps others financially when in need, does not cause any harm or never cheats others, kind to people, maintains self-restraint and who practices religious rituals. If a Sudra individual has all the above virtues, he can be treated equal to a brahmin. In contrast, according to some learned Maharishis, if a brahmin doesn't possess such traits or characteristics, he should be treated as a Sudra.



some other castes who are in similar profession, also claim Chitrugupta as their mula purush / origin. This argument can't be claimed.

SISTAKARANA GOTHRA PRAVARALU: The author gives below a list of Sistakaranam families with several surnames (inti perulu) with Pravaras against each of the Gothrams they are classified into.



1. KASHYAPA GOTHRAMU:

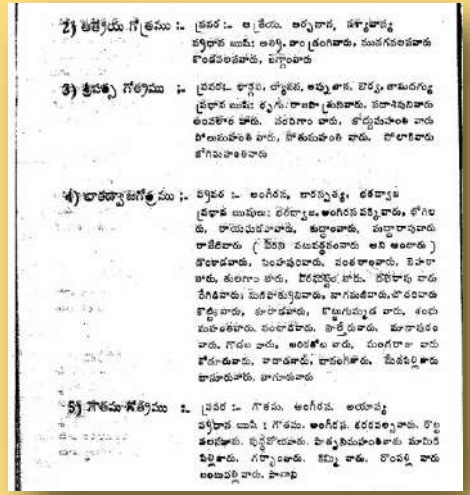
PRAVARAS: Kaashyapa, Avatsara and Asita Pradhana Rishi is Kashyapa.

The surnames (inti perlu) are Dabbiru, Tyada, Laveti, Rabu puramu, Kota Gandredu, Khaspa, Purushothama Mahanthi, Padma Puramu, Allena, Patnayakuni (Nidagallu of Parvathipuram), Parasurampuram, Lavludi, Kottu, Uddavolu, Budamuru, Vappangi, Kanapaka, Jayathi, Makkuva, Saluru, Nadukuru, Thumbali and Jannumahanthi varu.

2. AATHREYA GOTHRAMU:

PRAVARAS: Aathreya, Arsanaasa and Sasya Vasya Pradhana Rishi is Aathri.

The surnames are Athri, Vandrang, Munagalasa, Kondavalasa and Baggam.



3. SRI VATSA GOTHRAMU:

PRAVARAS: Bhargava, Chyavana, Apnuvana, Aurva and Jamadagyu Pradhana Rishi is Bhrugyu.

The surnames are Rajapathruni, Sadasivuni, Ampalam, Nandigam, Jodumahanthi, Polamahanthi, Pothumahanthi, Polaki and Jogimahanthi varu.

4. BHARADWAJA GOTHRAMU:

PRAVARAS: Angeerasa, Bharadwaja and Baaraspathya Pradhana Rishis are Bharadwaja and Angeerasa

The surnames are Pakki, Bhogila, Rayagadah, Kuddam, Maddarao, Rajeti (Patuvardhanam), Donkada, Simhapuri, Vantharam, Behara, Thulagam, Veeraghattam, Dadhirao, Regidi, Manipatruni, Nagamani, Chowdari, Kottisa, Kurada, Kottugumada, Sambhumahanthi, Panchadi, Palteru, Manapuram, Godaba, Arikathota, Mangaraju, Koduru, Vadada, Basangi, Medapilli, Basuru and Naguru

5. GOWTHAMA GOTHRAMU:

PRAVARAS: Gowthama, Angeerasa and Ayaasya

Know Your Community and AISKA (Continued from previous page)

Pradhana Rishis are Gowthama and Angeerasa

The surnames are Karakavalasa, Rottavalasa, Vuddavolu, Patruni-mahanthi, Mamidipilli, Garbham, Kimmi, Rompalli, Bantupalli and Sa-vani

6. KAUSHIKA GOTHRAMU:

PRAVARAS: Chikitha, Gavala, Kola, Ma-nuthanyakusika Vaishyamitra, Dai-varatha and Audula

Pradhana Rishi is Angeerasa

The surnames are Yel-lumahanthi, Kasi-mahanthi, Rajamahan-thi, Durgumahanthi, Balarammahanthi, Salehundam, Thonangi, Korlam, Gara, Chandramahanthi, Venkumahanthi, Aguru, Behara and Pothumahanthi varu

7. MAUDGALYA GOTHRAMU:

PRAVARAS: Angeerasa, Bharmyasva, Maudgalya and Mudgala

Pradhana Rishi is Angeerasa

The surnames are Sekharamahanthi, Guruvu gari Panchadi, Markonda, Rega and Thamarakhandi varu

8. KOUNDINYA GOTHRAMU:

PRAVARAS: Vaashista, Mythra varuna and Kaundinya

Pradhana Rishi is Sista

The surnames are Manthri, Gajaganta, Murahararao, Amaram, Ven-kumahanthi, Chikkalavalasa and Chandramahanthi

9. ULKESWARA GOTHRAMU (YAGNA VALKA): Synonyms are Auluka, Valaka, Uluka

PRAVARAS: Vaishyamitra, Daivaratha and Audathatryarsheya

Pradhana Rishi is Vishwamithrudu (also referred to as Uluka Rishi Gothramu)

The surnames are Kuppili, Prathaparao, Vangada, Bondapalli, Kottakki, Thattikota, Galavilli, Lakshmanapuram, Madhumantri, Belagamu, Gadagamma and Kuppanna varu

10. AANGIRASA GOTHRAMU (NAGESWARA, NAGANGIRASA, DHARADHARA AND NAIDHRUTHI)

PRAVARAS: Gauthama, Angirasa and Ayyasya

Pradhana Rishi is Angirasa

The surnames are Naupada, Kasimahanthi, Raghupatruni, Uriti, Kanthi-mahanthi, Jaggumahanthi, Narayanamahanthi, Potnuru, Peda Penki, Santha Uriti, Makkuva, Anantha Patnayakuni, Patnayakuni (Kotabommali), Kallepalli, Madapam, Mandakuriti, Uddandaraao, Ku-rapam (Subnes in Palakonda), Chinakurangi Kurukuruparam, Buravelli,

Urlam, Venkumahanthi, Ayyanamahanthi (Vomaravelli), Yarabati, Panchadi, Sekharaman-thri, Pittada, Krishnama-hanthi, Kothavalasa, Behara (Palakonda), Sundarigari, Kaspava Vedullavalasa, Jarju-mahanthi, Tekkali, Kan-davelli, Deepthimahan-thi, Chakramahanthi, Nagumahanthi, and Ka-nakamahanthi varu

11. VASHISTA GOTHRAMU:

PRAVARAS: Upamanyu, Parashara and Kundina Vashista

Pradhana Rishi is Vashista

The surname is Singumahanthi

12. PRATHEESWARA GOTHRAMU:

PRAVARAS: Manu, Mandavya, Lopatha, Pururaha, Parasara, Naidhruva and Pratheeswara

Pradhana Rishi is Parasara

The surname is Chakradharamahanthi

13. SHANKHA RISHI GOTHRAMU:

PRAVARAS: Angeerasa and Youvansya

Pradhana Rishi: Angeerasa

The surname is BADANGI

14. SHANDILYA GOTHRAMU:

PRAVARA: Shandilya, Asitha and Daivala

Pradhana Rishi is Kashyapa

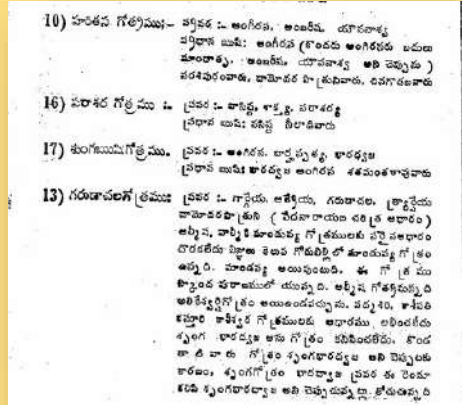
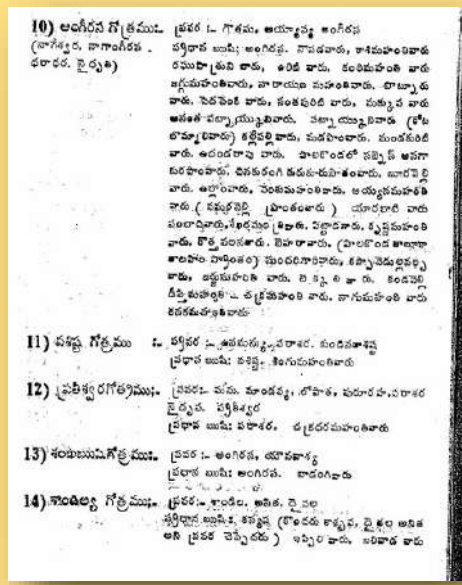
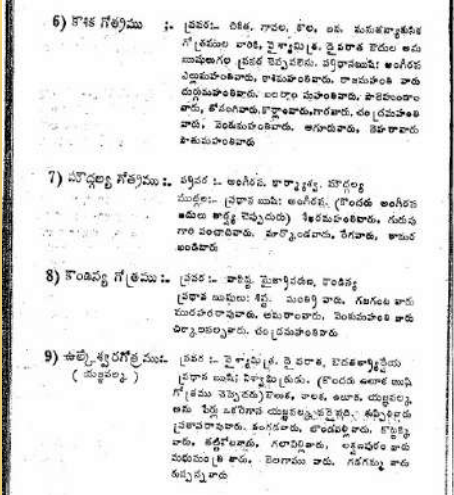
The surnames are Ippili, Balivada, Aamiti, Locherla, Kavitubhadra, Ravi-palli, Pachipenta, Palavalasa, Arikathota, Nandigam, Korada and Saluru

15. HARITHASA GOTHRAMU:

PRAVARAS: Angeerasa, Ambareesha and Youvansya

Pradhana Rishi is Angeerasa (also Mandhatru, Ambareesha, and Youvansya)

The surnames are Narsipuram, Damo-darapathruni and Chin-nagodaba



Know Your Community and AISKA (Continued from previous page)

16. PARASHARA GOTHRAMU:

PRAVARAS: Vashista, Saaktya and Parasarya

Pradhana Rishi is Vashista
The surname is Neeladi varu

17. SHUNGA RISHI GOTHRAMU:

PRAVARAS: ANGEERASA, BARHASSATYA AND BHARADWAJA

Pradhana Rishis are Bharadwaja and Angeerasa

The surname is Shathamantha Rao

18. GARUDACHALA GOTHRAMU:

PRAVARAS: Gargeya, Athreya, Garudachala, Thyrarsheya

The surname is Damodarapathruni (according to Veda Narayana Charitram)

The author late Sri Dabbiru Nagabhusana Patnaik garu could not get detailed information about Almisha, Valmiki and Manduvya Gothrams. Mandavya is referred in Skanda Puranam. Almisha gothram may be the same as Alikeshvarshi Gothram. Padmashiri, Kashipathi, Kasturi, Kasiswara gothrams details were also not available. Shruna Bharadwaja gothram could not be located too.

Finally, the author is hopeful that members of Sistakaranam community / posterity will seriously take up the task of studying these topics / subjects in depth in future, bring the facts together in order to write a complete history for the larger benefit. He is optimistic that adequate financial resources and indepth engagement is essentially needed to carry out comprehensive research to complete the writing of a history book. He sincerely apologises for any omissions committed in the process of his writing. He gives below a list of 22 references, epic books, etc quoted by him and acknowledges / offers his gratitude to the authors and publishers.

- These are 1. Rigvedamu 2. Mahabharathamu 3. Manu smrithi 4. An-dhrula Charitra 5. Gothra Pravara Sangrahamu 6. Aryula Uthara Dhruva Nivasamu by Sri Bala Gangadhara Tilak 7. Vaishya Patrikalu 8. Vipra Vanshamu 9. Utkala Vipra Vanshamu 10. Dasha Vidha Brahmana Shakha Vivaramu 11. Charana Vyuhamu 12. Sista Darshini 13. Nala Charitra 14. Rajaraja Narendra Pattabhisheka Sanchika 15. Jayanthi Sanchika 16. Andhra Sarvasvamu 17. Karanikodharani 18. Veda Narayana Kadha Sudharasamu 19. E India 20. Anfequary of 1883 21. History of Migrations and 22. Thirst for History.

Author's personal views: (page # 98):

Though Maharashtrais were Aryans, having migrated to Southern India and being one among the Pancha Shakhas of Gowdas, were reckoned as Dravidians like the Pancha Dravidians. They remain to be Aryans only. Some experts opine that Dabbiru means Ministers from an external territory.

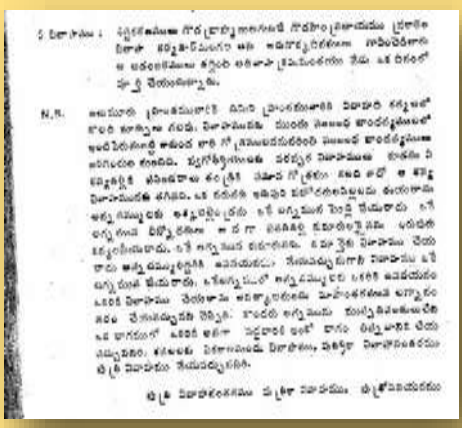
Sistakaranams are deemed to be Brahmins, because they follow all traditions and religious practices of Gowda clan. Since they observe all the procedures related to Rishi Gothrams, they can not deny to practice the tradition of Upanayanam. They must follow the same. Those

who do not perform Upanayanam before the age of 8 years, have to necessarily complete the same prior to getting married by reciting Gayathri Mantra and wear the sacred thread (Yagnopaveethamu) which is auspicious.

Sistakaranams being Gowda Brahmins, used to follow all their traditions and perform the wedding ceremonies for six and half days. Today, it has been condensed to a single day ceremony.

N.B. (Pages 99-100):

There are some differences in the matrimonial traditions followed by members from Jalumuru and Dimili areas. Matrimonial relationships prior to wedding ceremonies are to be established based on not the surnames but on the Gothrams of the two families. Marriages within the same gothram are not acceptable. There are many more dos and don'ts under matrimony.



N.B. There are several differences in regard to matrimonial matters between Sistakaranam members from Dimili and Jalumuru / Kotabom-mali. The reason is that Dimili is far away from Utkal territory and the absence of Oriya Brahmins thereat. They are not following traditions of Gowda Brahmins but adopt practices of Andhra / Telugu Brahmins. They give prominence to Telugu language and have deviated from Oriya which was the mother tongue.

Gothrams: It is customary that members from same Gothram may have different surnames (Inti perlu) while members with same surname are also classified under different gothrams! For example, members with surnames such as Behara, Venkumahanthi, Patnaikuni and Nandigam are shown under more than one Gothram!

Gothram and Pravaras were not referred to in the BANDHU SEVA RA-JATHOTSAVA SANCHIKA. Serial Order of Gothram and Pravaras mentioned in the books by Sri Kuppili Krishna Murthy garu and Sri Dabbiru Sagara Koteswara Rao garu vary but contents remain same. In the compilation of some surnames and their gothrams are incomplete due to non-availability of complete information. In all, there are 25 plus 8 gothrams listed. There are some more in the Skaanda Puranam which could not be included in this book due to lack of adequate supporting information.

Yet, some questions remain unanswered. Marriages within the same gothram are forbidden. Is it wrong to marry one's own sisters or mother? We must follow human values but not resort to animal instinct or behaviour. Any deviations from the set principles and values are simply not tenable. Precisely, no marriages should take place within the same Gothramu. Surnames could be same, but Gothram should be different. It is a must. Members who indulge in inter-caste marriages are also advised to follow the above norms. That is the firm belief and opinion of the author.

(End of Part 6)

To be continued

