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## United We Flourish, Divided We Perish

Do you know that the original AISKA is 99 years old? Formed in 1925, our founding fathers strived very hard to establish an all India Sistakaranam welfare association during British ruled India, with their zeal and passion to serve our community against several odds. They had no finances, communication tools or other resources. They were conducting physical meetings periodically in the Kalinga Andhra locations and publishing the proceedings (no photos) in a leading Telugu daily Andhra Patrika published from Madras (now Chennai TN).

AISKA was first registered in Berhampuram (Ganjam Dist, Orissa) in 1947. AP State was formed during 1953-56 with Hyderabad as capital. APSKA was formed in Hyderabad in 1965. We were included as BCs, but later developments witnessed ups and downs.

Today, we are at cross roads with

several leaders, over 50 Associations in different States registered or not, duplicity in organisations, definitely

wanting a well structured federal set-up and strong finances. Adhoc approach or divided leadership is not desirable at all. Information Technology is ruling the roost and Social Media platforms like FB, WA, YouTube, Instagram etc are excessively facilitating all of us.

Need of the hour is to Connect the Dots and network all our Sistakaranams spread across the globe. All of us should leverage and come together for excellent bonding, keeping aside any differences.



-D r Chowdari Prasad, Bangalore.

## A Few Disclaimers

This newsletter is published by Sistakaranam Iky Vedika digital team, a voluntary group from the Sistakaranam Community. Being published by a voluntary group, it has no affiliation to any other association and, in fact, attempts to bring you updates from all associations & groups of our community.

One aspect about this newsletter, which we are still figuring out, is the statutory need for registering it. Our initial assessment is that this newsletter may not need any registration, mainly due to 4 reasons: (1) It's a digital magazine, for which currently no government regulations exist, (2) It's not a printed magazine, which requires approval of RNI (Registrar of Newspapers for India),

(3) It's not a commercial venture, but a collaborative voluntary effort from members of our community and (4) It's for private circulation only, meaning that it is meant only for members of the Sistakaranam community. However, we are open for advice in this matter, and reiterate that we shall abide by any statutory requirements, once the same is clear.

As for the content in the newsletter, including advertisements, it is all sourced either through contributions from members of the community, or from resources that are in the public domain, including news media and social media (such as Facebook & WhatsApp), without any financial consider-

ation to anyone. If you have any reservations about the content, please reach out to Iky Vedika digital team (details in the last page).



## Community News

### Intimation for Sistakaranam Meritorious Students Award Cermony

Dear Members/ Students and Parents,

Greetings to all our Sistakaranams - Meritorious Students of SSC and HSC / Intermediate We are immensely pleased to share that AISKA / SSS, HYDERABAD received 80 applications from 8 Indian States and 1 Doha, Qatar (Overseas). Upon scrutiny and processing as per merit order, Board-wise and State-wise; the committee has decided to felicitate 15 SSC and 5 HSC Students. Individual intimations will be sent by phone / Whatsapp message to attend the event and receive

👉 Felicitation by VIPs

👉 Cash awards

👉 Appreciation Certificates

👉 To and fro 2nd Sleeper class (Non A/c) train fare will be reimbursed to these award-ees (students only).

👉 Free stay and delicious food arrangements will be made for all guests (students and parents).

👉 The program will be at 11.00 am on Sunday August 4, 2024 at Payakaraopeta/Tuni, AndhraPradesh. Address and location will be sent soon.

👉 All are requested to participate, encourage and share the success of our young and brilliant students.

Best wishes

- DV Krishna Rao Sistakaranam  
President AISKA & SSS, HYDERABAD



#### Meritorious Students

- 1) Budumuru Sphurti d/o B Naveen
- 2) Singumahanthi Gayatri d/o Venkatagopal
- 3) Gandreti Pravallika d/o GRSN Murthy
- 4) Mantri Ramita d/o MSN Murthy
- 5) Saiharshavardhan Patnaik s/o Srinivasa Rao Patnaik
- 6) Sonam Sai D/o Sri Sathya Sai Srikanth
- 7) Sadashivuni Sai Meghaji s/o Jagadish
- 8) Kuppili Gunasai Shashank Vardhan s/o Praveen Vardhan
- 9) Ravipalli Saimanas s/o Balaram
- 10) Kondavalasa Lakshminarayana s/o Kalyan Chand
- 11) Basangi Venkatasai Suryakoushik s/o BPS Kiran Kumar
- 12) Alluvada Gurucharan s/o Srinivasa Rao
- 13) Kanthimahanthi Satvika d/o Srinivas
- 14) Uriti Umalakshmi d/o Tarakeswara Rao
- 15) Prathaparao Chinmayi d/o Srinivasa Rao
- 16) Baliwada Harshita d/o Sree Jayachandra
- 17) Karakavalasa Pramilarani d/o Tirumala Rao
- 18) Raghupatra's Neha d/o Rajesh
- 19) D Purvi d/o Santosh Kumar
- 20) Baliwada Harshika d/o Ananda Rao

### Vivaha Parichaya Vedika – An Understanding

In today's society finding a good alliance to perform a marriage has become very difficult.

In earlier days, people would take their children to the houses of their grandparents for auspicious wedding ceremonies and for Kartik Vanabhojanas, and 60 percent of the alliances were settled there. The rest was done by our mediator priests or those decided within close family from childhood itself.

Now the situation has fully changed, reaching a stage where children don't listen and make visits. In such a situation it is inevitable through relatives or mediators. It has become a livelihood and even a profession for some.

In such a situation, some organizations with strong leadership and responsible working groups have started activities towards setting up **marriage introduction forums**.

#### Vivaaha Parichaya Vedika –The programme

Mainly parents should attend the wedding introduction venue with details of their children (bride and groom). By providing the complete details (in a format) asked by the associations, and sitting in the hall, when every parent is invited on the stage and are introduced to the rest of the parents, they can note down suitable alliances for their children and where possible, they have the facility to talk to them there itself.

Initiated in 2011 by **Seethammadhara Sistakaranam Association**, this program has witnessed 20 to 30 marriages settled on the same platform every year for the first five years.

Both parents and community elders were satisfied but later the situation changed.

#### What is the change?

Some of the parents who could not attend the Vivaaha Vedika programmes due to some valid reasons, expressed their helplessness and started informing the community leaders for the details they needed. Since giving such details to everyone was a laborious and time-consuming matter, the details collected in the venue were printed in the form of a book and started giving to those in need.

#### That's where the real problem started

Whenever the books are being prepared, the parents do not find time to come to the marriage introduction venue. Ensuring details reach the communities and trying to get the book. It has become a farce.

They themselves do not even attempt to provide details to the communities, and entrust the responsibility to their relatives or middlemen. They are providing details to the best of their knowledge with errors or incomplete details.

#### The most important thing is the phone number

The most important of these details is the phone number. This number should be of a responsible person who is fully aware of the details of the bride and groom and is able to take a decision to take forward the alliance. But the details coming from relatives or intermediaries and, hence, people who call for more details face a strange situation when they do not get the correct de-

tails and say something else. Due to this reason too there are many people who have lost alliances. In the end, there are elders who blame the association for not providing correct details

#### Problem solution

If the members of the working group of the associations devote two months of precious time and spend effort (including government and private employees who go on leave) to set up a platform for our children's marriages, can't we set aside a day for our responsibility (children's marriages)? Can't we attend! Can't we set aside an hour for a good deed!

#### Its for our children

#### Think a little

Stay at the venue from start to finish Take someone to help (parents are even better). Events happen without a lunch break, even if one goes the others are there. There are occasions when communities like **Sitammadhara** organize meals at the venue.

Try it

**You will definitely have a good Alliance ....**

- Godaba Gauri Prabhakar Das  
President

Visakhapatnam Dist. Sistakaranam Association.



# Newsmakers

## Sri Sudhakar elected Govt. Employees Association President

Sri Baggam Sudhakar Patnaik, Vice President of Andhra Pradesh Sistakaranam Welfare Association and Organizing Secretary of Vizianagaram District Sistakaranam Welfare Association, has been unanimously elected for the 3rd time as the President of Andhra Pradesh Government Employees Association, Gajapathinagaram Taluka Branch. On behalf of Vizianagaram District Sistakaranam Welfare Association, President M.P. Gaurishwar Rao, General Secretary Rega Suresh (Govinda), Treasurer V. Venkatesh, and the executive committee members congratulated him.



## Friendship Forum of India Awards to Dr. Umagandhi

Smt. Dr. Murahari Rao Umagandhi, a prominent Shisthakarana teacher from Visakhapatnam and recipient of the President's Award, was presented with two prestigious awards, the Leading Educationist of India and the Bharat Excellence Award, by the Friendship Forum of India based in New Delhi. The awards were sent to her by post. This was reported as news in the prominent daily Eenadu on 14-7-2024. Congratulations to her.



## Sri Balivada Satya Rao Elected as Treasurer of Lions Club

Congratulations to Sri Balivada Satya Rao, President of Gajuwaka Sistakaranam Association, TDP Sistakaranam Empowerment Committee Visakhapatnam District Convener, Chief Secretary of Manavata Voluntary Organization, and prominent member of several associations, on taking oath as the Treasurer of the prestigious Gajuwaka Lions Club.



## Star Walkers Club's Memento Presentation

On 8-7-2024, in an event organized by the Star Walkers Club in Srikakulam town, notable Sistakaranam Sri Polumahanti Umamaheswara Rao (first governor of Walkers International District-102) was honored with a memento. Congratulations to him.



## Felicitation by alma mater AITAM College

Sri Dabbiru Santosh Raju , Founder ,Director and CEO, Telugu Web Guru Technologies OPC Pvt Ltd from Visakhapatnam (son of Late Dabbiru Venkateswara Rao, Retd from Vamsadhara Project, Tekkali) on the occasion of felicitation by his alma mater AITAM College , Tekkali as distinguished alumni of their college on its 8th Graduation Day.

**aitam**  
ADITYA INSTITUTE OF TECHNOLOGY AND MANAGEMENT  
An Autonomous Institution

**HONOURING OUR ALUMNI ON THE 8th Graduation Day**

**JOIN US IN CELEBRATING ACHIEVEMENTS OF OUR DISTINGUISHED ALUMNI**

 <b>Name :</b> Mr. Santosh Raju Dabhiru <b>Designation :</b> Founder, Director & CEO <b>Company :</b> Telugu web guru Technologies <b>GPS Pvt Ltd</b> <b>Passed Out :</b> 2005	 <b>Name :</b> Mr. Sandeep Bhatnagar <b>Designation :</b> Co-Founder <b>Company :</b> Qualtran Technologies Pvt Ltd <b>Passed Out :</b> 2010	 <b>Name :</b> Mr. Anandharao Ray <b>Designation :</b> Manager, Quality <b>Company :</b> IISL <b>Passed Out :</b> 2003
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Let's celebrate their legacy with us

## Sistakaranams in AP Working Journalists Federation

Congratulations to the honorable Sri Potumhanti Narayana, unanimously elected as the President of Andhra Pradesh Working Journalists Federation, Sri Pakki Venu Gopal and Sri Godaba Rambabu elected as Joint Organizing Secretaries, and Sri Manapuram Suresh elected as Executive Member.

## Sri Tirupati Rao elected President of Rotary Club of Gajuwaka Steel City

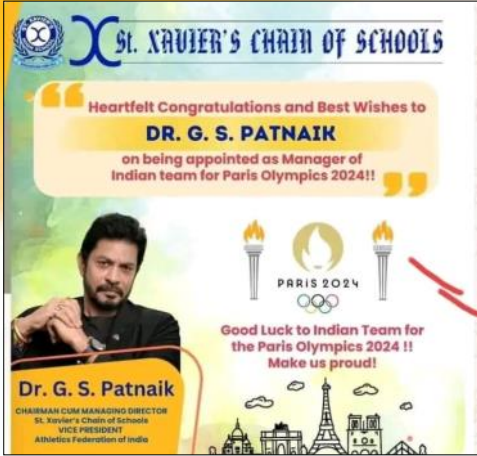
Congratulations to Sri Basangi Tirupati Rao, Secretary of Gajuwaka Shisthakarana Society, Member of the State Committee of Telugu Desam Party Shisthakarana Empowerment Committee, Regional Secretary of Manavata Voluntary Organization, Treasurer of Gandhinagar Residential Association, Joint Secretary of Gandhinagar Shiva Temple Committee, Chief Coordinator of Private Security Agency and Housekeeping of North Andhra, who is taking oath as the President of the prestigious Rotary Club of Gajuwaka Steel City.



# Newsmakers

## Dr. GS Patnaik to lead team to Olympics

Dr.G.S.Patnaik our Chief Patron of AIPSKA has been nominated to lead Indian team at Paris Olympic. Congrats. The Sistakaranam Assn. in India and global family is proud of him.



## The versatile Magic Sagar in Eenadu daily

Narasannapet Mandal VN Puram (Tarravanipet) resident, TV and Film Actor, Magician, Ventriloquist, Our Prominent Sistakaranam Artist Sri Nandigam Hari Bhaskara Rao (popularly known as Magic Sagar) was recently featured in a nice article in Eenadu daily titled "Bahumukha Pragnasali" along with his photos. The world of Eenadu readers has now come to know about his talents. His magic shows and ventriloquism (talking doll) programs are engaged by many during wedding and auspicious events. His programs have been organized in the meetings of our Andhra Pradesh Sistakaranam Association and local associations. He has performed magic shows and a talking puppet shows delighting the audience. Congratulations to him.



If any of our Sistakaranams want to arrange his program, they can contact his number 9949710457. Our folks are charged lesser than others.

## Srikakulam couple honoured by Dist.Collector

Sistakaranam couple Smt. Polumahanti (Kallepalli) Sridevi and Sri Polumahanti Srikanth of New Central School, Srikakulam being honoured for their social service activities, by the Srikakulam District Collector Sri Mallarapu Naveen, IAS during Red Cross Annual Meeting held at Bapuji Kala Mandir recently.



## Manyam Dheerudu-Sitaramaraju Pre- release function

Let us congratulate our sistakaranam telugu cine director, producer cum actor Sri Regulavasa Veera Venkata Satyanarayana (RVV Movies) from Visakhapatnam on the occasion of prerelease function of his cinema Manyam Dheerudu-Sitaramaraju at function held at Visakhapatnam on 4-7-2024 (Alluri Sitaramaraju Jayanthi day).



## Swetha shines at Constell Group

Congratulations to Swetha Dasamantha Rao for graduating from the Values First workshop at Constell Group. Swetha's exceptional performance as a participant showcased her commitment to Constell values of Integrity, Quality, Agility, Passion, and being People-centered. Her dedication and enthusiasm are truly commendable, and we look forward to see her continued success within the company. She is the daughter of DKS Mahanty & D. Anuradha and wife of Anjanee Kumar.



## Editorial

### Path to Peace of Mind

"Lekha's Heartfelt salutations all Sistakarana relatives, Friendship Day in India is celebrated on the first Sunday of August. This year Friends Day falls on today (August 4). It is an occasion where all the friends come together to celebrate their friendship in a big way.

The release of the 'Lekha' in the month of August is also on Friendship Day...

The Lekha wants friendship to grow before leadership in the Sistakaranas for the all-round development and happiness of the Shatkaranas.

This month AISKAA announced the names of those who have been selected for the talent awards for the 10th and 12th standard students. This program has been decided to be handed over to them on 4th August.

This is a good AND AUSPIOUS development in our community.

AISKAA is conducting a program with a lot of effort.. This is an encouragement to our students. It is heartening to see all 80 parents sending marks of students. These were examined and 20 students were selected. "LEKHA" congratulations to the winners.

There is a need for all of our caste to come together and provide support for such programs. Even then students will develop awareness, admiration and love for our caste and it will contribute to the upliftment of the caste. Else the eligibility criteria needs to be informed in advance.

The excitement for the posts of Chairman and Director of the Corporation, which everyone is eagerly waiting for, has not ended. Even though there are many aspirants, it is heard that SistaKarana Sadhikara Samithi has a front line. We can also see their political rush this month.

Along with the changing times, there have been many changes in the way of life. Innovative changes are taking place in food, diet, sleeping time and physical activities. We are living a fast-paced life, competing with time. Psychologists say that there is no man without mental stress. Peace of mind is more valuable than money. Because no one can sell it. No one can buy it.

Peace of mind is the most important thing for human mental life. It is like a compass for conscience. Like fuel for success. True peace of mind is defined when life is balanced, while adhering to the values one believes in.

Peace of mind is a natural characteristic of man. It is not luck. It is not lost due to bad luck. It is the center of mental peace. If you know how to protect it, those obstacles will disappear by themselves. In their place will sprout the status quo.

Hoping that the talent awards and marriage introduction events held in August will be successful with these words...

"Sarva Sistakarana Jana Sukhinobhavantu"

- Jannumahanti Venkata Chandrababu.

Chief Editor

## Interview

### Our esteemed elder

*Son of a village Pippalabhadra Karanam, became a Tahsildar. Passed Intermediate, an excellent qualification in the 1940s and started his career from the lowest rung of the cadre and reached its heights. Now, at the age of 97, he teaches yoga and good practices of life. Former special judicial magistrate mean, community members connect with this person. Yes, we are referring to Sri Rayagada Lakshmi Narayana, popularly known as R.L. Narayana. Let us talk to our centenary man.*

#### Say about you and your family.

My father was a Village Karanam. My mother was a house-wife. We used to live in Agrapharam Street, Parvathipuram (Belagam) for a few years. At that time, everyone in that street used to say that it was the house where most of the relatives came. Largest joint family. I am the eldest of six offspring. Bearing high costs, I studied up to Intermediate at M.R. College, Vizianagaram. In 1948, I joined the Visakhapatnam Collector's office as a temporary clerk. In the same year, I got married to "Ramalakshmi", daughter of Mr. Kottakki Chiranjeevi Rao of Salur. I passed the then combined Madras State Service Commission examination and joined the Revenue Department as a permanent clerk. I had a baby in 1948. Due to father's death in the same year, the whole family burden fell on me. I have selflessly and continuously worked for the development of the family, considering it as my responsibility to nurture, care and progress the family, My duty continued till 1988, i.e. for 40 years with dedication. By achieving the best results in the management of the job, I got job positions as Head Clerk, Tribal Corporation Manager, Deputy Tahsildar and retired as Tahsildar in 1988. Later, I also served two terms as "Special Judicial Magistrate" in Parvathipuram Court.

#### Please share your services to our community.

The children of our community who came to me without jobs, I used to put them in the temporary posts that I could. During election time, I used to provide work opportunities for our people in the Taluk office and by working, some of them got permanent jobs. There would be opportunities in those days. One or two have become Tahsildars. When I was in Parvathipuram, I worked as President of Sistakaranala association.

#### Your valuable message to our community.

After retirement, I joined Rapaka Rama Rao's ashram in Vijinigiri and learned the full

range of yoga and continue to practice yoga even now. I am telling everyone about the benefits of yoga. I am still doing yoga. I am 97 years old now, and I am still doing yoga. My

health is very good. Kalasiunte kaladu sukham is my message to our community and that we should fight for our rights united. If we are free from any corruption we have nothing to fear from anyone. Being genuine



<b>Father</b>	: late Adinarayana
<b>Mother</b>	: late Vijayalakshmi
<b>Wife</b>	: late Kottakki Rama Lakshmi
<b>Daughters</b>	: 06
<b>Sons</b>	: 03
<b>Brothers</b>	: 02
<b>Sisters</b>	: 03
<b>Native place</b>	: Pippalabhadra (Chinamerangi dari) Parvathipuram
<b>Date of Birth</b>	: 01/08/1928

and doing our work without any manipulations, we have nothing to fear from anyone. That's how I worked in my service. While I was in service, I never had my lunch before 2 pm and used to go home after 11 pm. Job dharma is to be done with dedication. Job is for family, yoga is for health. This is my message.

#### Your comments on Lekha.

Kudos to Lekha's admin team. My thanks to Sri JV Chandrababu and the rest of the team. It is admirable that you are doing such great work. Even though you are younger than me, your efforts are huge. That's why I congratulate you and thank you. Thank you for placing me in Lekha.

**Lekha wishes him shower good health and energy to associate with our community and do his best.**

- Interview: Rayagada Rajeshwari (Sister),  
Rayagada Sai Venkatesh (Grandson).

--Collection: Jannumahanti Venkata Chandrababu

--Compilation: Mantri Narasimha Rao

## Open Forum

### Karthika Masam – The bustling month of Sistakaranam Picnics

There are five Sundays in the upcoming Karthika Masam for Sistakaranam picnics.

- 3-11-2024
- 10-11-2024
- 17-11-2024
- 24-11-2024
- 1-12-2024

I am informing you four months in advance, so plan well and arrange picnics. Give spe-

cial importance to women and children and ensure to organize Sri Sri Sri Satyanarayana Vratnam or Sri Sri Sri Trinadha Swami Vratnam. Arrange a baby show for children within a year and up to five years. Conduct a quiz for girls about all our festivals and customs. Organize fancy dress competitions related to those festivals. Arrange competitions for women in singing, storytelling, and joke-telling. Housie games will be there anyway. Musical chairs game will also be

there. Select those who can conduct these events well in advance. Set up marriage introduction platforms as well. Last year, many Sistakarana societies organized picnics with the encouragement of political leaders. This time, without the election hustle, organize it as a family get-together beyond political parties. If possible, set up events like a mock wedding to explain our traditional marriage customs to everyone.

- Sadasivuni Lakshmana Rao

### To avoid being duped by cyber criminals...

Don't click links, don't download APK files, and don't answer or stay on calls from unfamiliar numbers. This is enough for your money to be safe, and cybercriminals can't harm you.

Cybercriminals make you do everything. You only withdraw money from your bank and send it to him. This is 99% true. Note that and be careful.

1.SMS Scams: You may receive a message claiming you've earned 8,299 INR in SBI Reward Points with a deadline to claim them. The message includes a link. If you click on it, you might lose 50,000 INR from your bank account within seconds. The criminal didn't directly take your money; you authorized the transaction by clicking the link. Always be cautious and avoid clicking on such links.

2.Fake APK Files: Cybercriminals may send you APK files via WhatsApp or SMS, claiming to offer government subsidies, scholarships, gas subsidies, free laptops, services from SBI, Citizen Portal, YONO, or similar. These messages might appear to come from a friend's number. If you download and install these apps, it's like giving direct instructions to your bank to send money to the scammers. Always download apps only from trusted sources like the Google Play Store to avoid falling victim to scams.

3.Unknown Calls: If you receive a call from an unknown number, be cautious. Scammers might claim to be from the EPF office in Delhi, telling you that you have unclaimed pension funds and asking you to send money for processing fees. They may ask for your Aadhaar and bank details, or send you an OTP, QR code, or link to click. Providing these details can lead to financial loss.

4.Impersonation Scams: If you receive a call

from someone claiming to be the police or a courier service, stating that a parcel in your name contains illegal items, and demanding money to resolve the issue, hang up immediately. These calls are meant to scare you into paying money. Avoid answering such calls or end them quickly to protect your finances.

5.Bank Impersonation: Scammers might call you pretending to be from your bank, saying that your account needs KYC verification and asking for your Aadhaar number or OTP. Never share these details over the phone. If you suspect something is wrong, visit your bank in person and speak with the manager. Similarly, if you get a call about unpaid electricity bills, go to the office to pay instead of clicking on any links.

6.Suspicious Calls: Recently, I received a call claiming to offer business assistance, asking me to press a number for more details. The number was 8913824562. I hung up immediately.

7.Gambling and Investment Scams: Be wary of calls offering online gambling, games, or stock market investments. Initially, they might let you win small amounts, gaining your trust. After a few days, when you're convinced of the legitimacy, they will prompt you to invest large sums, which you will lose, and then they will cut off contact.

8.Work-from-Home Scams: Be cautious of work-from-home offers. Scammers might give you small tasks initially and pay you 1,000 INR daily for a few days, earning your trust. Then, they will ask you to invest 10,000 INR, promising a daily return of 40,000 INR, and show fake amounts in your dummy account. Eventually, they will ask for even larger sums, and you won't be able to withdraw any money. When confronted,

they will block you, causing you to lose your money.

9.OLX and Courier Scams: When selling items on OLX, be wary of buyers who offer to pay online and send you QR codes or links. Always prefer cash transactions or online payments from people you know well. Similarly, if a courier asks for an OTP to return a parcel, do not provide it, as this could lead to fraud.

10.Data Breach and Precautions: Scammers can purchase personal information such as your phone number, bank details, age, Aadhaar number, and more from the dark web. This information is accessible globally, and governments cannot fully control it. To protect yourself, avoid answering unknown calls, clicking on suspicious links, and engaging in offers like free mobile recharges. Inform everyone in your household who uses a cell phone about these precautions.

11.Personal Responsibility: In all these cases, the scams succeed because of your actions. Clicking on links, downloading apps, providing OTPs over the phone, and investing money in get-rich-quick schemes are all actions taken by you. To avoid being scammed, do not answer unknown calls, block suspicious numbers, and refrain from clicking on links or downloading unknown apps.

12.Reporting Scams: If you suspect a scam, report it on the Chakshu portal. If you have been scammed, call 1930 to file a complaint.

Stay vigilant and protect your money by following these guidelines.

-Sadashivuni Lakshmanrao.

## Support Arena

### Dr. Kanakaraju Arikathota Donations – July 24

Dr. Arikathota Kanakaraju and Uma couple helped an inter student for studies. Son of MSS Ali, a private teacher in Sri-kakulam, Aditya is studying in the second year of Inter in a Junior College. Due to financial problem, he approached Dr. Kanakaraju, and Rs. 5 thousand cash was given to him for his tuition fee. Ali's son is a brilliant student. Inter scored 423 out of 470 in MPC in the first year. He was given best wishes luck to get distinction in inter and get an engineering seat in EAPCET next academic year.



### Sistakaranam Lifting Hands 12th Event successful

The 12th event of Sistakaranam Lifting Hands was held in the town of Vizianagaram at Mother Teresa Kids School, Ayanapeta Junction. For this event held for the benefit of Smt. Manapuram Padma, an amount of ₹27,700/- was collected from 37 members of the group, of which ₹8,500 was used to purchase a sewing machine, and ₹200 was used for auto charges to transport it from the shop to the event venue. The remaining ₹19,000 was handed over in cash to Smt. Manapuram Padma in the presence of Admin Mr. Tyada Prasad and member Mr. Jogarao. On this occasion, Smt. Padma expressed her heartfelt gratitude to all the members and the admins who provided financial support. We hope this spirit of support and cooperation continues in the future. This concluded the 12th event.



- Smt. Sanjukta Prasad Patnaik

### Service is the Primary Goal of Sathya Sai Samiti

Raipur Amity University Director and renowned spiritual leader, Sri Shivvam Arun Kumar Patnaik, emphasized that the primary goal of the Sathya Sai Samiti is service. Speaking at a spiritual event organized by the Gajuwaka Gontinavani-palem Bhajan Mandali, he stated that the joy found in serving others is unmatched, that service brings happiness to those in distress and urged all to abandon selfishness and engage in service activities. Under the leadership of the Gontinavani-palem Mandali, meals are provided to 800 people every second Sunday of the month at the Mental Hospital, and to 60 people every Monday at the G.V.M.C. Hospital near Coromandel Gate. He highlighted this as a significant achievement. Members of the Bhajan Mandali and devotees participated in the event.



### BP, Sugar tests by Walkers Club



Under the auspices of the Anjaniputra Chiranjeevi Walkers Club, the walkers club activists celebrated the 94th birth anniversary of past international president, the late J.L. Toshniwala's at the local 42nd Division, Ayannapeta SC Colony. The members first paid tributes to Toshniwala by garlanding his portrait. Following

this, BP and sugar tests were conducted courtesy of Queens N.R.I. Hospital. Speaking on this occasion, Walkers District 102 Deputy Governor, founder president of Anjaniputra Chiranjeevi Walkers Club, and senior leader of the Jana Sena Party, Tyada Ramakrishna Rao (Balu) said that Toshniwala was synonymous with discipline and was a great person who worked tirelessly for the development and growth of walkers clubs in North Andhra. He emphasized that everyone should take Toshniwala as a role model.

### Behara college of Engineering & Technology offer to Sistakaranam students

Behara College of Engineering and Technology has opened admissions for the year 2024-25, welcoming students of the new academic year in the engineering college. College code is BCET.

The college is founded and managed by the eminent

businessman, politician, and well-known Kumari Kalyana Mandapam proprietor, Sri Behara Bhaskar Rao. BCET provides a 99.9% campus placement rate and offers cutting-edge education in Computer Science, Electronics and Communications, Mechanical, and Electrical Engineering.

For need based fee concessions to Sistakaranam students, please contact P.R.O. Kuppili Ganesh at 7396711199.

- Dr. Uriti Sridhar Patnaik  
Principal, Behara College of Engineering and Technology, Visakhapatnam.



### Mother Teresa Service Society distributes stationery and snacks to 150 Students

Under the leadership of Sri Tyada Prasad Patnaik, President of the Mother Teresa Service Society and Blood Donors Club, approximately 150 students from government elementary schools in Pallamvalasa, Mandaparathi, Boodi, and Bangarammapeta in Ananthagiri Mandal, Visakhapatnam district, were distributed notebooks, pens, pencils, scales, chocolates, and biscuits by the Mother Teresa Service Society as part of their annual tradition. The event was attended by society members Kuraada Ramana Ji, Chaitanya, Baggam Jogarao, school principals including Shanti, Chinnammi, Padmavati, Bhavani, and others.



## Support Arena

### Prasada Rao in Giriprdakshana refreshments distribution

On the occasion of Ashada Guru Purnami, devotees who are making a 32 km Giripradakshana from Simhachalam around the hill of Sri Sri Sri Varaha Lakshmi Narasimha Swamy, were distributed



almond milk, chakra pongali, water bottles, through the hands of Visakha North MLA Vishnu Kumar Raju's daughter Shyamala Deepika, Andhra University Vice Chancellor G.S.N.Raju, BJP Visakha District Kisan Morcha President P.V.V. Prasada Rao Patnaik, BJP Visakha District Kisan Morcha General Secretary Potnuru Venkatakrishna Rao and BJP State Council Member Uppada Apparao.

### Distribution of prasad and medicines to Giripradakshina devotees

Free prasads were distributed under the leadership of the President of Sridevi Vigyan Jyoti Parishkar Charitable organization Dr. Kupili Kirti Patnaik. Along with bundi, biscuits and chocolates, Dolo 650 tablets, pain killers and other medicines and spray tins were distributed free of cost. Pulihora and other food items were provided. Keerthi Patnaik said that this free distribution was given to the devotees who walked 33 kilometers. Kancharapalem Circle Inspector Sagar was the Chief Guest and Ananthapuram Circle Inspector Sikander was the guest of honor for this grand event. Sagar said that the service programs being carried out by the organization under the leadership of Keerthi Patnaik are supportive services, have compassion towards the poor, value social responsibility and are exemplary in supporting the service schemes of the Central and State Governments.



### Free Medicines by courier for 100 days



**SOLEN**  
PHARMACEUTICALS

1. Solcal - Calcium Citrate 1000 mg+Vitamin D3.200 IU+Mg+Zinc.
  2. Solfer - XT - Ferrous Ascorbate 100mg+Folic acid 1.5mg(Iron).
  3. S-Fenac -Acelofenac 100 mg+Paracetamol 350 mg.
- Medicines are WHO-GMP Certified.
  - Take your Doctor's approval.
  - For Sistakaranam Families.
  - Your details will be kept confidential.

**CONTACT: 8074800939**

## Fraternity Page - Andhra Pradesh



### Sistakaranams in Political Arena

1. The State Sistakarana Sadhikara Committee Con-venor, Akkumahanti Raja, Tirupati Mahanti Srinivas, and other committee members paid a courtesy visit to former Finance Minister, Sri Yanamala Ramakrishnaudu.



2. The President of the Visakhapatnam District Sistakaranam Association, Sri M.P. Gaurishwara Rao, along with Town President Sri Kantimahanti Murahari Sanjeev Rao and the executive committee, met Sri Kinjirapu Ramamohan Naidu. They requested the inclusion of their Shishtikaran community in the OBC category. The minister assured them that he would make efforts to include their community in the OBC list. Attendees at the meeting included Sri Tyad Prasad, Kodum Parameshwar Rao, A.T. Venkatesh Prasad, M.P. Tirupati Rao, Budarayavalsa Madhusudhana Rao, and Locharl Srinivasa Rao.



3. In compliance with the promise made by Chief Minister Chandrababu Naidu's government, a pension distribution scheme was held in Ward 10, Sunder Nagar. The scheme provided 4,000 pensions and an additional 1,000 rupees per month for three months, totaling 7,000 rupees. The joy of the pension recipients was beyond words. — K.V. Ramana, BJP Kisan Morcha State Banking Cell Convenor.



4. Adhering to the promise made by Chief Minister Chandrababu Naidu, Sri Patnaikuni Prasad Patnaik, Vellanki, and Anandapuram participated in the pension distribution scheme, which provided 4,000 rupees in pension and an additional 1,000 rupees per month for three months, totaling 7,000 rupees.



5. The Andhra Pradesh BC Welfare Department and Handicraft Department Minister, Smt. S. Savita, was met by TDP BC Sadhikara Samiti State Sistakaranam Convenor Akkumahanti Raja who extended his best wishes as she assumed her responsibilities at the Secretariat.



6. Sistakaranam Woman Political Leader Koorada Pavani in Praja Pratidinidhula Abhinandana Sabha.



7. Andhra Pradesh BC Welfare Department and Handloom Department Minister Sri S. Sabitha was visited by State Reservation Empowerment Committee Convenor Akkumahanti Raja for a courtesy meeting.



8. On July 17, 2024, Andhra Pradesh Sistakaranam Association President Polumahanti Umamaheshwar Rao, Koorada Pavani, and Polumahanti Manoj visited and congratulated Hon. MLA Vishnukumar Raju from Visakhapatnam North constituency.



9. Andhra Pradesh State Sistakaranam Sadhikara Samiti Convenor Akkumahanti Raja, along with Sistakaranam representatives, met with Parliament Member Sri Daggubati Purandeswari to discuss the long-pending issue of including their community in the OBC category. The request was made for her support in addressing this issue. In response, Purandeswari assured that she would make efforts to include their community in the OBC list. The meeting was attended by Sekharamantri Srinivas, Potnuru Krishna Rao, Sri DB Vijay, Raghupatruni Saibaba, Urutti Prasad Rao, Rautula Veerabhadrarao, Prakash, P. Satyanarayana, Veena Suri Babu, D. Srinivas, R.S. Bhaskar Rao, and Veena Subbarao, among others.



10. On July 9, 2024, Vishakhapatnam 32nd Ward Corporator and Jana Sena leader Sri Kandukuru Nagaraju, along with BJP Vishakhapatnam District Secretary Minister Shalivahan, congratulated Parliament Member Sri Kalishetty Appalanayudu at Vishakhapatnam Airport.



(Continued on next page)

## Fraternity Page - Andhra Pradesh



### Sistakaranams in Political Arena

11. Sistakaranam representatives from Amadala-valasa visited MLA Sri Koonna Ravi at his camp office for a courtesy meeting.



12. A sudden meeting was held with TDP Sistakaranam Sadhika Rashtra Samithi Convenor Sri Akkamahanti Raja and state assembly committee members, including Gajuwaka TDP Coordinator Sri Prasadula Srinivas Rao.



13. On July 10, Telugu Desam Party State President and Gajuwaka MLA Sri Palla Srinivas Rao met with prominent community service member from Vishakhapatnam, Founder of Bharat Nidhi Foundation, Niranjan Meditation Mandir Sri Dabhiru Gopikrishna at his residence, to discuss personal details, business matters, and community issues. Gopikrishna emphasized the need for the government to address social issues faced by the community.



14. Under the leadership of new Pedana Reservation Welfare Association President Srinivas Veena, the Andhra Pradesh State Telugu Desam Party Sistakaranam Sadhikara Samiti Convenor, Sri Akkamahanti Raja, led the formation of a new executive committee. They conducted worship at the residence of Sri Pothuraju Swamy and later met with Pedana MLA Sri Kagita Krishna Prasad to express gratitude and distribute sweets. The committee members also discussed local issues and vowed to work constructively for community development. The event was attended by Vice President Dr. Bandarulanka Venkatesh Yandi, Eluri Lakshman Rao, General Secretary Eluri Srinivas Rao, Treasurer Veena Prasad Rao, Assistant Secretary Eluri Balaji, and others.



15. On the occasion of Sri GVL Narasimha Rao's birthday, Smt. Koorada Pavani and Sri Baggam Susudhakar visited his home to extend their birthday wishes.



16. On July 19, 2024, Andhra Pradesh State Sistakaranam Sadhikara Samiti Convenor Akkamahanti Raja visited MLA Palla Srinivas at the TDP National Office in Mangalagiri. Raja expressed gratitude for the support and the MLA responded by acknowledging the commitment and hard work of the Sistakaranam community. Palla Srinivas assured that the government would provide necessary support to the community and thanked all the leaders and supporters for their contributions to his victory.



17. Members of the Durgālayam Committee, including the sole Sistakaranam member Sri Karakavalasa Gauriprasad Rao, paid a courtesy visit to honor Sri Palla Srinivasrao Yadav on his appointment as the State President of the Telugu Desam Party.



18. The Saluru Sistakaranam Welfare Association members met with Saluru MLA and Minister for Tribal Welfare and Child Welfare, Smt. Gummididi Sandhyarani, to express their respects.



19. Prominent Sistakaranam leader and District Revenue Officer Sri Baliwada Dayanidhi visited the chamber of State Minister for Agriculture, Sri Kinjarapu Achennayudu, to present a bouquet and offer congratulations and best wishes.



20) On 21-7-2024 at Narasannapet Junior College campus during the Gurupurnima celebrations, our Sistakaranam leader Sri Sadashivuni Rambabu Garu (the person at the right end of the photo) met the Honorable Union Minister Sri Kinjarapu Rammohan Naidu and the Honorable MLA Sri Baggam Ramamurthy.



## Fraternity Page - Andhra Pradesh



### Seethammadhara Sistakaranam Association Vivaha Parichaya Vedika

Seethammadhara Sistakaranam Association is conducting their prestigious free All India Sistakarana Vivaha Parichaya Vedika at Visakhapatnam

Sunday: 25-08-2024

Morning 10.00 am to evening 4.00 pm

On the road leading to Shivaji Park from Sandstone Petrol Bunk, Savera Function Hall opposite Andhra University Women's Engineering College.

Lunch facility is arranged at the venue with the cooperation of Mr. Allena Ramesh Kumar and Mrs. Leena.

All Sistakaranam Parents are requested to send the details of their boy/girl before 15-08-2024 to the email id seethammadhara-sistakaranam@gmail.com. Those not having email can send details in the format to whatsapp no.7989597809 before 15-08-2024 for including in the book. Details received after 15-08-2024 may not be included for book publication.

Parents should provide their contact number in the format.

#### FORMAT

SEETHAMMADRARA SISTAKARANAM VIVAHA PARICHAYA VEDIKA

Name:

Male / Female:

Surname:

Gothram:

Date of birth:

Time of birth:

Place of birth:

Star/padam:

Height:

Education:

Job:

Salary:

Place of job:

Father Name:

Job:

Place:

Mother's parents surname:

Contact person:

Please forward this message to all your relatives groups and sistakaranam groups.

For details contact:

Prabhakar Das 90593 88899

RamasankarRao 94904 80809

Ramesh 92484 92329

Srinivasa Rao 94404 32817

Hurry up and send the details immediately before 15-08-2024. The printed book of lists of brides and bridegrooms will be inaugurated on that day and will be distributed to parents. As large number of sistakaranams are expected from across the country and abroad, please do attend and make it a grand success

### New Executive Committee elected by Pedana Association

All the members of the Pedana Town Sistakaranam Welfare Association were informed about the election of the executive committee the day before, and at 4 PM on 14/07/24 Sunday at Sivalayam Street Second Ward, in the presence of Chief Guest Akkumahanthi Raja, under the direction of Veenam Srinivasa Rao, all the relatives who were present on that day unilaterally elected the executive committee for a period of only two years.

President :-

Sri Veenam Srinivas MBA

Honorary Presidents :-

1. Sri Akkumahanthi Raja

2. Sri Veenam Srinivasa Rao

3. Sri. Veena Venkataswamy (Grandfather)

4. Sri. Veena Paidaiah (Hotel)

5. Mr. Bandarulanka Mastan Rao

Vice Presidents :-

1. Sri Eluri Laxman Rao (Sambaya)

2. Sri Veenam. Venkateswara Rao (Venkanna)

3 Sri Dr. Bandarulanka. Venkatesh MD

4. Sri Veenam Venkateswara Rao (RTA)

General Secretary :-

Sri Eluri Srinivasa Rao BSNL

Joint Secretary :-

1 Sri Veena.Ramu

2 Sri Veenam Ayyappa (Lab)

3 Sri Yeluri Bujji (RTC)

4 Sri Eluri Balabalaji

Treasurer :-

Mr. Veena Anjaneya Varaprasada Rao (Prasad)

Advisors:

Mr. Veena Nukaraju

Mr. Veenam Venkateswara Rao (No. Garu)

Sri Veenam Narasimha Rao (Auto)

Sri Veenam Musalaya (Nampally)

Executive Committee Members:-

Sri Veena Bujji

Sri Veenam Nageswara Rao (Studio)

Sri Veenam Venkanna Babu

Sri Bandarulanka Uday Kumar (Ayyappa)

Sri Veenam Nageswara Rao (Auto)

Mr. Veenam Nageswara Rao (Tailor)

Sri Pattisapu Pawan Kalyan

Sri Bandarulanka Nancharaya (Buzzy)

Mr. Veena Paidaiah (Tailor)

Mr. Veena Nagayya

As per the resolution passed therein, the relatives suggested that it should be registered in the Registrar's office for immediate action, the bank account set up in the name of the association, and that the development programs done under the direction of the previous committee should be constructed in the form of a stone plaque and built at a convenient place for us.

It has been assured that the above programs will be carried out as usual and the responsibility will be taken by the new working group.

Therefore, we request that various problems and other developmental issues in the community be brought to the attention of the Executive Committee.

Yours

President & Executive Committee

Pedana Sishtakaranam Welfare Society

D-no:7/91-2, Shivalayam Street Second

Ward Pedana Krishna District Andhra Pradesh 521366

Cell: 9032272388

## Fraternity Page - Andhra Pradesh



### Visakha hosts All-India Sistakaranam Matrimonial Platform successfully

The All-India Sistakaranam Matrimonial Introduction Platform, was successfully organized by the VSSS KCP Association with grandeur under the leadership of Sri Balwad Haribabu on 14.07.



The event saw participation from Sistakaranam representatives from Odisha, Telangana, Rajamundry, Chittoor, Tirupati, Vijayawada, Vizianagaram, Komarada, Gantiada, Srikakulam alongwith all corners of Visakhapatnam.

The event commenced with prayer song by Treasurer Pakki Suresh at 2:15 PM, followed by registrations and introductions. At 3:30 PM. Keynote speaker Sri Patnaik Narayana's extensive talk on marriage alliances and their impacts, resonated with many attendees. Another guest Sri Phanibhushan Rao was also honored along with him. Later, prominent Sistakaranam, GST Commissioner Sri Allena Ramesh Kumar, Niranjana Meditation promoter Sri Dabbiru Gopikrishna gave encouragement to relatives on marriages with their precious words. They were also felicitated by Sistakaranam dignitaries.

The event featured a Vivaha Parichaya Vedika book launch and a meditation session on the Art of Living by Smt. Vani and Sharada, creating a spiritually enriching atmosphere. The meeting was held in the official presence of Sri Dabbiru Venkata Rao, Smt. Kurada Pavani, Visakha District Sistakaranam Association President Sri Godaba Gowri Prabhakar Das, senior leaders Sri Ragapatruni Saibaba, noted writer Sri Sekharamantri Prabhakar, Sadashivani Lakshmana Rao, Saluri mohan rao and others.

Various regional leaders, Sadashivuni Srinivas from Seethamma Dhara, Potnuru Phanindra from Gajuwaka, Shivvam Ramesh, Kuppli Srinivas, Baggam Joga Rao, Dr. Kuppli Suresh, Railway leaders Dabbiru Tarakeswara Rao and others were present. Special thanks were given to Sri VT Patnaik who collaborated with Haribabu and guided the event. There was support from Kancharapalem Executive Committee and members. Smt. Kurada Pavani, Smt. Pattapu Sandhya along with district association women leaders Smt. Dabbeeru Gayathri's encouragement for anchoring, Smt. Rama Sridhar, Sharvani, Sarva Sri Uday Bhaskar, Ch. Girish, Sriram Murthy, Praveen Kumar, G.V. Srinivasa Rao, UCH Patnaik, Pakki Suresh, Kurada Ramakrishna Rao, G. Prasad, Sekhara Mantri Mohana Rao, Potnuru Shivaji, G. and other executive members also played crucial roles in the success of the event.

Each attendee of this well attended event, received a booklet with details useful for marriage alliances.

### New committee elected by Lakshmi Ganapathi Sistakarana Association

A meeting of Sri Sri Sri Lakshmi Ganapathi Sistakaranam Seva Sangham was held on the evening of July 14, 2024, at 6:00 PM, near Lakshmi Ganapati Swamy Temple in Routhula Street, Ward 16 of Pedana.

The meeting, presided over by esteemed Sistakaranam elders who participated in the Salt Satyagraha alongside Mahatma Gandhi, Routhula Venkateswarlu and Routhula Veeraswamy, was held to elect a new executive committee.

Routhula Annvaram, who was elected as the President, expressed his commitment to continuously work for development of Sistakaranams in Pedana and assured his support in hard times.

The newly elected executive committee members are:

- President: Routhula Annvaram
  - Vice President: Routhula Prasad
  - Secretary: Routhula Manikyala Rao
  - Joint Secretary: Veena Venkateswarlu
  - Treasurer: Routhula Desayya
  - Honorary Member: Routhula Chinna
- Congratulations to all the new members.



### 125th Birth Anniversary Celebrations of Late Sri. Sanyasayya

The 125th birth anniversary celebrations of freedom fighter Late Sri K Sanyasayya were held in Visakhapatnam on July 15, 2024. The event was organized under the leadership of his son, Kantimahanti Ramachandra Rao. During the gathering, Sistakaranam leaders Sri D. Adinarayana, Sri Mantri Rajasekhar, Dr. Mantri Dharma Prasad (Tambi), Sri Ramanarao, and President Vishwas delivered speeches, highlighting Late K.S. Sanyasayya's contributions to the freedom struggle.



## Fraternity Page - Andhra Pradesh

### Petition for Allocation of Funds for Construction of Court Complex Buildings

Bobbili TDP Coalition MLA RVSKK Rangarao, who was met by the President of the Lawyers' Association, Sri Patnaikuni Mohan Murali Kumar along with other members, assured that he would make every effort to bring the matter to the attention of Chief Minister Chandrababu Naidu and work towards securing the necessary funds.



and work towards securing the necessary funds.

### BC Welfare Association National Secretary's demand

B.C. People's Welfare Association national general secretary D. Budumuru Rajesh has demanded that a budgetary allocation of Rs 1 lakh crore should be made for the welfare of BCs in the budget to be presented in the Parliament session on The 28th of this month. Speaking on the occasion, he said that BCs are paying taxes but the required budgetary allocation for BCs is not being made and the caste enumeration of BCs should be done and budgetary allocations should be made accordingly.



### Sistakaranam Rudrabhumi Cleanliness and Sanitation Work

Following the instructions of Pedana MLA, Sri Kagitha Krishna Prasad, sanitation and cleanliness work has been taken up at the Sistakarana Rudrabhumi site on Gudivada Main Road and the surrounding areas, under the supervision of Srinivas Veenam, the Commissioner, and Sanitary Inspector Hari Kishore. The situation caused by excessive thorny bushes and human waste along the roads, which resulted in extreme foul odor, affecting the local residents was brought to the MLA's attention, leading to the municipal corporation deploying machinery and Sistakaranam youth coming forward to clean the roads.

The road's proximity to the bypass road highlights the need for a permanent cement road construction. This would greatly benefit both town residents and outsiders by providing quicker access to the bypass road and enhancing the surrounding area's utility and attractiveness. The necessity for constructing this road has been communicated to local leaders and officials.

— Srinivas Veenam



### Sri. UJM Rao congratulates new ministers and officials

Prominent Sistakaranam Sri U.J.A.M. Rao, Managing Director of AP Metro Rail Corporation, IRAS, extended his congratulations in courtesy meetings with the Hon. Chief Minister Sri Nara Chandrababu Naidu, Hon. Minister for Municipal Administration and Urban Development Sri P. Narayana, and Hon. Parliament Member for Visakhapatnam Sri Y. Bharat, presenting them with bouquets.

He had an extensive discussion with Hon. Minister Sri Narayana about the Visakhapatnam Metro Project, detailing its benefits for the public and seeking his support. We hope for positive actions and timely realization of the region's aspirations as a result of their favorable response.

Additionally, Mr. Rao met with the Hon. Special Chief Secretary of the Urban Development Ministry, Sri Anil Kumar Singhal, and the new District Collector of Visakhapatnam, Sri Y.M.N.

Harendraprasad, presenting them with bouquets and offering congratulations and best wishes. Congratulations to Mr. U.J.A.M. Rao for his efforts.



## Fraternity Page - Andhra Pradesh



### Helping Hands Program 26 & Medical Emergency Event No. 4 successful

Pedagantyada Visakha District Facts .... Mrs. Patnaikuni Krishnaveni garu, her husband's name. Mr. Patnaikuni Srinivasa Rao (53) has been living in financial difficulties due to his poor health and staying at home for some time...However, due to his financial difficulties in the past, he could not pay the college fees for the 2nd year of the Inter, and his daughter stopped in the middle of her Inter studies and was confined to the house.....on behalf of our Sishtha Helping Hands Society through mini event 1 dated 19.12.2023 a check of ₹17,000/- for college fees and examination fees in the name of the college and supporting their girl to continue her studies so that the girl ...has passed the inter. At present the degree is admitted to study in the Government College

Help in the presence of relatives through the service program, 61 donors helped in the group and the total amount we received was 46 429 /- . In this on date 21 07 2024 in the presence of our team Mr. Pakki Uma Maheswara Rao, Mr. Pakki Shekhar, Mr. Basuri Srinivasa Rao at Pedagantyada the pending rent of 14,000/- (excluding advance 10,000/-) for six months was paid to the shop owner B.S. .R.V.A. Pentaji Rao.

Next date on 27 07 2024 at Anakapalli Mrs. Patnayuk will take Krishnaveni Gari and our

team headed by Mr. Pakki Uma Maheswara Rao and Mr. Pakki Shekhar will bring cloth material valued at 16650 and fancy material valued at 2923/- from Pedagantyada to Anakapalli. 250/- was given to Mrs. Patnaikuni Krishnaveni

In the next amount received, excluding the amounts mentioned above, the remaining amount 12606 in the form of our company's check No. 013607 dated 28. 07. On 2024 i.e. on Sunday, our team Mr. Pakki Uma Maheswara Rao, Mr. Pakki Shekhar, Mr. Basuri Srinivasa Rao presented it to Mrs. Patnaikuni Krishnaveni. Later, they started a shop near the house. Here we are ending our 26th service program

2) After this program, Medical Emergency Event 4, Vizianagaram reality Mr. Behara Venkata Kameswara Rao, age 54, and his wife Mrs. Behara Sujata, have been undergoing radiation due to a tumor in their stomach for some time. 2500/- including medical expenses and transport per day. They have informed us in writing that the cost is 270000 even for those who have Arogya Shree card. Currently he is supporting the family with a private job earning 10000/- per month.

20000/- from our monthly emergency medical fund in the same ceremony after the

completion of 26th service program our company check number 013605 / 28 . On 07



2024 Shri B.V.S. Kameswara Rao was presented in the presence of our team Mr. Pakki Uma Maheswara Rao, Mr. Pakki Shekhar, Mr. Basuri Srinivasa Rao. This concludes Medical Emergency Event 4 as well.1

### Srikakulam District Executive Committee Meeting

On Sunday, June 30, 2024, the Srikakulam District Sistakaranam Association held its executive committee meeting and mandal-level executive body meeting at our own Sistakaranam Community Hall in Mahalaxminagar Colony, Srikakulam. Detailed discussions on the programs needed for the development of the district and Srikakulam town associations were taken up. The meeting chaired by Sri Dabiru Srinivas Rao, was attended by Sri Polumahanti Umamaheswar Rao, President of AP Sistakaranam Association, who provided valuable suggestions.



## Fraternity Page - Telangana



### Dr. Rajesh in HR summit

An HR Summit was held at the Hi-Tex premises in Hyderabad, featuring HR managers from various multinational companies. Dr. Budumuru Rajesh, a professor at Itam Engineering College and member of the JNTU GV Syndicate, attended as the chief guest and inaugurated the event by lighting the lamp. Dr. Rajesh emphasized the crucial need for industry-academia collaboration, noting that it helps industries understand the skill development needs from educational institutions. He suggested that industries should visit colleges as part of their CSR activities to provide students with skill development opportunities and awareness of new changes in the IT sector, thereby supporting employment opportunities. The event saw participation from HR representatives of various multinational companies and academic experts, including Icon CEO Krish.



### Sri Krishna Rao as chief guest at Telugu Academy



On the occasion of Gurupurnima, Telugu Academy conducted a cultural program and felicitated the best teachers, with our AISKA National President Shi Dabbiru Krishna Rao Sistakaranam as the chief guest addressing the teachers, at Potti Sriramulu Telugu University, Nampally.



## Fraternity Page - Maharashtra



### Retirement function in Nagpur

Sri. P. Srinivasa Rao, Treasurer of Sistakaranam Association, Nagpur was a loyal & Sincere employee as Sr. Section Engineer, SEC Railway, Nagpur and retired on 30.6.2024. During his entire length of service for a period of 29 years & 6 months, there is no absenteeism nor any Charge sheet & any type of punishment. Always his superior officers appreciate his sincerity, cool mindedness, dealing with staff & devotion to work. Moreover he is a Volley ball player who represented the Nagpur division of SEC Railway, a Ball badminton player who held 9 years of Captaincy for Nagpur district. He was twice Captain for Maharashtra State in Sr. Nationals, . He is an executive body member of our All India Sistakaranam Association and Treasurer of Sistakaranam Association of Nagpur district. So let us congratulate him on his retirement with good health & wealth.

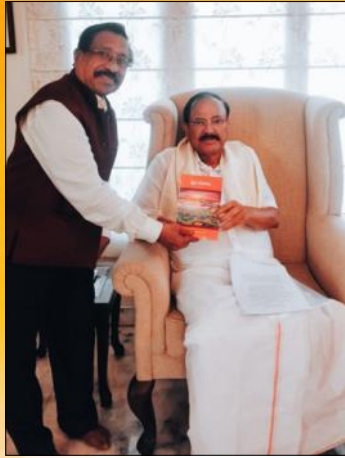




# Kalam Snehitulu



## Sistakaranams in Literary Service - July 2024



1) Poet Sekharamantri Prabhakar presenting the book Prabha Kiranalu to former Vice President, Padmavibhushan M Venkaiah Naidu, 9-7-2024, Visakhapatnam.



2) Sekharamantri Prabhakar felicitating President Sahridayasahiti at Vijaya Nighantu Chandrika Inauguration Sabha 10-7-24

3) Telugu Velugu Sahiti Vedika National general secretary Sri Moturi Narayana Rao said that Sistakaranam members, Sri Uddandrau Raman Babu,, Sri Patnaikuni Ramakrishna Rao (Ramatatha), won the 9th and 10th positions in an online competition.



National president Dr. PRSSN Murthy congratulated both of them Sri Kuppili Raja Rao, Sri Dabbiru Srikanth, Sri Kudama Tirumalrao, Sri YPR Patnaik, Sri Arasada Suryanarayana Rao, Sri Baliwada Venugopal Rao, Smt Vijayakumari also participated and won prizes.



4) Sahridaya Sahitya Sanstha President Sekharamantri Prabhakar said that "Shatrumnacherit" written by Rabindra Shuksha, a well-known poet, writer and literary figure in present-day Hindi literature, is an epic poem. In the literature program held in Visakhapatnam under the auspices of Sahridaya Sahitya, Dr. C.H. Nirmala Devi was the keynote speaker. Prabhakar, who presided over the



meeting, said that although there are innumerable characters in Ramayana, only a few writers have analyzed the role of Rama's brother Shatrughnu. Sri Kuppili Bhimeswara Rao also participated in this meeting.

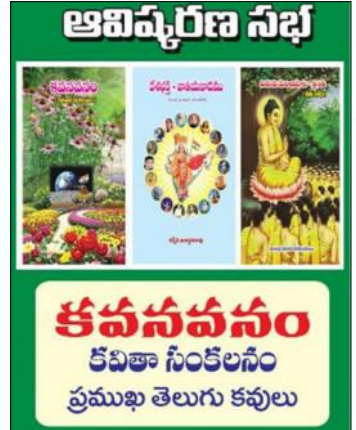
5) Sri Kuduma Tirumala rao poem in Kavana vanam

Kudama Tirumala Rao, winner of national level best teacher award, SS master of Kadumu High School, member of Rajam Writers' Forum, has been given a place in Kavanavana published by Amudalavalasa Vishwa Sahithi.

6) Poem Title: Dasarathi Gurubhyonamah

On the occasion of Mahakavi Dasarathi Krishnamacharya's centenary celebrations, Karimnagar-Bhavani Sahitya Vedi Varu Tedi. On July 21, 2024 Sarathkavi Dabiru V. R. Murthy, Hyderabad

7) Tinara Maimarichi Kavitha by Sri Patnaikuni Ramakrishna Rao (Ramatata) Telugu Light by Sahityavedika



## One year of Sri Prabhakar's Dwadasha Nyastakshari

In the Kalam Snehitulu Group, Sri Dabiru Prabhakar from Raipur has been contributing 12 poems to the Nyastakshari program every Thursday, titled "Dwadasha Kavitalu" for one year. He has compiled these poems into a nearly 133-page PDF, bringing joy to poetry enthusiasts.



Date wise, letters given for the Nystakshari program can be found here:

<https://acrobat.adobe.com/id/urn:aaid:sc:AP:56c2097c-3f10-40c7-be21-b56bfc83a955>

The compilation of 12 poems for each date can be found here:

<https://acrobat.adobe.com/id/urn:aaid:sc:AP:7fa8c319-5d81-4067-9c0e-c1b0dc30dd1e>

## Vivaha Vedika



Vivaha Vedika  
వివాహ వేదిక



Vivaha Vedika is a new initiative from Lekha. Being a sensitive subject, we are wary of the pitfalls in managing the function of match-making. We are, therefore, starting with just a handful of prospective brides and grooms. Please excuse us for any errors, omissions or misrepresentations. This will be an evolving initiative, and we will improve as the time goes by.

### Prospective Brides & Grooms



Name	BHAVYA KANTI
Surname	ALLENA
Father's Name	A.SRINIVAS RAO
Gotram	
Date of Birth	23-Oct-1993
Nakshatram	
Height	5' 4"
Complexion	FAIR
Occupation	PVT. EMPLOYEE MINISTRY HEALTH
Work Place	SINGAPORE
Education	BS -LIFE SCIENCE-
Preference	DOCTOR, SOFTWARE, GOOD FAMILY

Name	PRIYANKA
Surname	MANGARAJU
Father's Name	M.SHIVA PRASAD
Gotram	BHARADWAJ
Date of Birth	20-Apr-1996
Nakshatram	KRUTHIKA
Height	
Complexion	
Occupation	PVT. EMPLOYEE INFOSYS
Work Place	
Education	BE / B.TECH
Preference	

Name	LAKSHMI PRASANNA
Surname	KOTTISA
Father's Name	
Gotram	
Date of Birth	20-Mar-1997
Nakshatram	ASHLESHA
Height	5' 1"
Complexion	FAIR
Occupation	AGRICULTURAL MARKET COMMITTEE
Work Place	
Education	B.SC
Preference	



Name	SAI KIRAN
Surname	GARBHAM
Father's Name	G.TIRUPATHI RAO
Gotram	
Date of Birth	5-Aug-1991
Nakshatram	
Height	
Complexion	FAIR
Occupation	PVT. EMPLOYEE HSBC
Work Place	HYDERABAD
Education	MBA
Preference	

Name	PRAVEEN KUMAR
Surname	NAGUMANTRI
Father's Name	N.V. SANYASI RAO
Gotram	AGIRASA
Date of Birth	19-Apr-1992
Nakshatram	VISAKHA
Height	5' 8"
Complexion	
Occupation	PVT. EMPLOYEE TEEJAY INDIA PVT LTD
Work Place	ACHUTHAPURAM
Education	B.SC
Preference	

Name	ESWAR PRASAD
Surname	MANIPATRUNI
Father's Name	LATE M. KOTESHWARAO
Gotram	BHARADWAJ
Date of Birth	27-Jul-1992
Nakshatram	ARUDRA
Height	
Complexion	
Occupation	PVT. EMPLOYEE INFOSYS
Work Place	HYDERABAD
Education	BE / B.TECH
Preference	

Name	RAJA RAMESH
Surname	KONDAVALSA
Father's Name	LATE K. VENKAT RAO
Gotram	ATRESA
Date of Birth	10-Oct-1977
Nakshatram	ASHLESHA
Height	5' 4"
Complexion	FAIR
Occupation	BUSINESS AUTOMOBILE SHOP
Work Place	HIRAMANDALAM
Education	
Preference	DOB - '78-'82 : AMICABLE FAMILY

Name	ANIRUDH
Surname	SADASIVUNI
Father's Name	SANJEEV PATNAIK
Gotram	SRIVATSA
Date of Birth	28-Nov-1994
Nakshatram	
Height	5' 4"
Complexion	FAIR
Occupation	PVT. EMPLOYEE PRIVATE COMPANY MNC
Work Place	HYDERABAD
Education	
Preference	NOT WORKING GIRL

### GET MORE PROFILES ONLINE

This page contains only a handful of profiles, just to give you an idea of our repository. For more, visit:

<https://skiv.online/VivahaVedika/>



**SISTAKARANAM IKYAVEDIKA**

ONE DIGITAL PLATFORM FOR ALL SISTAKARANAMS

## Sistakaranam Job-seekers

This page lists brief profiles of Sistakaranam candidates who are looking for new employment offers. We request Sistakaranams who are entrepreneurs, or are in influential positions, or have acquaintances in the industry who can help, to consider our candidates for employment wherever possible.

This page is brought to you by Sistakaranam Welfare Association, Hyderabad



**Harika Palavalasa** Id: 1  
B. Tech., Electrical, 2023  
Fresher with Python and office tools skills

**srilekha Behara** Id: 6  
MBA , Finance  
SAP Security & GRC; System Operator 8 months

**Srinivas Kottakki** Id: 11  
M.A., M.A  
Marketing Manager 8 years, PG Certificate in Mgt 1yr

**Bhuvana Shanmukha Anajali K** Id: 17  
B. Tech., CSE, 2024  
Student

**Prasanna Teja K** Id: 24  
B. Sc., Computer Sc, 2019  
4 years as Mee Seva Computer Operator

**Prataparao Srinivasa Bhargav** Id: 28  
B. Tech., IT, 2021  
Exp. in Machine Learning (Textract) at AWS; HTML, CSS, BOOTSTRAP

**Sairraaj Patro Y** Id: 33  
B. Tech., ECE, 2023  
Python, C++, SQL, Express.js, MongoDB, REST APIs, MySQL, Matlab

**Cherukuwada Poojitha Rani** Id: 37  
B. Tech., Civil, 2023  
C language and AUTO CAD

**Vappangi Umesh Jayachand** Id: 41  
B. Tech., Mechanical, 2023  
CATIA V5, AutoCAD, Solid Works, Autodesk Fusion 360, Nx CAD, Cero, ANSYS, CNC

**K Sangeeta Patnaik** Id: 45  
Intermediate, MPC, 2013  
MS-Word

**B Jai Kishore** Id: 49  
B. Tech., IT, 2024  
C, HTML, CSS, Python, Java(Basics)

**B Sai Sampath** Id: 53  
B. Tech., CSE, 2022  
Certified in core java/J2ee & Oracle database (Sql, PLsql)

**Manasa Rupamani Y** Id: 58  
B. Tech., ECE, 2015  
3.5 yrs as "Jr. Engineer" Skills : C programming, Embedded C, M S Office

**Godaba Baba Santosh Aditya** Id: 62  
B. Tech., ECE, 2024  
C, Python, AI/ML

**Sriharsha Munagavalasa** Id: 3  
B. Sc., Computer Sc, 2019  
Networking, lan connection, internet troubleshooting, system troubleshooting,

**Ramya Gara** Id: 7  
B. Tech., CSE, 2022  
Fresher with SQL, DataBase, Developer

**Chandana Rani Regulavalasa** Id: 12  
B. Tech., ECE, 2023  
SAP MM Associate Consultant and Business Process and Integration of MM

**Promod Patnaik** Id: 19  
B. Com., MBA, 2019  
Dispatch/Inventory Ops., Executive in Outbound department in FLIPKART

**Ramana Murthy Karakavalasa** Id: 25  
B. Com., 1994  
Marketing ; 20 years is Vizag Steel Plant

**Venkata Siva Balaji Itika** Id: 29  
MCA, MCA., 2022  
Well conversant with C, C++, C#, Java and Python

**Deepak Kumar** Id: 34  
B. Tech., CSE, 2023  
Data Analytics, Data Visualization, MS-SQL, MS-Power BI, Tableau, Python;

**Cherukuwada Geetha Bhargavi** Id: 38  
B. Tech., Mechanical, 2022  
CATIA in ANUCET in association with APSSDC, SQL, Python

**Murali Krishna S** Id: 42  
B. Com.  
12 yrs insurance, banking, SBI Life; Role : Operations Senior Associate

**Lavanya Naupada** Id: 46  
B. Tech., IT, 2023  
SOC cyber attacks and tools

**Beram Onija Sri Durga Shravani** Id: 50  
B. Tech., IT, 202  
Java, C Programming, C++ Programming, HTML

**Dinesh Pedapenki** Id: 55  
B. Tech., ECE, 2023  
Languages : C++, Python, Java Web Languages: HTML, CSS Database :

**Valliswari Behara** Id: 59  
B. Sc., MPC, 2022  
Core Java, OOPS, SQL, Python, JavaSript, HTML5, CSS3

**Madhava Kottesu** Id: 63  
B.A., H.E.P, 2012  
Accounts experience in Pratibha College, Communication/Soft skills, English

**Naveen Kumar Gadagamma** Id: 4  
B. Com., Commerce, 2020  
Fresher with commerce background

**Swaranalatha P** Id: 9  
B. Com., MBA, HR, 1999  
As teacher 10 yrs. PGD Biz Mgt, PGDCA

**Swetha Lakshmi Nagumantri** Id: 13  
B. Tech., CSE, 2023  
JavaScript, HTML5, CSS3., SQL, OPSS

**Anuradha Ramadugu** Id: 21  
Graduate, 2005  
14 years exp. in extensive Branch Banking, strategic thinker & team builder.

**NagaGayathri Dadhi Rao** Id: 26  
B. Com., 2014  
1 year - Voice Process; 6+ years previously in Banking and Operations.

**Tarun Kumar Ponnada** Id: 30  
B. Tech., CSE, 2017  
2 yrs in SW Dev; Informatica Power Center 10.5, Wins Cp, Putty, JIIRA, Citrix

**Panchali Akshaya Patnaik** Id: 35  
B. Tech., ECE, 2024  
In B. Tech final year ith AWS AI-ML Virtual Internship

**Bharat Kumar Kagapu** Id: 39  
B. Sc., B. Sc  
12+years experience in the business management and having proven success

**Nagumantri L Narasimha Murthy** Id: 43  
MCA, MCA., 2014  
Java (J2EE), 1.8 yrs exp. in SAP Hybris implementing E-Commerce application.

**Kasimahanty Sruti** Id: 47  
B. Com., MBA, HR, 2023  
Fresher 2023 passout

**Baggam** Id: 51  
B. Tech., ECE, 2023  
Basics in C, Python, HTML, Salesforce Admin and Manual Testing.

**Vijaya Bhargavi Khandavalli** Id: 56  
MCA, MCA., 2023  
Python with DSA, HTML&CSS, JavaScript, Angularjs, SQL

**Yeswanth Kumar** Id: 60  
B. Sc., Chemistry, 2022  
Internship on production operations; MS-Word, Excel, PowerPoint

**Gandreti Shyam Kumar** Id: 64  
Diploma , Mechanical, 2022  
Device Manufacturing, Assembling, Quality Control, SOPs/STPs, SAP

**Jeeshitha V** Id: 5  
B. Tech., CSE, 2023  
C, Java, Python, JS, HTML, CSS, Database management, MySQL, AI, Web

**Harshavardhan Patnaik Uriti** Id: 10  
B. Tech., ECE, 2023  
Fresher with C, Basics of Java Skills

**Dinesh Kumar Patnaik D** Id: 14  
MBA, 2021  
Senior process trainer for new hires

**Baggam Pavan Kumar** Id: 22  
Diploma , Mechanical, 2012  
5 years in Safety, Adv. Dip. In Fire & Safety. Worked POWER MECH, 2x660 mw

**Swathi Ananthapatnaikuni** Id: 27  
MCA, MCA., 2014  
Exp. In backend Java; Software design & dev; Java Web dev. using JSP and Servlets

**Kuppili Sai Adithya** Id: 32  
B. Sc., MPC, 2014  
5.7 yrs (IT, Telecom, Bank), 3 years in Analysis and Telecom billing operations.

**Prasanthi Raghupatruni** Id: 36  
B. Tech., ECE, 2022  
Data science using Python; Big Data, Data Analytics concepts, R- programming.

**Gunuru Satya Venkata Vinay** Id: 40  
B. Sc., MPC, 2022  
Fresher with Chemistry Background

**Sreelakshmi Uriti** Id: 44  
B. Tech., EEE, 2018  
C#.Net, Web Technologies: ASP.Net, ASP.NET MVC; Microsoft SQL Server

**Soma Harish** Id: 48  
B. Sc., MBA, MBA, 2021  
Hands on knowledge of UI Tools HTML-4 & 5, CSS-2 & 3, Javascript, JQuery, AJAX,

**Durga Prasad Palivela** Id: 52  
MCA, MCA., 2003  
12+Yrs. Exp in Testing, incl. 10+ years in manual testing Client/ Server & Web Apps.

**Karakavalasa Apoorva Sai** Id: 57  
B. Sc., CSE, 2023  
Knowledge in Power BI and statistics and SQL

**Sujit Kumar Patnaik** Id: 61  
MBA, HR & Finance, 0  
Internship on Employee Trg & Dev. Presently Asst. Officer (P&A) AT Venko

Potential Employers may contact:  
srinivaskasimahanthi@gmail.com or 99594 73187.  
Candidates may email their resumes to: swajobmela@gmail.com.

# Karnam World

## In memory of Dr. Raman on Doctors' Day..

- Special recognition as a doctor of the poor - Walking on the same path till the last breath.
- Manifesting as God on Earth.

In general, it is the costs of hospitals that afflict the poor more than the illnesses they suffer. Any hospital, fees in hundreds, tests in thousands, and the drug prices drown the middle class. The exploitation that takes place in the name of medicine cannot be overstated. But it is indisputable that Simhagiri Hospital, founded by Dr. KV Raman, who is renowned as a God for poor people in the industrial area of Gajuwaka, is different. Dr. KV Raman, who is a big doctor by name, lived a humble life and looks very ordinary, and beyond that known for his good "hand" in the locality. He started his service oriented journey from the early days without giving the least priority to money and selflessly providing medicine even to the poor. It is not an exaggeration to say that he is still alive in the hearts of the people of that place, having tirelessly served the patients until his last breath.

RMP doctors are also charging hundreds and thousands of rupees, but with a fee of only one hundred rupees in the hospital he founded, Dr. KV Raman was a compassionate doctor who brought corporate medicine to the poor. Dr. K. V. Raman, who treated the elderly as his own, as the epitome of the saying "Vaidyo Narayana Hari", rendered great services as a great power

to save people, ensuring he filled some pages in history as an immortal. Even after five years of his death, it has become customary for the residents of Gajuwaka to remember his services as a doctor for the poor on Doctors' Day.

He was first paid his respects along with his family members at the 6th death anniversary program organized by the Simhagiri Charitable Trust. Later clothes were to the poor and praised the services of the late Dr. Raman were distributed. Hospital MD Dr. Kalyan, Trust Head Dr. Jamuna, Dr. Ramasatya Mahesh, Dr. Sangeet Lakshmi, Mounika, staff members and others participated in this program and paid their respects.

This is a written tribute by "National News Express" on behalf of Gajuwaka Journalists for the medical services provided by Dr. KV Raman to the columnists working with the letter as their weapon and stories as their duty, and who are pulling the wagon of life in dire poverty.

Dr. KV Raman's son, Dr. Kalyan, is walking in the path laid by his father and is working hard to achieve his ambition even today, compared to children who put their parents in Asharams while they are still alive. After Raman's death, Dr. Kalyan, who took the responsibility of managing



the hospital on his shoulders, seems to be a son worthy of his father. In a society where doctors are working a business perspective, he gets appreciation of the people for imbibing the legacy of his father. Today, when one sees the bills in the private hospitals, one feels a pang in the heart. Any hospital you go, the doctor's fee ranges from at least five hundred to one thousand rupees. But taking only a fee of one hundred rupees and taking sick people who come to the hospital and selflessly providing medical treatment is a great virtue of Dr. Kalyan. It should be said that several service programs through that trust are a testament to the dedication of the Simhagiri Charitable Trust named after his father Dr. Raman, who was an impeccable man in addition to his medical services. We wish Dr. Kalyan, who is walking in the footsteps of his father by providing medicine with a smile, to become more prominent, and a very happy National Doctors' Day.

## Kuppili Venkateswara Rao's birth centenary edition released

The Ponnuru Kala Parishad, Nidabrolu, Ponnuru, Guntur District, organized the 23rd two Telugu states-level invitational drama competitions on June 8, 9, 10, 20, and 24, in celebration of the renowned theater personality's birthday.

On this occasion, the "Nataraju Kuppili Venkateswarlu Centenary Commemorative Edition" was unveiled on June 10 at the Parishad venue.

The edition features prominent opinions, including those of N.T.

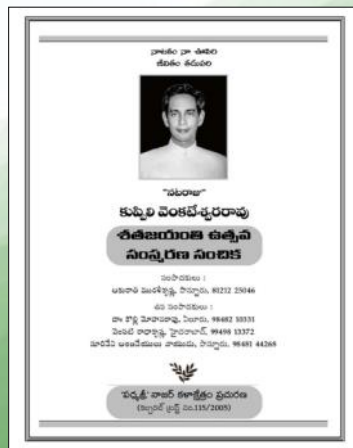
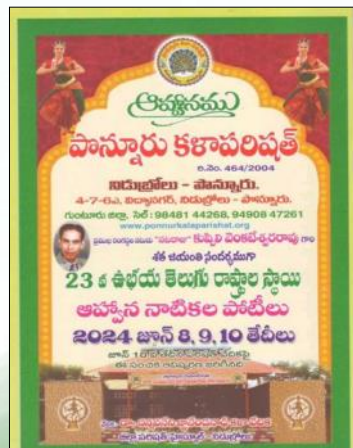
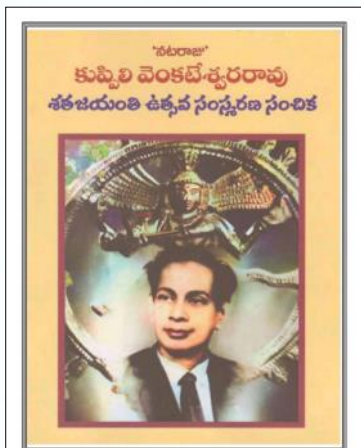
Rama Rao, about Sri Kuppili Venkateswarlu.

The centenary edition, spanning 121 pages, highlights his life history and theatrical experiences.

This is a must-read edition for anyone interested.

The complete 121-page edition can be accessed via the provided link. <https://a.adobe.com/id/urn:aaid:sc:AP:86c8d864-c497-4455-b496-40d877c4ff52>

- Compiled by: Dr Chowdari Prasad, Bangalore



## Health Page

### Awareness about Tuberculosis is essential – Dr. Kuppli Sureshbabu



Although science and technology have advanced significantly, tuberculosis (TB) remains a major challenge, constantly impacting our development and progress. TB is a life-threatening infectious disease, and since the onset of COVID-19, TB-related deaths have increased. Over 4,000 TB-related deaths occur daily worldwide.

To address this issue, awareness programs and global observances, such as World TB Day, are held. This day, commemorated annually, was established to honor Robert Koch, who discovered the TB-causing bacterium, *Mycobacterium tuberculosis*, in 1882. The international health organization has called for the observance of World TB Day 2024 with a focus on the goal of TB elimination.

TB is a silent enemy, primarily affecting the lungs but potentially impacting other organs. It can

spread to lymph nodes, the uterus, kidneys, spine, brain, heart, and any other organ in the body. TB does not discriminate based on gender or age.

Key causes of TB include poor living conditions, inadequate healthcare, sanitation deficiencies, lack of awareness, and primarily poverty.

The main symptoms of TB include a persistent cough lasting more than three weeks, coughing up blood or mucus, fever with chills, loss of appetite, weight loss, night sweats, chest pain, severe fatigue, prolonged joint pain, abdominal pain, dizziness, and headaches. A person with TB can spread the disease to up to 15 people. The disease spreads through droplets when an infected person coughs or sneezes, so it is important to cover the mouth and nose while coughing or sneezing. TB can also be exacerbated by a deficiency in vitamin D.

TB diagnosis involves testing sputum samples, cultures, modern CBNAT tests, RT-PCR tests, chest X-rays, and HRCT scans.

TB prevention includes awareness programs, ensuring that TB patients do not spit in public

places, consuming a balanced diet, regular exercise to boost immunity, avoiding alcohol and smoking (which increase the risk of TB by four times), and managing blood glucose levels (as diabetes increases the risk of TB fourfold).

TB patients receive treatment through DOTS Plus sites. Early detection and consultation with a healthcare provider can prevent severe consequences.

Dr. Kuppli Suresh Babu, Convener of the PMP Association of India - Visakhapatnam District - Social Public Health Physician, has thus provided the above comprehensive information on TB as part of community service.



## Our Treasures

### Vidura's morals

*(Continued from last issue)*

Vidura wrote observing and analyzing the society with his inner and outer sensibility. It can be said that he studied Dharmaraja's good behavior and Duryodhana's bad behavior and taught the virtues.

The common rulers of that time did not understand that even though the principles he conveyed to Dhritarashtra were for the present, he conveyed them to the rulers in the future as well.

(4) Government has administrative objectives. Governments should work hard to achieve those goals. Government objectives must be fulfilled i.e. achieved.

(5) When decisions are taken in the course of government, no hasty measures are effective. Actions taken by rulers in an extreme manner can never yield good results.

(6) Peace and security in particular should help the progress of the state. These policies are based on growth. Vidura informed the rulers that the establishment of peace and security in the kingdom should be the main priority.

(7) Another important point is that Vidura tells us how not only the people but also the rulers should always be prepared to accomplish the highest achievements in life.

(8) He explains in detail how to overcome the problems encountered in the pursuit of human goals by self-motivation.

*(More... in a later issue)*

- Behara Umamaheswara Rao (M.A, M.Ed)

Parvathipuram Manyam District – 9290061336.

### Equanimity

A meditator needs to give special attention to equanimity. He needs to maintain a composure, that neither excites of pleasurable experiences nor falls into sorrow or frustration of painful experiences. He needs to train his mind to not to waver to experiences. As one continues his meditation under guru he becomes serene and equanimous.

This may be attained by a watchful observation. One may tend to excitements. The nature is full of polarities. A Jeeva that seeks excitement is bound to encounter sorrows. This is because every pleasure seemingly leads to dullness. When jeeva is not desirous of any thing including excitements, he is bound to maintain an equanimous balance. Once the sadhak is in a path of liberation, and maintaining a keen observation, the experiences are mere changes that keep coming and going. What remains unchanging is to be understood. Knowing that, many worldly habits are pleasure seeking he can reach equanimity faster. People are constantly engaged in worldly good. Things like tasty food or a drink, an exciting conversation, or a motivational activity, every thing of that sort could be a pleasure seeking in disguise. If one is maintaining a keen observation, his mind does not waver for the thrills, different experiences offer.

The mind can get entangled into fears and desires. In the same way one is cautious against entangling into desires, he shouldn't get entangled into fears and apprehensions. A mind constantly brings alerts of fears. 1000s of fears that cometo the mind do not realize. Hence one needs to maintain the confidence, that the provider is there to protect against troubles. A sadhak need to maintain the faith. One must be aware of the surroundings, and not fuel the fears. A sadhak that conquers the fears and desires, is close to liberation. He surrenders his mind to the flow of divinity.



*Girdhar is a spiritual seeker graced by realized Gurus Shri Badarinayanji and Leslie Temple Thurston.*

## Speak Out

*Speak Out is a page for readers to express opinions, suggestions, and expectations from our community in general, and from Lekha in particular.*

*Your content may be in English, Telugu, or both, whichever is convenient to you. You may send your letter to email: lekha@skiv. online or WhatsApp to 8712715448 or 8074800939.*



Namaste.

The need for unity of Sistakaranams in Hyderabad was well explained by Sri Naraharinath Sekharamantri, in July month's 'Lekha'. And, the coverage of Sistakaranams in politics is commendable.

- Basangi Suresh, Hyderabad

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Sistakaranam Lekha digital monthly magazine which is very popular among the Sistakaranam relatives and is read every month by the Sistakaranams globally, with the special page titled Sistakaranams in politics from its fourth edition of March 2021 started with the news that our Sistakaranam candidates won as sarpanchs and ward members in the local elections of AP state. That has now expanded into a four-page feature on our political achievements in the July 2024 issue. This is a tribute to the great work of Lekha scribes. It can be said that many have been inspired by these pages on politics in Lekha.

Special thanks to Sri J.V. Chandrababu for highlighting these pages and congratulations to the entire Lekha team.

- Pulumahanti Umamaheswar Rao  
President, Andhra Pradesh Sishtakaranam Association (63/1979)  
And Executive Committee Members

\*\*\*

The magazine has reached full publication quality. Congratulations to the editorial team for creating a publication that is engaging and thought-provoking from the first page to the last.

- Shravan Raigada, USA

\*\*\*

I felt very glad to get the July issue of LEKHA, on time and read the loaded contents. The frank and straightforward EDITORIAL is laudable. I fully agree with the Advisory and say that UNITY IS STRENGTH. Similar status is prevailing at the AP state and All India level, which needs to be amicably resolved in the larger interest of the Welfare of our community. May be, SKIV may have to play a crucial role to follow the recent KUTAMI approach in AP. It's heartening to read about the active engagement of Sistakaranams in regional politics, which again may leverage our prosperity.

I suggest that LEKHA should start sharing brief profiles of its EDITORIAL and Support Team members, one or two members in each month.

We are eagerly awaiting your detailed announcement regarding the SKIV LEKHA Awards.

Finally, I also suggest you to introduce a page to cover OBITUARIES of our community members, sourced from Whatsapp posts.

Regards and Best Wishes,

Dr Chowdari Prasad from Bangalore

Dear Sir,

*I have been perusing this monthly publication "Lekha" and appreciate the quality, contents and layout of the publication. It is possible only because of the time, energy and valuable inputs put in by the editorial team.*

*I request you to consider putting in place an "obituary" column of eminent and known members of sistakaran community . Second, you have been publishing information about prospective brides and grooms everymonth. A laudable service effort! But the ugly dowry system very rampant among our community people deprives the lesser privileged members to take advantage of the information. Similar is the situation at congregations arranged at several places especially in AP. Would it be possible to use the columns of "Lekha" to educate readers of the evils of the system and try to eschew the system. Grooms earning handsome salaries or even otherwise well-off still insist on expensive dowries either in cash or in kind.*

*You will be doing a salutary service even if a small number of under-privileged parents are benefitted through your efforts. Since the editorial team consists of an intelligent and proactive group, I am sure you will work out a workable and practical way to educate parents and grooms on this subject.*

Regards

N R B Patnaik

Retd. GM.

State bank.

## Sri Kanaraju's gratitude

On July 5, 2024, Sri Sadashivuni Lakshman Rao met with Dr. Arikthota Kanakaraju, a distinguished Sistakaranam leader, dedicated service provider, retired principal of an agricultural college, and scientist. They discussed in detail the ongoing service activities and the status of Sistakaranam associations, at their residence on Lakalaji Road, Visakhapatnam. Later, Dr. Kanakaraju visited our flat in PM Palem, where he spent an hour discussing various topics before departing. We would like to congratulate him wishing to organize more social service programmes.



Sri Kanakaraju has a great fondness for our Sistakaranam Lekha magazine. He thanked the magazine team for dedicating a page each month to report on his continuous service activities and for informing people across the country about his work.

# Coming Soon... Lekha Annual Awards



We have finalized 11 categories of the awards. The first 8 will be through a process where anyone can nominate a Sistakaranam for the award. The rest will be on recommendation of prominent individuals & the Lekha team.

**#1. Philanthropy Impact Award (Individual)** - For individuals in Charity & Social Service

**#2. Philanthropy Impact Award (Team)** - For Groups/Associations in Charity & Social Service

*Evaluation Criteria for the above 2 awards:* 1. Consistent Contribution thru Time & Resources; 2. Meaningful Impact on Beneficiaries; 3. Focus on Sistakaranams upliftment

**#3. Lekha Literary Award** - For Poets & Authors

*Evaluation Criteria:* 1. Meaningful, Thoughtful & Creative content; 2. Awards & Recognition (any language); 3. Contemporary, Prolific contributions

**#4. Outstanding Entrepreneur Award** - For Individuals in Business

*Evaluation Criteria:* 1. Successful business or Enterprising Startup; 2. Employment generation, Benefit to SKs; 3. Recognition/Awards in the Corporate World

**#5. Exceptional Talent Award** - For Talented Individuals in Fine Arts & Performing Arts

**#6. Emerging Talent Award** - Same as above, but for young artists

*Evaluation Criteria for the above 2 awards:* 1. Unique or Exceptional Talent; 2. Rewards & Recognition (National/International); 3. Inspirational Output, or Mentoring record

**#7. Distinguished YouTuber Award**

*Evaluation Criteria:* 1. Content quality, Addressing Niche Areas; 2. Audience engagement, Metrics and analytics; 3. Influence and Impact on others

**#8. Significant Newsmaker Award** - For Individuals in National/ International News

*Evaluation Criteria:* 1. Significance of Achievement(s); 2. Community Impact, Exemplary character; 3. Multiple Achievements, or Lasting Impact

**#9. Sista Vibhusan Award** - For Sistakaranams who have left a rich legacy

*Evaluation Criteria:* 1. Leadership and Guidance; 2. Community Development; 3. Service to vulnerable part of the SK community; 4. Longevity of Contribution; 5. Legacy and Impact

**#10. Sista Bhusan Award** - For contemporary Sistakaranams who are serving the community

*Evaluation Criteria:* 1. Significant contribution to SK society; 2. Contribution over a long period; 3. Continued to involve even in minor capacity

**#11. Lekha Thank You Award**

Special award in acknowledgment of contribution to Lekha/SKIV online/ offline consistently in terms of keeping the brand active.

**LOOK OUT FOR THE FINAL ANNOUNCEMENT SOON!**

(Advertisement)

**SPECIFICATIONS**

- Structure : R.C.C. Framed Structure.
- Super Structure : Brick walls in CM (1:6), outer 8"tk. Internal walls 4"thk.
- Plastering : Two coats plastering with sponge finish in CM. (1:6), smooth finish with Putty inside, out side sponge finish.
- Main Door : Teak wood frame and teak shutter
- Internal Doors : Teak wood Frames and Mrambrane doors
- Windows : UPVC windows with iron grills.
- Kitchen : Granite top on platform, 2 feet height ceramic tiles dado on platform and s.s. sink.
- Toilets : Ceramic tiles dado upto 6 feet, ceramic tiles flooring, wall mixture and EWC and IWC with flush tanks in toilets.
- Flooring : 2/2" Vitrified tiles in all rooms. Granite flooring in corridors and staircase, Cement flooring on terrace, parking tiles in parking area.
- Colouring : Emulsion to inside rooms, ace to outside of the building, Enamel paint to doors.
- Electrical : Concealed copper wiring with adequate points in all rooms. modular switches will be use, A/C Provision in bed rooms, geyser provision in toilets.
- Sewage and Plumbing : As per site conditions and bore well water with overhead tanks with sufficient capacity.
- Lift : 6 passengers ( standered make)

Sistakaranam buyers will be given a special discount as this is a venture promoted by Sri Yeluri Arun, a prolific builder from our community, subject to conditions. Please call on the given no. for details.

**Block A** AREA - 1540 sft

**Block B** AREA - 1525 Sft

**Block C** AREA - 1125 Sft

**MAGNUS Residency @ Alwal** Luxury Living

1-3-183/40/46/39, Street No.30, SBI Colony, Gandhinagar, Hyderabad - 500080.  
Mail : srisaakshayconstructions@gmail.com

**Sai Akshay Constructions** Contact : 98480 36251

# Ikya Vedika Page

## Our Editorial Team - The Pillars of Lekha

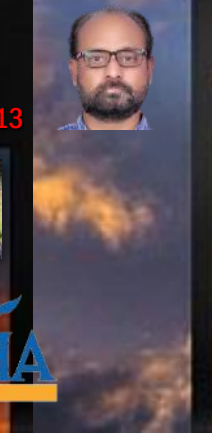
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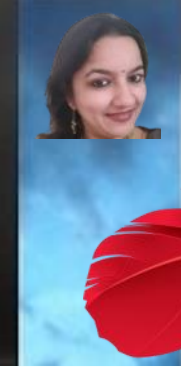
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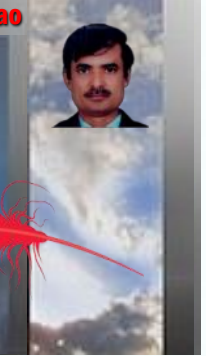
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### How to subscribe to Lekha

Every month, on the first Sunday, Sistakaranam Lekha is posted in over 100 Sistakaranam Whatsapp groups. You can now subscribe for your personal copy (presently free) of Sistakaranam Lekha (English and Telugu).

- 1) If you are not a member of any Sistakaranam Whatsapp group, we can send Lekha every month to your personal whatsapp number. Please reach out to Sadashivuni Lakshmana Rao on 92477 83307.
- 2) If you are not having any WhatsApp number, we can send Lekha every month to your personal email. As on date we are sending to three email subscribers registered with us. Please reach out to us at [lekha@skiv.online](mailto:lekha@skiv.online).

You may note that Sistakaranam Lekha is also posted every month on the [Facebook page](#) and the [Website archives](#) of Sistakaranam Ikyavedika.

### Tribute to late Sri Veenam Veeranna

Recently, Ikyavedika members Naraharinath, Narasimha Rao, Chandrababu, Naresh and family were in Rajahmundry to attend the anniversary function of late Smt. Sireesha, w/o Sri Mantri Balagangadhar. They took time off to visit "Sir Arthur Cotton Museum" that preserves images, tools and models from the construction period of the Dowleswaram barrage on river Godavari, with the specific intent of looking at artefacts in memory of late Sri Veenam Veeranna, our Sistakaranam Engineer who worked with Sir Arthur Cotton. They were delighted, as their hearts swelled with pride, to note that the museum pays tribute to him as one of the "Anakatta Niramana Saradhulu".



### Ikyavedika on the Web

<https://skiv.online>  
<https://sistakaranam.org>

<https://skiv.online/VivahaVedika>

<https://www.facebook.com/sistakaranam.community>

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**Srinivasa lumburu**

**Suresh Dabburu**

**Avilala Sridhar**

**Rajesh Ampalam**

**Chandra Mouli Dabburu**