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## A Few Disclaimers

This newsletter is published by Sistakaranam Iky Vedika Digital Team, a voluntary group from the Sistakaranam Community. Being published by a voluntary group, it has no affiliation to any other association and, in fact, attempts to bring you updates from all associations & groups of our community.

One aspect about this newsletter, which we are still figuring out, is the statutory need for registering it. Our initial assessment is that this newsletter may not need any registration, mainly due to 4 reasons: (1) It's a digital magazine, for which currently no government regulations exist, (2) It's not a

printed magazine, which requires approval of RNI (Registrar of Newspapers for India), (3) It's not a commercial venture, but a collaborative voluntary effort from members of our community and (4) It's for private circulation only, meaning that it is meant only for members of the Sistakaranam community. However, we are open for advice in this matter, and reiterate that we shall abide by any statutory requirements, once the same is clear.

As for the content in the newsletter, including advertisements, it is all sourced either through contributions from members of the

community, or from resources that are in the public domain, including news media and social media (such as Facebook & WhatsApp), without any financial consideration to anyone.

If you have any reservations about the content, please reach out to Ikyavedika Digital team (details in the last page).



# COMMUNITY NEWS

## Golden inscription in the history of Sistakaranam Community

Sri DV Krishna Rao and Sri Polumahanti Umamaheshwar Rao opened up our caste voice at the National OBC Hearing.

Our top community leaders from Andhra Pradesh and Telangana presented a united voice for the achievement of OBC status.

The top caste leaders who roared in Delhi at this golden event included Sri DV Krishna Rao along with Telangana State Additional General Secretary Sri Moturi Narayana Rao along with Andhra Pradesh State Sistakaranam Association President Sri Polumahanti Uma Maheshwara Rao, SarvaSri Belagam Jayababu, AV Nagarjuna Patnaik, Murahari Simhagiri Patnaik, Lakshmana Das, Srinivasa Rao, with added presence of Sri Venkumahanti Mohana Rao, Sri Naupada Satyannarayana from Delhi, together for the common good of our two states held a lengthy discussion in Delhi on the achievement of OBC. We all feel lucky that the National Commission for Backward Castes also has a positive attitude towards us. We hope that the Central Government will soon include our Sistakaranam community in the OBC list.

Congratulations to all of them on behalf of the "Lekha".



### A tearful tribute to Smt. Ammadamma

Hours after arriving in New Delhi for the rights of the entire Sistakaranam community, the news of the death of Sri DV Krishna Rao's mother, Smt. Shakuntalamma, left everyone in mourning. 'Lekha' expresses deep condolences on behalf of all member relatives of Sistakaranam community, praying God for sadgati to the holy soul of Dabbiru Shakuntalamma (Ammadamma), who was living in Jalumuru of Srikakulam district.



## World Sistakaranam Directory 2022

Eminent Sistakaranam Stalwart Sri Sardashivuni Lakshmana Rao has taken up the noble cause of creating a World Sistakaranam Directory 2022.

Stating that it is not for census/enumeration, and that the initiative is not affiliated to any association, he has requested our community members to send their family details to him directly, in the following format:

- 1) Full name of family Head (with surname)
- 2) Age in years (do not give date of birth)
- 3) Residence Town/Village
- 4) District
- 5) State
- 6) Country
- 7) No. of Adults (females) in the family
- 8) No. of Adults (males)
- 9) Total no. of adults
- 10) No. of children below 18 years (girls)
- 11) No. of children below 18 years (boys)
- 12) Total no. of Children.
- 13) Your Mobile Ph. No.
- 14) Your Present Postal Address

- The details are to be written on a Reply Post card and sent to below address:

S Lakshmana Rao  
Flat 301, Ashiana Paradise Apartments,  
FCI Layout, PMPalem,

Visakhapatnam - 530041 AP

- A registration number will be sent through the reply post card.

- All postcards received from 14-12-2021 till 31-03-2022 will be duly recorded in the World Sistakaranam Directory 2022.

- The preferred mode is only through Post Card. However, those residing in other countries can send through email to lakshmanas3202@gmail.com

In his message, Sri Lakshmana Rao has also clarified the following:

- No fees or charges whatsoever. It is free.

- It is purely voluntary only. If you are not interested to give your details, you need not send.

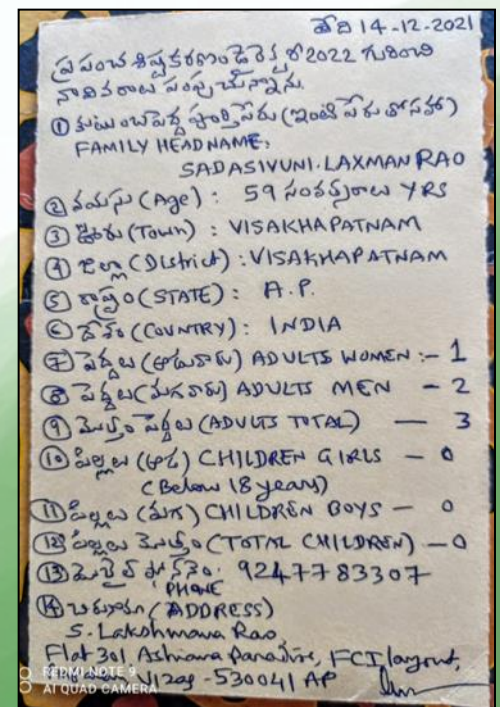
- Excepting for the asked details, no other information should be given.

- The expenses of this project will be borne by Lakshmana Rao himself. If needed, he may approach his close relatives and few Sistakaranam leaders for donations.

He has further requested to kindly pass on this message to all Sistakaranams, particularly to those living in remote rural areas not having Whatsapp/net connection etc. and ask them to send through postcard only.

A model post card has also been shared.

Lekha requests everyone's support in this project and make it a grand success in creating the best resource for future generations of Sistakaranams all over the globe.





## NEWSMAKERS

### Dr. Suresh Babu in Blood Donation Camp

Let us congratulate Dr Kuppili Suresh Babu for participating in Mega Blood Donation camp organised by Tera Panth Mahila mandali and other Tera-panth units alongwith Rotary Club at Tera Panth Bhavan at Allipuram in Visakhapatnam on 12-12-2021.



### Sri Surya Prasad elected Journalists' President

Gajuwaka Journalist Welfare Association, at their Plenary meeting, elected Senior Journalist Sri Kuppili Suryaprasad as the President. Sri Prasad has worked as a journalist in various magazines for 26 years, and his



efforts in bringing issues to the government's notice through his pen has been lauded by the members. Sri Prasad while speaking on the occasion, promised to do his part for the welfare of the journalists. The meeting was attended by journalists of various publications from Malkapuram, Steel Plant, Pedagantyada, Koormannapalem, Nataiahpalem, Autonagar and other places, who elected the rest of the working group.

### Smt. Parvati appointed to Pyditalli Trust Board

Let's congratulate our prominent community member Smt. Baliwada Parvati of Vizianagaram on her appointment as a member of the Board of Trustees of Vizianagaram Sri Sri Paiditalli Ammavari Temple. We wish her many more opportunities & recognition!

### Dr. Anvesh awarded Gold Medal

Let us congratulate Dr Amiti Anvesh from Visakhapatnam for being awarded Gold Medal for his performance in Neonatology Super Speciality Course (three years DM course having only 35 seats all over India) at Sri Ramachandra Medical College, Chennai in the convocation held recently. He received the Gold Medal from Hon'ble Governor, Tamilnadu, Sri R N Ravi garu. Dr Anvesh is the husband of Dr Swathi Vasanthi and son-in-law of eminent Sistakaranam leader Late Sri A V Jagannadha Rao Patnaik. Dr Anvesh is now offering his services at Rainbow Hospitals, Arilova, Visakhapatnam.

P.V.T. Ramana Rao, felicitated the doctor couple Anvesh and Vasanthi.



In this context, Smt. Kuruda Pavani & Sri Haribabu Baliwada, and Gajuwaka association members led by Vishakha district Sistakaranam Welfare Association General Secretary Sri



### Sri Vasu Deva Rao's "Vennala Vana" launched

At 10 am on Sunday 12-12-2021 at Parvatipuram in Vizianagaram district, launch of the book Vennela Vana by our Sistakaranam Poet Author was held under the auspices of Sneha Kala Sahiti. The chief guest was the famous Sistakaranam poet Sri Belagam Bhimeswara Rao, while another poet, Sri B V Patnaik, spoke introducing the book. Congratulations to Sri Ravipalli Vasudeva

Rao. Lekha wishes him to write more books and further publish fine literature.



### Sri Ramana Rao elected Sr. Citizens' Treasurer

Congratulations to Sri Baliwada Venkata Ramanarao (third person from left) who was elected as Treasurer of Vijayanagaram District Senior Citizen Welfare Association and was sworn in on 13-12-2021.

Heartfelt congratulations... We wish him to climb more ranks



### Sri Rega Suresh appointed Associate President, IHRA

Our Sistakaranam leader Sri Rega Suresh a.k.a. Govind (s/o Sri Rega Appalanarasimhulu) of Puritipenta, Gajapatnagaram Tq, Vizianagaram Dist has been appointed as Associate President A.P for International Human Rights Association, India as per their letter dt 14-12-2021. Hearty Congratulations from Lekha.



# NEWSMAKERS

## State 2nd Rank for Kum. Laasya

Congratulations to Kum. R. Laasya for achieving Second Rank with 493/500, in Telangana State Intermediate First year. She is studying MEC at Tapasya College, Kukatpally.



Her proud parents are Sri Reguvalasa Amarnath, Audit Officer, AG office Hyderabad and Smt. Dolly Vurity, Educationalist. They are from Gopal Nagar, Miyapur, Hyderabad.

## Smt. Radha Patnaik's Article in Eenadu

Smt. Raghupathruni Radha Patnaik's article was published as the main article next to the editorial on 19/12/21 in Eenadu, Telugu newspaper. The title "From Controls to Simplification" is written in a simple language understandable to everyone. She is an expert on global trade.



## Chi. Shruti Patnaik wins Nandi Award

Under the auspices of Citizens' Welfare Pride India Cultural Association, Ichchapuram Venkateswara Dance and Music Academy dance teacher Shruti Patnaik received the Nandi Award.



## Sri Vara Prasad elected Press club Vice-President

"Lekha" Congratulations on the election of Sri Mandakuriti Nagavara Prasad, Senior Senior Journalist, APUWJ (Andhra Pradesh Union of Working Journalists) as the Vice President, Srikakulam District Press Club.



## Natya Guru Srikanth's team selected for R-Day parade

Let us congratulate Kuchipudi dancer and Natya Guru Sri Raghupatruni Srikanth of Srikakulam, as his team of classical dancers is selected for participating in the Republic Day Parade on 26-1-2022 at New Delhi. Out of 60 teams only 37 teams are selected, and his team is one of them. All the best to him and his team.



## RPF Personnel honor Smt. Keerti Patnaik

Lekha congratulates famous social worker, popular Sistakaranam person and chairperson of Sri Vignana Jyoti Parishkar Charitable Trust, Visakhapatnam Smt. Kuppili Keerti Patnaik for being honored with Shawl and Flower bouquet by RPF Police personnel in the presence of Mr. Gandreti Tirupathi Rao at Railway Station, Vijayawada on 12-12-2021. The staff have shown respect to her as she extended philanthropic service to the families of RPF staff during Corona Pandemic.



## DIET Principal Dr. Ganeswara Babji felicitated

Mrs. AVN Diet College Principal Dr. Raghupatruni Ganeswara Babji was felicitated at the Picnic of the Artists' Association at Mudasaralapa Park, and at Sanghamitra State Level Awards held on 18-12-2021 at Visakhapatnam Press Club. The event was attended by Social Media Coordinator President Sri Sun Murthy.



## EDITORIAL

### Dharmo Rakshathi Rakshithaha

Lekha team wishes a Happy New Year to all dear relatives of the Sistakaranam caste ... Let us consider some examples of how "Dharma" wins today.

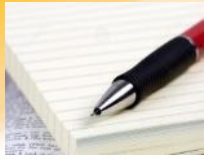
Dharma does not win by itself!

Everyone says that Dharma wins ..

Dharma does not win by itself ..!

You have to make Dharma to win, we have to win together ..

If we look -once into the blood-stained history books ...



#### In the Krutha Yuga...

To say that God is there for the devotee to establish Dharma to save his devotee Prahlad, in order to establish the truth,

God spread out in every atom in the form of Nrusimha and came from a pillar in Ahoobalam. He killed Hiranya Kashyapa.

God takes many forms and suffers in order to establish righteousness and truth.

#### In the Tretra Yuga...

Ravana abducts Rama's wife, Lord Rama did not sit with his hands clasped and looking at the door, assuming only Dharma would win and his Sita would return.

He declared war on Ravana.

Rama was accompanied by a large army of apes and marched towards Dharma. Rama was also wounded in that battle. The arrows pierced the skin of his shoulders and thighs. He endured and fought even if his nerves were bleeding profusely. He won the war ... Dharma won ...!

#### In Dwapara Yuga...

In the battle of Kurukshetra, Krishna did not see the battle as a spectator because he was God. He looked after Dharma, stood by the Pandavas, became the chariot driver for Arjuna, fed boiled gram to the horse, lied, and finally even cheated ...! He did it all for the sake of Dharma, he did it for the sake of Dharma winning. Thus, the battle of Kurukshetra ended, Dharma won ...!

#### In Kali Yuga...

Even now we are struggling with problems every day.

The battle for good and evil is still going on in everyone's mind ...!

If you believe it will only be true ...!

Dharma is understood only when you put aside my, your, his, our differences and think about justice.

Dharma wins on the day of thinking and fighting like that!

The day you resolve to stand with Dharma... The world will run behind you ...

Dharmo Rakshathi Rakshithaha:

Sarva Sistakarana Jana Sukhinobhavantu...

With Pranams... yours relative...

- Jannumahanti Venkata Chandrababu

## INTERVIEW

### A Gem Committed to Commitment

*Lekha in search of diamonds in our community reached Raipur, the capital city of Chhattisgarh state and could finally found Sri Kondavalasa Srinivasa Rao who reached his heights in career as he wished and settled with self-satisfaction by his services to the community. A heart-warming conversation with him.*

#### Please tell us about you

I studied B.Com. with scholarship. My job and marriage took place in Kharagpur. First, I worked as a teacher in govt. school in West Bengal. But I was keen to work in railways. With so much perseverance, I worked hard, read railway books, wrote the Railway Service Commission and got a railway job. I retired as Senior Material Manager in Bilaspur in December 2004.

#### Please tell us about your social activities

My service programs include helping pensioners solve problems, serving sick people, helping poor students in fees, books, giving good guidelines on tuition, small charities and fighting against the problems of water, electricity and drainage. I served as President for Shishu Niket-an AHS School.

#### Please tell us about your services to our Sistakaranam community

I have great love for Sistakaranams. I rendered my services for 15 years in Raipur Sistakaranam Association. As its President in 1992-2002, we conducted many meetings, picnics, helped in last rites for the poor, provided jobs to many and distributed Karanala Diary personally to all households. Very importantly, I helped around 20 couples to get married with my influence with Government officials and helped them to settle in life. Today they are all settled well in their life and it's the most satisfactory part in my life.

#### We heard of your drama and literary services. Please tell us about them.

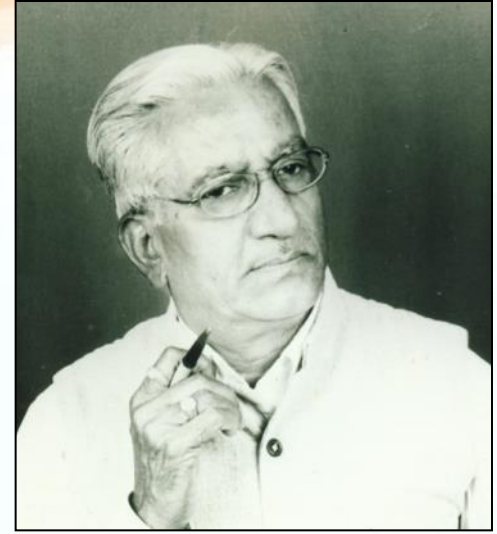
My novel "Bagna Nandi" and other writings in Telugu and Hindi, I received treats at the hands of State ministers and officers. Dramas like "Chillarakottu Chittemma", "Lab", burrakatha of Mahamantri Thimmarasu, speeches on August 15th and January 26th are few of my unforgettable memories.

#### What are the reasons for your success?

I love reading and writing. Taking tuitions was my hobby. I worked hard, maintained punctuality and my commitment to achieve are the mantras for my success. I mingle with all happily. I say on face if any. I help others as per Dharma.

#### Whom do you credit for your success?

My uncle (pedda mamayya) Late Sri Raghumahanti Danalu, my mother and my life-



partner Kamalavathi are the sole reasons for my success.

#### Please give your message to our community

My message is that all Sistakaranams should be in unity. We can excel in society if we are united.

#### Your opinion on Lekha

e-Lekha can also be called as Sistakarana legend alternatively. These six people are like 18 mountain elites and riding this chariot. This is its miracle. With real, interesting, attractive and classical touch, this Sistakarana Lekha is travelling with great velocity with day-by-day compounding interest. There are many Chitraguptas, Indradhanassulu and Arundhati stars in us. Occasionally they flicker. Sistakarana Lekha presenting us with these special diamonds should continue this triumphant yatra as long as this creation exists, I wish and bless to move forward.

*Taking Srinivasa Rao garu as an ideal, Lekha wishes our youth to move forward and wishes him to be successful in all his endeavors.*

**As told to- Jannumahanti Venkata Chandra Babu**

**Compiled by-Mantri Narasimha Rao.**



*With Minister Kuldeep Junej, G. S. Patnaik and others*

## OPEN FORUM

### Melu... Melu... Sistakarana Jaati melu

*melu\_melu.*

*jatulanninti lona e jati melu?  
medhavulunnatti sista karana jati melu.*

*gadapalanninti lona e gadapa melu?  
mahalakshmi nivasinchu ma gadapa melu.*

*arugulanninti lona e arugu melu?  
sista karana panditulu kurcundi ma arugu melu.*

*veedhilanninti lona e veedhi melu?  
sista medhavulanu vunnatti ma veedhi melu.*

*muggulanninti lona e muggu melu?  
karanala inti mundu vundi pidikili muggu melu.*

*bhashalanninta e bhasha melu?  
karanalu matladu korono kota melu.*

*inni melunna mana bhasa nellapudu  
marachi povaka povadame melaina melu.*

I remembered the song our mother sang when I was a child, and wrote it.

Yours,  
- Dabbiru Rama Satya Devi.  
Durgapur, West Bengal

### Sistakaranamulu Dharmapadhaana

*sistakaranamulu dharmapadamuna  
salpiri vaidika vidhulellanu  
brahmanula koratha erpade  
nati karanamule brahmalu  
uttarana mahanadi, kalingamu  
daksina godavari rajamandri  
vistarinchiri sista karanalu,  
vare ninduga rajodyogulu  
orissalo koraput, puri, cuttack,  
andhra srikakulam, visakhlu  
kalinga rajadhanula, danta puram,  
kalinga puram srikakulam nagaralu  
rajodyagame aanavayiti,  
sista karanala nijayiti,  
sacchilu raguta karanamu  
rajula nitya adaraname  
nadu vaidika karmalu cheyaganu  
purohitula lotu erpadaganu  
andhra brahmanula rappinchiri,  
agraharam bhumulippinchiri,  
vaidika vidyanu vidichiri  
kulavrutti adi kaadaniri  
medhavulu sistakaranalu  
vidhi nirvahanamuna ghanulu  
- Behara Umamahesvara Rao. (Umakavi)*

### Another View Point

Greetings to Sistakaranam Elders.

At a time when many people are pressurising the central government to abolish reservations, many educated and intellectuals believe that the government, which has provided the EWS reservation to the benefit of the poor in the upper castes, will not be positive in giving OBC.

If our caste is to be added to OBC, all others who are trying for the same need to be answered. It is up to the Central Government whether to give or not.

There is no evidence that the promises made by the then elders, at the OBC conference in Visakhapatnam, nearly 3 years ago, has been fulfilled so far. This is something we need to introspect.

The Telangana government has written to the central government, so our people have gone from Telangana. We presume that the elders of our caste have received such a letter or a call from NCBC.

The central government has given states the power to identify castes for OBC. On the other hand, the central government has categorically rejected the recommendation of the state governments to undertake BC caste census at present. This is something for the people's representatives of the state government in power to take up.

Are we in a position where anyone can assure today's generation with a firm belief that OBC will come now? Because today a memorandum was submitted to the NCBC Commission. I'll give it tomorrow. After a month, someone else will give.

Wherever we give a representation, the public representative or official usually responds "positively" ... and will say they will take it to the government's notice.

We need to understand the possibilities. If it is really likely to happen, let's all try it together. We should look into the reasons why we do not get OBC reservation, even though every time our elders give a memorandum they respond positively.

It is important to identify an ailment before its treatment. We should come together, discuss the possibilities, and if we are sure that it can happen, we will try collectively.

Because your hard efforts and hard work should not be wasted. Everyone born in the Sistakaranam community will remember this struggle which is not for yourself, but for future generations and our caste.

You will be remembered and respected.

- Manapuram Suresh Kumar  
Sistakaranam Yuvatha

## Significance of Margashira Month

Today marks the end of the month of Margashiram... a month for many things... let's take a look.

In the Bhagavad Gita, Lord Krishna describes the pre-eminence of the path as "Masana Margashirshoham".

The month of Margashira is the month for many holy days.

Margashira Shuddha Padyami is also Poli Padyami. It is the day a devotee named Poli went to heaven in her human body.

Margashira Shuddha 'Skanda Sashti'. According to the scriptures, Kumaraswamy, the son of Shiva, killed Tarakasur on this day and this date is dear to him. The Telugus call it 'Subramanya Sashti'.

Margashira Shuddha Ekadashi 'Vaikuntha Ekadashi'. This is called 'Mokshekadashi'. Devotees believe that one will attain Nirvana if they go to the temples of Lord Vishnu on that day through the north gate. This is a day of festivity in Vaishnava temples like Tirupati and Srirangam. The Vaikuntha Gate is considered to be entry point of the northern ecliptic path of the sun.

Mokshada Ekadashi "Gita Jayanti" is the day on which Lord Krishna preached the Bhagavad Gita, the Dharma Nidhi for all mankind, the pinnacle of the Indian spiritual world. Margashira Bahula

Ekadashi is also known as Vimalaikadashi and Safalaikadashi.

Dattatreya is the union of the trinity of Brahma, Vishnu and Maheshwar. This Dattatreya Jayanti is celebrated on Shuklapurnima in Margashiram.

On the thirteenth day of Margashira Shukla, it is customary to perform Hanumadravratam, Matsyadvadashi and Pradosha vratams.

Anantha Tritiya, Nagapanchami, Subramany Shashti, Parasurama Jayanti, Sankatahara Chaturdhi, Phala Saptami, Rupa Navami, Saphala Ekadashi, Krishna (Malla) Dvadashi, Yamadarshana Triodashi are in this month only., Sri Mahavishnu in the form of Sun enters the Dhanassu Raasi in this month. We call this Dhaussankranti as "Dhanurmasam". It's the time when the Thiruppavai recitation begins.

Margashira Thursday is when women worship Goddess Lakshmi through nomus using grains, in this month.

As it is a month with many such specialties, Margashiram is very useful for all mankind to rever Srimannarayana, to cultivate devotion, to cultivate the virtues of charity and to reap the rewards.

Loka Samastha Sukhino Bhavanthu...

Your relative

- Anantha Prasad Donkada.

## SUPPORT ARENA

### Sistakaranam Helping Hands - Event No. 8

It is sad that Sri Regidi Gauri Prasad, husband of Smt. Regidi Lakshmi, who lives in BC Colony in Vizianagaram district, passed away In 2005 Since then, it is commendable that she has been working as a laborer and raising her son son. But her son (18 years) also passed away last October.

When the Sistakaranam Helping Hands Event No.7 was held, she appealed to the relatives and friends who had come, to support her. Sri Uma Maheshwara Rao Pakki suggested to the members of the Group to decide, depending on the amount collected, either to give her a relief fund in cash or helping her to set up some business herself. For their part, Sri Uma Maheshwarrao Pakki and Smt. Patnayakuni Sanjukta Patnaik announced that they are each donating Rs. 500/-.

They requested anyone who wants to help to send the amount to to Uma Maheshwara Rao Pakki on Phone Pay or Google Pay 9392234863.



**Description**

This group is meant for the welfare of the group members and their families. It also keep close liaison with entire sistakaranam community in terms of socioeconomic status.

### Distribution of Clothing to Disabled Kids

Clothes were distributed to mentally and physically challenged children at the Behra Psychiatric Center, courtesy of Senior Physiotherapist Srinivas Patnaik. Speaking on the occasion, Dr. Srinivas Patnaik said that besides government schemes for the development of children with disabilities, individuals and voluntary organizations should also do their part to help.



### Financial help to Sri K.N.R. Patnaik

Donors spread humanitarian aid by distributing Rs.30,000/- Last month the victim expressed his helplessness through the Srikakulam Sistakaranam community WhatsApp group and sought financial help. Several donors have already responded. About 16 people deposited Rs 22,000/- directly into Sri Narendra's Bank account. Similarly, Sri Nandigam Kailasa Rao, of the Local Bankers Colony Shivabalaji Temple Development, and a representative of Sistakaranam Association, also raised another Rs 8,000/-. The above amount was donated to the Narendra couple living in the local Fazul Beg Peta at their home. The Narendra couple thanked everyone who provided financial assistance and cooperation.

The event was graced by the Vice President of the Sistakaranam Town Association, Sri Pedapenki Sriram Kumar, and Retired DFO Sri Baliwada Danunjaya Rao.



### Distribution of blankets to homeless

On 7/11/2021 Sri Polumahanthi Jaganmohan Rao distributed blankets to poor, homeless, destitute people on behalf of Red Cross Society of India in Srikakulam. 'Lekha' commends his efforts.



### Sri Satya Rao in Blood Donation Camp

Sri Baliwada Satya Rao donated blood at a voluntary blood donation camp jointly organized by Lions Blood Bank and Amravati Nagar Association at Vizag Gajuwaka, Kanithi Road, Lions Club Community Hall.

He later spoke on the sidelines of a conference organized by the Andhra Pradesh Humanitarian Voluntary Service Organization, which has over 50 members.



## SUPPORT ARENA

### PM Jan Dhan Yojana

Bank of Baroda is currently running a campaign to open PM Jan Dhan accounts (with Zero balance) for residents of Anandapuram, Bhimili, Tagarapuvalasa, Madhuravada Mandal for the eligible middle-class families, especially women.

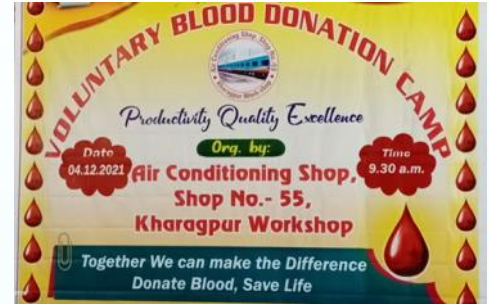
For other details: Sri PVV Prasad Rao Patnaik, BJP District Kisan Morcha, General Secretary, Vellanki, Anandapuram Zone, Cell: - 9440747181

### 5. ప్రధానమంత్రి జన్ ధన్ యోజన



### Blood donation camp in Kharagpur

Under the leadership of Sri Mantri Gangadhar, the 20th Voluntary Blood Donation Camp was conducted at Kharagpur by S.E. Railway Workshop Employees. Dy. Chief Electrical Engineer Sri Babul Barman as Guest of honour and Chief Works Manager Sri BK Rath as Chief Guest attended the event.



### Scholarships for Sistakaranam Students



శ్రీ కరకవల్లస్ సీతారామ్ మూర్తి పట్నాయక్  
& శ్రీమతి కరకవల్లస్ నవనీతం

### స్కాలర్షిప్



శ్రీ పులిటి వెంకట రమణ  
& శ్రీమతి పులిటి గిరిజ

### స్కాలర్షిప్

- To encourage and inspire Sistakaranam students to discover purposeful and passionate life grounded in integrity, determination and moral courage.
- Will be awarded directly to students, one time.
- Selection at the end of each academic year.
- For Sistakaranam students who are in their Class 10 and class 12 (sr inter)
- Based on their performances in board exams and other competitive exams.

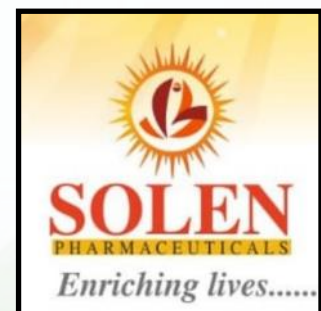
**CONTACT:**

**Ge.kravi@gmail.com**

**or 9652233372.**

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### Free Medicines by courier for 100 days



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  - S-Fenac -Acelofenac 100 mg+Paracetamol 350 mg.
- Medicines are WHO-GMP Certified.
  - Take your Doctor's approval.
  - For Sistakaranam Families.
  - Your details will be kept confidential.

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## FRATERNITY PAGE — Telangana



### Decennial Souvenir Launch Success Meet

On the occasion of the tenth anniversary of the establishment of the Telangana State Sistakaranam Welfare Association, the 6/12/2021 Victory Ceremony was held at the residence of Sri Moturi Narayana Rao to mark the release of the ambitiously designed Decade Souvenir. State President Sri DV Krishna Rao, General Secretary Sri Burley Vijay Kumar, Vice Presidents Sri SV Rao, Treasurer Sri Uriti Parvatishwara Rao, Sri Tirupati Rao, Sri Kottakki Venkateswara Rao, Sri Murali Sharma, Sri Chandu Prasad, Sri Prakash Rao, Sri. Pratap Rajshree Santosh and Sri Moturi Narayana Rao expressed their heartfelt thanks to the members of the working committee.



### Bhadrachalam Sistakarana Vana Samaradhana

A Vana Samaradhana was held on 19/12/21 steered by Sri Vishnumahanti Mohan, and presided over by Sri Jannumahanti Ramesh at Raju garden, opposite Dr. Paul Raj Engineering College in Bhadrachalam town. Services undertaken and to be carried out by the Bhadrachalam Sistakarana Sangham for the upliftment of the middle class and the poor were discussed.

Yuvata President Sri Manapuram Suresh, Vice President Sri Veenam Veerababu, General Secretary Sri Rajesh Behara were present on the occasion.



### SWA members meet NCBC members

Sistakaranam OBC Convener Sri DV Krishna Rao & others, met Members of the National Commission for Backward Classes, Sri Talloju Achari Gari, at his residence. On this occasion, Sri Acharya unveiled the decade souvenir marking the tenth anniversary of the the Sistakarana Welfare Society, Hyderabad.

Talloju Acharya suggested that they should attend the OBC hearing to be held in Delhi on December 14th and 15th to make their voices heard on behalf of the Telangana State Sistakaranam Welfare Society. He promised to work for the betterment of the backward castes. Among those who met the member of the National Commission for Backward Castes, Shri Talloju Achari Gari, were Sri Burli Vijay Kumar, General Secretary, Telangana State Sistakaranam Welfare Association, Shri Uriti Parvatishwara Rao, Treasurer, Sri Moturi Narayana Rao, Additional General Secretary.

### SWA members meet TS BC commission members

Telangana State BC Commission Chairman Dr Vakulabharan Krishna Mohan Rao, BC Commission members Sri Upender, Shubhapradh Noori and Kishore Gowd were felicitated with shawls under the patronage of Sri DV Krishna Rao, President of Sistakaranam Welfare Society. He asked the BC Commission to include the Sistakaranam Caste in the state of Telangana in the OBC list and to support the oppressed social class in the state. The event was attended by the General Secretary of the Telangana State Sistakaranam Welfare Association, Sri Burli Vijay Kumar, Treasurer, Sri Uriti Parvatishwara Rao, Additional General Secretary, Sri Moturi Narayana Rao and others.



# FRATERNITY PAGE — Andhra Pradesh

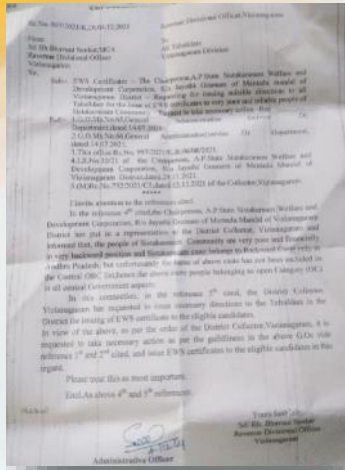


## EWS Certificates to Sistakaranams

### Vizianagaram Collector responds, RDO issues orders

State Sistakaranam Welfare and Development Corporation Chairperson Smt. Kanthimahanti Anusha Patnaik met the Hon'ble District Collector of Vizianagaram, Smt. Suryakumari and spoke about the status of our Sistakaranam caste and the E.W.S. Certificates are required to be dutifully issued.

In response to this, the Hon'ble R.D.O. (Vijayanagaram) has issued orders to all the tehsildars.



### Request to Vishakhapatnam Collector

Visakhapatnam District Collector Dr. A Malikarjuna, was met by AP Sistakaranam Welfare and Development Corporation Chairperson Smt. Kanthimahanti Anusha Patnaik, AP Sistakarana Sangha State President Sri SNK Mahanti, General Secretary Arikathota Chandramouli and State Vice President Sri Jayathi Umamaheswara Rao. It was brought to the notice of the Hon'ble Collector that some Tehsildars were objecting to the granting of EWS Certificates to the deserv-

ing members of the Sistakaranam Caste, describing the economic conditions and asked him to do justice to the members of the Caste by giving directions to all the Tehsildars.

Corporation Director Mrs. Ootapalli Radhagaru, community representatives Sarvasree Shashidhar, Ootupalli Govind, P. Narayana, D. Harnath, M. Balakrishna, Balaji Vittal, T. Prasadarao, S. Mohan Rao, Kalpally Sankara Rao and others participated.



### MLA Shambanghi attends Sistakaranam Event

Hon'ble local legislator Sri Shambanghi Venkata Chinna Appalanaidu was the chief guest at the Bobbili Sistakaranam meeting presided over by President of Bobbili Sistakaranam Sangham at Kala Bharathi Auditorium in Bobbili town and started the program by lighting a lamp.

Later, Smt. Kanthimahanti Anusha Patnaik, who took over as chairman of the Andhra Pradesh State Sistakaranam Welfare and Development Corporation, was felicitated by MLA Shambanghi with a shawl on her first visit to Bobbili area. As part of the event, a book called Jananeta about the good governance of Chief Minister Jaganmohan Reddy was launched through the hands of MLA Shambanghi.

Municipal Chairman Savu Venkata Muralikrishna Rao, Mandal Parishad President Smt. Shambanghi Lakshmi, VenugopalaNaidu, Directors of Sistakaranam Corporation, Leaders of YCP and others were present on the occasion.



### Tributes to Immortal Heroes Bipin Rawat, Sai Teja

Sri Avilala Sridhar paid tributes to the untimely death of General Bipin Rawat, Commander-in-Chief of the Armed Forces, Sai Teja, a resident of Chittoor district and 12 soldiers. Sri Sridhar said that the country had lost a great soldier and leader who has dedicated his whole life to the service of the nation.



### Industrial Area Sistakaranams Meeting

The Industrial Area Sistakaranam Seva Sangha meeting was held in Malkapuram. Representatives of the society Gaurishankara Rao, N. Gajapathirao and N. Nageswara Rao said that they will help the poor and contribute to the development of the community. They will encourage the poor children to study and excel in various fields. Smt. K. Anusha Patnaik, Chairman, Statement Corporation, Sri SNK Mahanthi, District Working Committee members were present.



### Two and Half Year Celebrations

Congratulating the Hon'ble Chief Minister YS Jaganmohan Reddy on the completion of two and a half years of Public Welfare Rule, Smt. Anusha, Chairperson of Sistakaranam Welfare and Development Corporation, Directors of the Corporation, Sri Pakki Divakar, Director of BC Commission, as well as 32nd Ward Corporator Nagraj, 28th Ward Corporator Durga Rao, state association president Sri Mahanti, caste members of various associations, state-wide Sistakaranam leaders expressed solidarity along with the YSRCP party ranks. On this occasion, a cake was cut at the Chairperson's house in Ram Nagar, Visakhapatnam and a press conference was held.



## FRATERNITY PAGE — Andhra Pradesh



### Kancharapalem Association Vana Samaradhana in Madhavadhara

On Sunday, 26-12-2021, a gathering amidst celebrations was held under the auspices of Vishakha Sistakarana Seva Sangham - Kancharapalem at Madhavadhara. Starting with pooja at 9 a.m., followed by introduction of guests, the 2022 calendar of Swati Vasanthi Cultural Academy was unveiled. Calendars were given free of cost to everyone, and tea & breakfast were served for all relatives present after registration. Free medical camp was conducted by Dr. Suresh and Dr Arvind where over sixty people were checked for BP & general health. They were given medicines.

Later, late Sri A.V. Jagannath Rao's son-in-law Dr. Amiti Anvesh was honored by the executive members for getting a gold medal in Neonatology. This honour was also shared by his wife Dr. Swati Vasanthi and Sri AVJ's wife, Smt. Lilavati. They were blessed by vedic scholars. The Vivaha Parichaya Vedika book with details of prospective brides and grooms was unveiled through the hands of Dr. Swati Vasanthi.

The President of Andhra Pradesh Sistakarana

Sangham, Sri Polumahanti Umamaheshwara Rao and Sri Simhagiri Patnaik were present and gave their blessings. They gave details of the Delhi visit regarding Sistakaranam OBC.

After lunch, Vivaha Parichaya Vedika books were given to all, free of cost. Housie games, musical chairs and other games were played. Devotees visited Sri Venugopalaswamy temple on the hill.

The meeting, organized by Sri Baliwada Haribabu's team of Visakha Sistakarana Seva Sangham - Kancharapalem, was attended by the executive members along with other eminent members Sri PVT Ramana Rao, Sri B.R.M. Patro, Sri Sadasivuni Babu Rao, Sri Sadasivuni Laksh-

mana Rao, Sri Dug-givalasa Diwakar, Dr. Sunil, Sri Baliwada Satya Rao, Sri Koorma Rao, Sri Phanindra, Sri Venkatesh, Smt. Kurada Pavani, Smt. Keerti Patnaik, Sri YanSV Prasad Rao, Sri G G Prabhakaradasu, Sri Suryakumar Sen, Sri Salur Mohanrao and others. They were all thanked.

It is heartening to see over 400 relatives, more than expected, attending this grand Sistakaranam gathering. Let us congratulate the Vishakha Sistakarana Seva Sangham - Kancharapalem Working Group.

- Sadasivuni Lakshmana Rao  
Visakhapatnam, 26-12-2021



### Yelamanchali Sistakarana Vana Samaradhana

A Sistakaranam Picnic was held on Sunday, December 12, near the town of Elamanchili.

Smt. Kantimahanti Anusha Patnaik, Chairperson, Classification Corporation, was the chief guest at the event and said that the aim was to include the standards in the OBC list and to be a bastion for everyone in the social class. Sri Kaspaa Ravikumar, director of the corporation, said that all the disciplines should move forward collectively.

Local presidents of the association Sri D. Ramesh, Vice President Nagumantri Mohan, Secretary Sri D.Chinni and others were present.



### Kancharapalem Association meeting

On 12/12/21 a meeting of the working committee members of Visakha Sistakarana Seva Sangham Kancharapalem was held at the residence of General Secretary Sri Baliwada Haribabu.

It was unanimously decided at the meeting to organize a formal introductory gathering, a wedding introductory forum (book launch). Meeting place and date will be finalized soon.

Relatives were also asked to make use of the meeting for Vivaha Vedika.

And, as part of service, members set up a shelter and provided financial assistance to a poor woman Smt. Baggam Rajeshwari who came from Srikakulam and met them. The event was attended by members of the committee.



### Anakapalli Sistakaranams' Get-together

A huge gathering of Sistakaranam families around and from Anakapalli had been organized by Anakapalli Sistakaranam Association under the leadership of Anakapalli branch President Sri. Bujji garu, Secretary Sri Jakkuva Gopinath garu, LIC Uma garu, Honourable President Manapuram Bhaskar Rao garu & other respected dignitaries of respective associations.

A.P. State Sistakaranam Welfare and Development Corporation Chairperson Smt. Kantimahanti Anusha Sasidhar Patnaik garu, AP State Sistakaranam association President Sri S.N.K. Mahanthi garu, Vice president J. Uma Maheswar Rao garu, Visakhapatnam District



Secretary Sri Mantri Narsimha Murthy garu, Treasurer Sri D Harnadh Rao garu, Endada branch secretary Sri Kallepalli Sankar Rao garu, Sistakaranam Yuvatha President Sri Manapuram Suresh attended the event.

### Tribute to Sri Potti Sri Ramulu

On the occasion of the demise of Sri Potti Srimamulu garu, who was instrumental in the establishment of Andhra Pradesh, flowers were laid at his idol and later Sri Avilala Sridhar participated in a charity function organized by the Aryavaishya Sangham.



## FRATERNITY PAGE — AIPSKA



### Bala Vedika collaborates with “Basket of Talez”

#### AIPSKA Balavedika and Basket of Talez Collaboration Children's Day Event Highlights-

Basket of Talez is an online initiative based out in the USA. Our vision is to preserve and recover India's rich cultural heritage of storytelling.

Once upon a time, we all grew up listening to stories. Sometimes powerful, sometimes moral based and sometimes hilarious! Basket of Talez is here to create an experience of grandma stories that we as children once experienced. And as a step further Balavedika collaborated with Basket of Talez and created some unique ways to engage and interact on this platform.

And with our collaborative efforts ~ The Beating Heart of Young Story tellers was initiated which provided a wonderful opportunity for AIPSKA Balavedika Children to become Storyteller and get featured on Basket of Talez YouTube Channel and Social Media Handles.

We had 9 participants from across India and the USA. Children from the age groups 5 - 15yrs had participated and the youngest storyteller was a 5year old.

#### Children's Names:

Chi. Bhaumik Sai Datta Nagamantri - 5yrs  
Chi. Gagan Karthikeya Karkavalasa - 5yrs  
Chi. Mayansh Patnaik - 6yrs  
Chi. B. Ritisha - 11yrs  
Chi. Saisha Patnaik - 9yrs  
Chi. Sujeev Rayagada - 9yrs  
Chi. Tanush Patnaik - 6yrs  
Chi. Tanvi Devi Nagamanthri - 10yrs  
Chi. Venkumahanthi Naitrisha - 5yrs

The stories were narrated in both English and Telugu languages. The children displayed an excellent level of enthusiasm. They picked some wonderful stories from different genres. Amazing efforts, and talent put together. It was not just about storytelling, it was all about their confidence and imagination skills, and above all the narration, voice modulation and expressions were commendable.

On the backend, the recordings of the stories were shared by their parents to Basket of Talez. Editing, Graphics, and Publishing were done by Basket of Talez Team - Suman Patnaik and Sreevalli (USA) with the Support of AIPSKA Organizing Team led by B Shashank and Honorable General Secretary Sri Hari Mohan Patro.

Special Thanks to Sri B Ramesh, Sri Uma Maheshwar Rao, Smt Shymala Patnaik, Smt Raga Chandrika, and Smt B Rashmi

Shashank

Last but not least thanks to all the parents for being so encouraging and supportive! Certificates of Appreciation were also awarded to all the participants.

The stories we fall in love with, within the early days and years of our lives transcend simple entertainment - they seed powerful memories and spark nostalgia. They teach us about the world and about each other. They became a part of a narrative we carry with us throughout our lives. We urge parents to instill the magic of stories and storytelling in their children right from a very young age. It will not only help them become confident orators but also good human beings!

Listen to the stories of Balavedika Kids:

YouTube: [Basket of Talez - Audiostories for Children](#)

Website: <https://basketoftalez.wixsite.com/audiostories>

Facebook/Instagram: [@basketoftalez](#)

Thank you  
AIPSKA BALAVEDIKA TEAM AND BASKET OF TALEZ

- Compiled by Suman Patnaik

**HAPPY CHILDREN'S DAY**

We are Celebrating Children's Day Week!

Coming up Stories by:

Sunday: Tanvi Devi  
Monday: Bhaumik  
Tuesday: Sujeev  
Wednesday: Kartikeya

Everyday 8:00 PM IST / 9:30 AM EST

**"KIDS' STORYTELLING"**

Name of the Child	Childs Age	Parents Name
Jayashwin Choudhary	11	Mr & Mrs. Shymal Choudhary
Nandika Choudhary	5	Mr & Mrs. Shymal Choudhary
V. Manal	8	Mrs. V. Deepika
V. Naitrisha	5	Mrs. V. Deepika
Kartikheesha Gagan Karthikeya	5	Mrs. K Deepika
Rayagada Sujata	9	Mr. Rayagada Srovan
Tanvi Devi Nagamanthri	10	Mr. Kameswara Rao Nagamanthri
Bhaumik Sai Datta Nagamanthri	5	Mr. Kameswara Rao Nagamanthri
Ritisha Patnaik	11	Mr & Mrs. B Rohit

WELCOME ON BOARD!

Can't wait to hear some wonderful stories from you all !!

All the stories will be published on YouTube and links will be shared here in the group.

CERTIFICATE OF APPRECIATION

FOR BALAVEDIKA & BASKET OF TALEZ

FOR BALAVEDIKA & BASKET OF TALEZ

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FOR BALAVEDIKA & BASKET OF TALEZ

**CHILDREN'S DAY STORYTELLING COLLABORATION**

PICK A YOUR FAVOURITE STORY - RECORD THE STORY AND SHARE THE AUDIO FILE ON OR BEFORE THE 8TH OF NOVEMBER TO GET FEATURED IN SPECIAL CHILDREN'S DAY STORYTELLING ON THE BASKET OF TALEZ YOUTUBE CHANNEL AND AIPSKA FACEBOOK GROUP.

Be sure to follow the Pre-Requirement and fill out the registration form asap. Please DM in case you have any further questions.

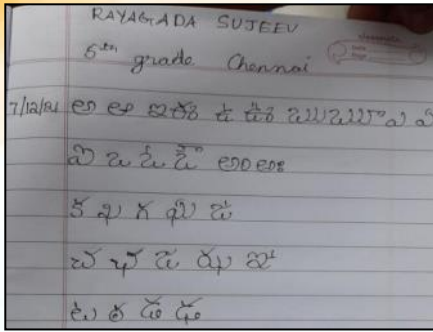
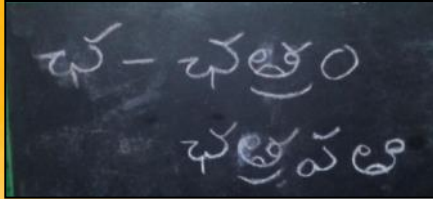
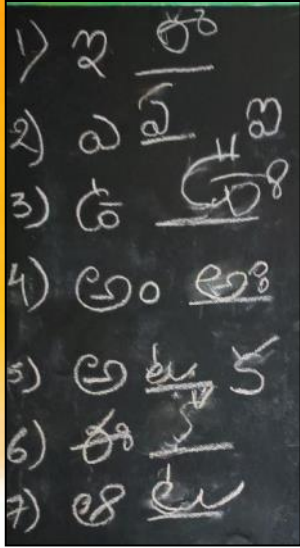
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+1 248.854.0901

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## FRATERNITY PAGE — AIPSKA



### Learn Telugu at 'Bala Vedika'- A WhatsApp group of AIPSKA



A WhatsApp group was created by AIPSKA to help children and families to learn Telugu out of the box !

"Learn as much as you can, while you are young. Otherwise you get too busy once you grow up!"

I am very happy to be a part and one of the mentors of Team Balavedika.

This is a golden opportunity to learn Telugu to all Sistakaranams who are away from the Telugu states.

I can see a lot of enthusiasm of children as well as their parents to learn Telugu. They completed learning vowels and some consonants.

More and more exciting and interesting activities in Telugu are going to be conducted soon.

All the best to all of us !

-Pakki Raga Chandrika, Warangal



### — DELHI



#### Delhi Sistakaranams Come Together

On a fine Sunday i.e., 12-12-2021 Sistakaranam families residing in and around New Delhi Capital City gathered at Talkatora Gardens for a get-together which is organised for the first time by the active leaders like Sri Dabbiru Lakshmana Das garu, Sri Dabbiru Bharath kumar garu and Smt. Madhavilata garu. On that day children, women, men and youngsters all enjoyed by showing their literary talents like light music, singing, telling funny tales and jokes etc. after introducing about each person briefly. All participated in different competitions held and all families got at least two prizes each. The hungama started at 10am and lasted till 5pm with breakfast, sumptuous non-veg lunch, evening tea and snacks etc. Our Sistakaranam leader Sri Naupada Satyanarayana garu also attended.

Hearty Congratulations.



### — CHHATTISGARH



#### Raipur Ladies Get-Together

A programme was organized by Sistakaranam Ladies Wing in Raipur. Many ladies enjoyed the get together. "There is a Queen inside every woman. Just treat her with respect, care and love with no boundaries. She is a Crown of the World, a Celebrity, a Star, a Monarch, a Ruler and she is the Queen!" says Smt. Sandhya Raj.





# FRATERNITY PAGE — KALAM SNEHITULU



## Chitra Kavithalu

December Chitra Kavitalu on Wednesdays: 1st Dec on Sri Sirivennela Seetharama Sastry, second week 8th on Villages, 15th on Paytm-beggar, 22nd on Vikram Behtala, 29 th on Red Full moon. Around 40 Sistakarana poets participated each week.



## Belgam's Literary Awards

Sri Bheemeswara Rao has received many awards for his work in the field of literature. Some of them are: -



- In 1992, Bobbili's Vigyan Vivarshini Institute award for child literature.
- Andhra Pradesh State Best Teacher Award in 2002.
- EMESCO - Andhra Pradesh Joint Award in 2004.
- In 2015, 'Smt. Manchipalli Satyavati' Memorial Ugadi Child Literature Award.
- In 2015, the Telugu Rakshana Vedika 'Balasahitya Bhushana' title
- In 2015, Dr. N. Mangadevi Child Literature Award
- In 2017, 'Gangiseti Chiranjeevi' Child Literature Award by Ravuri Bharadwaja Kalapeetham
- In 2017, Potti Sriramulu University Keerthi Award
- In 2019, Kendra Sahitya Academy's Child Literature Award

Following were printed Eenadu and Sakshi in December:



## Kalam Snehitulu attend NHRC meeting

On the occasion of the International Human Rights Day, Dr. Gajuwaka at the SBT Hotel. A meeting was held with Sri Sampath Kumar (MHRC Chairman) and members of the working committee from different districts. The invitation was extended to Sri Baliwada Satya Rao, the artist's artist of the program, and Sri Vadada Chandrasekhara Rao attended the event and sang four songs in his autobiography. Many prestigious people involved.



Sri Vadada Chandrasekhara Rao expressed his heartfelt gratitude to Sri Baliwada Satya Rao and the Friends of Kalam Kalavedika Admin Team for providing such an opportunity in this house.

## Meeting of Kalam Snehitulu

A gathering of 6 members of the Kalam Snehitulu Group took place in Gajapatnagar: Sri B Nagbhushanarao, Sri B Satya Rao, Sri B Sudhakar Patnaik, Sri K Srinivasa Rao, Sri P Srinivasa Rao and Sri K. Ramana Murthy.



## At Sirivennela Memorial meet...

Sri Sekharamantri Prabhakar participated and addressed in the Sirivennela Memorial meet at Visakhapatnam BVK College on 14/12/21.



# VIVAHA VEDIKA



Vivaha Vedika  
వివాహ వేదిక



Vivaha Vedika is a new initiative from Lekha. Being a sensitive subject, we are wary of the pitfalls in managing the function of match-making. We are, therefore, starting with just a handful of prospective brides and grooms. Please excuse us for any errors, omissions or misrepresentations. This will be an evolving initiative, and we will improve as the time goes by.

## Prospective Brides & Grooms



Name	SATYASARANYA
Surname	NANDIWADA
Father's Name	LATE N.VENKATESWARA
Gotram	VISHWAMITRA
Date of Birth	29-Aug-1992
Nakshatram	UTTARA PHALGUNI
Height	5' 2"
Complexion	FAIR
Occupation	PVT. EMPLOYEE CTS
Work Place	HYDERABAD
Education	BE / B.TECH
Preference	WITH N 4YRS MATCHES, HYDERABAD, CHENNAI,

Name	HARIKA
Surname	PAKKI
Father's Name	JAGADEESHWARAO
Gotram	BHARADWAJA
Date of Birth	25-Aug-1997
Nakshatram	KRUTHIKA
Height	5' 6"
Complexion	FAIR
Occupation	
Work Place	
Education	B.COM
Preference	GOVT JOB, BANKING, STANDARD MNC IN

Name	ASHWINI
Surname	NAGUMANTRI
Father's Name	N.VENKAT KAMRAJA
Gotram	AANGIRASA
Date of Birth	7-Jul-1991
Nakshatram	ASHWINI
Height	5' 7"
Complexion	FAIR
Occupation	
Work Place	
Education	BE / B.TECH
Preference	SOFTWARE OR GOVT JOBS ; PAN-INDIA



Name	ARUN KUMAR
Surname	JADDUMAHANTY
Father's Name	J.KRISHNARAO
Gotram	SRIVATSALA
Date of Birth	26-Jan-1989
Nakshatram	UTTARA
Height	5' 6"
Complexion	TAN
Occupation	PVT. EMPLOYEE
Work Place	HYDERABAD
Education	B.ARCH
Preference	DEGREE, PAN-INDIA

Name	NARESH
Surname	RAVIPALLI
Father's Name	R.V.S.SIVARAM PRASAD
Gotram	SANDILYA
Date of Birth	19-May-1992
Nakshatram	MULA
Height	5' 8"
Complexion	FAIR
Occupation	PVT. EMPLOYEE SYNAPSE
Work Place	BANGALORE
Education	ME / M.TECH
Preference	ANDHRA ; TELANGANA; BTECH ABOVE OR MBA

Name	VJAY KUMAR
Surname	NAGURU
Father's Name	NEELAMANI DURGA
Gotram	BHARADWAJ
Date of Birth	18-Jan-1986
Nakshatram	ASHWINI
Height	5' 2"
Complexion	CHAMANCHAYA
Occupation	BUSINESS MEESEVA AND DOCUMENT
Work Place	VIZIANAGARAM
Education	MBA
Preference	

Name	SANTHOSH
Surname	CHINCHUAM
Father's Name	CH.VENKATARAMANA
Gotram	SENKISHA
Date of Birth	21-Jul-1992
Nakshatram	REVATHI
Height	
Complexion	FAIR
Occupation	GOVT. SERVICE SBI
Work Place	JAGGAIAH PETA,
Education	VIJAYWADA, AP
Preference	AMICABLE FAMILY JOB, VIZAG, SRIKAKULAM,

Name	HEMANTH RAJ
Surname	RAGHUPATRUNI
Father's Name	R.HARA GOVINDA RAO
Gotram	NAGESHWAA
Date of Birth	8-Aug-1998
Nakshatram	DHANISHTA
Height	5' 6"
Complexion	TAN
Occupation	PVT. EMPLOYEE AP STATE FIBENET LTD
Work Place	
Education	
Preference	

### GET MORE PROFILES ONLINE

This page contains only a handful of profiles, just to give you an idea of our repository. For more, visit:

<https://skiv.online/VivahaVedika/>



## SISTAKARANAM IKYAVEDIKA

ONE DIGITAL PLATFORM FOR ALL SISTAKARANAMS

## OUR YOUTUBERS

### “Telugu Web Guru”



and help enhance talent in others. It's completely free. It should be utilized by everyone in us. It gives us a lot of satisfaction, and also serves as an earning route. Viewers will always cherish every channel that comes with good content. A channel will not be very popular at the beginning of its launch. However, every channel by those who believes in their content and make videos relentlessly, is always a success.

A software job is the goal for many people. Our Dabbiru Santosh Raju started the YouTube channel "Telugu Web Guru" with the objective to provide everyone with programming videos in Telugu to help candidates from Telugu medium so that they do not struggle like him to reach such a goal.

You can contact him at any time in email/Instagram/telegram if you want any advice or suggestions in this matter.

Santosh Raju Dabbiru

[teluguwebguru@gmail.com](mailto:teluguwebguru@gmail.com)

Instagram ID: [teluguwebguru](https://www.instagram.com/teluguwebguru)

Telegram ID: [santoshrajudabbiru](https://www.telegram.com/santoshrajudabbiru)

He has already created many courses and has been able to enlist more than 100,000 subscribers. He says that these courses offered by him help many people get a job, and also bring him a lot of satisfaction and some earnings.



Some of the things he shared with us in this context are:

Each of us has talent in something. YouTube Channel is a wonderful opportunity to share it with everyone

We have a YouTubers Sistakaranam Whatsapp Group opened on 15-7-21. This is having 134 members of which 45 are YouTubers & others are viewers. We can accommodate another 120 members here.

- So please join through this link for participation. <https://chat.whatsapp.com/JvZmFCRf3hr9wJesfDn6lg>
- We also have published the list with categories in December Issue of Lekha.
- Our Youtubers are also listed in our website: <https://skiv.online>

DEAR YOUTUBERS,

Be a part of Whatsapp group!

Contact : Sadasivuni Laxman Rao  
92477 83307

Publish your Success story in Lekha!

Contact : Sadasivuni Laxman Rao  
92477 83307

Vandana Adivishnu  
80560 18566



PICK

Your Favourite Channel !!!

CLICK

LIKE 👍 SHARE 📢 SUBSCRIBE!



If you don't spread and encourage your family members,

Who else will ???

Just think about it 🤔

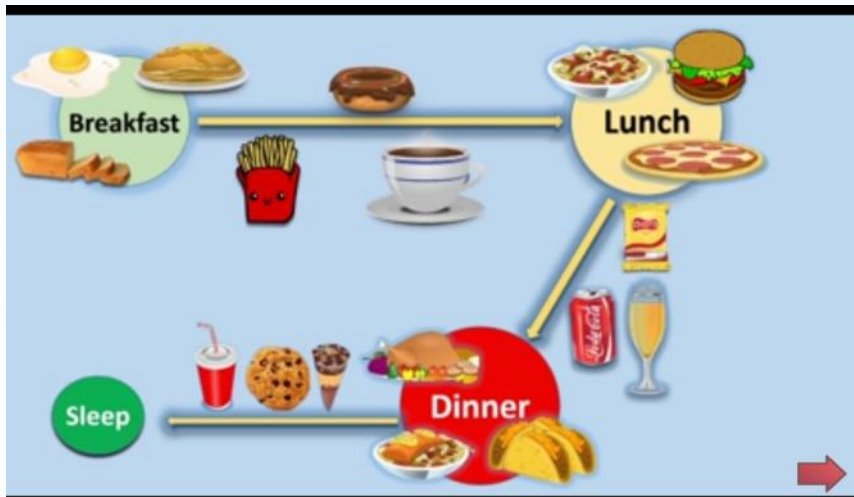
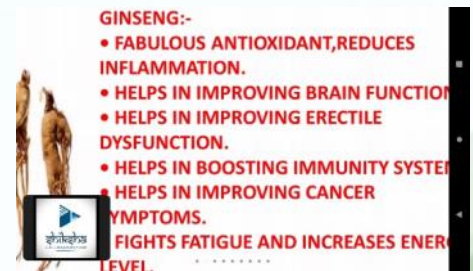
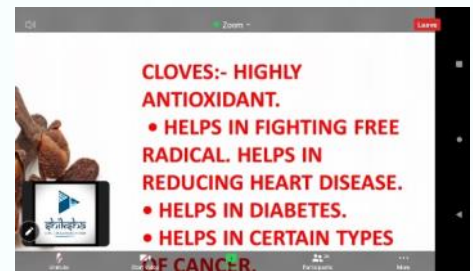
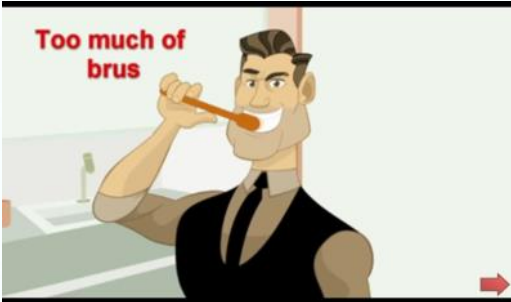
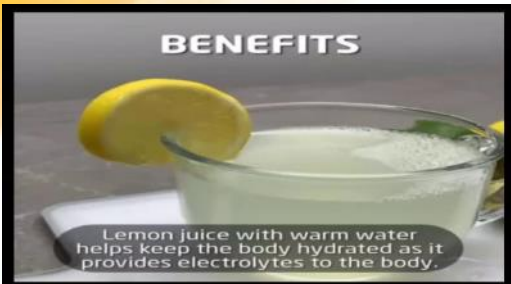


# HEALTH PAGE

## Watch out for Dental Care

### 5 habits to prevent teeth & gum diseases

1. Avoid Over Brushing
2. Oil Pulling with Cloves
3. Water rinsing / flossing
4. Avoid Sodas
5. Change Brushing Style



## BEAUTY PAGE

### Feeling good with a great skin !

Winter is here .....

#### Skin care :

Most of us face a lot of skin problems during winter. To avoid them let's see what can we do:

- We don't feel thirsty as the climate will be cool. But this also reduces moisture of our skin. So drink water at regular intervals.
- Pamper your skin by applying moisturizer in a proper way.
- Clockwise and anti clockwise application of natural moisturizers like coconut oil, gingelly oil (nuvvula noone), milk cream, fresh butter etc on face 15 minutes before washing gives you smooth skin.



- Use mild soap to avoid unnecessary dryness.
- Apply a good moisturizer which suits your skin after bath or after washing face.
- Do not neglect hands and legs. Applying moisturizer is a must.

#### Cracks in Feet :

Very big problem faced by many including me

- Give time especially to give care to your feet.
- Wash them using pumice stone or foot scrapper with warm water mixed with lemon juice and a spoon of mild shampoo.
- After wash apply proper moisturizer.

- Never go to bed wearing socks, it is not good for health.
- Apply mixture of coconut oil and turmeric powder to feet and wash after 30 to 45 minutes. Coconut oil moisturizes the skin and turmeric powder acts as antibiotic to the cracks in feet.



**Try to avoid unnecessary irritation of winter skin problems.**

- Pakki Raga Chandrika, Warangal

'Lekha' thanks her for sharing her valuable insights.

### When 'Nails' is the subject to pose, check out how to 'Nail' it !



Sudeepti Behara, from Hyderabad is here featured in 'Lekha' featuring another corner of posing. It is interesting to observe how to pose while it is for the nails. She is D/O Late Sri Dr Gopinath Behara, Grand daughter of Sri Marthanda Rao Behara. She is a fashion enthusiast, an entrepreneur, runs a boutique. She is a singer and a fitness freak too.

## TALENT CORNER

### Gymnastic Wonder Boy Chi. Navadeep

Master Dabbiru Venkata Navadeep Sai Patnaik

10 years

Meru International School, Hyderabad

VR Gymnastics Academy: Venkat & Raju

Dabbiru Venkata Navadeep Sai Patnaik started doing Gymnastics at the age of 3 and progressed very well. Gymnastics is his love and passion. He started participating in Interschool Competitions at the age of 3 and reached the district level competition at the age of 5. He participated in the State Level Competition at the age of 7 years and achieved 16 medals so far.



#### Achievements

- May, 2015: GHMC Gymnastics Gold Medallist.
- December, 2015: Interschool (Hyd) Gymnastics Gold Medallist.
- April, 2017: Rangareddy District Gold Medallist.
- May, 2017: GHMC Gymnastics Gold Medallist.
- May, 2017: Interschool (Hyd) Gymnastics Gold Medallist.
- April, 2018: Rockezz Gymnastics Academy Silver Medallist.
- September, 2019: KVBR Indoor Stadium Gymnastics Silver Medallist.
- November, 2019: Rangareddy District Gymnastics Sub Junior Champion.
- February, 2020: Hyderabad Indoor Stadium Sub Junior Champion.
- November, 2021: VJ Academy Gymnastics Gold Medallist.
- November, 2021: Rangareddy District Sub Junior Champion

### Little Gem Chi. Dedeepya

Sistakarana Seva Sangham, Endada branch Joint Secretary's Sri Donkada Anil Kumar's only daughter...

Chiranjeevi Donkada Anuradha Mani (Dedeepya)

The little one is 5 years old.

At the age of 4, she won the fourth place in the Rhymes World Cup championship competition at the national level.

This gem of a child Donkada Anuradha Mani, born in our caste, now practices bhagavad gita verses.

Hoping that she will win many more competitions in the future...

To reach the highest heights...

To bring glory to our caste.

Let us all give blessings and encourage her.

Yours

*Shankar Rao Kallepalli. General Secretary.*

*Sistakarana Seva Sangham.*

*Endada Branch: Visakhapatnam*



### Nail Painting Tribute

Sri Prasad Pakki paid homage to Army CDS Bipin Rawat by drawing his picture with a hand nail (Nail painting).

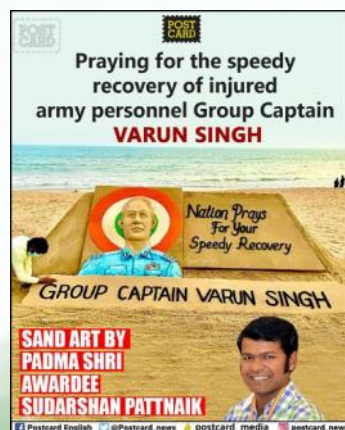
Sri Prasad is known for his nail paintings of many prominent personalities that he regularly creates.



### Sand Art Tribute

A sand sculpture of Captain Varun, who survived a helicopter crash with 90 per cent burns and passed away a few days later, has attracted many on the shores of Puri.

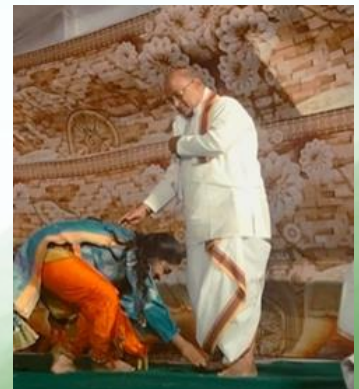
It was created by Patnaik praying that he would recover while in hospital.



### Chi. Dabbiru Neeharika

Chi.Dabbiru Niharika impressed all with dance programs at several places this month.

- Blessed by Sri Garikapati Narasimha Rao at Gokavaram on 12-12-2021.
- At Pyramids Gnana Mandir (Subhadrapeta) Rangampeta E.G Dist on 18-12-2021.
- At Aditya Degree College, Rajahmundry on 23-12-2021.



## KARANAM WORLD

### Sistakarana Kavitha Shikhamani Bhavasree

"telugu jati nadi telugu sanskriti nadi.. telugu bhasa nadi telugu nadi... itaramaina bhasalenni nerchinagani... telugu viduvaboni teluguvada" declared Bhavashree, who helped Telugu shine, as the original Kalin-gandhra Telugu poet. Poems like 'evaru nerpari? mallemoggaku ee vilasapu mandahasam, evaru nerpiri? kavi kalaniki bhavisyadvakya virachana', Revolutionary messages like 'kani panulu cesinolla kallanu teripiddam'; and the heartfelt rendering of 'dirgha girisima liyabdi tiyaleka prapulai diddenadagu rupamitlu' are examples of Bhavasree's gems.

With his writing dexterity, he left an indelible mark on the hearts of the readers and spread the glory of Sikkolu all around. The great man Bhavashree passed away at his home on December 03, 2021, at 3-30 in the morning.

His real name is Vandrangi Rama Rao. Pseudonym is Bhavashree. He was born to Suryanarayana and Ammanamma on January 26, 1935, in village Santavuriti, G. Sigadam Mandal, Srikakulam District. His wife is Pramila. They have four sons and two daughters. Born in the year of the name 'Bhav', he named his pen 'Bhavashree'. Bhavashree continued his primary education in Santavuriti, higher education in Pondur, basic teacher training in the town of Parvathipuram and subsequently pursued his BA Special Telugu education in distance education while pursuing a teaching career. He first started his career as a teacher in Marri-valasa village. Bhavashree laid a solid foundation to his literary career with the poem 'Venugopala Sajjana Vinuta Sheela' in the name of Sri Venugopalaswamy, the resident deity of his hometown. He used to pay two annas a month at the Ponduru 'Mahadeva Library', rent two books a week and go to the village fields to study. It was during this period that Bhavashree further refined his literary skills by reading the works of eminent literary figures such as Gurazada, Jashua, Sri Sri, Dasarathi, Rayaprolu, Arudra, Tataji, Madhunapanthula, Vedula and Krishna Shastri. A versatile poet, writer, critic, translator, playwright, journalist, questioner, radio orator, creator of dance and musical forms, the multifaceted Bhavashree has won the hearts of literary lovers by cultivating literature in

his own style.

Perhaps it is no exaggeration to say that there has never been such a versatile literary figure in North Andhra. It is a great thing that Bhavashree wrote hundreds of books in various literary genres like *Panchavati*, *Hridayaveena*, *Christ Purana*, *Charama Champayas*, *Manushobhas*, *Shakespeare Ragalu*, *Navabharatam*, *Bharata Ramayanam*, *Vennela Velugulu*, *Godhaageetalu*, *Rukminikrishna Natakam* etc. His first book under the pen name 'Bhavashree' was published in 1972. Distinctive sentimental poetry pervades throughout that poem. Bhavashree's '*Panchavati*' is the Telugu translation of the famous Hindi poet Maithili Sharan Gupta's Hindi *Panchavati*. This is a complete verse poem. It was released in 1973. It can be described as an independent poem written in accordance with the Telugu Nativity, keeping the source intact. Bhavashree designed the legendary play 'Rukminikrishna' in just 20 days in 1976 at the request of his friend, leading stage actor Late Sri Amarapu Satyanarayana. Sri Suryakala Natyamandali, Ampavilli has performed this play many times. *Rukmini Kalyanam* in Potana's *Bhagavatam* was used as the plot and the play was created tastefully throughout. The play was then financed by the Andhra Pradesh Sahitya Akademi for printing. The Telugu translation of Thiruppavai Tamil *Pashuras* is the poem '*Godageetalu*'. TTD provided financial assistance for its publication. It is noteworthy that the Telugu University provided financial assistance for the Telugu translation of Shakespeare's sonnets entitled '*Shakespeare Ragalu*'. Bhavashree gave a very comprehensive account of the life of Indira Gandhi, who was hailed as the heroic Prime Minister of India in the biographical lyrical elegy 'Bharata Ramayana', and of Sri Lal Bahadur Shastri, hailed as the flawless Prime Minister of India, in the poem '*Vennela Velugulu*'.

Bhavashree also entered the film industry. He has composed about 15 songs for films like *Sajeevamurthulu*, *Shanti Samaram*, *Bandaru Pichodu*, *Agni Shikharam*, *Agni Rekha* etc. However, some of the films have not seen the light of day. A few more were unsuccessful. One can say that is why Bhavashree was not introduced to the cine au-

dience so much! Nagarjuna University offers the opportunity to do an M.Phil on Bhavashree's Literature. Bhavashree, who is fluent in English, Telugu, Sanskrit and Hindi, earned a name in making



'irrelevant speech' in various *Avadhana* programs. In 1987 he received the Best Teacher Award from the AP Government. He has held various positions such as State Vice President of the Cultural Federation, Honorary President of the District Branch and Member of the District Cultural Council. Various literary organizations have honored him with titles such as 'Kalabandhu', 'Sahitya Sindhu'. Bhavashree was a perfect figure with a fair complexion and an equally broad, fair mind. From children to adults whoever crossed his path, it was his nature to greet them most affectionately. Bhavashree's words, which are eternally bright and eloquent with clear pronunciation, impress everyone. Bhavashree appears as a standing testament to the true literary figure. Bhavashree, who did his literary service, should not be confined to the North Andhra region. The Telugu literary world of all Andhra should be flooded with his eminence. Staying at home, he led a life of reading books. Always writing something, he lived with literary creations as his breath. Until last year he has been attending several literary conferences. Bhavashree's attendance at the book launch of '*Sahitya Saurabhalu*' at the hands of former Deputy Speaker Mandali Buddhaprasad at the 'Rajam Writers' Forum' last year is a testament to his literary humility. The inclusion of a Bhavashree essay in that collection of essays is also notable. Bhavashree's frequent utterance that 'literature is enough to make a man an ideal person' echoes forever in the Sikkolu region.

- Compiled by: Jannumahanti Venkata Chandra Babu

## OUR TREASURES

### Original Verses for Sanskrit Phrases – Part 1

It is natural that we want to know the original verses for some sanskrit phrases we often hear. Some of those have been put together for you, see.

Each month, 'Lekha' brings to you a few phrases. This month's phrases:

- *dharmo rakshati rakshitah*
- *satyameva jayate*
- *ahinsa paramo dharmah*
- *dhana moolamidam jagat*
- *janani janma bhumischa swargadapi gariyasi*

Let us see the full verses now.

*dharmā evo hato hanthi  
dharmo rakshati rakshitah  
tasmaa dharmo na hanthavyo  
mano dharmo hrato vradhit*

If we destroy dharma, it destroys us. If we protect it, it will protect us. Therefore, dharma should not be destroyed. Who wants to perish on their own?

*satyameva jayate naantam  
satyena pantha vithatho devayanah  
yena kramam trshayo hayapta kama  
yatrata tsatyasya paramam nidhaanam*

Truth alone triumphs; not falsehood The path of the gods is seen by truth. Because of truth, the maharishis are able to get Parameshwara without desires. The Lord is the embodiment of truth.

*ahimsa paramo dharmah  
tatha hinsa param tavah  
ahinsa paramam gnaanam  
ahinsa paramaarjanam*

Non-violence is a great virtue. A great penance. Good knowledge. A great achievement.

*dhanamarjaya kakutstha  
dhana moolamidam jagat  
antaram nabhi janami  
nirdhanasya mrtasya cha*

One must earn money. Since the whole world runs on money. One must realize the implications of this. A person without money is as good as dead.

*api svarna mayi lanka  
na me rochati lakshmana!  
janani janma bhumischa  
svargadapi gariyasi*

Brother, Lakshmana! I don't care for this Lanka, even if it's golden. I can't stay here. Because mother and birthplace are greater than heaven.

(To be continued)

### Panchakosha

There are 5 bodies covering the atma and they are known in Sanskrit as Kosha. They are annamaya kosha (Physical body), pranamaya kosha (etheric body), manomaya kosha (Mental body), vijnanamaya kosha (wisdom/knowledge body), and ananadamaya kosha (Bliss body). Physical body is what we see with our two eyes, the flesh, the bones, the organs, the tissues, the nerves and the bodily systems. It is believed that prana which is the basis for life flows into the gross body. Once the person dies, this life force leaves the body.



*Girdhar is a spiritual seeker graced by realized Gurus Shri Badarinayanji and Leslie Temple Thurston.*

Mental body holds the emotions, feelings, likes, dislikes, desires, and phobias. The vijnana maya kosha holds the higher intellect

such as the inner consciences, and intellect. Anandamaya kosha, the bliss body is one that expands in the sleep. It is the one that creates the blissful feeling of the sleep.

These koshas are also denoted as Sharira. Annamaya kosha and pranamaya kosha which are made up of the 5 elements - the earth, fire, water, sky and space, are together called Sthoola sharira. The manomaya kosha and vijnanamaya kosha are called as sookshma sarira.

The sookshma sarira is made up of sookshma pancha bhoota, and consists of the indriyas, and antahkaranas. Mano, buddhi, chitta, ahankara are known to be antahkarana. Anandamaya kosha is known as Karana Sharira. When a person dies the Sthula sarira is dropped. The sookshma sarira, is also dropped but seed form of the vasanas, and unfulfilled desires are stored in the bliss body. These are known as samskaras and when one takes rebirth, these vasanas are restored into the new body. Scriptures say that self (atma) is different from all these bodies.

A sadhak is to know through self inquiry that he is not his body, not his buddhi, not his manas, nor his desires and fears. One has to purify his bodies, by discrimination in order to attain liberation. To clear the sookshma sarira one needs to develop satvik outlook and stay away from, desires and become dispassionate about worldly matters. Sadhak has to understand and realize that all these bodies falsely create the impression, that they are the atma, by covering the atma that is the causeless-ever-blissful-truth underlying the universe.

## IKYA VEDIKA ROUND UP

### Ikyavedika plans “Butterfly” Celebrations

In a first of its kind, Sistakaranam Ikyavedika is organizing multiple conferences in the towns of Srikakulam and Visakhapatnam.

The highlight of these conferences will be the participation of entrepreneurs, who are expected to give their presentations covering what they offer, what they are looking for in terms of investments, partnerships, franchises, etc.

In addition Ikyavedika is also planning to cover aspects of other initiatives like Vivaha Vedika, Web Site & Social Media, and, of course, Lekha.

In other news, during the weekend Saturday meetings of December, the subject of matrimonials was discussed especially with regard to integrating the various profile repositories being managed by different associations & individuals. In one meeting, there was brainstorming on the forthcoming “Butterfly” celebrations.

### Ikyavedika Members in Various Initiatives



Clockwise from top left: Suresh Dabburu, Rajesh Amapalam, Bharat Vikas, Yagna Vivek, Durga Charan, Chetan Kumar, Sandeep Kottaki, and Shravan Rayagada.

### Ikyavedika on the Web



<https://skiv.online>

<https://sistakaranam.org>



<https://skiv.online/VivahaVedika>



<https://www.facebook.com/sistakaranam.community>



<https://www.instagram.com/sistakaranamikyavedika/>



<https://www.youtube.com/channel/UC7k8ebZmWxbBxj3m69x4OVQ>

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### Lekha Calls Out To You



The Idea behind the newsletter is to rebuild the connect among all our community members and build on our sense of pride/togetherness. The newsletter will act as platform for expressing our views, success and sharing news.

The newsletter comes in a PDF format only, and we request you all to propagate it among our community members once you receive it.

Everyone in our community is welcome to contribute to the newsletter. If you have anything that you would like to share, or would want to contribute regularly, please reach out to us.