

ANNIVERSARY

ISSUE

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ONE
YEAR
and counting

Thank You All Sistakaranams For Support, Participation And Spread

YOUTUBERS



Introducing...

HEALTH TIPS



BEAUTY TIPS



A Few Disclaimers

This newsletter is published by Sistakaranam Iky Vedika Digital Team, a voluntary group from the Sistakaranam Community. Being published by a voluntary group, it has no affiliation to any other association and, in fact, attempts to bring you updates from all associations & groups of our community.

One aspect about this newsletter, which we are still figuring out, is the statutory need for registering it. Our initial assessment is that this newsletter may not need any registration, mainly due to 4 reasons: (1) It's a digital magazine, for which currently no government regulations exist, (2) It's not a

printed magazine, which requires approval of RNI (Registrar of Newspapers for India), (3) It's not a commercial venture, but a collaborative voluntary effort from members of our community and (4) It's for private circulation only, meaning that it is meant only for members of the Sistakaranam community. However, we are open for advice in this matter, and reiterate that we shall abide by any statutory requirements, once the same is clear.

As for the content in the newsletter, including advertisements, it is all sourced either through contributions from members of the

community, or from resources that are in the public domain, including news media and social media (such as Facebook & WhatsApp), without any financial consideration to anyone.

If you have any reservations about the content, please reach out to Ikyavedika Digital team (details in the last page).



COMMUNITY NEWS

Sistakaranams intensify OBC, BC-A efforts

In Telangana...

The leaders of Sistakaranam Welfare Association paid a courtesy visit to Telangana BC Commission chairman Sri Vakulabharanam Krishna Mohan Rao and other members. In the meeting, the leadership group has requested Telangana BC minister and BC Commission Chairman that Government should provide assistance in the form of Land/Funds for their SWA community building construction, through a petition submitted by Sistakaranam Welfare Association President Sri DV KrishnaRao & Treasurer Sri V Parvathiswara Rao. They thanked the government for responding positively to their petition.



At Cheepurupalli...

At a meeting held in village Karlam in the Chipurupalli Mandal by the state BC Commission, a group led by the Vizianagaram District Sistakaranam President Sri Reguvalasa Anand Patnaik, Chipurupalli Sistakaranam Principal Advisor Sri Ch. Kesavarao Master, President Raghupatruni Shiva, General Secretary Sri Prabhat Kumar, vice president Raghupatruni Srinu interacted with the AP state BC Commission Chairman Retired High Court Judge Sri Shankar Narayan, State BC Commission members Sri Pakki Divakar, Sri Krishnappa, Sri Musalayya and ZP chairman Sri Majji Srinivasarao (Chinna Srinu). The Sistakaranam team gave the commission mem-

bers a brief history of Sistakaranam community tracing their migration from neighboring states, their unique colloquial language, their lack of opportunities in their community post dissolving traditional Karanikam profession.

They also brought forward the weak socio-economic conditions of the community post AP formation. They lauded the efforts of erstwhile CM Late Sri YSR on adding the community in BC-D list. They requested the BC commission to move the community to BC-A group in the state list and add Sistakaranam community to the central OBC list which will benefit the current and future generations of the Sistakaranam community.



At Vizianagaram...

Andhra Pradesh State BC Commission Chairman Shri A. Sankaranarayana, BC Commission members Shri Pakki Divakar, Shri Musalayya and Shri Krishnappa visited Vijayanagaram District on 27-10-2021 and were cordially accompanied by members of Vijayanagaram District Sishta Karana Sangham. The commission members were honored with a shawl and bouquet. A petition was submitted to commission to move our SK community from BC-D group to a BC-A in the state list. Although a member of the commission, Mr. Pakki Divakar handed over the petition to the Chairman along with SK community team. The district general secretary M.P. Gaurishwara Rao, Hon. President Trinath Prasad, MP Tirupati Rao, Thyada Prasad, ATV Prasad, Rega Suresh (Govinda), Baliwada Bala Bhaskara Rao, Bogila Srinivasa Rao, Baliwada Ramana, D. Ramesh, Pakki Nageswara Rao, Baggam Mohan, & Murali Bhagwan etc. participated.



Our Corporation Team ...

Andhra Pradesh Sistakaranam Welfare and Development Corporation led by Smt Anusha Patnaik and other directors met Justice A. Sankaranarayana, Chairman, BC Commission on 29/10/21 and urged the Chairman & other members of the Commission to include their socially backward Sistakaranam caste in the OBC list. Speaking to media on the occasion, Anusha Patnaik told the media that this is team's second interaction with the BC commission, after the previous meeting on August 13th, and she has once again asked the commission to support the inclusion of socially and economically backward castes in the OBC list. Anusha Patnaik said she had explained to the commission the plight of her caste members due to the lack of OBCs.



By Vizag Association...

On Friday 29/10/2021, Vizag Sistakaranam general secretary Sri PVT RamanaRao led a delegation consisting of Women Leader Mrs. Koorada Pavani, Treasurer Mantri Umamaheswara Rao, Gajuwaka Sista Karanam Sangham Leaders Shri Prataparao Srinivasa Rao and Kancharapalem Branch Organizing Secretary Shri Basuri Srinivasa Rao and met the touring AP state BC commission chairman Hon'ble Shri Sankaranarayana, member Sri Pakki Divakar and submitted a petition. The petition has request to move the Sistakaranam community from BC-D group in the state list to BC -A with all required information. The BC commission has responded positively to the petition per our Sistakaranam group leader Sri PTV RamanaRao.



NEWSMAKERS

Sri Prabhakar Felicitated in presence of Sri Venkaiah Naidu

In the golden jubilee celebrations held on 5 -11-2021 at Visakhapatnam which was graced by Hon'ble Vice President Sri M Venkaiah Naidu, our own Sri Sekharamantri Prabhakar was felicitated. Congratulations from Lekha team.



Felicitations to Kumari Shanmukha Priya

Shanmukhapriya, who excelled in Indian Idol-12, was honored by her college faculty. The ceremony was held at Sri Kashyap Degree College near Rama Talkies. Shanmukhapriya is studying BSc first year in the same college. College Principal S.N. Murthy said they are proud that Shanmukha Priya was studying in their college. He wished that she will rise to higher peaks.



Sri Ganapathi Patnaik appointed to Standing Council

Congratulations to Sri Balaga Ganapathi Patnaik for his appointed as Panel Advocate in Standing Council of Srikakulam Municipal Corporation.



First Rank in PG CET to Chi. Swathi

Let us congratulate Chi. Donkada Swathi Lakshmi, daughter of Sri Donkada Chennakesavaswamy (Hindi Pandit , Kopperla) for achieving State first rank in APPGCET in Zoology stream. She studied in MR College.

And also congratulate her brother who got selected in Staff Selection Commission Exam recently, and is presently working as Clerk in Income Tax Department in Visakhapatnam.



3 Medals & Certificate for "Chandu"

Children's Day celebrations were held at Hargopal School in Railway New Colony, VISAKHAPATNAM. All the children got up early in the morning and left for school. During the ceremony, school principal Shankarrao Naidu said that all students should be disciplined. They should attend school regularly pay attention to learning. The best students were then presented with medals and testimonials.

Gandreti Saicharan (Chandu), an 8th class student of the school, bagged 3 medals and a certificate. Congratulations on behalf of the "Lekha"



Guru Spandana Award to Sri Tirumala Rao

Sri Kudam Tirumala Rao, a social science teacher at Rajam Mandal, Kottavalasa MPUP School, received the Guru Spandana Award. The award was presented to Tirumala Rao during a trend seminar organized by the Spandana Ida National Foundation in Srikakulam.

Tirumala Rao was felicitated by District Education Officer G. Pagadamma with a shawl, congratulatory letter and mementos. Earlier, Tirumala Rao addressed the audience and sang a song of his own.

Tirumala Rao, who is constantly striving to unleash the inherent creativity in students, has previously received the National Level Best Teacher Award from the hands of President Pratibha Patil.



NEWSMAKERS

Bala Sahitya awards to our poets

Sri Behera Umamaheswara Rao, and Sri Venkateswara Rao Patnaik, winner of the Children's Literary Story Song Collection, were felicitated and presented with the Bala Sahitya Ranga Seva award, by Sahitya Lahari, Parvathipuram on 14-11-2021 at Government Junior College, Parvathipuram, during the Manchipalli Satyavathi Memorial National Children's Literary Awards Ceremony presided over by Sahitya Lahari Founder Sri Manchi Palli Sriramulu, in the presence of chief guest, well known poet writer Sri Vadrevu Chinaveerabhadru, IAS, special guest Sri Belagam Bhimeswara Rao, Recipient of the Central Children's Literary Award, and members of the Manchipalli Seva Samstha. Congratulations to the award recipients on behalf of all Sistakaranams.

Polaki Apparao,

Vizianagaram President (Ex), SKWA



Sri Suresh Kumar Promoted

Congratulations to Mr. Rega Suresh Kumar (Principal, Junior College, Gurla), eminent Sistakaranam Educationist and Biology Lecturer on his taking charge as the District Vocational Education Officer, Vizianagaram, on 12-11-2021.



Sri Sadasivuni Krishna Felicitated

Hon'ble Govt. State Legislative Speaker Sri Tammineni Sitaram and former Union Minister Smt. Killi Krupa Rani and Hon'ble Judge Chairperson Smt. Vijayamma attended the Journalist Association of AP meeting held at Srikakulam on 12-11-2021. At this meeting, senior journalist and eminent leader of our Sistakaranams, director of the Sistakaranam Corporation and social worker, Sri Sadasivuni Krishna was richly honoured. Heartfelt congratulations to him.



Sri Shivaji appointed Administrative Officer

Sri Palavalasa Shivaji took over as the Administrative Officer of Dattirajeru (VZM dist.) Mandal Parishad, according to Mandal Parishad Development Officer Sri Subrahmanyam. He previously served as panchayat grade one Executive Officer, and came now on transfer to Dattirajeru.



Shiva Bhargav's Team wins Trophy

In a cricket tournament conducted by Indian Bank Officers Association from 27-11-2021 to 28-11-2021 at Vizag Gitam University Grounds, Sri Sadasivuni Shiva Bhargav's (BM, Indian Bank, Tirupati Zone) team lifted the trophy. His team Tirupati emerged as winners among 6 teams that included Amavavathi, Visakhapatnam, Vijayawada, Hyderabad and Karimnagar.



Sri Srikanth awarded by Sri Tridandi China Jiyar Swamy

Let us congratulate Sri Raghupatruni Srikanth, prominent dance artist and Dance Guru, who runs a dance academy in SrikakulamTown, on the occasion of receiving Vempati Venkat Award from Sri Ramanuja Tridandi Chinna Jeeyar Swamy varu at Hyderabad on 24-10-2021.

He was given the award for his services to save the popularity of Kuchipudi dance in Srikakulam district during the corona pandemic.

Chi. Niharika participates in World Kuchipudi Festival

Let us congratulate Chi. Dabbiru Niharika daughter of Sri Dabbiru Janakiram of Rajanagaram for participating in 2nd World Kuchipudi Dance Festival at Chinna Jeeyar Swamy Ashramam, Hyderabad on 24-10-2021. In the presence of Sri Chinna Jeeyar Swamy.

Chi Niharika was felicitated with appreciation certificates by none other than HH Sri Chinna Jeeyar Swamy. Niharika, we are proud of you.



NEWSMAKERS

Sri Bhima Rao elected as National Council Member

Dr. Raghupatruni Bhima Rao, Bhubaneswar has been elected as Member of the National Council, Chemical Engineering division IEI by 6000 voters among 14 contesting candidates. Lekha team warmly congratulates him on behalf of Sistakarana Ikyavedika.



Kuchipudi Winners Lasyasree, Kavyasree



"Lekha" proudly shares the achievement of the sisters, Miss Naga Lasyasree & Miss Naga Kavyasree who secured 1st & 2nd places respectively in Kuchipudi dance performance. The program was a Dussehra event that got postponed & executed on 28th Nov 2021 at Saraswati Bhavan, Abids, Hyderabad. About 500 schools participated. Their dance teacher, Swarnalata Reddy takes classes for about 35 students. Best wishes to the girls from Lekha!



Miss Naga Lasyasree

Miss Naga Kavyasree

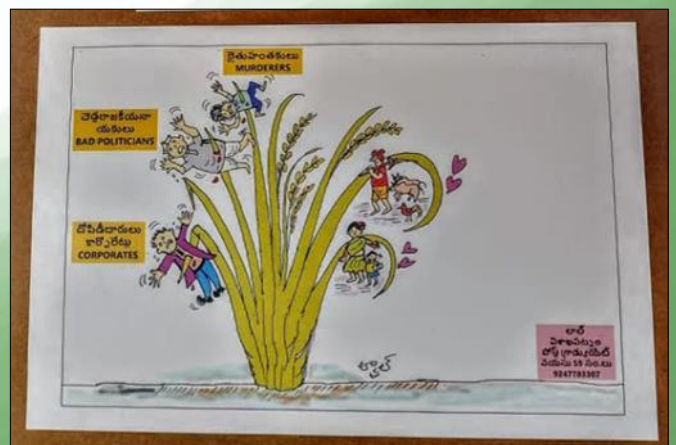
Sri Sridhar receives Janapada award

On Sunday, 28-11-2021, Sri Avila Sridhar received a felicitation, a pendant and a citation from Chittoor district ZP Chairman Srinivas, at the Kala Bharathi Foundation and the Women Mutual Support Cooperative Savings Society at the Folk Artists' Conference organized at The Vikota Raga Sri Divya Gnana School. Ammacts chief Dr. Dasaradha Reddy, Dr Raghupathi, State Janapada Secretary Reddappa, Narayana Swamy, Chittoor District Folk Artists Secretary Devanand, Women Secretary Amravati, Campaign Secretary Chiranjeevi and 120 other folk artists were present on the occasion.



Lal's Cartoons on Display at Exhibition

Cartoons of Sri Sadashivuni Lakshman Rao (LAL), Vishakhapatnam were on display at Dhrama Chowk Cartoon Exhibition at Vijayawada, on 26-11-2021.



EDITORIAL

Eldership

Lekha team hopes that this month's Kartika festivities have been very special one with the platter of little feet. We would have taken blessings of our elders on this occasion.

Elderliness in home, in the family, in the community, in organizations is the blessings and guidelines that God bestows.

It is said that each house should have an elder, someone to say good words and to condemn if someone makes a mistake.. If anybody says 'We don't want elders, ' What does that mean for the family? The same happened in the case of Duryodhana. Duryodhana's parents could not

tell morals because of love, Vidura could not tell the news because of his ministry, Bhishma was the grandfather said many times but he did not count.. In the end, the whole kingdom collapsed.

One should realize what happens to families with no elders.

We have to remember what happened to hundred Kauravas, there must be someone who speaks Dharma, that was the greatness of the same Dhritarashtra... Dhritarashtra had Viduru by his side, so he got the vision of Sri Krishna Vishwaroopa. We know the fate of Duryodhana who similarly had 'Shakuni'. Even the wicked, must keep a great man, a good man, beside.

Those who say good things should be welcomed to us even if by pleading. Request them to guide, to be elder to us. It is said that keeping the elders gives respect to the families, institutions and houses. Get rid of the bad ones even if it is by giving money. Even if the king is bad, the premier minister should be good and a righteous man. Then the king and the people will be happy and prosperous forever.

Society will suffer if there are no elders who say Dharma, or if they are not abided by.

"Hey Sri Krishna! What did I do wrong?" Bhishma asks Lord Krishna.

"The presence of an elder at the scene of wrongdoing is itself wrong." he says. Bhishma's mistake was not to condemn a mistake, and to keep silent while staying there.

During Draupadi's undressing, Bhishma could not do anything and stayed there. Whereas Vidura left not witnessing it.

So for the elders, if they are present during a wrongdoing, the sin is also credited to their account. So the elders leave the place when their words are not being heeded.. This is how the wise conduct themselves. If someone is doing something wrong, they should be told and corrected... If they do not listen, they should not stay there a single moment...

Sarva Shistakaranajana Sukhinobhavanth

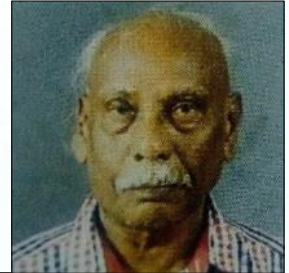
- J. V. Chandrabau



INTERVIEW

Pratibha spreads across the country

Lekha is really excited to introduce another Sistakaranam magazine of yester years and to accolade the founder & publisher of it. Ikyavedika team was astonished to know that an our senior citizen with all his zeal and vigour is publishing an exclusive monthly magazine, SISTA PRATI-BHA (Spirit of Merit) since 2006 on behalf of Vizianagaram Sistakaranam Association. Dadhirao Satyamurthy is carrying the mantle of Sista Pratibha untiringly since its inception not minding his 80+ age. Now let us learn the rest from him.



Dadhirao Satyamurthy

Father: Late Dadhirao Narsimhamurthy Patnaik

Mother: Late Dabbiru Nageswaramma

Native: Allipuram, Visakhapatnam



Please tell our readers about you

We belong to Allipuram of Visakhapatnam. I did my graduation in P.R .Government College, Kakinada. After graduation, I got into Andhra Pradesh State Service as Deputy Tahsildar. I got promotion as Tahsildar and worked in different places of Vizianagaram and Srikakulam districts. I became Deputy Collector with an assignment of land acquisition for Vamsadhara Project. I got elevated as Special Grade Deputy Collector and served as District Revenue Officer for Prakasam District. I retired in 1998 from Guntur as Deputy Commissioner, Small Savings department.

How are you entered into community services?

I am associated with Vizianagaram Sistakaranam Association and we used to take up various activities for the welfare of our community. I have seen many issues pestering our community. I mounted pressure on State for inclusion of our community in Backward Classes list. We finally, in 2009 achieved what we set out to do

Why did you want to bring the magazine?

Communication plays very key role in disseminating the information. In those days, we didn't have any other mode of communication except printed copies. I was the President of All India Sistakaranam Association and passed a resolution to start a community magazine. Accordingly, I started Sista Pratibha, a monthly magazine in Telugu and began spreading information to all community members across the country by sending the same by post. Printing & posting was never stopped irrespective of availability of money. Got popularity as a monthly magazine and this generation does not know about this. I am very happy that now Lekha is telling about this to all.

Any message to our community?

Sistakaranam community is highly sophisticated caste. The youth must try to keep up its culture and tradition.

About Lekha in your words....

Sistakarana Lekha and website are providing excellent worthy information about Sistakarans. I know the pains and hardships in bringing the newsletter timely and regularly. Our community is a minor community and our people should avail the golden opportunity and encourage the team behind it.

While participating in NGOs' movement and construction of NGO Homes, Revenue Homes in Srikakulam and Vizianagaram district, Sri Dadhirao Satyamurthy garu on equal footing served our Sistakaranam community. We are very fortunate to have such esteemed personality in our community and feel proud of him.Lekha wishes him for good health and energy to continue his services to the community. Email: satyamurthy.dadhirao@gmail.com and mobile 9573334790.

Interview by Sri Sadashivuni Lakshman Rao & J.V.Chandrababu

Compilation Mantri NarsimhaRao



OPEN FORUM

'Dharmam Kosame Aalochinchandi'

Haribabu gari statement, 'Dharmam Kosame Aalochinchandi' provocation has created an impulse with which I am already living and enduring as an educationist. Our children know nothing about Hinduism or Sanathana Dharma. Sri Haribabu has focused the facts of our lifestyle as Hindus so strikingly that I am forced to express what I am doing as a teacher and what parents are doing to implant Sanathan Dharma into their children's minds.

On my part, we are running English Medium Schools under the banner of TILAK BHARATI SCHOOL at Raipur, Chhattisgarh. Ours is the

only school which starts schooling of tiny toddler's beginners with the VIDYA ARAMBH SANSKAR. We observe and promote all the Hindu festivals like Ganesh Chaturthi, Janmashtami, Dashara, Deepawali etc. We perform Saraswati Puja in the school with students and staff. We teach shlokas and sthuthi's for prayers; conduct competitions based on Ramayana, Mahabharata, and Bhagavad-Gita shlokas. Our students are major participants in the 'Bhartiya Sanskriti Exams' conducted by 'Gayatri Parivar'. We teach Sanskrit from Class-III while the prescribed syllabus is from Class-VI. But to be more effective,

we need to include all these activities into the mainstream of syllabus and curriculum hence trying to educate.

Parents can help on this through seminars and workshops.

However, we are only a drop in the ocean...



-By Rajakumari Patro.



Saraswati Puja— Ya Kundedu Tushar-hardhavalva Ya Shubhravastanvita



Vidyarambha Ssanskar for tiny toddlers



Investiture Ceremony- Convocation Day

Awareness Message on occasion of World Pneumonia Day

Pneumonia needs to be detected and prevented quickly, in these times when corona is dancing around the world.

The disease is particularly prevalent in children under five years of age, and those over 60 years of age with malignant lung disease. The World Health Organization estimates that 450 million people, or 45 crores, are infected each year. Of those, four million people are dying. The situation with the disease has worsened due to Covid. The vast majority of deaths occur due to pneumonia. Vaccination is the only measure against such a dangerous disease.

Instead of filling all the chambers in the lungs with air, the fluid containing the virus occupies them, makes it harder for us to breathe, and the percentage of oxygen in the air decreases, making it harder to breathe and causing coughing and fatigue.

Causes - Pneumonia is caused by a variety of infectious bacteria, viruses, and can be transmitted from one person to another in the community, either through a hospital or for

other reasons.

Other factors include - It can usually come at any age and it can affect people over the age of two and over 45. Other categories include those with other diseases, those using steroids and cancer drugs, those with low immunity, those with asthma, diabetes, heart disease, and smokers. People who are exposed to allergens, pollutants, chemicals and fumes are more likely to get the disease.

Symptoms include green or yellow colored phlegm with cough, increased heart rate, shortness of breath, fever, chills, lethargy, body pains, fatigue, chest pain, headache, nausea, dizziness, shortness of breath.

Diagnostic tests include - some types of blood tests, lung x-ray, CT scan, oxygen percentage by pulse oxymeter, phlegm test and sputum culture, testing for fluid taken from the lungs through water.

Prevention and treatment include - the use of antibiotics, antiviral drugs, cough medicine, immunization of children and the elderly once a year with influenza vaccination, abstinence

from alcohol and smoking, keeping distance from those infected, treatment to reduce the risk of colds or other illnesses, controlling the condition of those with asthma and bronchitis; light exercise, a balanced nutritious diet to increase immunity, personal hygiene and of the environment, early detection of the disease and consulting a doctor.

Pneumonia, a secondary infection caused by Covid, has claimed many lives. Some complications occur with onset of pneumonia. These include paralysis, low blood pressure, infection of the blood, toxicity, adverse effects on the brain, changes in kidney function, etc.

- Dr. Kuppili Suresh Babu,
Convener, The PMP Association of India,
Visakha Chapter



SUPPORT ARENA

Service is the way - Service is God

Sri Murthy Patnaik, Vice President, Visakha Shistakaranam Seva Sangham, Kancharapalem, who can please anyone with all his affections, on the occasion of his granddaughter Chiranjeevi Sindhura's birthday at 9 am at the Care and Lovely Foundation Madhavadhara, under the patronage of Mrs. Nagmani, to light up the hearts of the disabled, distributed daily essentials & necessities to the best of his ability.

Similarly, our woman leader Mrs. Vappangi Ramamani Sridhar distributed fruits and

Mr. P. Shivaji Patnaik distributed chocolates and biscuits to the children. I sincerely hope that the future of these children, enlightened to intellectual development through intellect-inspiring educational insights, will shine brightly and that the Visakha Sistakaranam Seva Sangham, Kancharapalem will encourage everyone to have service mindedness in every form of work taken up.

(The event was attended by Sri Baliwada Appala Narasaya, Baliwada Haribabu,

Potnuru Murthy Patnaik, Potnuru Shivaji Patnaik, Koorada Pavani, Voppangi Ramani, Sridhar, Sekharmantri Mohan Rao, Patnakuni Udaya Bhaskar, Bhasuri Srinivas and other members of the working committee. Special thanks conveyed to Sri Murthy Patnaik for arranging breakfast for all the committee members.

- General Secretary, Visakha Sistakaranam Seva Sangham, Kancharapalem



Distribution of Essentials to NGOs

On the occasion of Nehru Jayanti on 14-11-2021, students of Srikakulam Narayana School under the patronage of Principal Shri Behara Bhaskara Rao distributed of rice and essential commodities and provided some financial assistance to various charities. School Principal Shri Behara Bhaskara Rao thanked the students and

their parents / guardians for their support in helping the orphans, the mentally handicapped and the elderly and said that more social service programs would be organized in the future. The event was attended by Zonal Coordinator Bhavana, Sridhar and a team of teachers and school staff.



Career Help Group for Sistakaranams

Sista Karanam job seekers. Those Young men and women who want to build their career or looking for a job can join this WhatsApp group started by Sri Patnayakuni Gauri Prasad of Hyderabad. Job advertisements of various organizations will be posted in this group. For details, contact Group Admin Sri GauriPrasad Patnayakuni 7799099663.



<https://chat.whatsapp.com/Dm9CRftUXtv6WO7jF5IGSr>

Free Medical Camp Held

Our Sistakaranam relative Dr. Bandarulanka Venkatesh, MD, organized a free medical camp on Sunday 14/11/21 from 9:00 am to 2:00 pm with intention to do good to the people of the surrounding areas.

- Srinivas Veenam

శ్రీ వెంకటేశ్వర వైద్యశాల

Dr వెంకటేశ్ MBBS., MD., DNB.

(కర్నూలు ఫిజియన్ మరియు ఘనరు వ్యాధి నిర్మూలం)

గారి ఆధ్వర్యంలో

ఉచిత వైద్య శిబిరం

ది: 14-11-2021 సమయం: ఉ. 9 గం|| నుండి మ. 2 గం||ల వరకు

శిబిరంనందు ఘనరు, ఇ.పి. ECG ఉచితంగా తీయబడును

మందులు ఉచితంగా ఇవ్వబడును

మూలం రావు గారి ఆధిక. బంధువుల రోడ్డు పెడప. నెం: 7997288606, 7569185558

SUPPORT ARENA

Sewing Machine Donated

On 13-11-2021 at Vijaywada, courtesy of Sri Gumma Umashankar Patnaik, President of our Krishna District Sistakaranam Association, a sewing machine and related materials to provide livelihood were presented to our Sistakaranam lady Deepthimahanti Kanakamahalakshmi in the presence of the First Vice President of the Andhra Pradesh Sistakaranam Association, Sri Baliwada Sivakumar Patnaik.



Books & Stationery Distribution

Smt. Keerti Patnaik, Head, Sridevi Vignana Jyoti Parishkar Charitable Trust, said that under the auspices of their organization for the last 18 years as part of many service programs being carried out for the poor and vulnerable people below the poverty line, as usual on the occasion of Jawaharlal Nehru Jayanti on 14th November every year, Note books, pens and geometry boxes were given to 100 poor students free of cost in the name of Akshara Shyamala. As part of the program, notebooks, pens, chocolates, etc. were given to the well-educated poor students on 12-11-21 in the name of her mother Shyamala Devi at Muralinagar Primary School. The chief guest of the function was Mr. AS Naidu. Mrs. Lakshmireddy, Walkers Group Women Governor, Principal Vasanthakumari and teachers of all classes attended the event.



Helping Flood Victims

Bharat Vikas Parishad and Seva Bharati jointly provided vegetable rice and curd chutney to 300 residents of Tiruchanur Nakkala colony, which were hit by the recent rains on Thursday, 25-11-2021. The event was held jointly by Sri Avilala Sridhar and his friend Sri Chandrashekar, who were the donors of the event.

Also, Sri Avilala Sridhar participated in a programme with RSS workers & provided meals, to villagers and people from low-lying area villages that were inundated by the Royal Cheruvu & were taking shelter on the mounds.



Sistakaranam Helping Hands Support

With the demise of her dependent son, Ramadevi, who is living on a pension, was assisted by the Sistakaranam Helping Hands Group on their initiative to provide financial assistance of Rs. 13212 from generous donors, at Mother Theresa Kids School, Ayyanapeta Junction, Vijayanagar in the presence of the group's relatives.

Also, the news the pension which has been suspended for 3 months, will be coming to her from this month is gratifying.

Later, with the thought that honoring women is important in the path of progress, Courtesy of Sri Uma Maheshwara Rao Pakki and Sri Tyada Prasad ... Mrs. Smt. Sanjukta Patnaik (Group Admin), Smt. Baliwada Lakshmi, Smt. Behera Vijaya were honored with shawls and sarees.

Sri Patnaikuni Prasad, Sri Jeeveer Murthy, Sri Vandurangi Thirumala Rao, Sri G.L.V. Ramana Murthy, Sri Patnaikuni Sri Rammurthy, Sri Behera Keshava Rao, Sri R. Ramesh and others also participated in the event.



Free Medicines by courier for 100 days:

1. Solcal - Calcium Citrate 1000 mg+Vitamin D3.200 IU+Mg+Zinc.
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- Medicines are WHO-GMP Certified.
- Take your Doctor's approval.
- For Sistakaranam Families.
- Your details will be kept confidential.



CONTACT: 8074800939



Sri Karakavalasa Seetharama Murthy Patnaik
& Smt. Karakavalasa Navaneetham Scholarship

Scholarships For Sistakaranam Students



Sri Vuriti Venkata Ramana
& Smt. Vuriti Girija Scholarship

- For Sistakaranam students who are in their Class 10 and class 12 (sr inter)
- Based on their performances in board exams and other competitive exams.
- Will be awarded directly to students, one time.
- Selection at the end of each academic year.

PLEASE SPREAD THE WORD AND GET
WORTHY SISTAKARANAM STUDENTS

CONTACT:
Ge.kravi@gmail.com
or 9652233372.

FRATERNITY PAGE — Telangana



Sistakaranam Welfare Association conducts Vanabhojanalu

Sistakaranam Welfare Association - Hyd on Sunday 28-11-2021 conducted Kartika Vanabhojanalu and released Sistakarana Ikya Vedika 2020 Souvenir marking their tenth anniversary.

Under the patronage of Shri Dabhir Venkatakrishna Rao, Kartika Vana Bhojanalu and Aikya-vedi 2020 Souvenir Launch was held on 28-11-2021 at BHEL Gardens. Hon'ble Telangana State BC Commission Chairman Shri Vakulabharan Krishnamohan was the chief guest at the event which was attended by about a thousand dignitaries and delivered his invaluable message. The event was graced by the President of the Andhra Pradesh Sistakarana Sangham, Sri Polumahanti Umamaheswara Rao, Sri MVS Patnaik from Bhubaneswar, Sri Srinivas from Pedana, Sri Akkamahanti Raja from Machilipatnam, Sri Gumma Umashankar Patnaik from Vijayawad, Sri Ramana garu from Tirupati, Sri Baggam Kurma Rao, Sri Phanindra, Sri M Satyanarayana from Gajuwaka, Sri Baliwada Haribabu from Kancharapalem, Sri Sadashivuni Lakshmana Rao from Visakhapatnam and others were present.

Distinguished guests were Sri Chakradhar Garu, Vice President, Axis Bank, Sri Raghupathruni Malleshwara Rao, Chief Secretary, Sri KH Patnaik, CGM, Canara Bank, Sri Trinadharao, AGM, Union Bank and others. Sistakaranam Lekha Team Sri D Naresh, Sri M Narasimha Rao, Sri JV Chandrababu, Sri D Chandramouli Patnaik and Sri S Naraharinath gave a warm welcome.

The event was well organized under the auspices of Sistakaranam Welfare Association Executive team, Sri Burli Vijayakumar, Sri Donkada Ananthaprasad, Smt Satyalakshmi, Sri Venka-

teswara Rao, Sri Pratap, Sri Parthasarathy, Sri Durgaprasad, Sri Tirupathi Rao, Sri Hari Hishore, Sri PDS Patnaik etc. Thanks to all of them.

- 1) Nellore Anandayya's Corona medicine was distributed free of cost
- 2) Vaccines were provided free of charge to those who have not been vaccinated with the first and second dose of corona vaccine.
- 3) Games for children & women.
- 4) Gold medal receiver from the President, Dancer Sri Someshwara Sharma impressed everyone by performing a beautiful dance with appropriate poses for the Sundarakanda.
- 5) Matrimonial details were registered at a special counter.
- 6) Even during the assembly, parents were given a chance to give details of their children ready for weddings, from the stage.
- 7) Most importantly, Sri Chakradhar, Sri Raghupathruni Malleshwara Rao, Sri Umashankar, Sri Yujayam Rao, etc., who are on a notable positions, have come forward to help the unemployed Sistakaranam youth in their jobs. Everyone thanked him for providing jobs to four unemployed people so far.
- 8) The speeches of the chief guests centred around the efforts being made towards OBC achievement for Sistakaranams, and the promising news that OBC will come soon.

Tea, tiffin, lunch in the morning, snacks and tea arrangements in the evening were enjoyable, as everyone present said.

Many more relatives were present. They were

all thanked by name.

- Sadashivuni Lakshmana Rao, Visakhapatnam, 28-11-2021

Sri Krishna Rao Thanks everyone for attending 'Sistakarana Keka'

I am grateful to all those who responded in large numbers to "Sistakaranam Keka" and attended the Vanabhojana and ABSIV Souvenir release demonstrating immense affection for the members of our SWA Executive... I pledge to work for the existence of our community across the country, will not hesitate to continue to work for the development of our caste, constantly consulting the Central Government to achieve the OBC that we are all fighting for, and we can all be prepared as we reach the end of the of the national struggle... Much obliged to the President of the State Sista Karana Association, Sri Polumahanti Umamaheshwara Rao, Sri Sadashivuni, Lakshmana Rao, Haribabu, Phanindra, Kurma Rao, Satyanarayana, Ramana and all the great personalities from other states, not just Telugu states, for honoring our invitation... Let's intensify the fight... Let's build a new society without class differences... Thus conveyed Sri DV Krishna Rao in a message to all.



Kudos from Lekha Team

Congratulations to esteemed community elder Sri Dabhiru Venkata Krishna Rao and all members of Hyderabad Sistakarana Welfare Association for the grand success of the Tenth Karthika Samaradhana Anniversary held on 28-11-2021. Kudos also from 'Lekha' to all Sistakaranam stalwarts who graced the event arriving from from different regions, making it a grand success .



FRATERNITY PAGE — Andhra Pradesh



Visakha Sistakaranams meeting

10-11-2021 Wednesday morning Visakhapatnam District SK Association meeting was held at Allipuram SK Community Hall.

On this occasion, the General Secretary of the Anandapuram Pranta SistaKaranala Seva Sangham, Shri P.V.V. Prasad Rao Patnaik, requested the enumeration of Presidents, Secretaries & treasurers from various branches who have attended the meeting, the count of branches in the district and those that attended. The meeting took cognizance of the fact that, again with the grant of 56 corporations, ours is only one among 120 BC corporations in AP state. So, the government did not give any special recognition to our community. It also stressed the fact that we need to keep giving monthly petitions to state government and keep up the pressure to get OBC status as we move closer to state elections.



Request to Speaker for Community Building

Andhra Pradesh State Sistakaranam Corporation Director, K.V. Ramanamurty led a group belonging to Amudalavalasa Sistakaranam community and met Andhra Pradesh State Legislative Assembly Speaker Shri Tammineni Sitaram on Nov 12 and submitted a petition emphasizing the need for a community building and petitioned for government approval & sanction for the construction site for the building. Shri Tammineni Sitaram responded positively and agreed to talk to the authorities and sanction the site as soon as possible. The delegation included Secretaries R. Chiranjeevi, K. Venkataramana Murthy, community members K. Srinivasa Rao, P. Vijay, V. Venkataramana, A. Gajapati Rao, B. V. Prasadarao, V. Satyanarayana & Saikumar.



SK Yuvata New Executive Body Elected

The New Executive Body of Sistakaranam Yuvata has been unanimously elected.

Sri Manapuram Suresh Kumar as State President, Smt. Dabbiru Prashanthi as State President, Sri Venum Veerababu and Sri Sadashivuni Ravi as State Vice Presidents, Sri Behara Rajesh Kumar as State General Secretary, Sri Uriti Siddhartha Patnaik as Deputy General Secretary, Mrs. Garbaam Sandhyarani as Woman Vice President, Sri Sadashivuni Ravi as President of Srikakulam District, Sri Jakkuva Gopinath as President of Visakhapatnam District, Sri Marupalli Nagesh Kumar as the Incharge of Vizianagaram district, Sri Ravu Palli Rajasekhar as President of Kakinada, Sri Donkada Rambabu as President of Chirala and Sri Sundara Gari Kumar as President for Anantapur district, were elected.



Yuvata Anniversary Event

Let us all Sistakaranams in the state stand united and achieve the long awaited OBC, was the call given by Sistakaranam Corporation Director, Smt. K. Anusha Patnaik. On Sunday November 7, she addressed the anniversary celebration ceremony held under the auspices of Sistakaranam Yuvata at a function hall in Visakhapatnam. She said we are fortunate to have a corporation for our caste. Director of the corporation Sadashivuni Krishna, who participated in the programme, suggested that a meeting should be held with all state level leaders to ensure that all the Sistakaranams are united in the state. He urged that every Sistakaranam leader should mainly work for unity. Sistakaranam Association state President, Mahanti, who presided over the house, said that all future programmes will be primarily conducted by the youth. The event was attended by Youth President Manapuram Sirisha, Women President Dabbiru Prashanthi, Sistaakaranam state leaders K Chandramouli, Satya Rao, M. Narasimha Murthy, VeeraBabu, Rajasekhar, Sadashivuni Ravi, Vithal and others. During this event, the new Executive Body of Sistakaranam Yuvata was also elected.



FRATERNITY PAGE — Andhra Pradesh



Kavi Sammelanam in Vishakha Public Library

On Thursday evening, 18-11-2021, a poet's conference was held under the auspices of Vishakha Sahiti and Sahrudaya Sahiti Institutions at Visakhapatnam Civic Library. The event was held on the occasion of 54th Library Week and was organized by the organizers Sri Shekharamantri Prabhakar and others. Along with other poets, our Sistakaranam poets Sri Vadada Chandrasekhara Rao sang a song written by him, while Sri Vadada Santosh and Sri Sadashivuni Lakshmana Rao recited their respective poems.

Earlier on 17 November 2021, Sri Sekharamantri Prabhakar was a distinguished guest at the Kavi Sammelanam. The library officials felicitated Sri Prabhakar.



Tenth Annual Matrimonial Book Release

The tenth annual matrimonial booklet was launched under the auspices of Sitammadhara Sistakaranam Association President Shri Tumbali Prasadrao, and General Secretary Shri Salur Mohanrao, at 5 pm on Monday, 22-11-2021 at the Builders Association Hall, near Tycoon Hotel, in Visakhapatnam, through the hands of Sri Allena Ramesh Kumar. Sri Badrimahanti Venkat Rao, Sri BRM Patro and Sri GG Prabhakar Das attended the event. Sri Allena Ramesh praised the Seethamdhara Association for taking up many initiatives and conducting them prestigiously every year. The event was organized with the help of the members of the association working group. The booklet was provided free of cost to all the parents who had given details of the bride and groom, who attended the function. They also gave their invaluable advice to the association.



Karthika Samaaradhana of Gantyada Association

Vijayanagaram District Gantyada Mandal Sistakaranam Society celebrated Karthikamahotsavam on 21-11-2021. Mrs. Kuppili Kirti Patnaik (Founder of Devi Vijnana Jyothi Charitable Trust) was the Chief Guest. Along with her, her paternal uncle Sri Godabaloka Mohanarao Patnaik was also invited. They said that they will extend their support to economically backward women and students in our community. Women were told to set up small cottage industries without wasting time. They were honored by the Gantada Sistakaranam association. In the event, tributes were paid to those who expired in the last two years. Subsequently, several caste elders spoke addressing the community. Newlyweds of recent times were invited to the stage, where

they exchanged wreaths and were blessed by the elders. The event featured a variety of cultural events for children and adults, with prizes being handed out to the winners by the elders. A new working group was elected (courtesy District Association Secretary Sri Gauriswara Rao). The new working group was sworn in under the patronage of Sri Baggam Sudhakar Patnaik, Vice President, State Sistakaranam association. All the above programs were conducted under the auspices Sri Manapuram Ramesh, Dabbir Nagaraju, Baggam Srinu, Manapuram Chinna Sriramurthy and Baggam Rama Jogarao.



The new Working group of the Gantyada Sishta Karana Sangham

Honorary President: Sri MP Gauriswara Rao

President: Manapuram Ramesh

Vice President: Baggam Rama Jogarao

Secretary: Manapuram Muralidar (Bobby)

Working Secretary: Dabbiru Ishwara Rao

Joint Secretary: Manapuram Ratnaji

Treasurer: Baggam Srinu

Campaigner: Manapuram Venu Gopala Swamy

Working group members

1. S. Jagadeeshwara Rao
2. Baggam Satish Kumar
3. Medapally Kumar
4. Dabbir Shridhar
5. Medapally Kishore

FRATERNITY PAGE — Andhra Pradesh



Request to Collector on EWS Certificates

Andhra Pradesh Sistakaranam Welfare and Development Corporation Chairperson Anusha Patnaik has asked Vizianagaram District Collector A Suryakumari to look into removing obstacles in some places in issuing certificates to EWS. She urged her to ensure that the government schemes are available to our caste members. Collector Surya Kumari responded positively to her request and promised to look into several issues and bring justice. The meeting was held in the Collector's Chamber in the presence of Corporation directors Pakki Ramakrishna, Ootapally Radha, AP Sistakaranam Association President S.N.K. Mahanti, Vice President Jayati Uma Maheshwara Rao, Shashidhar and Nagendra.



Meeting with Zilla Parishad Chairman

Vijayanagaram Zilla Parishad Chairman Majji Srinivasa Rao was received courtesy by Anusha Patnaik, Chairperson, Welfare and Development Corporation and Mango Srikanth, Chairman, Eastern Kapu Corporation. Majji Srinivasa Rao was honored on this occasion. Several welfare programs were discussed. Ootapalli Radha, Director, Civilization Corporation, Pakki Ramakrishna Garu, President, Andhra Pradesh Civilization Association, S.K. N. K. Mahanti Garu, Jayati Umamaheswara Rao, Shashidhar, Upangi Nagendra and Ootapalli Govind were the leaders of the Sistakaranam committee.



"Palakolanu" special issue released

The 18th anniversary special edition of Sri Manapuram Satyanarayana's "Palakolanu" newsletter was released by West Godavari Zilla Parishad chairman Sri Kavuru Srinivas and Palakollu MLA Dr Nimmala Rama Naidu.



Portrait anointed with Milk

Anusha Patnaik, Chairperson, Welfare and Development Corporation, along with members of the Vaikapa party ranks, paid a courtesy call on AP CM Jagan at the Ram Nagar Chairperson's camp office, thanking Chief Minister Jaganmohan Reddy in the wake of the Andhra Pradesh Assembly's decision to ask the Center to conduct a fresh census of BC castes. Afterwards BC distributed clothes to women and fruits to school children.

Speaking on the occasion, Chairperson Anusha Tnayak and State Civilization Commission President SNK Mahanti said that it was Harsha's policy to seek a fresh census of Chief Minister BC in a partisan manner and expressed hope that the civilized caste members would be better off in the future.



Satyannarayana Vratam and Vanabhojanalu at Chinnaregulavalasa

On 29-11-2021, the last Karthika Monday, in the small Gangaregu colony, the late Patnaikuni Fakir Das Gari, along with his sons Sri PVG Raju, Sri Muralikrishna and family members, performed Rudra anointing, Satyanarayana vratham and devotion at their home, followed by Koti Pam. Satyanarayana Swamy hosted a Karthik dinner for the caste relatives in the village under the Usirika and Ravi trees in their temple premises, in which the couple gave fruit gifts and celebrated the occasion with festivities. Discussing the latest situation on OBC in the Samaradhana premissis.



Krishna Dt. Association meets Sri UJM Rao

On 25-11-2021 Govt. Shri U.J.M. During Rao's visit to Vijayawada (MD, Amravati Metrorail Project, Vijayawada), a spirited meeting was held with the relatives of the Krishna District Classification Association at Vidar Hotel, YM Road, Vijayawada. The meeting was attended by several Sistakaranam relatives. The people in this photo taken on this occasion are Krishna District President Shri Gumma Umashankar Patnaik, Shri U. J. M. Rao, Police Intelligence Inspector Sri Radhakrishna Gars. Among those standing were Shri Raghupathruni Malleshwara Rao, Chief Officer, Secretariat "Home" Department, Shri Singumahanti Satyendra Nath, District Leaders and Shri Baliwada Sivakumar Patnaik, First Vice President, Rashtra Sangam



FRATERNITY PAGE — AIPSKA



The AIPSKA Journey

A round tour on the journey of AIPSKA is here! With the sole idea to strengthen the bondage of Sistakaranams outside of Andhra Pradesh and Telangana, Sri Ramesh

Patnaik, Sri V. Umamaheswara Rao and Sri Hari Mohan Patro under patronage of Dr. G.S. Patnaik initiated and formed the All India Pravasandhra Sista Karanam Association (AIPSKA). Its mission is to contribute to all-round development of community through various value based activities. It works with a motive to protect our culturally rich roots and traditions.

Drawing, Art, Culture, Science, Quiz, Intelligence, Literature, Poetry, Traditional values and Customs. It is also creating an opportunity for members to explore ways to contribute to their relatives. Via virtual Zoom meetings and WhatsApp groups, varied events were hosted. It has set a record of nine virtual events and four WhatsApp groups encouraging and connecting many members in just an year. The executive committee has selectively picked team members and guided them through with positive motivation to execute events successfully. This energizes the teams to give their best creative efforts with lot of enthusiasm and also the participants.



Sri G.S.Patnaik-Chief Patron, Sri Ramesh Patnaik-President, Sri V.Umaheswara Rao-Working President, Sri U Ravi Patnaik-Vice President, Dr Chowdari Prasad-Vice President, Smt. Rajkumari Patro-Patron, Sri Harimohan Patro-General Secretary, Sri Tirupati Rao-Jt Secretary, Smt.Sandhayraj-Jt.Secretary

Through the journey of this year, we have tried our best to vibrantly reach all spheres of life, all age groups and genders. Our AIPSKA created platform to exhibit their inherent talents in Music, Dance,

We welcome many more members across the globe to participate & contribute!



Zoom Meetings



1. Raga Tarangini
10th Oct 2020
(Singing Event)



2. Raga Natya Tarangini
24th Oct 2020
(Dance Event- Dussera)



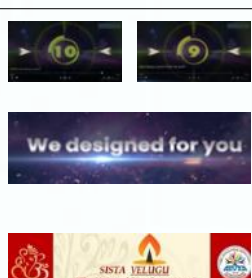
3. Sista Medha
8th Nov 2020
(Quiz)



4. Tamasoma Jyotirgamaya
24th Oct 2020
(Cooking ,Rangoli- Diwali)



5. Mana Nomumulu
Mana Vratulu
6th Dec 2020
(Traditional Customs)



6. Sista Velugu Launch Event
1st Jan 2021
(Online Newsletter)



7. Women's Day
9th Mar 2021
(Words from women)



8. Ugadi Vedula
11th Apr 2021
(1st WhatsApp event)



9. Jeevana Tarangulu
13th Jun 2021
(COVID -relevance)



THANKS TO THE TEAM MEMBERS - ZOOM HOSTS FOR VARIOUS VIRTUAL EVENTS !

Sri B Shashank, Smt B Rashmi, Smt Sandhya Raj, Smt Rajeswari Patro, Smt Suman V Patnaik, Smt Madhavi Patro, Sri NK Praveen, Sri Govind Patnaik, Miss Dabburu Neha Patnaik, Smt D Anuradha, Smt Dabburu Rama Satyadevi, Smt N Shyamala, Sri Sai Abhishekh, Smt Vandana Adivishnu,

FRATERNITY PAGE — AIPSKA

WhatsApp Group Activities



AIPSKA has virtuously spread its activities through its various wings, creating different Whatsapp groups pertaining to specific interests! Our executive committee is venturing in adding responsibilities to new team-members and kudos to see that they are all innovatively working relentlessly keeping the groups so vibrant, active & live with extracting talent and importing knowledge.

Following are the Whatsapp Groups :

ALL INDIA PRAVASANDHRA SKA- On 9th Oct 2020, a WhatsApp Group was created for general posts, news and shares of the entire Sistakarnam community from where further spread to rest of our community could be made.

AIPSKA KALATORANAM- A WhatsApp Group for bringing out talents was started on 5th Oct 2020 initially for all talents & later specific to music. Members comfortably enjoy sharing their Music videos, You-tube links, recordings on Smule & Star Maker on a daily basis. This Group also helped in creating a document of listing out the



singers within community which was published in first issue of Sista Velugu.

AIPSKA SAHITYA VEDIKA- On 4th Jul 2021, a WhatsApp Group was ideated for exploring talented writers and poets of our community. The purpose was to enhance writing skills, improve command in languages, and also generate importance of native language. Team members- Sri. Vadada Uma Maheswara Rao, Smt. Sandhya Raj Mantri, Sri B Shashank are working towards its goal creating activities in the group.



AIPSKA VIGNANA VEDIKA- A WhatsApp Group for knowledge shares, brain games, quizzes & puzzles was launched on 5th Jul 2021. The fantabulous team of Smt. Rajeswari Patro, Smt. B. Rashmi Shashank, Smt. Chandana Patnaik, Smt. Lata Choudhary, and Sri. B. Shashank, has

reached many members especially kids in sharpening their IQ at fast pace with tough competition. While the current generation kids are generally busy in their own school activities or personal time with their friends, this group has uniquely seeded within the children to mingle within community relatives also.



AIPSKA BALA VEDIKA- 16th Sep 2021, was another important move for AIPSKA that launched this new group with team members Sri B. Shashank, Smt. Rashmi Shashank, Smt. Suman.V.Patnaik & Smt. Pakki Raga Chandrika. It gives immense satisfaction to see the kids are learning telugu so easily through this group.



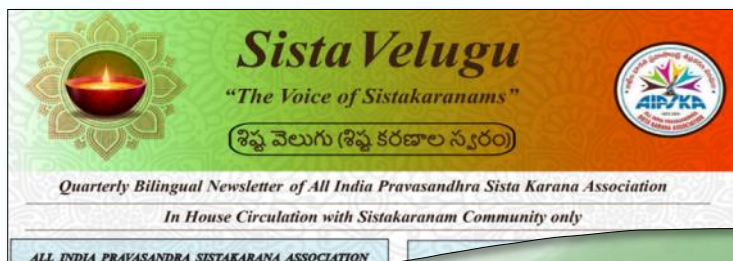
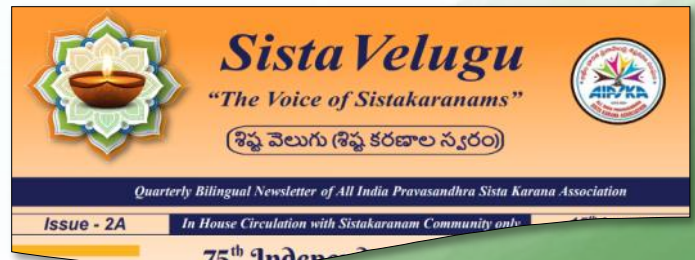
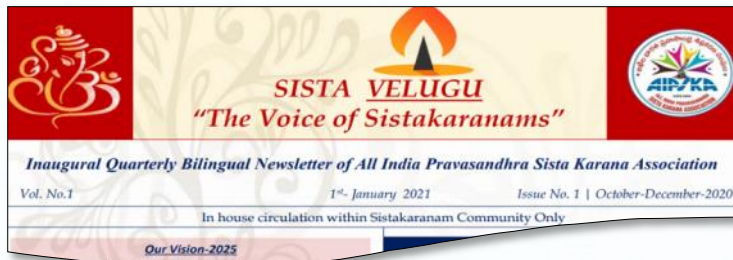
THANKS TO THE TEAM MEMBERS FOR VARIOUS WHATSAPP GROUPS !

Sri B Shashank, Smt. B Rashmi, Smt. Sandhya Raj, Smt. Rajeswari Patro, Smt. Suman V Patnaik, Smt. Pakki Raga Chandrika, Smt. Chandana Patnaik, Smt. Lata Choudhary



Sista Velugu Newsletters

Sista Velugu - 'The Voice of Sistakarnams', An Online Newsletter of AIPSKA in three languages in the same edition was ideated and launched. Our community news and activities has been well captured and featured in this. So far four editions have been released on 1st Jan 2021 (issue 1), 3rd July 2021 (issue 2), 15th Aug 2021 (issue 2A) and 1st Oct 2021 (issue 3).



- Hari Mohan Patro,
General Secretary, AIPSKA

FRATERNITY PAGE — KALAM SNEHITULU

How to write stories

Writing stories is a creative act. It's completely personal. There is no such thing as a 'syllabus'.

Talent, etymology, awareness of the community you are looking at, the desire to do something, the quest to do good to ten... are all things that need to be understood. An instability of 'can't stop writing' should shake the mind. Then the pen runs forward. The world of stories will unfold.

All this is a milky way that happens in the mind without knowing it. Halahalam will be born in that Mathan. The elixir is born. That is, stories can be born that lead society astray. Stories that lead in the right direction can be born.

As the famous storyteller Ravi Shastri said, 'The story should not harm the good or the bad.' Remembering this, being a narrator is very good for the society.

The outfit should be prepared before the story. Equipment means papers, not arts. The story is a conflict that takes place in the mind as it comes from the mind to the papers.

The 'plot' must be selected first. How?

As we said in previous articles - society is the raw material for a story, a poem or any other creative process. Everyday we see many scenes. We keep hearing about many events. An injustice, an iniquity, an inconsistency, a conflict, a strangeness, a miracle

happen in them.

Chaganti Somayajulu (Chaso), a famous storyteller, once said this in a meeting.

"Suppose we saw a man die in a lorry accident on the road. Suppose we write it as a story. Then on whom do we write the story?"

Would you write a story about a driver who is annoyed with stuff at home distractedly drives a lorry?

Suppose the owner of the lorry is running the truck without making repairs for several days. Then the story could be about the negligence of the lorry owner.

The person in the accident is the sole earner. Would you write about family dependant on the person?"

Thus we can choose the 'plot' in many ways. However, all the details required for the story should be collected in advance and a plan should be initiated.

How to write a story, before writing a story... i.e., the style should be decided. Writing a story is not as easy as telling a story in words.

It is very natural for some people to verbally articulate in words an event as if one was seeing it. But give them a few papers, they can't write a single paragraph. That means writing needs something more. The challenge for the writer is to capture that

Varam..

varam..

Soma vaaram

Sri P. V. Ramanagaru, Literary Scholar, M.A (Sanskrit), M.A. (Telugu), M.Ed, Retired Principal. Disposition: Literary pursuit. Has been a teacher for 39 years.

In the weekly program Varam.. varam.. Soma vaaram organized every Monday in Kalam Snehituu Kalavedika Group, under the subject of how to write stories, Sri Ramana Garu informed about the need of study, during the for the first week. 2nd week it was about study - observation. Week 3 was about the beauty of language. 4th week addressed why one should write. 5th week covered how to write. Week 6, we learnt about the emergence of modern storytelling. Week 7 was about modern storytelling, and week 8 about how to write stories.

'something else'.

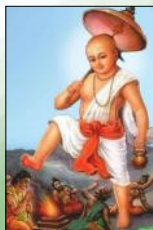
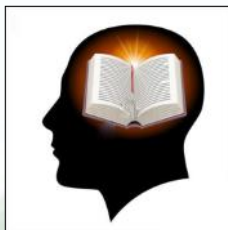
If you want to know it, you have to read the stories that have come out in detail. Stories of older writers should be read comparatively with stories of writers today. Should be read critically. Should be read carefully.

Consider how parables, idioms, proverbs, etc. are to be used and are being used. Need to know syntax skills. Remember to write the sentence differently in the same context.



Chitra Kavitalu

Mother is Annapurana.. The conceit that If mother is there no being is hungry.. One disable man who can walk, donating something to one disabled man who cannot walk, a beautiful sight.. sends many messages.. Literary week celebrated with a picture of book in mind, and another week Vamana pushes Bali, teaching the need to be humble... And, with Late Sri Sirivennela Seetharama Satry's demise, many poets sent poems as a tribute.



Last picture: Shraavan Raigada with Sirivennela Sitarama Satry at the Chicago TANA Sabha in 2009.



A sketch of our Sri Belagam Bhimeswara Rao drawn by artist Sri Tumbali Shivaji.

FRATERNITY PAGE — ENTREPRENEUR



Vandana Adivishu - Architect



Taking this opportunity to share my experiences as an entrepreneur. I think entrepreneurs do not happen by chance, they are made by choice. It needs deep passion, devotion and right choices at every stage of life..

Marriage makes and breaks one's career. My professional journey as an architect from Kuppili Vandana Rao at Mumbai to Vandana Adivishnu at Hyderabad was not easy for my feministic ideologies and feminine life style. It takes lot of effort to strike a right balance between the two. To make a dream into a reality, clarity in vision would pave one's destiny. Then most of the times things just fall in place rightly, but we waste time and energy on the 'so many things' that simply do not fall in

place. For me, I had a 'NO' to the matches of USA, Mumbai, small towns or partner as an architect where I might have to change from my goal to practice as an architect to something else.

Always a drive to explore something new is fascinating! I attempted to make it adventurous moving from one typology to the other. To involve in huge projects which I had limitation of small office of max 5 team, I associated with a big firm and ventured into Hospitals, Institutions & All India Competitions viz. NIIMS, VIMS, SRM, VIT, TTD. Later I ventured into industrial architecture viz. Hyundai Motors (Korean company). We need to learn to transform limitations to challenges and that is one way to evolve! No need to necessarily maintain big offices, huge man power to achieve success. Success is not about how much money we make, but how much we make a difference in

people's lives. Regarding payments, if one works with right strategy, with self respect, you can not be cheated by someone else.

Being a woman, I was always questioned, a decade ago, "Are you an Interior Designer?" "No! I am an architect and I do climb the slabs for site visits, having long odd hours at site or meetings." However now things have changed where more girls are choosing this creative field. & my best wishes for upcoming Architects

I would not complete without expressing my gratitude to my Dad who rooted his unique upbringing & exposure; my husband for accepting me for who I am and so many more who touched my path who made me, what I am today!

"Nothing is Impossible for a Willing Heart!"



Hyundai Motors - Architecture/Structural/Fire/ AC/ Electrical/Plumbing



Interior Design Execution-AC/Fire/Electrical/ Plumbing



Recognitions-

- Featured in a Weekly Column of Women at Work in Arcot Road Times, a local newspaper in Chennai
- Fetaured for 10 episodes at TV-5, A Telugu Channel showcasing few of my Interior Projects in Hyderabad
- As Chief Architect for another firm, had an opportunity to meet then CM of Andhra Pradesh, Sri. N. Chandrababu Naidu at the inaugural function of a Health Centre.



About -

Exploring various typologies stage wise-

Practice -
Chennai,
Hyderabad,
Vizag, Vijaywada etc

Profession-
L.S.Raheja School of Architecture, Bandra, Mumbai, 1992 batch

Schools-
Kendriya Vidyalaya Mumbai, Nazira (Assam), Bhubaneswar, Ujjain, Bharuch, Ahmedabad.

Contact-
Vandana Adivishnu
8056018566
edges.wings@gmail.com



- Residential Architecture
- Residential Interiors
- Residential Interiors Execution
- Other Typologies Architecture
- Commercial Interiors
- Commercial Interiors Turn Key Solution with execution
- Residential / Commercial
- Out Station Projects
- Association with other firm
- Health Care / Institutions
- Industrial Architecture
- Refined Architecture/ Interiors



VIVAHA VEDIKA



Vivaha Vedika
వివాహ వేదిక



Vivaha Vedika is a new initiative from Lekha. Being a sensitive subject, we are wary of the pitfalls in managing the function of match-making. We are, therefore, starting with just a handful of prospective brides and grooms. Please excuse us for any errors, omissions or misrepresentations. This will be an evolving initiative, and we will improve as the time goes by.

Prospective Brides & Grooms



Name	HARIKA
Surname	KODURU
Father's Name	K.RAMAKRISHNARAO
Gotram	NAGESHWAR
Date of Birth	26-Aug-2000
Nakshatram	PUNARVASHU
Height	5' 5"
Complexion	TAN
Occupation	
Work Place	
Education	B.SC
Preference	GOVT JOB, GOOD PVT DESIGNATED JOB

Name	PADMAVATI
Surname	PAKKI
Father's Name	P.BHAVANI SHANKAR RAO
Gotram	BHARADWAJA
Date of Birth	23-Jan-1998
Nakshatram	PUNARVASHU
Height	5' 2"
Complexion	FAIR
Occupation	PVT. EMPLOYEE
Work Place	BANGALORE
Education	BE / B.TECH
Preference	ANY DEGREE, HYDERABAD,

Name	SAMEERA
Surname	SALIHUNDAM
Father's Name	SB SRINIVAS
Gotram	KOUSHIKA
Date of Birth	10-Apr-1994
Nakshatram	UTTARABHADRA
Height	5'
Complexion	FAIR
Occupation	PVT. EMPLOYEE GOOGLE INDIA
Work Place	BENGALURU
Education	ME / M.TECH
Preference	



Name	BALAJI
Surname	VANDRANGI
Father's Name	V.T.B.PATNAIK
Gotram	ATREYA
Date of Birth	8-Sep-1991
Nakshatram	PUSHYAMI
Height	5' 6"
Complexion	TAN
Occupation	BUSINESS
Work Place	VIZAG
Education	BE / B.TECH
Preference	PAN-INDIA ; AMICABLE FAMILY

Name	KIRAN KUMAR PATNAIK
Surname	PATNAIKUNI
Father's Name	P.TIRUPATHI RAO
Gotram	BHARADWAJA
Date of Birth	24-Jul-1995
Nakshatram	
Height	5' 10"
Complexion	TAN
Occupation	PVT. EMPLOYEE RMSI INDIA HYD
Work Place	HYDERABAD
Education	BE / B.TECH
Preference	ANY JOB HOLDER OR SEEKER ; PAN-INDIA

Name	LAKSHMI NARASIMHA
Surname	NAGUMANTRI
Father's Name	N.RAMAMURTHY
Gotram	ANGIRASA
Date of Birth	6-May-1991
Nakshatram	SRAVANAM
Height	5' 8"
Complexion	TAN
Occupation	PVT. EMPLOYEE
Work Place	HYDERABAD
Education	MCA
Preference	

Name	LAKSHMI SEKHAR
Surname	BALIVADA
Father's Name	NAGABHUSANA RAO
Gotram	
Date of Birth	25-Oct-1980
Nakshatram	KRUTHIKA
Height	
Complexion	
Occupation	PVT. EMPLOYEE ARAB NATIONAL
Work Place	SODHI
Education	
Preference	AMICABLE FAMILY, DEGREE, TELANGANA &

Name	SUKESH
Surname	BARLI
Father's Name	NARASIGARAO
Gotram	KOUSHIKA
Date of Birth	7-Aug-1994
Nakshatram	ASHLESHA
Height	5' 10"
Complexion	TAN
Occupation	PVT. EMPLOYEE
Work Place	BANGALORE
Education	
Preference	JOB, 3TO 4YRS GAP

GET MORE PROFILES ONLINE

This page contains only a handful of profiles, just to give you an idea of our repository. For more, visit:

<https://skiv.online/VivahaVedika/>



SISTAKARANAM IKYAVEDIKA

ONE DIGITAL PLATFORM FOR ALL SISTAKARANAMS

TALENT CORNER

(A Recap from last 12 issues)

Raghupatruni Krishna Prasad
Sculptures

2021
JAN



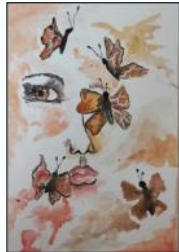
Sai Aditya
Canvas Painting

2021
MAY



Sujatha Batlanki
Drawing & Painting

2021
AUG



Barbie Dressing

2021
NOV



Pakki Prasad
Nail Art, Cartoons, Painting

2021
MAR



Batlanki Venkat Rishi
Tennis Talent

2021
AUG



Viveka Chowdary
Art

Kasimahanti Gayatri
Drawings

Barli Sowmya
Writing, Paiting

Vathsala Rao
Ganesha Clay models, Craft workshops

2021
OCT



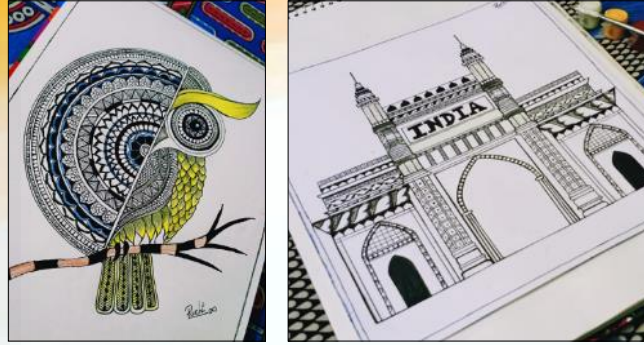
TALENT CORNER

(A Recap from last 12 issues)

Kondavalasa Nandini
Pencil Sketch

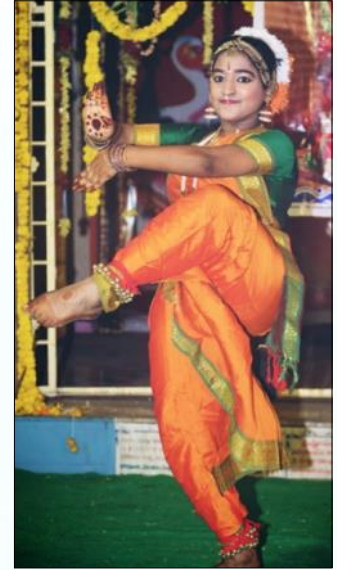


Rushali Patnaik
Drawings & Paintings



2021
JUL

Dabiru Niharika
Kuchipudi Dance



2021
AUG

Nalini Kuppili
Tanjore Paintings, Quilled Dolls, Jute Articles etc.



2021
SEP



Neelima Tamirisi
Artistic Items



2020
DEC

Roshini Kuppili
Multiple talents



2021
NOV

Abhilasha Kuppili
Artistic Cakes



2021
JUN

Vandrangji Vasanthi
Paintings



2021
FEB

Magic Sagar
Various Talents



2021
NOV

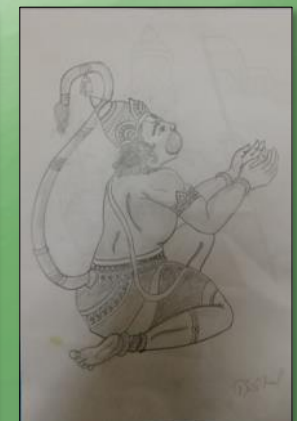
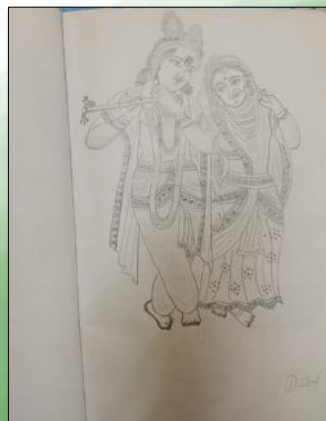
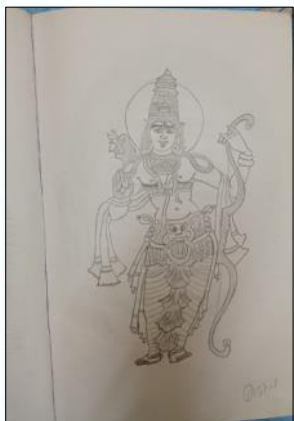
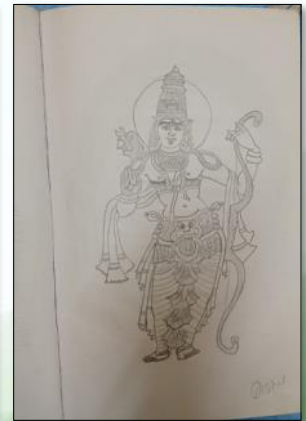
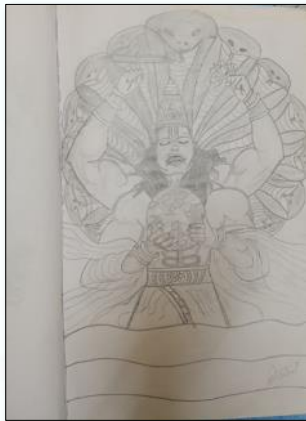
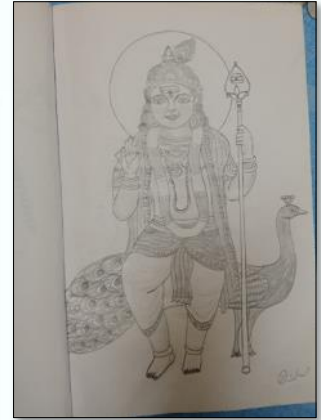
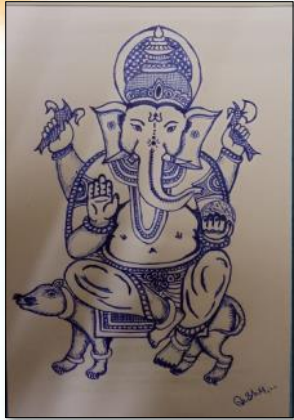
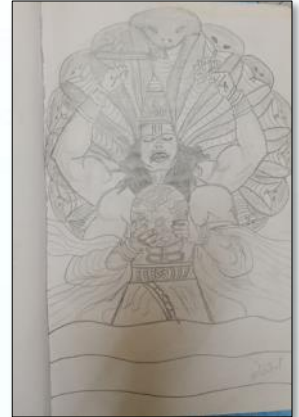
TALENT CORNER

Excellence in Pencil Sketches and Colourful Clay Figures



Thampatapalli Vishal, who lives in Raipur, Chhattisgarh, studying CA has a hobby of making colourful clay figures in pencil sketches. So far, he has created many artworks. Some of those have been given here.

He is the son of Sri Thampatapalli Prasad Rao & Smt. Girija, who is the sister-in-law of Sri Kondavala Srinivasa Rao of Raipur.



OUR YOUTUBERS

YOUTUBERS-SISTAKARANAM WHATSAPP GROUP STARTED ON 15-7-2021

1 Pakki Udayasree	https://youtube.com/channel/UC6F_KHmJXiosDcyr6zInEmg	Recipes, Gardening
2 Dr Chowdari Prasad	https://www.youtube.com/user/chowdariprasad	Karaoke Songs
3 Sai	https://youtube.com/channel/UCNF9e_sr-EEF0mFic9mZ5Zw	Education & Entertainment
4 Balivada Padmaja	https://youtube.com/c/Balivadabalivada	Rangoli & Cooking
5 ARK.Rao	https://youtube.com/channel/UC9IU1uxCVz2LExZVEc7vckA	Travel
6 Anil Kumar Patnaik	https://youtube.com/channel/UC7GCpoAgfUVRfJN19BjSbQ	Snapixs Fotography, Wedding Candid Teasers & Songs
7 Baasanga Suresh	https://youtube.com/channel/UCiql3ZtYUKKxIP3D-Z73tA	Venodham,visheshalu
8 Patnaikuni V.S. Madhusudan	https://youtube.com/channel/UCWBOzeOrlP8_eos7b4KNItQ	Vastu Building Plans
9 Pakki Raga Chandrika Patnaik	https://youtube.com/channel/UC7GC0wCNTqCzgEMU3tOIRyw	Parenting & Life skills, Songs Vlogs, Recipes
10 Ravi Sadasivuni	https://youtube.com/YogaWithSupraja	
11 Sridevi	https://www.youtube.com/c/SriCreatives	Education, Recipes, Crafts, Dances, Devotional
12 Haritha pattnaik	https://youtu.be/l8xg-xucZKc	Traveling & Cooking
13 Devi Prasad Balivada	https://youtube.com/c/ShadeStudiosYT	Independent , Demo & Short Films, Music, Songs,
14 Dabbiru Niharika	https://youtu.be/fQkzoqHivko	Short Films, Classical Dance
15 Dabbiru Sowjanya	https://youtu.be/glQwUQ0Aw3c	
16 Uma Maheswararao Pakki,	https://youtube.com/c/UMRaoPakki	Math's
17 Markonda Patnaikuni Ramesh Babu	https://youtube.com/channel/UCASBJS9yohRDnujDVh2Yndw	Music
18 Sadasivuni Sasi Prabha	https://youtube.com/channel/UCuprq6JavGkrLpqexXyTnQ	Cookery
19 Nirmal Patnaik	https://youtu.be/58rq08mM-Ug	Cook Like a Chef
20 Behara Srilatha	https://youtube.com/c/SrilathaCreations4U	
21 sadasivuni lakshmana rao	https://www.youtube.com/channel/UCeYrtDcUjIDpwwJn88fj1Gw	Caricaturestellu & Devotional
22 Sekharamantri Ugranarasimhamurty	https://www.youtube.com/channel/UCrKmlHr5gPQvgaMJM9hvF3A	Farmers & Social News
23 Sadasivuni Deepakkumar	https://youtube.com/channel/UCKpcW8Q3LnHcr-rs-Dr8CDw	Games
24 Avilala Sridhar	https://youtube.com/channel/UC6bDWGh6ztlOMunNTnpZmw	Our Culture, Social Activities.
25 J V Poomima	https://www.youtube.com/channel/UCeZj7gBgZ5h9emEebiqe1pg	Music
26 Patnaikuni Shankaranarayana	https://youtube.com/c/eZyArt	Art
27 Balivada Sivakumar Patnaik	https://youtube.com/channel/UCCEETSazYHh96BhzoXLTAA	Art, Politics, Social Services
28 Baliwada Venkata Sairam Akash	https://youtube.com/channel/UCIve4lyAsertE7arzB568jg	Games
29 Urity Surya Prasada Rao	https://youtube.com/c/SKMotivators	Motivational Videos
30 Venum Shivaraj	https://www.youtube.com/channel/UCeHP-hmmQKvZyaLkoYSTcOA	Shopping Info
31 Sathujoda Samanvita	https://youtube.com/channel/UCjMr9lmlfj7xr3S46t-Efg	Tourist Places
32 Sobha Rani Patnaik	https://youtube.com/channel/UCS_UL7cY-0DQbbi_MDD_2kg	Inter Physics/ IIT JEE Mains/ Advanced, NEET
33 Choudari Suresh Kumar	https://youtube.com/channel/UCkY0mzVpOq2croyK-BVvcVA	Education
34 Bhasuri Lakshmi Saranya	https://youtube.com/channel/UC4inLomjz2BzH7fKqjlvqqg	Vlogs & Diys
35 D Santoshraju	https://youtube.com/c/teluguwebguru	IT Lessons
36 Nagumantri .V. Khyati.	https://youtube.com/channel/UCPGwVT69xRW0btOS53obZ4A	Khyati Fights
37 Moturi Narayana Rao	https://youtube.com/channel/UCRWMjUB580jLwlgO8uDJZjVg	News & Interviews
38 Rega Suryarao	https://www.youtube.com/channel/UCSF-ICd0YAFNkhKFUJ1P22w	Lectures On Law Subjects
39 Raghupatruni Chiranjeevi	https://youtube.com/channel/UC9JaMad9aBMnNustCLge9g	Legal Matters
40 Magic Sagar	https://youtube.com/channel/UCIc9w1gY9eH5HjvV-cWTgmg	Entertainment
41 Suman Nandigam	https://www.youtube.com/channel/UC8RZBHS4e8E15wrlPf_a0Q	Audio Stories for Children & Parents.
42 Umamaheswari Buravalli	https://youtube.com/channel/UCGNF-bkc_HUZ3ylh7Rx9C9rg	Lessons In Science
43 Patnaikuni Lakshmi Deepa Valli	https://youtube.com/channel/UC57_cJdZ6qpXklu1MvkizYw	Legal
44 Nagumantri Anusha	https://youtube.com/channel/UCRGxE01054QvHnQkymR9cKA	Cooking, Vlogs, Decorations & Events
45 Madhulatha	https://youtube.com/c/SivaVidya	Spiritual & Martial Arts

Another feather in the hat !

IKYAVEDIKA
successfully compiled
& connected our You-Tubers via
WhatsApp & Website !

Today publishing in
Lekha, Facebook, Instagram !



OUR SISTAKARANAM

YOU-TUBERS

Dear You-Tubers,

THIS PAGE SHALL BE
EXCLUSIVELY SHARED FOR
MORE PROMOTION

Try your luck !
Wait 🙏 and see 👁️ !!

via facebook, instagram, whatsapp



Dear Sistakarnam Members,

PICK YOUR FAVOURITE YOU-TUBERS

CLICK
Like 👍 Share 🗣️ Subscribe 📌

If you don't share & support your family members,

Who else will ???

Just think about it 😊



HEALTH PAGE

Tips for Good Health

DISCOVER YOURSELF —

1. Push yourself hard to wake up early.
2. Fresh up and prepare your mind and body for some peace
3. Do Pranayama and other breathing exercises for atleast 30 minutes with a proper guidance viz. *Surya bedhi, Chandra bedhi, Anulomvilom, Brahmari, Kapaalabaathi, Basthrika*
4. 10 minutes of meditation (For beginners: Concentrate only on breathing and observe the changes in your body)
5. Open your eyes and look at your palms with a smile. (This is very important). Welcome yourself to the new day with a Smile.
6. Drink a glass of warm water. NOW GO AHEAD FOR YOUR WORK!

Those who are willing to do some physical fitness may follow their interests after the first 30min of your Pranayama practice. Or try to do it atleast in the night before going to bed (this helps to fight insomnia)

IS DISCIPLINE DIFFICULT ??

1. Have a particular time pattern for your daily routines. Viz, *wakeup time, workout, breakfast, lunch, snacks, dinner, sleep.*
2. Follow it strictly for few days and you



will definitely fall in track in just few days.

3. Avoid over eating
4. Eat before your stomach reminds you (this helps in not developing acidity)
5. Drink water before you feel thirsty (inculcate a habit of drinking a glass of water for every 2 hours atleast)
 - try not to drink in haste.
 - sit and drink slowly
 - avoid drinking water immediately after having food. Give atleast a gap of 20 min.

These are some healthy habits anyone and everyone can follow. Many of us know it too, but here is a compiled reminder for each one of us.....

Above all, one has to learn to be happy and enjoy every moment of life facing with a smile.

- written by Sudeepti Behara

A healthy mind is a precedent for a healthy body. Until now it has been 'Outside-In', starting with *the Body* & then *the Mind* and lastly *the Soul*. In the present era, this sequence of approach has started to reverse. The transformation for human understanding is slowly developing to the 'Inside-Out'

"People are looking at ways to fulfill the void of loneliness and anxiety by various spiritual means. For instance, meditation Apps are on the rise, offering free courses on how to calm the mind, body and the soul and bring about everlasting peace, joy and happiness when the going gets tough."

Despite the endless Zumba as well as Yoga sessions and workouts, people are still unhappy and restless.

- (from the Times of India)

A continuous practice of mind- calming techniques and a little of physical fitness is a great mantra for a normal human mind to make its way to the world of happiness in a long run. A regular practice tames your mind and makes your body follow a routine.

Remember! Mind is different from Brain.

Take good care of your mind by keeping it fresh and feeding it with positivity.



BEAUTY PAGE

Tips to Look Good

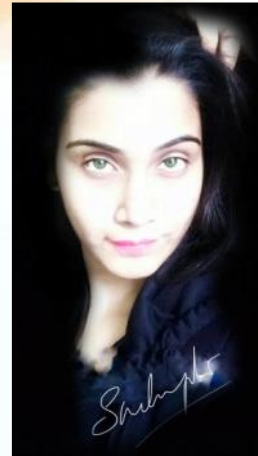
Dear Ladies & Girls out there !

Very few may be professionally into modelling as a career. Yet, looking beautiful is a desire for maximum ladies. We at 'Lekha' are sharing some tips from the experience of Sudeepti Behara. She is the daughter of Late Sri Dr Gopinath Behara .(Grand daughter of Sri Marthanda Rao Behara). She is a fashion enthusiast and an entrepreneur from Hyderabad. She also runs a dresses boutique, SOULEGGACE, and is a singer and a fitness freak.

Sudeepthi says, "As a model, it is a big responsibility on your shoulder that you have to project a product the BEST.. Creating interest in public is the main motto for any fashion industry. And it's vice-versa too! Brands use leading models as it adds value to their Brand. We are not in a race to become a top model; but are in the race to enjoy living Life! Be confident of yourself, create your own style and identity, determine the look !

Here are some simple tips for those who would love posing even if it is for their own selves or would like to start a career in modelling.

Not sure how to pose??? Just smile and it should show in your eyes. That makes a perfect and simple click!



Let your posture be erect (stand tall) and look straight. It projects confidence!

Sitting Posture is not that easy as the way it seems to be! A slight droop in your posture can make it look so odd. A little difference in the hand positioning can make it go nuts!



Carry it with ease which in a way helps you to flaunt yourself. Give the look or pose the way it suits your attire. Change the way you carry yourself along with the colours you wear !

Being a little You is always the best thing that comes out while you model.... and most importantly that ACE Photographer is a must !



CHINMAYA MISHRA

OUR TREASURES

Sistakaranam Anthem

padara! mana jati saurabhanni!
pogadara! mana jati vaibhavanni!
koniyardara! mana jati gauravanni!
chati cheppara! mana jati sukhyatini.
//padara//

kalam pattu vadu sistakaranamenata,
manamantha vagdevi santanamenata,
chitraguptuni vansasthulam manamenata,
unnatha udyogalalo manamenata.
//padara//

IAS'lu, IPS'lu, CA'lu manamenata,
lawyer'lu, doctor'lu, engineer'lu manamenata,
Vidya bodhinchu upadhyayulam manamenata,
medhavulunde jati mana sista karanamenata.
//padara//

mahakavula kutumbam manadenoyi,
goppa kalakarulunna jati manadenoyi,
indu galadu andu ledani sandehamu valadoyi,
endendu vedikina kanipinchedi,
mana karaname noyi....
sista karaname noyi.
//padara//



ee vanga manadi, aa kalinga manadi,
uttara, daksinadi pranthalu manavi,
sista karanala gadapa lenide...
ee ilapai oore ledoyi
//padara//

ee jagati shrustiki mulam brahmayite...
ee pragatiki mulam karanamenoyi...
mana sista karanamenoyi.
//padara//

- Vadada Umamaheswar Rao
<https://www.youtube.com/watch?v=M-pkx8ARjUk>

Guru

Shree Gurubhyo namaha.

In spiritual path one is required to have a sadhguru. It is said that the disciples search for Guru may end when he or she is ready. When one is in constant longing for liberation, a Guru will surely appear in disciple's life. A spiritual student seeks to understand what is the purpose of life, and answers to questions such as "why we are born, where do we go after death", and miriad number of questions that might bother his mind. A Guru clears the constant doubts a disciple has about every thing and calms disciples mind, so that it naturally becomes meditative. The presence of Guru brings the student, serenity and meaningful solitude. A realized Guru lights the fire of spirituality in sishya. A realized Guru has the ability to clear several life terms Karma of Sishya if he or she chooses to. Gurus spontaneously radiate spiritual energy that enables the Shishyas in right direction of life.

In Guru parampara Guru is revered as the highest. Guru is same as Shiva, he is same as Vishnu, and he is same as Brahma. Guru is to be treated as Parabrahman himself. Guru is the way to salvation and way out of this endless samsara. In olden days Sishyas offered service to Gurus in thier ashrams. Even these days the student that gets the chance to offer service to Guru is lucky. Guru geetha is a scripture that gives the importance of Guru and serving Guru. Lord shiva who is called as the adiguru himself reveals the secrets of Guru to Goddess Parvathi in this scripture. True sishyas found solace at the lotus feet of Guru. Guru paduka stotram reveals that Guru is ocean of knowledge. Guru is the bridge to cross the ocean of endless life and death cycles. Guru engages the mind of Sishya to Vairagya.

India has been land for many many Gurus. The knowledge of attaining moksha has been passed through the lineage of Gurus. In shaktipath Guru creates awakening of Kundalini in Sishya. One's past life's good deeds will help in reaching the right Guru. A guru is one who has experienced advaita, and is always dwelves in non-duality. A Sishya need to impress upon the Guru and please him to grace the sishya to spiritual growth. The sishyas desire for liberation can only be quenched by Guru.

It has become possible to write these articles due to the graace of Gurus Badri Narayan Garu, and Shri Leslie Temple Thurston.



Girdhar is a spiritual seeker graced by realized Gurus Shri Badarinayanji and Leslie Temple Thurston.

Sistakarana Khyati - Ghanamaina Khyati

telugu bhoosura khyati bhasurammagu reeti
anni rangamulandu veluga jesina khyati
idi saraswati tejapu rasi
idi kshaatra tejapu vaasi kalagalasi velasina
sakala sadgunarekha.....
idi mana sistakarana khyati idi ghanamaina khyati

bodhanam, mantraangamanedi renduyanchula padunu kattiki
manasu poralanu varaga jesina bhoosurendrula khyati
idi mana sistakarana khyati idi ghanamaina khyati



rajyamanaku mantriyaina gramamunaku karanamaina
kalamu pattina kaviyunaina halamu battina raituyaina
katti battina yodhudaina kosamunakadhinadhudaina
sajjanundagu 'ojjayaina pranadatagu vaidyudaina
kattadammula teerchi diddedi dittayagu ghana silpiyaina
tana lakshya sadhane tana tapambani yenchunatti
karmayogula gharma binduvu kanti rekhala khyati
idi mana sistakarana khyati idi ghanamaina khyati

mantrulaina rajulaina grama namapu tejulaina
inti peruku mintinante keerti rekhala velugu khyati
mana sistakarana khyati idi ghanamaina khyati

- Haribabu Balivada

A SHOWER OF PRAISE

Sistakaranams talk about Lekha

Sista Karnams Subha lekha is the herald of Inspiration and Talent reflecting a Spectrum of Art and Culture for Wisdom and Wealth.

- Smt. Rajakumari Patro, Patron, AIPSKA

శిష్టకరణ లేఖ పై నా సంతుష్టి భావన.

ఈ లేఖ ని శిష్టకరణ "లిజెండ్" అని కూడా పర్యాయముగా ప్రయోగించవచ్చు. ఈ ఆరుగురు 18 పర్వములాంటి శ్రేష్ఠులకు రథసారధ్యము చేస్తున్నారు. ఇదే దీని అద్భుతముచ్చల రియల్, ఇంట్రెస్టింగ్, attractive, మరియు క్లాసికల్ గా దిన దిన చక్రవర్తి నిపుత్తి తో మన ఈ శిష్టకరణ లేఖ వేగా గతి తో పయనిస్తుంది. ఎందరో చిత్రగుప్తులు, ఇంద్రధన్వులు, అరుంధతి నక్షత్రాలు మనలో ఉన్నారు. అప్పుడప్పుడు మిణుకుమంటుంటారు.. శిష్టకరణ లేఖ ఈ ప్రత్యేక వజ్రాలని మనకు అందజేస్తూ మరియు ఈ దిగ్విజయ యాత్ర సృష్టి ఉన్నంతవరకు. ఘంటా పథముగా సాగించాలని అభిప్రాయం.. ఆశీర్వాదిస్తూ..

మీ అందరి బంధువు..

- కొండవలస శ్రీనివాసరావు

Sr. Gaztd. Rly. officer(Retd)

రాయపూర్. 9340946938

"Lekha" team is indeed praised worthy. The team is embellishing its Newsletter with various important news and events which are very much useful for our community on the whole. It is also covering the news of various state units of Sista Karanams diligently by creating a "Fraternity Page" in Lekha. It is a great thing.

Lekha's teamwork is also very much effective and the Team deserves lot of admirations and applauses. I, on behalf of AIPSKA hereby convey my best wishes to "Lekha" on the occasion of its "Anniversary".

- Vadada Umamaheswar Rao,

Working President, AIPSKA

Congratulations to Lekha Team for completing one year and rendering incessant service to the community. I wish all your digital initiatives grow exponentially in the interest of Sista karna community development"

With compliments,

Hari Mohan Patro, General Secretary,

AIPSKA

Very Warm Congratulations to whole Lekha Team. Very big round of applause for bringing whole Sista Karanam Community to one Platform and formed a very big family. Really Lekha Magazine Created a History. Waiting for more Laurels in future.

- Sandhya Raj Mantri, Jt. Secretary, AIPSKA

I am happy to note that LEKHA bilanguage [in English and Telugu] e-magazine is going to celebrate its first anniversary. The team of editors is professionally rich in editing and organizing the articles as well as releasing the LEKHA every first Sunday of the month for readers. It is important to note that the editors are encouraging amateurs and professionals for publishing their articles. LEKHA has reached a global audience including sistakaranam community and other communities and religions because the LEKHA covers everyone's interests. I wish the editors to continue the spirit of quality of LEKHA. Wishing the editors and readers all the best. A happy new year.

- Dr. Bheema Rao, Bhubaneswar

Hearty Felicitations to 14 Member Dynamic and Passionate Team-Lekha of Sistakaranam Ikya Vedika for successfully completing one year! Four Pillars of Strength of SKIV are its Website, Lekha, Social Media (YouTube, Facebook, Instagram and WhatsApp Groups) and highly interactive Weekly Meetings. In the Digital World of ICT., this community monthly Newsletter, is being released regularly on every first Sunday, with rich contents serving its very purpose, disseminating news from all over the world, outreaching every corner and helping to network. Simply, SKIV is the Encyclopedia for the Sistakaranams relentlessly working for the Patnaiks of the World.

- Prof. Chowdari Prasad, Bengaluru

I congratulate the Sista Karnam Lekha team for successfully running the magazine and celebrating its first anniversary. The magazine is covering all the important activities of all the Sista Karnam associations spread in various states. It

is identifying the talents in the community, more particularly of the bright students and their achievements in all fields. there by it is encouraging the new talents in the community.

By reading the magazine young generation of the community could able to know how the community is spread in India and abroad. It is filling caste spirit among the members of the community resulting unity in the community. The magazine is furnishing the update information on the efforts that are being made by the various associations to include our community in OBC list.

As result of the messages in Magazine, young generation in the community created few groups like "Yuva Sista Karana" and sharing the news of employment and openings in various companies to the un employed youth in the community. The magazine is a step and foundation for unifying the community and also in achieving the status of OBC.

I heartfully appreciate and wish the Lekha Team would successfully run the Magazines for years in more professional manner and achieve the desired result.

- DSB Kumar, JD(Legal), Enforcement Directorate, New Delhi.

మీ సంపాదకీయం లో ప్రచురిస్తున్న లేఖ ఈ-పత్రిక క్రమం తప్పకుండా చదువుతున్నాను. పత్రిక పంపుతున్నందుకు నా అభివందనములు. నాకు తెల్సినంతవరకు మన కులం లో నడుపుతున్న ఏకైక పత్రిక.

శిష్టకరణం అంటే ఏమిటో లేఖ ద్వారా చాటిచెప్పిన ఘనత మీకే దక్కుతుంది. మీ సంపాదకీయ బృందం చేస్తున్న అవిరల కృషి అభినందనీయం. ఈ పట్టుదలతో మరిన్ని వార్తలతో ప్రచురించాలని కోరుకుంటున్నాను. పత్రిక వార్షిక మహోత్సవ సందర్భంగా నేను మిమ్మల్ని మరియు మీ సంపాదకీయ సభ్యులందరినీ నేను మనస్ఫూర్తిగా అభినందిస్తున్నాను.....

ఎ. ఆర్. కె. రావు,

వర్మింగ్ ప్రెసిడెంట్, సిస్టకరణం వెల్ఫేర్ అసోసియేషన్,
హైదరాబాద్, విశ్రాంత డైరెక్టర్, ఎం. ఎన్. ఎం. ఇ.

A SHOWER OF PRAISE

Sistakaranams talk about Lekha

"లేఖ అంటే శిష్ట కరణ సమాజ ప్రతిభకు చెరగని రేఖ" ముఖ్యంగా ఈ లేఖ మానవ ప్రతిక స్థాపించి మొదటి వార్షికోత్సవం జరుపుకొనుటకు సంసిద్ధమవుతున్న సందర్భంగా ఈ డిజిటల్ మాసపత్రిక స్థాపించిన వ్యవస్థాపక మహారథులు అనునందాన రూపకర్తలైన సర్వ శ్రీ మంత్రి నరసింహారావు గారు, నరేష్ గారు, నరహరి గారు, జన్ముమహాంతి వెంకట చంద్రబాబు గారు, కరకవలస రవి గారు, డబ్ల్యూ సురేష్ గార్లకు ముందుగా నా అభినందన మందారమాల తో హృదయ పూర్వకంగా నత్యుంస్తు..... ఈ లేఖ ప్రతిక కేవలం శిష్టరక్షణ సమాజ చరిత్రలో నే కాక ప్రస్తుత పోటీ ప్రపంచ డిజిటల్ వ్యవస్థలోనే చిత్ర విచిత్ర రంగులతో, సకల హంగులతో, ముచ్చటిగా మురిపించే చిత్రాలతో, అతి చక్కని విశ్లేషణతో, ఎవ్వరినీ నొప్పించక అతి చాకచక్యంగా ఒప్పించి సామాన్యుల నుండి యావత్ సభ్య సమాజం వరకూ లేఖ అంటే "బెరా" అనిపించే విధంగా కనువిందు చేస్తూ, అతి ప్రపంచ ప్రఖ్యాతిగాంచిన డిజిటల్ వ్యవస్థను తలదన్నే విధంగా మన సమాజ బంధు హృదయాల్లో వికసిస్తున్న "ఈ లేఖ_మా లేఖ_నా ప్రత్యేక లేఖ" గురించి ఎంత చెప్పినా తక్కువే ! ముఖ్యంగా మన అందరికీ అర్థమయ్యే విధంగా ప్రముఖ ముఖ్య తెలుగు ఇంగ్లీష్ రెండు భాషలలో ఎక్కడ కూడా పొల్లు పొకుండా చదువుతూ ఉంటే చదవాలని అనిపిస్తు ఉర్దూతలు ఊపి ఉత్సాహాన్ని కలిగిస్తూ, ఆకర్షణీయమైన హంగులతో నెల మొదటి ఆదివారం కోసం గడచిన నెల చివరి ఆదివారం నుండే రోజులు లెక్క పెడుతూ ఎదురు చూస్తున్న ఈ అశేష శిష్టకరణం సమాజ బంధువులు అందరిలో మొట్టమొదటిగా నాకు నేనే అని తెలియజేయుట అక్షరసత్యం..... దేశ నలుమూలల నుండి మన శిష్టకరణం సమాజ కీలక సమాచారాలను అనేక అనంద ఉత్సవాలను వివాహ పరిచయ వేదికలను అదే కాక సమాజ యువత ఉపాధి కల్పన కై అనుభవ జ్ఞానాలైన శిక్షకుల తో శిక్షణపై తర్ఫీదు చేస్తూ, మన సమాజానికి అవసరమైన న్యాయ సంబంధ సలహాలు సూచనలను ప్రచురిస్తూ సమాజ అభివృద్ధికి కవటము లేని ఐక్యత రాగాన్ని అందిస్తూ అందరినీ ఆకర్షించి ఆకట్టుకునే విధంగా దినదినాభివృద్ధి చెందుతూ, మన అందరికీ "జ్ఞానదీపిక" ఈ మన సమాజ "విజ్ఞానజ్యోతి" కి మనసారా అక్షర వందనం

ఈ లేఖ వ్యవస్థాపకులైన సమాజ పోరాట యోధులైన నా అభిమాన సోదరులకు నా వంతుగా ఎల్లవేళల వెనువెంట ఉండగలరని విజ్ఞప్తి ప్రతిజ్ఞ చేస్తూ ముఖ్యంగా అక్షరదీపిక అయిన మన సమాజం దైవం చిత్రగుప్తుని ఆయుధమైన కలముతో నా సోదరుల ప్రతిభతో లిఖించబడుతున్న ఈ లేఖ ఇరుతెలుగు రాష్ట్రాల నుండి మొట్టమొదటిగా ఆవిర్భావం చెందడం వల్ల సంతోషిస్తూ.....' చిత్రవిచిత్రాలు లేఖ " " మన

మనసులను కదిలించే ఓ సువర్ణ రేఖ "

నీకు ఇదే వందనం జై కరణం జై జై శిష్టకరణం ధన్యవాదం .

- Sri DV Krishna Rao, Hyderabad

BEST WISHES TO OUR BELOVED LEKHA ON ITS FIRST ANNIVERSARY

The name lekha itself reveals so many worthwhile feelings in life. However, it is an encyclopedia of news, events and emotions of entire SistaKaranam community at global level. It is really astonishing that "Lekha" completed 12 successful months and entering a new year 2022. Being the president of A.P. SistaKaranam Association, I really appreciate the team for their remarkable work in collating valuable information from all sectors of the world right from remote village to global domains.

Despite being active in this organization, many of us are unaware of some important facts, eminent personalities who rendered invaluable service for the progression of our community. Yet, our younger generation are so enthusiastic to serve our community besides their daily busy schedule.

I request the Lekha team to plan for an all-India tour to further strengthen our organization in a befitting, honest and selfless manner. I urge you to sacrifice our egos, superior complexes and other negative emotions for the greater good and make a goal for holistic welfare of Sistakaranam community. Let us pledge together our devotion towards this goal and to print a well-educated Lekha in the ensuing New Year 2022.

My best wishes to the team. Ever yours,

- POLUMAHANTI UMAMAHESWARA RAO

President - AP Sistakaranam Association.

Reaching Sistakaranams all over the globe..living even beyond seven seas

Since its inception 12 months back, Sistakaranam Lekha monthly tabloid is disseminating very valuable information useful to sistakaranams all over the globe. This is professionally

run monthly journal by the dedicated team purely with service motto and without any monthly subscription or any cost to the reader. You can see the professionalism in running this journal .. in the article published in Sept 2021 lekha..The 7C's of making Lekha (Catch - sourcing of content , Create - first draft in one language , Convert- Translation to other language , Compose- Designing the pages, placing the content , Check- Proof reading of the pages , Cast- Publish to a PDF and Circulate- Share it in different groups) All 7 Cs bringing entire sistakaranam world living even beyond 7 seas. This is an herculean task by the team which deserve kudos. Wishing Sista Karanam Lekha and శిష్టకరణంలేఖ a hundred years శతమానంభవతి.

- Sadasivuni Lakshmana Rao. Vizag

శిష్టకరణ లేఖ డిజిటల్ మ్యాగ్ జైన్ ప్రథమ వార్షికోత్సవ శుభ సందర్భంలో లేఖ ప్రతినిధులకు హృదయపూర్వక అభినందనలు

శిష్టకరణ లేఖ ప్రతీ నెల మొదటి వారంలో మన శిష్టకరణాల ఇంటిలో ఆతీయ అతిథిగా దర్శనమిచ్చే గొప్ప డిజిటల్ పత్రిక.

రాభోయే భవిష్యత్ తరాలకు, సృష్టమైన ఉచ్చరణకి, ధారణశక్తికి జ్ఞాపకశక్తికి, మానసిక వికాశం కోసం, ఏకగ్రతపెరుగుటకు, శిష్టకరణ సమస్యలకు పరిష్కారంకనుగొనుటకు, అభివృద్ధి చెందుటకు ఏకైక మార్గం ఈ శిష్టకరణ లేఖ చదవడమే అనుటలో అతిశయోక్తి లేదు పైన తెలిపిన గుణాలు కలిగిన ఈ పత్రిక దిన దినాభివృద్ధి చెంది ప్రతీ శిష్టకరణ ఇంటిలో ఒక భగవచ్చీత మాదిరిగా వెళ్లి విరియాలని కోరుకుంటూ ఈ లేఖ ప్రతినిధులకు మరొక్కసారి వార్షికోత్సవ శుభాకాంక్షలు తెలియజేస్తున్నాను

- హరిబాబు బలివాడ

"If an essence of news/article is captured in a right balance, it not only connects well but also establishes an impact in readers mind. Team Lekha has showcased an art of effective news/article coverage and presentation. My best wishes to the vigilant Lekha team "

- B. Shashank, Ahmedabad, Creative Host, AIPSKA

A SHOWER OF PRAISE

Sistakaranams talk about Lekha

నెల నెలా మా ముందు వాలే లేఖ

అనుబంధాలను రేకెత్తించే ప్రేమ లేఖ

శిష్ట కరణాల నువిషయ సంగ్రహ సులేఖ

మార్చాలను కుంటోంది భావి పౌరుల భాగ్య రేఖ

ముందు ముందు ఇంకా చూపించాలి తన తడాఖ

కరణాల కోసం ,కరణాల చే నిర్వహించబడుతున్న ఏకైక పత్రిక కి పాఠకుడనవటం అదృష్టం గా భావిస్తున్నాను. ఈ పత్రిక కోసం నాతోపాటు మన వారందరూ ప్రతినెలా ఆశక్తి గా ఎదురు చూస్తున్నారన్నది అతిశయోక్తి కాదు. ఇందులో ప్రచురితమవుతున్న అన్ని ఆర్టికల్స్ మన చరిత్రని ,ప్రస్తుత పరిస్థితిని , ఆశావహ మైన భవిష్యత్తు కోసం చేస్తున్న కార్యచరణ ని క్రమం తప్పకుండా తెలియ చేస్తున్నాయి. ఇవన్నీ డిజిటల్ పత్రిక రూపంలో రావటం మూలాల దేశవిదేశాల్లో ఉన్న మనవారితో పంచుకోవడం సులభ సాధ్యమైంది. ఈ పత్రిక మనందరి మానస పుత్రిక గా మరింత ప్రవర్ధమాన మవ్వాలని ఆశిస్తున్నాను.

- రాయగడ శ్రావణ్ కుమార్ పట్నాయక్, బెన్లై

కరణం.....

కర - అరణం - అలంకారం

శిష్టకరణం లేఖ నీకు నీవే సాటి

కులంకే అలంకారం....కరణాలకు ఆయుధం...

సృష్టి లో శిష్టికరణాలకు విశిష్ట స్థానం. కులం లో లేఖకు విశిష్ట స్థానం. దొంగ దొర అందరూ నీకు సమానమే.. అంగ వంగ కలింగ కాళి మగధ మంచాల సౌరాష్ట్ర ద్రావిడ , కన్నడ.... ఆసేతు హిమాచల్ వరకు ఓ లేఖ ని ప్రభంజనమే

కరణాలు లేని సంస్థానాలు లేవు లేఖ లేని ప్రాంతాలు లేవు

లేఖలో లేని కరణంలేరు వన్నెండు నెలలు 12 పత్రికలు దిగ్విజయం గా పూర్తి చేసుకున్న ఓ లేఖ జోహార్లు జోహార్లు నీకు . ఎంతో అదృష్టంగా సమర్ధవంతంగా నడిపిస్తున్న లేఖ పత్రిక బృందంకు

అను నిత్యం ఆశిర్వదిస్తూ... శుభాకాంక్షలమ్మ నీకు శుభాకాంక్షలు

సాహో సాహో లేఖ

- కీర్తి పట్నాయక్ శ్రీదేవి విజ్ఞాన జ్యోతి పరిష్కార చారిత్రబుల్ ట్రస్ట్ అధినేత్రి

అఖండ విజయం సొంతం చేసుకున్న లేఖ టీంకు హృదయపూర్వక అభినందనలు

శిష్టకరణం కుల అభ్యున్నతికి లేఖ టీం రూపొందించిన డిజిటల్ మాన పత్రిక శిష్టకరణం మానస పుత్రిక.

పిల్లల ప్రతిభకు ప్రోత్సాహంగా, పెద్దల అనుభవాలకు

అలంబనగా,

మాలాంటి యువత ఆశయాలకు ఆలోచనలకు ఒక చక్కని వేదికగా....

12 నెలలు పంచ రంగులు, 64 కళలు, సాహితీ సమ్మేళనాలు, సభలు సత్కారాలు, మేధావుల మదిలోని మాటలు, పిల్లల ప్రతిభ వూదోటలో.... పూచిన నా లేఖ.....

యువతకు మార్గదర్శకంగా..యువతే నిర్వహిస్తున్న ఆధునిక భావ పత్రిక. ఇంతింతై వటుడింతై అన్నట్లు రాష్ట్రాలు ఖండాలు దాటి ప్రపంచ ఎల్లలు చెరిపేస్తూ శిష్ట కర్ణాల ఐక్యతను చాటుతూ....

తొలి అడుగు నుండి 12 సంచికలు అప్రతిహతంగా వెలువరించిన.... మీ సభ్యులకు యువత జేజేలు పలుకుతోంది.

మీ పత్రిక యువతకు దిక్పూచి.

దశదిశలు వ్యాపించిన మీ కీర్తి చూసి.

యువత హృదయంతరాలలో నుండి జాలువారిన.... ఈ అభినందనలు మీకే. మీ కీర్తి ఎవరెప్పును తాకె....

All the best Lekha team

- మానాపురం సురేష్ కుమార్ రాష్ట్ర అధ్యక్షులు
శిష్టకరణం యువత

శిష్టకరణం కలం నుండి జాలువారిన పత్రిక శిష్టకరణ లేఖ అంతర్జాతీయ స్థాయిలో మన సామాజిక వర్గం నుండి ప్రతిభావంతులైన వారిని మనకు పరిచయం చేయడం అందెవేసిన లేఖ ఇది శిష్టకరణ ఐక్యవేదిక గా ఐక్యతా రాగానికి తానం పల్లవించి మంచి వేదికగా చక్కని చిక్కని తెలుగు ఇంగ్లీషు భాషలలో నెల నెల వెలువడుతున్న లేఖ అమోఘం అందరి మన్ననలు అందుకుంటూ! మన సమాజిక కష్టసుఖాలలో పాలుపంచుకుంటూ దినాదినాభివృద్ధి చెందుతూ! ఇంతింతై వటుడింతై అన్నట్లు

మన ఐక్యతారాగానికి ఐక్యతావేదిక లో గల సభ్యుల కృషి కి అభినందించక తప్పదు ఈ సేకరణ అంత సులభంగా జరిగేవని కాదు అంత కృషి ఇందులో ఇమిడి ఉందని చెప్పకతప్పదు ఇది పొగడ్డలు కాదు పొరపాటుగా అన్నమాట కాదు ఇది నిజవాస్తవం ఏదైన కార్యరూపం దాల్చాలంటే మాటలు చెప్పడం కార్యరూపం దాల్చడం పేరు ఏ ఒక్కరిని తక్కువ అంచనావేయలేం ప్రతి ఒక్క సభ్యుల కృషి అభినందనీయం ప్రతి ఒక్కరికి పేరుపేరున అభినందించవలసిన సమయం

ఈ లేఖ ఈ ఐక్యవేదిక వార్షికోత్సవం సందర్భంగా నా మనసులో మాట మీతో పంచుకున్నందుకు సంతోషం వ్యక్తం చేస్తూ! నదా మన సామాజిక సేవలో నేనుసైతం... మీ

- బలివాడ సత్యారావు, కలం స్నేహితులు కళావేదిక

మనకోసం లేఖ...

జగమంతా మనమే

ఉద్యోగరీత్యా...

మనమెక్కడున్నా ఘనమే

అదిమన మేధస్సు..

ఎన్నోరంగాలలో మన కీర్తి

మన ఆలోచనలే మనకు భుక్తి..

ఎవరేంటో తెలియాలంటే

అందరిని ఓ చోట చేర్చాలంటే..

ఎంతో ప్రయాస...

అప్పుడే నాంది పలికింది

శిష్టకరణ లేఖ పుట్టింది...

అందరం...మనమందరం

ఒకచోట కలుద్దాం.

ఎవరేమిటో తెలుసుకుండాం..

అదే తపనతో ఆనందంగా..

విషయ శేఖరణతో మన ముందుకు..

సంవత్సర కాలంగా..

సంతోషంగా...

దిన..దిన ప్రవర్ధమానంగా ఎదుగుతూ..

ఇంకా ఎంతోఅభిమానంతో ముందుకు సాగుతూ..

కల కాలం మన మదిలో తులతూగుతూ..

"" శిష్టకరణము "లేఖ" గా ""

ప్రథమ వత్సర శుభాకాంక్షలు తో...

ఓ అభిమానిగా...

- గౌరీప్రసాదరావు కరకవలస, గాజువాక.

Hello Team Lekha,

Thank you for featuring my daughter, Roshni Kuppili's in Talent Corner. Each and every child has special talent and an opportunity is created in an innovative way to encourage and enhance skills of our community. My son Rohit Kuppili of 7 years too got inspired and fascinated with the published page and wanted his talents to be published too. Kids are so thrilled and also heard from their friends, "Wow yaa, your community is so encouraging !" Thanks once again to the Team who are relentlessly working towards the goal.

- Usha Kuppili Mumbai, Mumbai

A SHOWER OF PRAISE

Sistakaranams talk about Lekha

ఏడు వర్గాలు, వేయి కళ్ళూ గలదీ, ప్రజ్ఞావ్యం లేనిదీ, వీర్యంతో పరిపూర్ణమైనదీ అయిన అశ్వం రథాన్ని నడిపేటట్లు కాలం ప్రపంచాన్ని నడిపిస్తూన్నది. నకల భువనాలూ, జీవరాసులూ ఆ కాలం యొక్క చక్రాలు. మేధావులైన ఋషులు దానిని అధిరోహించి వెళ్తున్నారు.

కాల ప్రభావము నుండి ఎవ్వరూ తప్పించు కోలేరని సూచించడానికే * వేయి కళ్ళు * కలదిగా కాలం పేర్కొనబడింది.

ఇంద్రధనస్సు యొక్క ఏడురంగులు ఏడువర్గాలుగా తెలుప బడ్డాయి. కాలప్రభావం లేనిదే ఏ సంకల్పమూ కార్యాచరణ జరుగదు. అటువంటి సుసంకల్పాన్ని రూపొందించి, కార్యాచరణాన్ని అమలు చేస్తున్న శిష్టకరణం సంక్షేమ సంఘ పట్టుకవర్తుల సామ్రాజ్యమే శిష్టకరణం ఐక్యవేదిక. ఈ పట్టుకవర్తుల మనోబలంతో నిర్మితమైన సేవా వేదికలో ప్రతి శిష్టకరణ సభ్యుడూ, ప్రతీకరణం సభ్యుడూ ఒక్కొక్క వునాది రాయి. అంతటి బలీయమైన వేదిక ఈ శిష్టకరణం ఐక్యవేదిక.

మరి ఈ పట్టుకవర్తులలో

శ్రీ దశమంత్రి నరేష్ పట్నాయిక్ గారు, శ్రీ శేషమంత్రి నరహరనాథ్ గారు, శ్రీ మంత్రి నరసింహారావు గారు, శ్రీ కరకవలన రవి గారు, శ్రీ డబ్బీరు సురేష్ గారు, శ్రీ జన్ముమహంతి చంద్రబాబు గారు సేవారంగంలో నిష్ఠాతులై ఉన్నారు.

వీరందరి మనోభావాలూ, ఆలోచనా సరళి, సంకల్ప బుద్ధి ఒక్కటే. అదే ప్రతీ కరణం, ప్రతీ శిష్టకరణం కు సేవలందించటం.

మనందరి సమాహారాలం, ఐక్యతాబలం వేదిక శిష్టకరణ ఐక్యవేదిక. ఈ మనందరి వేదిక నుండి వెలువడుతున్నదే లేఖ. ఈ లేఖ మన అంతర్జాతీయ సభ్యులకు కూడా సహాయకారి, సలహాదారిగా కార్యశీలత ప్రదర్శిస్తుందని చెప్పటంలో సందేహం లేదు. రాబోయే కాలంలో మన సభ్యులకు ఇంకెందరికో మార్గదర్శి కాగలడని ఆశిస్తూ, ఇలాంటివి శత వార్షికోత్సవాలు జరుపుకోవాలని కోరుకుంటూ...

మీ అందరి

- డా..నదాశివుని బాబూరావు (మన్యం బాబూ రావు)

విశాఖపట్నం.

"Lekha" has always been like a super motivating tool . Going through it not only helps one to know about the concise community activities all over but also encourages one to come forward with their talents & hidden interests to the benefit of the community. Hats off to the whole team behind it

-Sudeepti Behara, Hyderabad

I convey my congratulations on completion of first year of Lekha magazine. I also congratulate the team members who are actively associated with the Publication of magazine. Despite a difficult task the team did an excellent job of collecting and editing the materials clearly and accurately. They deserve applause and appreciation from every member of the association. But for their efforts and dedication, the maga-

zine would not have attained excellence and set a high standard. The contents and topics of the magazine are entertaining, Interesting and worth reading.

I take the opportunity to send my good wishes for future publications of this prestigious magazine.

- K.Sita Rama Murty Patnaik (IA&AS(Retd))



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Ikyavedika Members in Various Initiatives



Clockwise from top left: Suresh Dabburu, Rajesh Amapalam, Bharat Vikas, Yagna Vivek, Durga Charan, Chetan Kumar, Sandeep Kottaki, and Shravan Rayagada.

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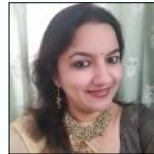
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Lekha Calls Out To You



The Idea behind the newsletter is to rebuild the connect among all our community members and build on our sense of pride/togetherness. The newsletter will act as platform for expressing our views, success and sharing news.

The newsletter comes in a PDF format only, and we request you all to propagate it among our community members once you receive it.

Everyone in our community is welcome to contribute to the newsletter. If you have anything that you would like to share, or would want to contribute regularly, please reach out to us.